



EMERGENCY GO BAG

A go home bag is something you always have ready for evacuations or leaving without notice. Each person's bag is tailored fit to them, and location. Pack this based on your training, skill and daily needs. This contains anything you may need for 3-4 days in an evacuation scenario. Depending on different variables, you may want to keep clothing and shoes in your bag. Assume you need to grab one bag to spent 4 nights away from home. This is useful if your evacuated to a shelter, hotel or family member's home. Pack this bag according to disasters or possible situations in your area. Assume you cannot go home if you forgot something.

- ☐ 25L Backpack or Duffle Bag
- ☐ Clothing for 3 days minimum
- ☐ IFAK/First Aid Items you are experienced with
- ☐ Refillable water bottle with filter
- ☐ 1 Flashlight
- ☐ 4-6 Protein Bars or on the go nourishment
- ☐ 2 Liquid IV or Similar Electrolytes
- ☐ Folding Knife or Fixed Blade
- ☐ Everyday Hygiene Pack and essentials
- ☐ Tylenol, Ibuprofen, Naproxen, and or Allergy Medication
- ☐ Prescription Medications (If needed)
- ☐ Mylar Blanket
- ☐ Power Bank with attached charger cords
- ☐ Family Plan