

This is for Evacuations or scenarios where you have 30 minutes or less to pack and go. Minim of 3 days of supplies and items, "3 day Vacation". These will change based on age and area.

Backpack or Sling Bag (Something low profile, easy to carry)
Small First aid kit
Flashlight (Med Size With Spare Battery)
3 Days of Clothes
Prescription Medications
Cliff Bars or Protein Bars x3
Liquid IV x3
Multitool
Pocket Knife
Travel Hygiene Items
\$100 in Small Bills
Emergency Contact Cards
Emergency Mylar Blanket
Comfortable Boots or Sneakers
Tylenol, Ibuprofen or Naproxen, Benadryl 4-6 Travel packs ea

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