



READYKIDS PREPAREDNESS

MISSION SERIES

8 hands-on games that help kids know what to do before an emergency happens.

☐ MISSION 1 Emergency Contact Match-Up	☐ MISSION 2 What Would You Do?
☐ MISSION 3 Emergency Kit Scavenger Hunt	☐ MISSION 4 Find the Family Meeting Place
☐ MISSION 5 Lights Out Challenge	☐ MISSION 6 Emergency Safety Detective
☐ MISSION 7 Pack the Go-Bag Challenge	☐ MISSION 8 ReadyKids Family Drill

Complete all 8 missions to earn your ReadyKids Preparedness Certificate.

FOR GROWN-UPS: These activities are designed for supervised family practice. Never place a practice call to 911. Follow local emergency instructions and adapt activities to your child's age and abilities.

MISSION

1

Emergency Contact Match-Up

GOAL: Learn who your family can contact and what each person does.

RULE: 911 is only for a real emergency when police, fire, or medical help is needed. Never call 911 just to practice.

PART A - BUILD MY EMERGENCY CONTACT TEAM

ROLE	NAME	PHONE
Parent / Guardian 1		
Parent / Guardian 2		
Out-of-Area Contact		
Trusted Nearby Adult		

PART B - PRACTICE SAYING THE IMPORTANT STUFF

- ☐ I can say my full name clearly.
- ☐ I know the first and last name of a parent or guardian.
- ☐ I know my city or town.
- ☐ I know which trusted adult I should contact if I cannot reach my family.
- ☐ I can explain where I am by looking for a street sign, store name, landmark, or address.

MY PRACTICE MESSAGE

"Hi, my name is _____. I am at _____. I need help contacting _____."

MISSION

1

Emergency Contact Match-Up - Cut-Out Game**GOAL:** Match each role card to the correct job card.

Cut along the boxes, mix the cards, and match the six roles to the six descriptions. For younger kids, start with three pairs.

EMERGENCY SERVICES	Call only for a real emergency when police, fire, or medical help is needed.
PARENT / GUARDIAN	The first family member I try to call or text if we are separated.
OUT-OF-AREA CONTACT	A person outside our area who can help pass messages between family members.
TRUSTED NEARBY ADULT	A safe nearby adult my family has chosen to help if needed.
PRIMARY MEETING PLACE	The place our family meets if we must leave home but can stay nearby.
BACKUP MEETING PLACE	The second place we meet if the first location is unsafe or unavailable.

MAKE IT HARDER: After matching the cards, turn them face down. Flip two at a time and play it like a memory game.

What Would You Do?

GOAL: Practice making safe decisions before an emergency happens.

Pick a card. Say what you would do **FIRST**, **WHO** you would contact, and **WHERE** you would go. There may be more than one safe answer.

SMOKE You smell smoke in the house and do not see an adult nearby.	POWER OUTAGE The lights go out at night and your phone has very little battery.
SEPARATED You turn around in a busy store and cannot see your family.	SEVERE WEATHER A severe weather alert tells your family to move to a safer place.
CANNOT REACH FAMILY You are with a trusted adult, but calls to your family are not going through.	EVACUATION Your family is told to leave the neighborhood quickly.
STRANGER OFFERS A RIDE Someone you do not know says your parent sent them to pick you up.	PET HIDES Your family needs to leave, but your pet is hiding and you cannot reach it safely.

CHOOSE TWO SCENARIOS AND EXPLAIN YOUR PLAN

Scenario 1: _____ First I would: _____

I would contact: _____ I would go to: _____

Scenario 2: _____ First I would: _____

I would contact: _____ I would go to: _____

READYKIDS RULE: If you are unsure, get to a safe adult and follow the emergency plan your family has practiced.

Emergency Kit Scavenger Hunt

GOAL: Learn where useful emergency supplies are kept and why they matter.

With an adult, search your home for each item. Check FOUND, then tell the adult why the item could help during an emergency.

FOUND	ITEM	WHY IT HELPS
☐	Flashlight	Helps us see safely when the power is out.
☐	Extra batteries	Keep battery-powered gear working.
☐	Bottled or stored water	Safe drinking water if normal service is interrupted.
☐	Shelf-stable snack or food	Food that does not need cooking or refrigeration.
☐	First-aid kit	Basic supplies for minor injuries.
☐	Whistle	Can help get attention without yelling for a long time.
☐	Phone charging cable	Helps keep a phone usable when power is available.
☐	Power bank	Can recharge small electronics during an outage.
☐	Blanket	Helps with warmth and comfort.
☐	Hygiene supplies	Helps keep hands, teeth, and bodies clean.
☐	Emergency contact list	Important numbers if a phone is lost or unavailable.
☐	Pet supplies, if needed	Food, leash, carrier, medicine, or other pet needs.

BONUS MISSION

☐ Find two items that are heavy, fragile, or not very useful in an emergency bag. Explain why you would leave them behind.

Find the Family Meeting Place

GOAL: Know where to go if your family gets separated or must leave home.

ASK AN ADULT FIRST: Your family should choose meeting places that are safe, easy to recognize, and appropriate for your neighborhood.

MY FAMILY MEETING PLACES

NEAR HOME	Example: a specific mailbox, corner, or trusted neighbor's home. Our place: _____
AWAY FROM HOME	Example: a library, community center, relative's home, or other agreed location. Our place: _____
BACKUP	A second safe place in case the first one cannot be used. Our place: _____

DRAW MY ROUTE

Draw your home or starting point, your meeting place, and the safest route between them. Add two landmarks you can recognize.

☐ I walked or drove to our meeting place with an adult.

☐ I can name at least two landmarks along the way.

MISSION

5

Lights Out Challenge

GOAL: Practice what to do safely during a power outage.

GROWN-UP SUPERVISION REQUIRED: Do not turn off breakers, create hazards, or use candles for this activity. An adult should stay with the child and simply turn off normal room lights.

Set a timer for 10 minutes. Pretend the electricity is out and complete the challenge without using normal room lights.

CHALLENGE CHECKLIST

- ☐ Find a flashlight or battery-powered light without running.
- ☐ Put on shoes before walking around the house.
- ☐ Show an adult the safest path from your bedroom to your family's safe area.
- ☐ Find the family emergency kit or show where it is stored.
- ☐ Find your emergency contact list.
- ☐ Explain why you should keep the refrigerator/freezer closed as much as possible.
- ☐ Name one safe way your family could charge a phone if the outage lasts a long time.
- ☐ Tell an adult what you would do if you smelled smoke, gas, or something unusual during the outage.

MY SCORE

0-2	3-4	5-6	7-8
Keep practicing	Good start	Almost ready	Lights Out Pro!

One thing our family should improve before the next outage:

Emergency Safety Detective

GOAL: Spot problems that could make an emergency harder or less safe.

Read the case file. Ten of the sixteen clues are preparedness problems. Put a check next to every problem you spot, then choose three to fix.

☐ 1. The flashlight in the emergency kit has dead batteries.	☐ 2. Boxes partly block the hallway exit.
☐ 3. The emergency contact list was updated last month.	☐ 4. The pet leash is hanging beside the pet carrier.
☐ 5. The phone used for emergency alerts is at 4% battery.	☐ 6. A smoke alarm is chirping because its battery needs attention.
☐ 7. The emergency kit is easy to reach near the family's planned exit.	☐ 8. An extension cord runs across the main walking path.
☐ 9. The backup meeting place is written on the family plan.	☐ 10. A family member's necessary medicine has not been included in emergency planning.
☐ 11. An unattended candle is burning close to curtains.	☐ 12. The emergency radio has working batteries.
☐ 13. A bicycle is parked in front of the back door.	☐ 14. Everyone knows the family's out-of-area contact.
☐ 15. Emergency drinking water is stored in a container that is leaking.	☐ 16. The house number is hard to see from the street, even in daylight.

DETECTIVE FIX-IT REPORT

Problem 1: _____ **Fix:** _____

Problem 2: _____ **Fix:** _____

Problem 3: _____ **Fix:** _____

DETECTIVE RULE: Do not move medicine, electrical cords, smoke alarms, heavy objects, or other hazards yourself. Tell an adult what you found.

MISSION

7

Pack the Go-Bag Challenge

GOAL: Practice choosing useful, portable items for a quick evacuation.

Cut out the cards or read them aloud. Put each item into one of three groups: PACK, ASK AN ADULT, or LEAVE BEHIND. Explain your choices.

Water	Shelf-stable snack	Flashlight
Emergency contact card	Small first-aid kit	Phone charger / power bank
Light jacket	Whistle	Hygiene kit
Change of clothes	Small comfort item	Necessary medicine
Pet leash / carrier	Important family documents	Bowling ball
Glass vase	Large gaming console	Heavy dumbbell

SORTING ZONES

PACK Useful, light, and appropriate for my bag.	ASK AN ADULT May be important but needs adult planning or handling.	LEAVE BEHIND Too heavy, fragile, or not useful enough for the space it takes.
IMPORTANT: Children should not be responsible for packing or carrying prescription medicine, important documents, or other sensitive items unless a parent or guardian specifically plans for it.		

ReadyKids Family Drill

GOAL: Put your family plan into action with a short, safe practice drill.

SAFETY FIRST: This is practice. No running, no hiding from adults, and no pretending there is a real emergency in a way that could alarm neighbors or emergency services.

CHOOSE ONE PRACTICE SCENARIO

- ☐ We need to leave the house because of smoke or fire.
- ☐ We need to move to our severe-weather safe area.
- ☐ We need to leave the neighborhood because officials ordered an evacuation.
- ☐ We are separated and need to use our communication and meeting-place plan.

RUN THE DRILL

- ☐ Adult announces the practice scenario.
- ☐ Kids stop what they are doing and listen for instructions.
- ☐ Everyone follows the planned safe route.
- ☐ Grab only the items your family plan says to take during that scenario.
- ☐ Go to the correct meeting place or safe area.
- ☐ Adult completes a headcount, including pets if applicable.
- ☐ Practice the family communication plan without contacting emergency services.
- ☐ Return home or end the drill when the adult says the practice is complete.

AFTER-ACTION REVIEW

What went well?

What was confusing or slow?

What should our family change before the next drill?

OUR DRILL TIME: _____ minutes _____ seconds



GROWN-UP GUIDE

Quick coaching notes for each ReadyKids mission

1. Emergency Contact Match-Up

Keep the child's contact list limited to people the family has actually approved. Practice recalling names and numbers, but do not make a test call to 911.

2. What Would You Do?

Look for three things in each answer: move toward safety, find or contact a trusted adult, and follow the family plan. More than one answer can be correct.

3. Emergency Kit Scavenger Hunt

Use the hunt to show where supplies are stored. Children should know where the kit is without being responsible for medicines, tools, or hazardous items.

4. Family Meeting Place

Choose specific locations, not vague areas such as "the park." Make sure every child can recognize the spot and knows the backup location.

5. Lights Out Challenge

Use flashlights or battery-powered lights. This activity is about safe movement and familiarization, not simulating distress.

6. Safety Detective

Ten of the sixteen clues are problems: 1, 2, 5, 6, 8, 10, 11, 13, 15, and 16. Have the child report hazards rather than fixing them. Adults should address smoke alarms, electrical issues, medicine, heavy objects, and blocked exits.

7. Go-Bag Challenge

There is no universal bag. Teach tradeoffs: usefulness, weight, space, climate, family needs, and who is responsible for sensitive items.

8. Family Drill

Keep drills short and calm. Measure success by following the plan safely, not by speed. Update the family plan based on what the drill reveals.

A GOOD READYKIDS QUESTION: "What would help you feel more confident if this happened for real?" The answer often reveals gaps adults do not notice.



READYKIDS MISSION BADGES

Color or check each badge after you complete the mission.

☐ 1 COMMUNICATION PRO	☐ 2 EMERGENCY THINKER
☐ 3 KIT FINDER	☐ 4 FAMILY NAVIGATOR
☐ 5 LIGHTS OUT PRO	☐ 6 SAFETY DETECTIVE
☐ 7 GO-BAG BUILDER	☐ 8 FAMILY DRILL READY

CERTIFICATE OF COMPLETION

This certifies that

completed all 8 ReadyKids Preparedness Missions and practiced how to plan, communicate, prepare, and respond safely with their family.

DATE

PARENT / GUARDIAN

READYKIDS SIGNATURE

FAMILY DRILL DATE