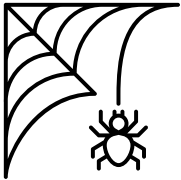





Hilltop School Menu October

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>4</p>	<p>5</p> <p>AM Snack: yogurt with berries, milk Lunch: Chicken Parmesan, carrots, peaches, milk PM Snack: cucumbers with ranch, water</p>	<p>6</p> <p>AM Snack: scrambled eggs, sausage, milk Lunch: Tacos with toppings, corn, tropical fruit salad, milk PM Snack: animal crackers with dip, water</p>	<p>7</p> <p>AM Snack: waffle sticks, milk Lunch: chicken teriyaki, broccoli, rice pilaf, oranges, milk PM Snack: applesauce, water</p>	<p>8</p> <p>AM Snack: coffee cake muffins, milk Lunch: ham and cheese sliders, apples, peas, milk PM Snack: cheese sticks and strawberries. water</p>	<p>9</p> <p>AM Snack: English muffins with jelly or butter, milk Lunch: macaroni and cheese, mixed vegetables, peaches, milk PM Snack: "ants on a log", water</p>	<p>10</p>
<p>11</p> <p>Indigenous People's Day</p>	<p>12</p> <p>AM Snack: pancakes, milk Lunch: spaghetti and meatballs, cucumbers, fruit salad, dinner roll, milk PM Snack: strawberry banana "ice cream", water</p>	<p>12</p> <p>AM Snack: oatmeal with fruit, milk Lunch: sloppy joes, potato wedges, cauliflower and broccoli mix, grapes, milk PM Snack: sun-butter cracker sandwiches, water</p>	<p>12</p> <p>AM Snack: cranberry muffins, milk Lunch: grilled cheese and tomato soup, orange slices, peas, milk PM Snack: veggie straws, water</p>	<p>15</p> <p>AM Snack: cereal, milk Lunch: cheese quesadillas, beans, corn, tropical fruit salad, milk PM Snack: smore's snack mix, water</p>	 <p>16</p>	<p>17</p>
 <p>18</p>	<p>19</p> <p>AM Snack: French toast sticks, milk Lunch: chicken tenders, tater tots, broccoli, pineapple, milk PM Snack: cracker fruit pizzas, water</p>	<p>20</p> <p>AM Snack: bagels with cream cheese or butter, milk Lunch: meatloaf, potatoes and gravy, peas, peaches, milk PM Snack: "dirt cups" (teddy grahams instead of candy worms), water</p>	<p>21</p> <p>AM Snack: scrambled eggs and sausage, milk Lunch: lasagna roll-ups, carrots, banana, breadstick, milk PM Snack: yogurt with blueberries. water</p>	<p>22</p> <p>AM Snack: biscuits with jelly, milk Lunch: turkey and cheese sliders, cucumbers, apple slices, milk PM Snack: crackers with cream cheese dip, water</p>	<p>23</p> <p>AM Snack: mixed berries, yogurt, milk Lunch: chicken alfredo casserole, broccoli, bananas, milk PM Snack: tortilla chips and guacamole, water</p>	<p>24</p>
<p>25</p>	<p>26</p> <p>AM Snack: pancakes, milk Lunch: baked ziti, breadstick, green beans, orange slices, milk PM Snack: pretzels and cheese sticks, water</p>	<p>27</p> <p>AM Snack: apple cinnamon oatmeal, milk Lunch: grilled cheese and tomato soup, peaches, peas, milk PM Snack: animal crackers and dip, water</p>	<p>28</p> <p>AM Snack: cereal bars, milk Lunch: macaroni and cheese, sweet potato fries, grapes, milk PM Snack: homemade yogurt bars, water</p>	<p>29</p> <p>AM Snack: banana bread muffins, milk Lunch: chicken salad sandwiches, pears, cucumber slices, milk PM Snack: veggie straws, water</p>	<p>30</p> <p>AM Snack: cinnamon roll, milk Lunch: Mummy pizzas, mandarin "pumpkins", cucumbers. milk PM Snack: pumpkin chip cookies, water</p>	 <p>31</p>