

john kennedy

Life as Art

johnkennedywatercolor.com

FIELD BOOK

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FIELD BOOK

ELAN PUBLISHING



typewriter journal
july 2026

remnants of a child's bedsheet
cloth memory two inches square
worried smooth

between thumb and forefinger
bleached pale pink

with time and friction
fragments in pocket, purse
now only in mine

soft as timer edges
i visit on stormy nights

where this scene i now carry
these lonely years
you are

ADDRESS

NAME Kennedy

ADDRESS

the street woman who came
into the gallery at the end
of my shift would not find
Washington or gaze on a world
map, nor would she find a
future in a crystal ball

her universe is contained in
a shopping trolley whose
mobility defines the
geographic boundaries of her
existence

an old man
going about his morning
hears sirens
growing more loud
until he finally realizes
they are coming for him
and he is witnessing it
from somewhere near
the ceiling

74

Minutes of a _____

held at _____

on the _____ day

--- M., pursuant to _____

synchronicity - the
simultaneous occurrence of
events which seem
significantly related
but have no discernable
causal connection

equals faith?

the story opens
before the sun
I wait at my table
for the first glow
sip my coffee
write my soul
in a little book
black ink
until the day has come
to show the way



1033

Wright 42

Sept 20 - Hall 12' x 14' long for kitchen

18 Kitchen dresser

" Garden Bench

" Linen board

I turn the corner

and see myself

turning the corner

ahead of me

I look behind the handkerchief

and there I am

" 1st coal bucket, stool, & roller

" 21 - half 13 ft long x 2 ft 4 in

" 26 window roller. 1

" "bed" chair

" "up" chair

" "up" chair

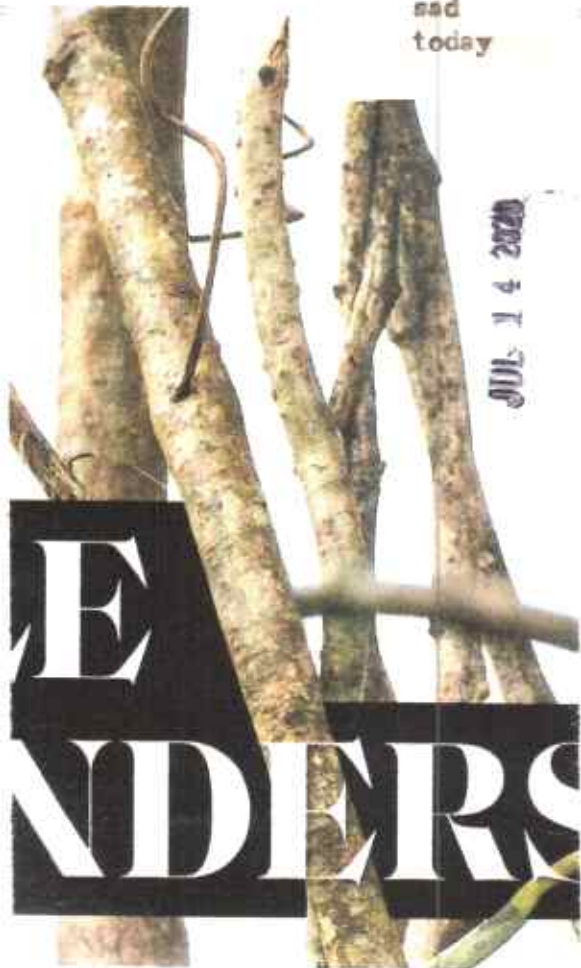
Oct 17 - 1st closet

Nov 23 - 1st closet

Nov 23 - 1st closet

sad
today

JUL 14 2020



**E
NIDERS**

aphantasia

i dream in vivid images
that flash into existence
without provocation. dis-
connected and seemingly
incongruent snippets, about
what, i dont know. a mouse
climbs up my shirt to be
comforted after a long absence,
later to be dying, wrapped in
a paper shroud and placed in
a box like a truffle. and i
mourn my dreams. during my
time awake my mind cannot
visualize anything, but
sputters up only words, no
images, words shooting ran-
domly inside my head like
ping pong balls, and bouncing
back changed, till they leak
out of my pen as i try to
straighten them out.

i dont know
what to believe
anymore

RECORD OF MINUTES.

.....meeting of the.....
.....
.....
of A. D. 19.....

64

Minutes of a.....

held at.....

on the day

--- M., pursuant to.....

half a year gone
where did it go
the bigger question
what have i made of it

what am i supposed
to have made of it

JUN 3 0 2026



i suppose the best way
to judge a good life, is
a life lived according
to ones own values

"khata"

"to miss the mark"
this is the original
hebrew word that is
most often translated
in scripture as the
word "sin"

changes everything

what we are doing now
is the most important
thing, as long as we
are doing it with the
right intention

QU
DU

life
without
expectation

129
- 26
- 26

129 4 " "

10
- 10

4 1 10

FOOLS R

all you need is love

i get by with a little
help from my friends

let it be

the gospels
bestles

ression)

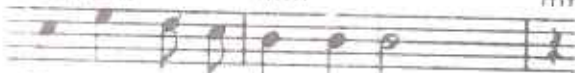


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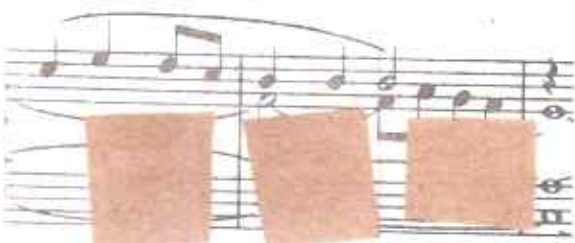
Rubato

(37
604

C



"Ro-mance is a game for fools!"



IAL BALANCE

FIXED LIABILITIES:

standing G. O. Bonds

anus Bonds
anus Bonds

the essenes
the dead sea scrolls
john the baptist

Wal Payable

S:

standing Warrants

OPERATING ACCOUNTS:

sc. General Revenue

sc. Water Revenue

sc. Sewer Revenue

ivance Taxes

iver Education Fund

ime Control Grant

ergency Employment Act 1971

les City Halfway House

ecial Snow Removal Fund

ecial Improvement District Interest

venue Sharing

RO™

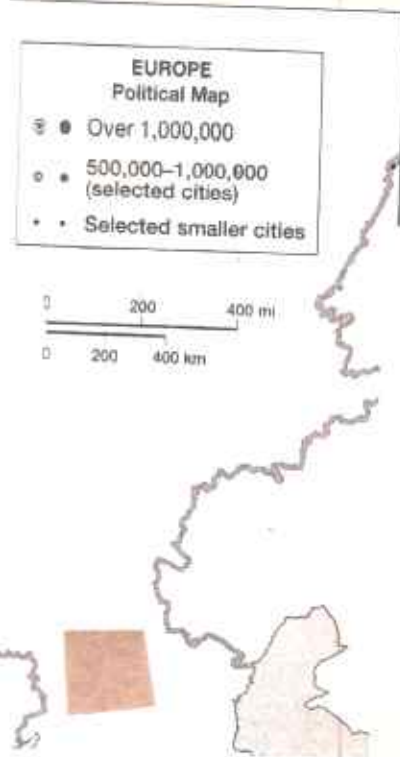
the air has cooled from a
hard rain that left streets
flooded and the storm sewers
unable to handle the deluge,
now the storm has passed, the
ground is dry, and a setting
sun is tucked safely behind
dark clouds off near the
horizon.

skies above me gray with
dusks fading light
these rhythms, rain-sun,
day-night, peace-war,
life-death
life carries on its back all
the weight of its opposite
our burden, to wait out the
storm, the faith to trust
the sun, even when dulled
by the pens of prophets



relax

stasis - inactivity resulting
from a static balance between
opposing forces



create



JUN 18 2026

66

s of a

held at

on the day

M., pursuant to

maybe synchronicity is
simply an expansion of
our scope of attention, by
looking at the world with-
out expectation, and acc-
epting the "signs" as
mysterious synchronicity



spiritual not religious
"seeking a meaningful
connection with something
bigger than yourself"

huckster
See *hawker*.
1. A peddler; hawker.
2. One whose business is advertising for commercial clients, as
preparation of advertising programs for religious campaigns. — *huckster-ism*, *huck-*
ster-ism, *huckstering*.
3. One whose business is advertising for religious campaigns, as
preparation of advertising programs for religious campaigns. — *huckster-ism*, *huck-*
ster-ism, *huckstering*.



ND OF MINUTES.

.....meeting of the....20th july.

.....then we wrote it all down.....

SELF - ego
self - EGO

Envy/Resent

Envy is a feeling of discontent or resentment aroused by someone's success or advantage, especially when it is undeserved. 1. A feeling of discontent or resentment aroused by someone's success or advantage, especially when it is undeserved. 2. A feeling of discontent or resentment aroused by someone's success or advantage, especially when it is undeserved.

The world heaps on us an abundance of potential envy, some of it is unhelpful; a new car, bigger house, more "stuff" but some of it is useful, a flood is coming and a neighbor has built a house on higher ground, "dang, I wish I were him, I wish that were my house"

How do we avoid envy in that situation? the answer is probably acceptance, maybe altruistic love, be as happy for another's good fortune as you are for your own, don't judge yourself for being in an unfortunate situation, and don't judge others who are either more or less fortunate than ourselves this needs to be practiced, a skill to be honed

hummingly

3. A mode or attitude of thought or action centering
tively human interests or ideals. — **hu'man-ist** (-lă
hu-man-is'tic (-lă'tik), *adj.*

hu-man'i-tar-i-an (bə-măn'chrē-ti-ăn), *n.* **1.** An adbu
itarianism (enses 1 & 2). **2.** A philanthropist. —
taining to, or characteristic of, humanitarianism.

hu-man'i-tar-i-an-ism ('is-m), *n.* **1.** Theol. The te
divinity of Christ. **2.** Ethics. **a.** The doctrine that m
are limited to, and dependent alone on, man and ma
b. The doctrine that man's nature is perfectible thro
teach without divine grace. **3.** Regard for the intere

hummingly

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[illegible]

mysticism, i am just beginning
 to understand, but so far it
 seems (like stoicism) to be a
 more personal portfolio of
 beliefs, and of our interactions
 with our beliefs; and not a
 universal edict with defined
 consequences



Minutes of a

held at

on the

M., pursuant

why must we rate
our experiences?

a good morning



am i at a point in my life
where it might be natural
for the physical and the
mental to decline in sync
like aging dance partners

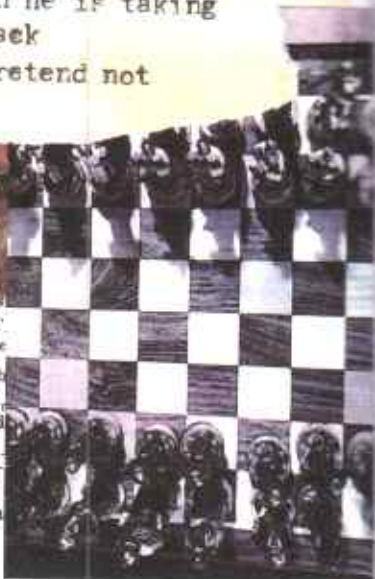
i can only hope that my mind
continues to function well,
do my best to maintain the
physical; and then to continue
to learn, even if it will
never elevate me beyond my
current abilities, i think
is to exercise these mental
muscles that can atrophy as
readily as the physical



the heatwave
continues

chess with will today
 i won 2 out of 3
 some of that i might
 attribute to the pain
 medication he is taking
 for his back
 but ill pretend not

process, of a
 a-ture (dis-ten-
 a-ture) or bodily de-
 a-ture, v. i. (L.
 tendere to stretch) 1. To
 extend in all directions; to e-
 -Ant. Constrict.
 i-si-ble (-shn'le-ble), adj. The
 i-ty (-ble-ty), n.
 it' (-tent'), adj. [L. disten-
 sion (-tension), n. Also dis-
 of being distended.
 h (dis'tik), n.; pl. -tripes (-
 in, fr. di- (= dis) twice +
 tric group of two lines.
 h-ous (dis'tik-ous), adj. [Gr.
 vertical rows. — dis'tich-ou



JUL 24 2008

today i will
 paint
 write
 walk
 nap

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406.243.1111

Check out about your local
community and the skilled
craftsmanship of our

books books books books

books books books books

books books books books
books books books books
books books books books

Check out

Title: _____

Author: _____

Check out date: _____

Check out date: _____

Check out date: _____ day of _____

Check out date: _____ M., pursuant to _____

principles

balance
movement
rhythm
pattern
contrast
unity
emphasis

background

Art is a form of communication. It is a way of expressing ideas and feelings. It is a way of communicating with others. It is a way of communicating with the world.

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elements

