

FLOURISH IN THE FOOTLIGHTS 2022-2023 REGISTRATION PACKET

ABOUT THE PROGRAM

Flourish in the Footlights is a partnership between Arlington Pediatric Therapy and Metropolis School of Performing Arts. Now entering its 20th year, it is Metropolis' longest running Community Engagement program. Flourish in the Footlights is open to people with disabilities ages 13 and up interested in building skills for theatre and for life! This seven month program is split into two sessions. The fall session focuses on acting techniques and ensemble building. The spring session builds on fall and culminates in a performance opportunity. All activities throughout the program are developmentally appropriate and focused for the abilities of the ensemble.

FALL: ACTING TECHNIQUES

Flourish begins with a focus on Acting Techniques. Students will meet for one hour weekly to gain, develop, and strengthen skills that will carry them throughout the program (and beyond!). During these classes, students will...

- Develop their actor's tools – body, voice, and imagination.
- Dive into theatre foundations such as focus, intention, improvisation, and story building.
- Create an ensemble through skills such as energy give and take, thinking quickly, and working collaboratively.
- Build confidence and comfortability expressing themselves.
- Engage linguistic, social, and gross motor skills.

Acting Techniques is held at Arlington Pediatric Therapy in Arlington Heights, located at 3105 N. Wilke Road, Arlington Heights 60004.

SPRING: PERFORMANCE

The second portion of Flourish focuses on preparing a performance at the end of the session. Performances may take on different forms depending on what the staff and ensemble create together. Options may include...

- **A Production on the Metropolis stage.** Students spend the spring session collaboratively building a story and script through guided improvisation. Then, students take part in a rehearsal process to prepare for a performance on the Metropolis stage with lights, sound, costumes, and props.
- **A Sharecase on the Metropolis stage.** A Sharecase is a showcase in which students share what they've learned during the session. The games, activities, warm-ups, scenes, songs, or dances students engage in throughout the session are put on display for an audience. It's a true celebration of the process of learning and growing, and gives an opportunity for the audience to connect with the ensemble as people, not just as characters.
- **Another creative option.** Depending on what the ensemble is working on, the options for a final performance are customizable! Options may include a cabaret-style performance, a scenes & songs structure, a staged reading, or more!

Regardless of format, the Flourish ensemble will have an opportunity to perform. These performance opportunities let the students shine, celebrate their hard work, build their confidence, and have a great time!

The spring classes for Flourish are held at Metropolis Performing Arts Centre, located at 111 W. Campbell Street, Arlington Heights, Illinois 60005.



STAFF

Our staff is comprised of experts in theatre and special education. Metropolis provides one instructor with comprehensive experience in working with actors with disabilities, as well as one assistant. Arlington Pediatric Therapy provides one special educator to collaborate on implementing the program.

COVID-19 GUIDELINES & POLICIES

At the time of registration, masks covering the nose and mouth are required for all participants and staff members. Should a student test positive for COVID-19, they should contact the instructor immediately for further guidance.

In the event that Flourish cannot meet in person due to COVID-19 in the short or long term, the program will be moved to a Zoom format. Students uninterested in participating on Zoom will be offered a prorated credit for a future session of Flourish in the Footlights.

Metropolis and Arlington Pediatric Therapy reserve the right to change these guidelines with or without notice in response to COVID-19 developments. Registration for Flourish in the Footlights signifies acknowledgement and acceptance of these guidelines and policies.

SCHEDULE

FALL 2022 - ACTING TECHNIQUES (6 classes)

Location: Arlington Pediatric Therapy, 3105 N. Wilke Road, Arlington Heights 60004

Mondays, October 17 - November 28 <i>*No class Monday, October 31</i>	6:15-7:15pm
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SPRING 2023 - PERFORMANCE (17 classes, 1 performance)

Location: Metropolis Performing Arts Centre, 111 W. Campbell, Arlington Heights 60005

Mondays, December 5 - January 23 <i>*No class Monday, December 19</i> <i>*No class Monday, December 26</i> <i>*No class Monday, January 2</i> <i>*No class Monday, January 16</i>	5:30-6:45pm	Rehearsal Studio, Floor 2 (elevator access)
Mondays, January 30 - March 27	5:30-7:00pm	Metropolis Theater, Floor 1
Monday, April 3 and Tuesday, April 4	5:30-7:30pm	Metropolis Theater, Floor 1
Monday, April 10 and Wednesday, April 12	5:30-8:00pm	Metropolis Theater, Floor 1
PERFORMANCE DAY - Sunday, April 16	10:30am-11:45am	Rehearsal in Metropolis Theater, Floor 1
	12:00pm - 2:00pm	Performance in Metropolis Theater, Floor 1
	2:00pm - 2:30pm	Lobby celebration, Floor 1

INCLEMENT WEATHER

In the event of inclement weather, Flourish in the Footlights will either meet virtually on Zoom or the class will be cancelled. In either situation, students will be notified via email.

FUNDRAISERS

Throughout the year, there may be Flourish fundraisers that call for help from our ensemble and their families. Assistance with these fundraising efforts is instrumental to Flourish. Your support does not have to involve contributing your own money. Help spreading the word via flyers, social media, and email is invaluable. Taking a shift collecting donations in the area makes a huge impact. Usually these fundraisers are low commitment and high payoff. As fundraiser opportunities arise, we will reach out via email with more details about getting involved!

PROGRAM FEE AND PAYMENT OPTIONS

Flourish in the Footlights program fee: \$640.00

In order to make this program fee as manageable as possible, you may choose from two payment options:

1. Pay in full \$640 by October 10
2. Contact Mary Beth Mayer of APT (info below) to create a payment plan that works for your finances

TO REGISTER

COMPLETE PAGES 4-5 OF THIS PACKET AND RETURN VIA...

EMAIL

MBMayer@aptmsltd.com

OR

MAIL

Mary Beth Mayer, Special Educator
c/o Arlington Pediatric Therapy
3105 N. Wilke Rd, Suite H
Arlington Heights, IL 60004

PROGRAM FEE PAYABLE BY...

CREDIT CARD

Call Arlington Pediatric Therapy
847-255-8690

OR

CASH/CHECK

Mail to or Visit:
Mary Beth Mayer, Special Educator
c/o Arlington Pediatric Therapy
3105 N. Wilke Rd, Suite H
Arlington Heights, IL 60004

REGISTRATION FORMS & PAYMENT DUE BY MONDAY, OCTOBER 10

CONTACT INFORMATION

ARLINGTON PEDIATRIC THERAPY - Mary Beth Mayer, 847-255-8690 ext. 827 or MBMayer@aptmsltd.com

METROPOLIS - Abby Vombrack, 847-577-5982 ext. 244 or avombrack@metropolisarts.com

FLOURISH IN THE FOOTLIGHTS

REGISTRATION FORM

Student Name: _____ Age: _____ Birth Date: ____/____/____

Parent/Guardian 1 Name: _____ Phone Number: _____

Parent/Guardian 2 Name: _____ Phone Number: _____

Student Address: _____ City: _____ Zip: _____

Parent/Guardian Address (if differs from student):

_____ City: _____ Zip: _____

Preferred Email for Communication: _____

Emergency Contact Name/Relationship: _____ Phone: _____

Please mark your payment method:

- Credit Card** - Call Arlington Pediatric Therapy at 847-255-8690
- Check** - Make checks payable to "Arlington Pediatric Therapy"
- Cash** - Amount Enclosed: _____

How would you describe your student's disability/special needs?

Has your student been involved in an acting class before? If yes, when and please describe.

Please share any accommodations, teaching techniques, or adaptations that would benefit your student.

Is there any additional information regarding your student that would be helpful for us to know (i.e. trauma, abuse, loss, divorce, etc.). Please include any concerns you might have about your student participating in this program.

AUTHORIZATIONS

MEDICAL AUTHORIZATION

In the event that I cannot be reached in an emergency, I hereby give my permission to the Physician selected by Metropolis, Arlington Pediatric Therapy and affiliates to secure proper treatment for my child in case of accident, injury, or sudden illness.

Print Name **Signature** **Date**

LIABILITY RELEASE

I hereby give my child, _____, permission to participate in program activities. I assume all responsibility for injuries that my child may sustain, and hereby agree to release Metropolis, Arlington Pediatric Therapy and affiliates from any liability for said injuries.

Parents/Guardians must supervise the enrolled student before and after class. Arlington Pediatric Therapy, Metropolis Performing Arts Centre, artists and staff cannot be held responsible for accident or injury to participants in this program.

I understand that my signature is required below for enrollment and that this form must be received by the first class or my child will not be enrolled.

PHOTO RELEASE

I hereby grant Metropolis Performing Arts Centre, Arlington Pediatric Therapy and its affiliates permission to use my likeness in photograph(s)/video in any and all of its publications and in any and all other media, whether now known or hereafter existing controlled by Metropolis Performing Arts Centre, in perpetuity, and for other use by Metropolis. I will make no monetary or other claim against Metropolis Performing Arts Centre for the use of the photographs(s)/video.

Print Name **Signature** **Date**

Relation to subject (if subject is a minor): _____

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OR

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