



Pediatric Pelvic Health Program- Birth to 17 years

For more information or to schedule, stop at the front desk or call: 847-255-8690.

We can help!



Does your child?

- **Have wetting episodes during the day**
- **Continue to wet at night after the age of 6**
- **Have frequent urinary tract infections**
- **Experience urinary frequency or urgency**
- **Have constipation**
- **Have painful bowel movement**
- **Leak poop (encoporesis)**
- **Have difficulty with potty training (after age 4)**
- **Have pelvic pain**

How can PT help?

Physical therapists are experts in muscle function, alignment and coordination.

There are muscles of the pelvic floor, core and surrounding area that help support the bowel and bladder. These muscles help to hold urine and feces in and then are used to help expel the urine and feces at the right time.

Pediatric pelvic PT helps to retrain the systems and muscles to work properly and restore function.

We have therapists with special training to help your child.