

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted cereals with milk	Muffins served with milk	Butter toast with fruits and milk	Whole wheat toast with fruit jam and milk	Pancake and syrup, served with milk
Lunch	Chicken nuggets and mashed potato, served with fruits and milk/water	Chicken sandwich served with lentil & vegetable soup, fruits and milk/water	Homemade beef chilli beans served with steamed rice, fruits and milk/water	Fettuccine Alfredo cooked in white sauce and chicken, served with veggies, garlic bread and milk/water	Homemade pasta faggioli soup with vegetables, served with egg muffins, buns and milk/water
Vegetarian lunch	Veggie patty and mashed potato, served with fruits and milk/water	Cheese served with lentil & vegetable soup, fruits and milk/water	Homemade veg chilli beans served with steamed rice, fruits and milk/water	Fettuccine Alfredo cooked in white sauce, served with fried vegetables, garlic bread and milk/water	Same as above
Snack	Cheese buns and milk	Oatmeal cookies and milk	Trail mix with milk, Yougurt for babies	Crackers with cheese and cucumber slices	Mandarin oranges