

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted cereal and milk	Whole wheat jam toast served with milk	Bran muffins fresh fruit served with milk	Bagels with cream cheese served with milk	Scrambled eggs served with milk
Lunch	Grilled cheese sandwiches served with minestrone chicken soup with veg beans and milk	Roasted red peppers chicken fettucine alfredo with garlic bread and milk	Chicken nuggets and baked fries served with fresh seasonal fruit and milk	Curry chicken served with rice fresh seasonal fruit and milk	Homemade beef sloppy joes served with buns, veggies and milk
Vegetarian lunch	Grilled cheese sandwiches served with Minestrone soup with veg, beans and milk	Roasted Red Peppers Fettucine Alfredo with garlic bread and milk	Baked fries served with fresh seasonal fruit, veggies and milk	Homemade cheese curry served with fresh fruit and milk	Homemade cheese veg chilli served with buns and milk
Snack	Carrot Muffin and milk	Fresh fruit with cream cheese dip Fruit sauce for babies	Wow butter sandwich on whole wheat bread	Assorted veggies with ranch dip Yogurt for babies	Fruit Salad

