

## Top 5 Must Have Crystals for Ultimate Success in 2022.



**DOMINIQUE RIVERA**

Crystals and minerals have within them, energetic properties that can sooth, enhance, heal and release energy blocks by working together with our own subtle energy body known as the Aura. Placing Crystals on the body will promote the energy of the specific type of crystal placed upon it or dispel or release an opposing force.

Crystals have had value even all the way to prehistoric times when dinosaurs would consume a variety of crystals. Nowadays, It is sufficient to place them into our field and allow our aura to consume the energy. Here are some

helpful crystals to get you ready for the new year and give you an extra boost! This article is not intended as medical advice. Please do not make any changes to your medical routine without consulting a medical practitioner.

Focus: Energetic Health  
Energy prescription:

Kunzite



A pink stone that is

soothing and mighty. It will open your heart and mind by bringing harmony and allowing the analytical and intuitive sides to merge equally. This balances the 3d and the 5d allowing us to be intuitive and practical. Kunzite releases you from the painful past and it eliminates fear by bringing us into the present moment where we can be met with love and joy. It allows us to be balanced at giving and receiving in all aspects of life especially in love. Balance is the key to energetic health and Kunzite will lift you and keep you grounded so you may remain present and alert. Grab some Kunzite to be efficient, fair and balanced.