moment where we can be met with love and joy. It allows us to be balanced at giving and receiving in all aspects of life especially in love. Balance is the key to energetic health and Kunzite will lift you and keep you grounded so you may remain present and alert. Grab some Kunzite to be efficient, fair and balanced.

Focus: Finances Energy prescription: Citrine This beautiful Golden yellow stone is known as the "Merchants Stone" . Placing citrine in one's cash box was a common practice to produce more income for the merchant. Citrines give off a beautiful warm energy that stimulates our own energy field and creates a recharging effect. This stone vibrates on a frequency that attracts happiness and abundance. Wear citrine if you are a

person who also gets cold easily to not be as sensitive to its chill. Raising your self confidence and self esteem Citrine is an ideal stone companion to see projects through to completion.

Focus: Pursue an aspiration Energy prescription: Anhydrite Anhydrite is a tubular crystal that occurs as a colourless mineral or in the colors ranging from blue to grey. This mineral gives physical strength and also teaches us how the body is transient. It assists in communication with people of a different state of mind than yours and can help you find the correct words to bridge the gap. This crystal is known as the "glad acceptance" stone.

This energy allows it to flow through all the many