

# SVC SARASOTA VOLLEYBALL CLUB HANDBOOK





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## **ABOUT US**

SVC is a place where young athletes can develop their volleyball skills in a safe, fun, and educationally sound environment. It is a club where coaches and parents work together to build both the athletes volleyball skills as well as their life skills. We make success possible and strive to ensure players grow as a person as well as an athlete. Players as well as staff are expected to work hard, play hard and have fun! We believe success is not relative to wins or losses! We feel every win and every loss is a learning experience for our athletes. While winning is by far not the most important thing, the will to win is! SVC and SRQ Beach Volleyball have partnered to create a new concept in volleyball with the goal of giving athletes a unique volleyball training experience.

## **MISSION & VISION**

Building Champions of Character through the Game of Volleyball

CHARACTER Integrity, Poise, Leadership, Courage

COMMUNITY: Family values, Service, Kindness, Empathy

PASSION: Enjoyment, Fun, Effort, Commitment

EXCELLENCE: Compete, Goal setting, Relentless, Challenge

We are A 501-C Non-for-profit volleyball club in Sarasota focusing on Character, Family and Commitment.

## **BOARD OF DIRECTORS 2022-2023**

Myreli Zamora - Club Director

Jason Mocherman – Assistant Director

Annie Howard – Assistant Director

Jeffrey Horr – AAU/Tournaments Director

Josh Mocherman – Communication/Tournaments Director

Sue Burks – Volunteer Coordinator

Tatiana Cortes - Parent Representative

Gabriela Diaz- Administrative Assistant

Isabella Bogacz – Intern - Social Media/ Secretary



## **SVC TRAINING PHILOSOPHY**

Our training philosophy includes: Complete control of fundamental skills, physical conditioning, player intelligence, sportsmanship and discipline commitment, love for the game in a family atmosphere.

### **Tryouts**

The methods we use to assign players to teams are based on an evaluation conducted in a professional manner upon the consensus of qualified coaches. We evaluate all skills at tryouts and place athletes on teams based on their skill level. At SVC we strive to fill teams with a maximum of 10 athletes and no less than 8. Teams with more than 10 players can be formed with coaches and club directors' approval.

Players may continue to be added to teams for the season if the qualified coaching staff feel that it is in the team's best interest to do so.

If for some reason a player is no longer able or authorized to participate in her team, the Club Directors, in their sole discretion, may add another player or players to cover that position or positions in that team as needed.

### **Playing Time**

SVC is a competitive volleyball club, not a recreational volleyball club. There is no equal playing time rule and there should be no expectation of one. For competitive purposes, some players will play more than others. We will try to balance athlete playing time with the teams need to be successful. It is the coach's responsibility to determine what's best for the team and what's best for the athlete. They will use common sense in determining playing time and playing positions. More playing time is earned by demonstrating improvement during practice.

Not under any circumstance should parents corner a coach or SVC staff at a tournament, during games or practices. A meeting should be scheduled to discuss such matters. Please refer to the "Grievance Policy".



Repetitive complaints to the athlete(s) or to a third party that interferes with the club's efforts to pursue its' stated mission and purpose may be cause, in the sole determination of the club, for the member to resign

## **Commitment**

At SVC, two of our most valuable core values are commitment and teamwork. Quitting is not a core value that we accept and is NOT an option for our athletes. Quitting not only puts a financial burden on our programs but it also has a negative effect on the team and the individual. Please be sure you are 100% committed to participating and 100% committed financially in our Sarasota Volleyball Club programs before accepting a position.

## **Refund Policy**

At SVC there will be no refunds, unless a player is injured and such an injury prevents the athlete from participating in the club season for one month or more. In that event, the refund will be paid **at the conclusion** of the club season provided the athlete did not participate in any other physical activity during the club season such as interscholastic or recreational activities. SVC will refund a prorated amount of the tuition **less** the initial nonrefundable down payment.

## **Player Rules and Policies**

1. We expect that our athletes will act in a courteous manner throughout the season both locally and as they travel. Athletes disobeying either SVC, AAU or USAV rules and policies, or acting in a manner deemed inappropriate by the staff, may be disciplined or expelled from SVC Sarasota Volleyball Club. If expulsion from the program is required, there will be no financial compensation.
2. Every member of SVC will be offered training developed by our coaching staff that will occur at weekly practices. Playing time is based on practice and event performance of the athlete as viewed by the team coach and the SVC coaching staff. Equal playtime is NOT guaranteed.
3. Any member found to be in the possession of alcohol, tobacco, vape pens, illegal drugs or prescription medication without written consent on the



premises of any practice or tournament facility will be immediately expelled from the program.

4. All players who commit to an SVC Travel and AAU Season are expected to fully comply with all team practices and tournaments until their team's responsibilities are completed. Players should not commit to any other club volleyball (Indoor or Beach) training program until their last SVC team's tournament ends.

5. Players must contact their coach at least one hour before practice if they will not be in attendance. Missing practices may affect the player's playing time at practices, scrimmages, games and/or tournaments.

6. To emphasize player responsibility, the athlete should be the one alerting the coach about needing to miss practice (with the exception of the 12 and under parents/players).

## **TOURNAMENTS**

1. Teams will arrive at the playing site at least one (1) hour prior to their first match (45 minutes for refereeing and 1 hour for playing the first match).

2. Travel expenses for players/ families are not included in the club fees. You should fully understand the tournament schedule in order to estimate the actual travel expenses that you may incur such as air/ ground transportation, hotel & meals.

2. The parents of the players are responsible for providing transportation to all practices. In the same manner, the parents have the responsibility of transporting their children to the location of designated tournaments, corresponding hotels and both of these throughout the duration of the tournament.

3. We encourage parents to travel with the team to different events, but we understand this is an extra expense for the family. If for some reason, the parents or guardians of the player **cannot** travel we urge them to coordinate beforehand with other parents of the team so that their daughter is under

that parent's guardianship during the trip/tournament. No player shall be under the guardianship of any SVC coach during the trip/tournament nor stay overnight in his/her room.

4. Refeing at tournaments: Part of club volleyball is working at the tournament as referees. Each athlete will be required to line judge, score keep, book keep, libero track or down ref at least once per tournament, per day. Coaches will assign reffing duties to their team at each tournament.

5. Leaving upon conclusion of tournament: Athletes are not allowed to leave a tournament early. Whether the team is playing or reffing they will stay until the completion of the match. Once the team is done reffing or playing they will be dismissed by their coach. If there is a family emergency while at a tournament, please talk with your coach before leaving.

6. A hotel stay may be required for tournaments 70 miles away. Athletes stay with parents and parents are responsible for the hotel cost. The normal cost is between \$160-\$220 per night.

SVC books hotel rooms for your convenience, to provide the most complete team experience, SVC will designate hotels for tournaments over 70 miles. If for some reason, the parents or guardians of the player cannot travel we urge them to coordinate beforehand with other parents of the team so that their daughter is under that parent's guardianship during the trip/tournament and let one of the directors know ahead of time. No player shall be under the guardianship of any SVC coach during the trip/tournament nor stay overnight in his/her room.



## **Club Family/Player Volunteer**

One of our Core Values is family involvement and therefore, each player and family is required to work at least one home tournament. These volunteer hours will be coordinated through our volunteer coordinator and sign-ups will be required upon acceptance to a team. Please contact [sue@sarasotavolleyballclub.com](mailto:sue@sarasotavolleyballclub.com) for volunteer questions.

### **Parent Rules & Policies**

Team benches are for the team not parents. Please be sure to give athletes drinks prior to matches. Athletes should stay on the bench with the team and will only be allowed to leave the bench with the coach's permission. The coaches should discuss with the athletes when it is a good time to eat and drink. This information will be shared between the coach and a parent representative. Athletes will not leave the venue during tournaments until the tournament has concluded. Parents may pick up food for lunch, but athletes must stay at the tournament venue. Please be a good role model for your daughter.

Good sportsmanship is always encouraged, and berating referees, players, or coaches is unacceptable. Remember, our athletes will be refereeing, and we will never tolerate any parents from other clubs harassing our athletes. Please represent your family and the club in a positive manner.

Parents should refrain from any unsportsmanlike conduct that could embarrass the club or penalize a team. Parents disobeying SVC, AAU or USAV rules, or acting in a manner deemed inappropriate by the staff, may cause the player to be suspended or expelled from SVC.

The use of inappropriate language will never be tolerated.

SVC and its staff are not responsible for managing matters that are not related to the volleyball training services it provides. Personal issues between players and/or parents should be discussed and resolved between parties involved outside SVC premises and activities (practices, games, tournaments, meetings, team dinners, etc.). Please do not let your athlete be the cause or part of a situation that will cause division in a team. This

includes but not limited to; bullying (both on the court and cyber), exclusive group chats, excluding specific players from group activities (see Social Media and Online Communication Policy below).

SVC believes in a 24-hour cool down period. If there is an issue at a tournament or practice, please set up an appointment or call the coach only after the 24-hour period. **NEVER** confront any coach at a tournament about playing time or coaching strategies or techniques. Weekends are for volleyball; weekdays are for business.

When an issue arises, we believe in following a chain of command:

- Athletes will speak to the coach first.
- If you're still not satisfied, then we (coach, parent, and in some instance the athlete) will meet together.
- Should the issue still not be resolved, parents or guardian may request a meeting with the SVC Director(s) to help come to a fair and honest resolution.

All decisions made at this point will be made by the SVC Board of Directors with the input of the athletes, parents, coaches, and witnesses.

Failure to follow the procedure above can cause immediate dismissal from attending practices or events.



## **Dispute/Grievance Procedure**

Sarasota Volleyball Club fully comprehends the value of parent involvement and encourages our parents to offer feedback whether positive or negative, but to do so in a respectful way. The following procedure is designed to help athletes and parents with questions, concerns, or problems that may occur during the course of the season. It ensures open and honest communication between all parties involved.

1. 24-hour rule: If the athlete or parent has a concern arising from a tournament or practice that needs to be addressed, they must wait at least 24 hours after the conclusion of the event to discuss the issue with the head coach. We trust that parents will be timely in communicating with coaches regarding potential issues that would distract that coach from their primary objective of coaching the team.
2. Don't approach the coach immediately prior to the start of practice, the coach must focus on the athletes' and the training required during practice.
3. The athlete must first ask for a meeting with the coach to discuss the issue at hand. This should occur before or after practice, not while training is underway. In the case of players on 13's or younger teams, the parents may request a meeting, in which the athlete, parent and coach must be present.
4. If the issue is unresolved, the parents may ask for a meeting between themselves, the athlete, and the coach to discuss the issue. The meeting should take place at a location considered adequate for a private discussion agreed upon by both the parent and coach – NOT at a tournament and/or during practice.
5. If the issue is unresolved, the parent may ask for a meeting with the club directors, the head coach, and the athlete. The meeting should take place at a location considered adequate for private discussion, agreed upon by the parent, coach, and director and during a scheduled time away from practice or a tournament is appropriate. The decision

of the club director is **FINAL** and there will be no more appeals on this subject.

6. **Parents and SVC are a team to help build character in your athlete.** It is essential that our parents serve as a support system for our club, players and coaches. To ask this, we, as the club director, staff, and coaches need to be available to empower parents and athletes with information and ensure understanding. When all parties share time together, the potential conflict creates a greater opportunity to learn from each other different strategies in how all parties can communicate effectively and be more congruent in cultivating a positive experience for our athletes.

### **Parent's Code of Conduct**

- Remain in the spectator area during matches.
- Do not advise the coach on how to coach.
- Do not make derogatory comments about or to coaches, officials, tournament directors or players of either team.
- Do not try to coach your child during the match.
- Cheer for your child's team. Show interest, enthusiasm, and support for your child.
- Be in control of your emotions.
- Help when asked by coaches or officials.



## 2022-2023 SVC FEES

SVC operates under the system “All Inclusive.” You will NOT receive any additional invoices during the season.

Tuition covers facility rental and expenses, uniforms, coaching salaries and travel expense, tournament entry fees, administrative expenses and equipment.								
Team	Total Tuition	<u>Non Refundable</u> Down Payment (See dates for each team)	First Payment 10/30	Second Payment 11/30	Third Payment 12/30	Fourth Payment 1/30	Fifth and last payment 2/15	Pay up Front or Save CASH OR CHECK ONLY
Travel teams 2 X a week	\$2,850	\$600 Due August 8th	\$450	\$450	\$450	\$450	\$450	\$2,800
AAU Teams	\$1,4000	\$ 600 Due August 22nd	\$160	\$160	\$160	\$160	\$160	\$1,350

***All payments are made electronically and there will be a 5% processing fee not included on tuition price***

Deposit of \$600 for all Travel teams and AAU Teams are due within 48 hours of team acceptance. First payment is Oct.30, Second payment is due 11/30/2022, Third payment is due 12/30/2022, Fourth Payment is due 1/30/2023 and last payment is due 2/15/2023.



## **SVC Social Media and Online Communication Policy**

SVC understands that advancements of technology are enabling new forms of social interaction and social media is a popular communication tool for players, parents and coaches. **SVC is also aware that social media is a venue where inappropriate behavior and misconduct can occur.** The following policies are meant to ensure the appropriate use of social media and online communication.

Texting, Email and Similar Electronic Communications:

If it is necessary for a coach or staff member to send a direct text message or email to a player, the following guidelines must be followed:

1. A parent (or guardian) must be copied.
2. The communication must be signed so it is clear as to whom or what organization is sending the message. Just using the number or email address for identification is not sufficient.
3. It should be non-personal and for the purpose of communicating information about team activities.
4. It should never include or contain offensive, sexual or inappropriate language or photos.
5. The time of day and the number of messages sent should be considered.
6. Records should be kept for every coach's current cell number and email accounts.

When a player feels the need to text or email a coach or staff member, the following guidelines must be followed:

1. A parent (or guardian) must be copied.
2. It should be sent only with information regarding the organization or team or club activities.

**Social Media (Facebook, Snap Chat, Instagram, Twitter, Blogs and Similar Sites)**

Coaches are not to have contact with players on any social media site.  
**Players never to post pictures of other Club Members or players that can be hurtful or embarrassing or without their permission.**

The use of any device for recording or transmitting visual images is strictly prohibited in showers, restrooms, changing rooms or other areas where participants expect privacy.

Players and parents can “like” the official The SVC Facebook page and coaches can communicate to players through the site. The communication must be open, transparent, and professional in nature and for the purpose of communicating information about the team or club activities.

Use of SVC Logos and media (including player and coach pictures) without the expressed permission of the club, players or coaches is not permitted.

Social media sites should not be used to abuse or criticize SVC or anyone in the SVC Community. Any negative posts about the club, players or coaches are grounds for immediate dismissal.

#### **ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT**

In consideration of being allowed to participate on behalf of **SVC Sarasota Volleyball** program and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS SVC Sarasota Volleyball their officers, officials, agents, and/or employees, other participants,



sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (“RELEASEES”), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

**FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Name of athlete : \_\_\_\_\_

Name of parent/guardian: \_\_\_\_\_

Parent guardian/signature: \_\_\_\_\_

Date signed: \_\_\_\_\_

# Club Release Policy

If an athlete/family decides to depart SVC Sarasota Volleyball during the respective season, the following steps must take place:

## Release Policy:

STEP 1 - The athlete/family in question must submit a written request for release to the Club Directors, **Myreli Zamora**

[Myreli@sarasotavolleyballclub.com](mailto:Myreli@sarasotavolleyballclub.com) or **Jason Mocherman**

[jason@sarasotavolleyballclub.com](mailto:jason@sarasotavolleyballclub.com) and to the Florida Region at registrar@FloridaVolleyball.org stating the reason for the request.

STEP 2 - Club will release the athlete immediately once the following item(s) have been completed:

1. Athlete returns all club gear provided to athlete this season.
2. Member must remit all financial obligations agreed upon contractually. Payment Option – Member pays full cost of season.

**Transfer Policy:** A player can represent only one club during the Season. A change in the geographical location of the family due to a change in job, military, scholastic or inner-collegiate status may receive special consideration. No player may participate in different Qualifying events with different clubs/teams during the same tournament season. Proof of residency must be provided by the family at the time of the release/transfer request.

Once an athlete has participated in a **National Qualifier Event (Regional or NQ)** they may not be released for the rest of the season to another club. Please refer to the USA Volleyball (USAV) Championship Manual on releases for athletes that participate in regional or national qualifying/bid events.

\_\_\_\_\_  
Parent Name (Print)

\_\_\_\_\_  
Parent Signature

Date: \_\_\_\_\_

## **SVC Sarasota Volleyball Financial Agreement**

I accept the position for my daughter, \_\_\_\_\_, on the \_\_\_\_\_ team and understand that I am responsible for full payment of tuition. I understand there will be no refunds, unless a player is injured and such injury prevents the athlete from participating in the club season for more than 1 month. In that event, the refund will be paid at the conclusion of the club season provided the athlete did not participate in any other physical activity during the club season such as interscholastic or recreational activities. SVC will refund a prorated amount of the tuition less the initial non refundable down payment. I understand that failure to fulfill my financial obligation may result in athlete suspension from practices and tournaments until the payments have been made; or dismissal from Sarasota Volleyball Club. I also understand Sarasota Volleyball Club reserves the right to use outside collection agencies should I fail to meet my full financial agreement with Sarasota Volleyball Club.

I, \_\_\_\_\_ (parent) agree to pay the sum of \$ \_\_\_\_\_ by Feb 15, 2023 for \_\_\_\_\_ (athlete) 2022-23 SVC Sarasota Volleyball Tuition.

Failure to fulfill the financial commitment of this form will result in permanent suspension from the club and the use of outside agencies to collect outstanding balances.

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_



## **Liability Waiver**

I agree that the coaches, club, and facilities used shall not be liable for any damages arising from personal injuries sustained by my daughter or her guest(s) in, on or about the premises of the facilities and further agree that the coaches, club, and facilities shall not be liable for any loss or theft of personal property. In the event of an injury my daughter will immediately notify a coach and no legal action will be taken against the coaches, club, or facilities used.

My daughter is in good physical condition and has no disability, impairment or ailment that prevents her from engaging in active or passive exercise that will be detrimental and inimical to her health, safety, comfort or physical condition if she does so engage or participate.

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

## **MINOR ATHLETE ABUSE PREVENTION POLICIES**

**Covered Organizations/LAOs are required to implement the following athlete abuse prevention policies**

To satisfy these requirements, USA Volleyball provides these policies to USAV member clubs. Clubs may choose to implement stricter standards.

### **SafeSport Club Policies**

1. One-on-One Interactions, including meetings and individual training sessions (Clubs are required to establish reasonable procedures to limit one-on one interactions, as set forth in federal law)
2. Massages and rubdowns/athletic training modalities Locker rooms and changing areas
3. Social media and electronic communications
4. Local travel
5. Team travel

These policies shall apply to the following:

- 1) Adult members at a facility that is either partially or fully under the jurisdiction of a **FLORIDA REGION CLUB**
- 2) Adult members who have regular contact with amateur athletes who are minors
- 3) Any adult authorized by **FLORIDA REGION CLUB** that may have regular contact with or authority over an amateur athlete who is a minor
- 4) Adult staff and board members of a **FLORIDA REGION CLUB**

(Collectively “Applicable Adult” for the purposes of this policy)

## **POLICY 1 - ONE-ON-ONE INTERACTIONS**

### **Observable and interruptible**

One-on-one interactions between a minor athlete and an Applicable Adult (who is not the minor’s legal guardian) at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB** are permitted if they occur at an observable and interruptible distance by another adult.

One-on-one interactions between minor athletes and an Applicable Adult (who is not the minor’s legal guardian) at a facility partially or fully under the jurisdiction of a Covered Organization/LAO are prohibited, except in the circumstances described in meetings with mental health care professionals and health care providers of this section and under emergency circumstances.

Meetings between Applicable Adults and minor athletes at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB** may only occur if another adult is present, except under emergency circumstances. Such meetings must occur where interactions can be easily observed and at an interruptible distance from another adult.

If a one-on-one meeting takes place in an office at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB**, the door to the office must remain unlocked and open. If available, it will occur in an office that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.

### **Meetings with mental health care professionals and health care providers**

If a mental health care professional and/or health care provider meets with minor athletes at a facility partially or fully under the jurisdiction of **FLORIDA REGION CLUB**, a closed-door meeting may be permitted to protect patient privacy provided that:

The door remains unlocked and another adult is present at the facility.

The other adult is advised that a closed-door meeting is occurring written legal guardian consent is obtained in advance by the mental health care professional and/or health care provider, with a copy provided to the organization.

### **Individual training sessions**

Individual training sessions between Applicable Adults and minor athletes are permitted at a facility partially or fully under the jurisdiction of **FLORIDA REGION CLUB** if the training session is observable and interruptible by another adult. It is the responsibility of the Applicable Adult to obtain the written permission of the minor's legal guardian in advance of the individual training session if the individual training session is not observable and interruptible by another adult. Permission for individual training sessions must be obtained at least every six months. Parents, guardians, and other caretakers must be allowed to observe the training session.

## **POLICY 2 - MESSAGES AND RUBDOWNS/ATHLETIC TRAINING MODALITIES**

Any massage or rubdown/athletic training modality performed at a facility or a training or competition venue under the jurisdiction of **FLORIDA REGION CLUB** must be conducted in an open and interruptible location. Any massage of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the massage or rubdown/athletic training modality in the room.

### **LOCKER ROOMS AND CHANGING AREAS**

#### **Non-exclusive facility**

If **FLORIDA REGION CLUB** uses a facility not fully under their jurisdiction (for, e.g., training or competition or similar events) and the facility is used by multiple constituents, Applicable Adults in categories 1 through 4 are nonetheless required to adhere to the rules set forth herein..

#### **Use of recording devices**

Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar

spaces at a facility under the jurisdiction of **FLORIDA REGION CLUB** is prohibited. Exceptions may be made for media and championship celebrations, provided that such exceptions are approved by the **FLORIDA REGION CLUB** and two or more Applicable Adults are present.

### **Undress**

Under no circumstances shall an unrelated Applicable Adult at a facility under the jurisdiction of **FLORIDA REGION CLUB** intentionally expose his or her breasts, buttocks, groin, or genitals to a minor athlete.

### **One-on-one interactions**

Except for athletes on the same team, at no time are unrelated Applicable Adults permitted to be alone with a minor athlete in a locker room or changing area when at a facility under the partial or full jurisdiction of **FLORIDA REGION CLUB** , except under emergency circumstances.

If **FLORIDA REGION CLUB** is using a facility that only has a single locker room or changing area, separate times will be designated for use by Applicable Adults, if any.

### **Monitoring**

**FLORIDA REGION CLUB** will regularly and randomly monitor the use of locker rooms and changing areas at facilities under their jurisdiction to ensure compliance with these policies.

## **POLICY 3 - SOCIAL MEDIA & ELECTRONIC COMMUNICATIONS**

As part of **FLORIDA REGION CLUB** emphasis on athlete safety, all electronic communications between a coach and athlete must be professional in nature and for the purpose of communicating information about team activities.

### **Content**

All electronic communication originating from Applicable Adults to minor athletes must be professional in nature.

### **Open and transparent**

Absent emergency circumstances, if an Applicable Adult with authority over minor athletes needs to communicate directly with a minor athlete via electronic

communications (including social media), another Applicable Adult or the minor athlete's legal guardian will be copied.

If a minor athlete communicates to an Applicable Adult (with authority over the minor athlete) privately first, said Applicable Adult should respond to the minor athlete with a copy to another Applicable Adult or the minor athlete's legal guardian.

When an Applicable Adult with authority over minor athletes communicates electronically to the entire team, said Applicable Adult will copy another adult.

Minor athletes may "friend" the organization's official page.

### **Facebook, Myspace, blogs, and similar sites**

Coaches may not have athletes of **FLORIDA REGION CLUB's** Team join a personal social media page. Athlete members and parents can friend the official **FLORIDA REGION CLUB's** Team page and coaches can communicate to athlete members through the site. All posts, messages, text, or media of any kind between coach and athlete must be professional in nature and for the purpose of communicating information about team activities or for team-oriented motivational purposes.

### **Twitter, instant messaging and similar media**

Coaches and athletes may "follow" each other. All posts between coach and athlete must be for the purpose of communicating information about team activities.

### **Email and similar/electronic communications**

Athletes and coaches may use email to communicate. All email content between coach and athlete must be professional in nature and for the purpose of communicating information about team activities. Where the coach is a staff member and/or volunteer, email from a coach to any athlete we recommend come from the club website email center (the coach's return email address will contain "@sarasotavolleyballclub.com").

### **Texting and similar electronic communications**

Texting is allowed between coaches and athletes. All texts between coach and athlete must be professional and for the purpose of communicating information about team activities.

### **Electronic imagery**

From time to time, digital photos, videos of practice or competition, and other publicly obtainable images of the athlete – individually or in groups – may be taken. These photos

and/or videos may be submitted to local, state or national publications, used in club videos, posted on club or club associated websites, or offered to the club families seasonally on disc or other electronic form. It is the default policy of **FLORIDA REGION CLUB** to allow such practices as long as the athlete or athletes are in public view and such imagery is both appropriate and in the best interest of the athlete and the club. Imagery must not be contrary to any rules as outlined in **FLORIDA REGION CLUB's** Participant Safety Handbook.

### **Request to discontinue all electronic communication or imagery**

The parents or guardians of an athlete may request in writing that their child not be contacted by any form of electronic communication by coaches or Applicable Adults subject to this policy. (Photography or videography). The **FLORIDA REGION CLUB** will abide by any such request that their minor athlete not be contacted via electronic communication, absent emergency circumstances.

### **Misconduct**

Social media and electronic communications can also be used to commit misconduct (e.g., emotional, sexual, bullying, harassment, and hazing). Such communications by coaches, staff, volunteers, administrators, officials, parents or athletes will not be tolerated and are considered violations of our Participant Safety Handbook.

### **Violations**

Violations of **FLORIDA REGION CLUB's** Electronic Communications and Social Media Policy should be reported to your immediate supervisor, a **FLORIDA REGION CLUB** administrator or a member of **FLORIDA REGION CLUB's** Participant Safety Committee for evaluation. Complaints and allegations will be addressed under **FLORIDA REGION CLUB's** Disciplinary Rules and Procedure.

### **LOCAL TRAVEL & TEAM TRAVEL**

This policy shall apply to:

- 1) Adult members who have regular contact with amateur athletes who are minors
- 2) Any adult authorized by **FLORIDA REGION CLUB** to have regular contact with or authority over an amateur athlete who is a minor
- 3) Adult staff and board members of **FLORIDA REGION CLUB**

(Collectively "Applicable Adult" for the purposes of this policy)

## **POLICY 4 - LOCAL TRAVEL**

Local travel consists of travel to training, practice, and competition that occurs locally and does not include coordinated overnight stay(s).

### **Transportation**

Applicable Adults who are not also acting as a legal guardian, shall not ride in a vehicle alone with an unrelated minor athlete, absent emergency circumstances, and must have at least two minor athletes or another adult at all times, unless otherwise agreed to in writing by the minor athlete's parent/legal guardian in advance of each local travel.

## **POLICY 5 - TEAM TRAVEL**

Team travel is travel to a competition or other team activity that the organization plans and supervises.

### **Team/competition travel**

When only one Applicable Adult and one minor athlete travel to a competition, the minor athlete must have his/her legal guardian's written permission in advance and for each competition to travel alone with said Applicable Adult.

### **Hotel Room**

Regardless of gender, a coach shall not share a hotel room or other sleeping arrangements with a minor player. (Unless coach is the parent, guardian or sibling of the player) However, a parent/legal guardian may consent to such an arrangement in advance and in writing. Furthermore, a parent/legal guardian may consent in advance and in writing to the minor athlete sharing a hotel room or other sleeping arrangement with an adult athlete

Coach or his/her designee will establish a curfew by when all players must be in their hotel rooms in a supervised location. Regular monitoring and curfew checks will be made to each room by at least two properly background screened adults. At no time should one adult be present in room with minor players, regardless of gender.

Team personnel should ask hotel to block adult pay per view channels.

### **Meetings**

Meetings shall be conducted consistent with the **FLORIDA REGION CLUB** policy for one-on-one interactions

Individual meetings between coach and player may not occur in hotel sleeping rooms and must be held in public setting or with additional adults present with one of those adults being the same gender as the player.

**2022-23 CLUB PROGRAM- SVC Sarasota Volleyball Handbook  
Acknowledgement form.**

- SVC Sarasota Volleyball Program Parent/Player Handbook is provided online and presents information regarding expectations for players, parent behavior and consequences for misconduct.
- Please read and review the information in the SVC Parent/Player Handbook with your daughter so that you have a clear understanding of its content.

I have read and understand the SVC Volleyball Handbook. If I have questions regarding anything written in this handbook I will contact the Club Directors prior to signing this acknowledgment

By our signatures below, we acknowledge that both, Parent and Player, have read and understand the entire SVC Sarasota Volleyball Handbook.

PARTICIPANT Print: \_\_\_\_\_

PARTICIPANT Signature: \_\_\_\_\_ Date: \_\_\_\_\_

PARENT/ GUARDIAN Print: \_\_\_\_\_

PARENT/ GUARDIAN Signature: \_\_\_\_\_ Date: \_\_\_\_\_