## **Liability Waiver**

Event: Second Saturday - FitFest

By participating in Second Saturday - FitFest, you acknowledge the assumption of inherent risk and agree to hold harmless all parties affiliated with the event.

## Assumption of Inherent risk

Fitness and conditioning activities carry with them certain inherent risks that cannot be eliminated despite the care of a fitness trainer or event organizer to prevent injuries. These risk include but are not limited to sprains, strains, falls, fainting or heart attack. Many activities involve exertions of strength using one or more muscle groups, quick movements involving speed and change of direction and sustained physical activity that places stress on the cardiovascular system. In addition, some activities may involve equipment and/or complex machines, all of which have the potential of malfunctioning or causing injury.

You should consult with your doctor before engaging in physical exercise and if you have previously experienced any of the risked described above, you should not participate in today's event without approval from your doctor.

By checking the Waiver Agreement box, you are acknowledging the inherent risk of your participation including that of exposure to Covid-19 which may exist in any public space where people are present. By attending this event, you voluntarily assume all risks related to your participation, including potential exposure to Covid-19 and agree not to hold Detroit River Front Concervancy; Detroit 300 Conservancy; Downtown Detroit Partnership: The City of Detroit; Wayne County; Black Health Movement or any of their affiliates, directors, officers, employees, agents, contractors or volunteers liable for any illness or injury.

If you decline to accept the waiver. You are not permitted to participate in the event.