



Studio A

DANCE

SUMMER SCHEDULE

JUNE 1 - AUGUST 1

REGISTER VIA OUR WEBSITE

**CLASSES BEGIN
JUNE 1**

MOMMY + ME

BABY BALLET + TAP

BABY TUMBLE TIME

BALLET + POINTE

JAZZ + TAP

HIP HOP + TUMBLING

FLEXIBILITY + BODY SHAPING

ADULT CLASSES

WEIGHTLIFTING

**ALL SKILL LEVELS
WELCOME!**

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ADULT CLASSES

MONDAY

6:30-7:30pm Adult Ballet

TUESDAY

6:30-7:30pm Hip Hop Fitness

WEDNESDAY

6:15-7:00 Adult Stretch + Barre

7:00-8:30pm Adult Ballet

THURSDAY

6:15-7:00pm Adult Jazz/Heels

FRIDAY

5:30-6:30pm Hip Hop Fitness

SATURDAY

10:00-11:00am Hip Hop Fitness

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MONDAY



STUDIO 1

- 2:30-3:00 Baby Ballet/Tap 3-4
- 3:00-4:00 Flexibility + Body Shaping 6-11
- 4:00-5:00 Flexibility + Body Shaping 12-18
- 5:00-5:45 Intro to Ballet/Tap 4-6
- 5:45-6:30 Intro to Stretch/Tumbling 4-6

STUDIO 2

- 4:00-5:00 Ballet 6-11
- 5:00-6:30 Ballet 12-18
- 6:30-7:30 Adult Ballet 18-99

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TUESDAY

STUDIO 1

3:30-4:30 TEAM 12-18

4:45-5:45 TEAM 6-11

5:45-6:30 Hip Hop 6-11

6:30-7:15 Hip Hop 12-18

STUDIO 2

3:30-4:00 Tap 6-11

4:00-4:45 Jazz 6-11

4:45-5:15 Tap 12-18

5:15-6:00 Jazz 12-18



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WEDNESDAY

STUDIO 1

- 3:30-4:30 Weightlifting 12-99
- 4:30-5:30 Weightlifting 6-11
- 5:30-6:15 Contemporary + Improv 6-11
- 6:15-7:00 Adult Stretch + Barre 18-99

STUDIO 2

- 3:30-4:30 Ballet 6-11
- 4:30-6:00 Ballet 12-18
- 6:00-7:00 Pointe/Pre-Pointe 9+
- 7:00-8:30 Adult Ballet 18-99

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THURSDAY

STUDIO 1

- 11:15-11:45 Mommy + Me 1-4
- 11:45-12:15 Baby Ballet/Tap 18-24mo
- 12:15-12:45 Ballet/Tap 3-4
- 12:45-1:15 Baby Tumble Time 3-4
- 3:30-4:30 Acro/Tumbling 6-11
- 4:30-5:30 Acro/Tumbling 12-18
- 5:30-6:15 Commercial Jazz/Heels 12-18
- 6:15-7:00 Adult Jazz/Heels 18-99



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FRIDAY

STUDIO 2

5:30-6:30 Adult Hip Hop Fitness

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SATURDAY

STUDIO 2

10:00-11:00am Adult Hip Hop Fitness

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