

6th Ave Homes

Customer Highlight



When one door closes, the perfect one opens!

When the Cathcarts decided to make the move from Kansas to Waxahachie to be closer to family, their kids referred them right to us.

Our team helped their kids, Jordan and Meagan close on a home in September, so when The Cathcarts were ready to move closer to their grandson Jack, they turned to us to find the perfect place.

The couple had settled on a property, but the week before they were set to close, the deal fell through. Since they were headed down to Texas with their two sweet fur babies in tow and no place to stay, our team got back on the trail to find their home. In two shakes of a pup's tail, we found this family perfect place to rest their paws.

Welcome to Texas Cathcarts! Now relax and enjoy the new digs.

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#closingtime #homebuying #texasrealestate #6thavehomes #ourfamilystory
#bostonsofinstagram

Construction Highlight



We're excited to share the fabulous 6th Ave Homes transformation taking place inside this craftsman style house as we speak.

The incredibly talented @brigatipllc has laid out plans that include the addition of a gorgeous master suite complete with a cozy fireplace and a huge master closet. The kitchen renovation will leave this growing family with an all-new footprint and plenty of room for making memories.

A big thank you to Cody Molock for leading the team through this fully-gutted interior remodel of this #MonticelloDream.

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#craftsmanhomes #designbuild #homeimprovement
#transformationtuesday #homeremodel #architecture #homereno

Team



There's no "i" in team, but there is one in Victory! At 6th Ave Homes we like to celebrate each other's accomplishments. If you have a big win, you have to ring the Victory Bell, and everyone in the office offers up a high five.

So ring away Tanner! Today you earned the highest of fives.

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#workhardplayhard #victorybell #thehighestoffives
#winnerwinnerchickendinner #6thavehomes #realestatedreams
#realestatedreamteam #ftworthhomes #realtorlife

Nanda Yoga

Team Feature



Join us in a warm sun salutation to say hello to our instructor Reigan Williams. Reigan specializes in kid's yoga where she teaches our littles to breathe through their challenges big and small.

"I love yoga because it saved me from my anxiety. Yoga taught me it's okay to not be okay, and how to breathe through the hard stuff."

Reigan said there's no better emotional release than stretching in a yoga class and releasing any bad energy and thoughts. She taught her 3-year-old daughter to breathe through her own emotions, and Reigan said they love doing partner poses together in class.

"Yoga has brought so much inner peace and gratitude toward life for me. Nanda makes every kid and parent feel recognized and special. We teach kids how to calm their bodies and have free play without limits!"

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@reigan.mckinzie

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#NandaYoga #YogaInstructor #FtWorthKidsYoga #kidsyogateacher #DFWMom
#CalmingAnxiety #YogaForKids #JustBreathe #Mindfulness #InnerPeace
#MindfulLiving #YogaLove #YogaGram

Special Event Feature



✨ FAMILY WELLNESS DAY ✨

✨ Saturday, Jan. 23 ✨

We're inviting all of our families to start 2021 with positive intentions. Let's focus on restoring our health and well-being with a day of restoration.

We're so excited to collaborate with @restoreandrevivefw for a full day of good vibes, complete with treats from @juicejunkiestx, a sound bath, and of course — yoga.

We'll also address our full mind, body and spirit with:

- ✨ a chef and a nutritionist
- ✨ a neuro-integrated specialist
- ✨ a clinical therapist and process art
- ✨ a functional medicine specialist

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#NandaYogaFW #FamilyWellness #RestoreandRevive #JuiceJunkies
#HealthandWellness #ThingsToDoInFtWorth #FWTX #DFWMom

Highlighting Classes



Swing into spring with our new schedule.

Our classes focus on human-to-human contact, physical movement and social interaction. These are the building blocks of healthy child development, and we prioritize meaningful and mindful interactions that build confidence, compassion and resilience.

We offer classes for kids from 6 weeks to 12 years. So come find joy this spring in the class that's right for you and your child.

Our Spring Schedule includes:

- ✨ Baby & Me Yoga
- ✨ Pre/Postnatal Yoga
- ✨ Toddler Yoga + Sensory Play
- ✨ Storytime Yoga + Process Art
- ✨ Family Yoga
- ✨ Homeschool Yoga
- ✨ Specialized classes for ages 4-6, 7-9 & 10-12
- ✨ Personally customized private classes

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#KidsAtPlay #NandaYogaFW #KidsYogaFtWorth #FortWorthMom #FamilyYoga
#MommyAndMe #SocialEmotionalLearning #CompassionateKids #YogaSchool
#FtWorthTx

Melt Ice Creams

Product Feature



We're fired up about our new Creme Brûlée Sometimes flavor!

In French creme brûlée means "burnt cream," but in English it means fancy ice cream crunchfest.

We shatter any doubts about this flavor along with the delicate sheets of caramelized sugar and fill this rich custard ice cream with those broken bits of toasty heaven. Bon appetit mon cher!

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#cremebruleeallday #newflavoralert #MeltIceCreams #seeforthworth #fwtx
#sometimesflavors #newflavorwhodis #bishopartsdistrict #happyicecream
#icecreambae

Launch / Event



WHOLE-ly cow look who's bagged a new spot in the freezer! 🥰

MELT fans can now pick up a pint of happiness at regional DFW Whole Foods, so find your flavor, then take home and savor.

And don't forget to share your joy! We want to know, "What makes you whole?"

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#MELTMakesMeWhole #WholeFoods #IceCreamDream #DFW
#IceCreamYouScream #TexasFlavors #HolyCow #MELTiceCreams

Product Feature



In unprecedented times, it's nice to have a few completely precedented moments. 😊

Our 8 trusty Always flavors are tried and true troopers you can count on every day at MELT. These local favorites have been on the scene to celebrate report cards, soothe break-ups, and to rally the troops at the office when Janet retired last year.

Just like the rest of our flavors, the Great Eight were born and raised in Texas. And they'll be here for you every time.

So when you need a little extra comfort in your comfort zone, come grab a scoop of precedence.

Always here for you:

- 🌟 Beans
- 🌟 Salt Lick
- 🌟 Chocolate Chocolate
- 🌟 Cup of Texas
- 🌟 Dark Chocolate
- 🌟 Cookie Crush
- 🌟 Strawberry
- 🌟 Always Sammie

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#UnprecedentedTimes #VanillaBeanIceCream #ChocolatelceCream #CupofTexas
#SaltedCaramel #CoffeelceCream #DarkChocolate #VeganIceCream #EatLocal
#TexasTreats #DFWEats #FortWorthTx #FortWorthLocal #FortWorthFoodie