



# ARIZONA YOGA ACADEMY

## 2024 CALENDAR OF EVENTS



*Check Us Out*

### FEBRUARY 2024

**Reiki 1/2 Training:**  
February 3rd and 4th



### MARCH 2024

**Yin Yoga Teacher Training:**  
March 1st-3rd

**200 Hour YTT:**  
Start Date: March 4th

### APRIL 2024

**Yoga Nidra Yoga Teacher Training:**  
April 5th-7th

**300 Hour YTT:**  
Start Date: April 11th

### JUNE 2024

**Reiki 1/2 Jungle Retreat**  
Costa Rica  
June 3rd-8th

**Reiki 3/4 Jungle Retreat**  
Costa Rica  
June 9th-14th

### JULY 2024

**Trauma Informed Yoga Teacher Training**  
July 13th and 14th

**Yoga for Anxiety and Depression Workshop**  
July 27th

### AUGUST 2024

**Reiki 1/2 Training:**  
August 3rd and 4th

**200 Hour YTT:**  
Start Date: August 12th

### SEPTEMBER 2024

**Psychic School**  
Salem, Massachusetts  
September 9th-13th

**Breathing 101 Workshop**  
September 28th

### OCTOBER 2024

**Reiki 3/4 Training**  
October 5th and 6th

**Hands-on Adjustment Workshop for Teachers**  
October 19th

### NOVEMBER 2024

**Restorative Yoga Teacher Training**  
November 2nd and 3rd



### ADDITIONAL DETAILS

All classes take place in our studio in Mesa, Arizona, unless otherwise listed.

More trainings and workshops may be added throughout the year so check our website often!

[www.azyogaacademy.com](http://www.azyogaacademy.com)  
[arizonayogaacademy@gmail.com](mailto:arizonayogaacademy@gmail.com)  
480-452-4068

