

TRACE

An ally's aim is to lean into the multitude of collapses and see, write and think what stands.

One thing certain are themes of the past return to now and writing exercises can lead to new discoveries. Let the writing take care of itself. Step back and see what works with the least effort. No matter what we are faced carry on even in times of depression and repression the creative process finds a way to shore up. However, it is not always easy. Keep at it.

During your self-directed residency, keep the focus on what you find as your source.

Topic: Banned Books/Banned Thought/Banned Bodies and Histories is a violation of a people's history. Banning books is also a form of violence against the freedom to think; against the right to self-expression and impedes the cultural articulation of ideas as expressed in various forms and dimensions.

When groups in society imposes its agenda to limit the woke minds of various communities -- no matter what community, it is a violation of human rights and principles that we witness how it persists.

“there's a zone and in that haptic space are the optics of time.”

I admit I am not as productive during times of strife and yet Howard Zinn said artist during a time of war is also a time to write and think and express your truth and find it in what is taking place in society. Today, we are yet for another time in our lives in light of the AIDS pandemic where we sought to stamp out the abuse of human rights that left many of our communities living with HIV and AIDS in isolation where many lost jobs and careers and yet many of us have not restored our livelihood from the decades of AIDS: loss of the ability to have a child to the need to regain a redemption our self-esteem but today, and after 35 years into the pandemic many are **once again** stifled and shut out of access. For many of us this isolation never ended. Thus, in many ways, the war has not ended. Our health is compromised by the stress, re traumatized by the conditions of humanity and there is a need to recover from the great deluge. In this appeal listen to the words of Toni Morrison, James Baldwin, Albert Camus, Frantz Fanon, and top it off with: [AliciaKeys.Ink.to/YouTubeMusic](https://www.youtube.com/channel/UCvK1n0X1n0X1n0X1n0X1n0X)

Finally, revisit the songs of Gil Scott-Heron: *Save The Children* and all the rest. May all be blessed with peace, safety, security and the immediate restoration of an artist and human right of return to speak and express our truth and human rights abuses that we learned from our ancestors' enslavement and the battle against the AIDS Crises of decades of abuses that continues to follow into a new century. May the coming new year restore our health and immense losses.

From New Century Group Think Tank.