

ROSEMARY OIL

LET'S MAKE YOUR HAIR GROW & GLOW



Method

- Sterilise a large glass jar and fill it with hand-chopped rosemary sprigs.
- Pour oil into the jar, ensuring the rosemary sprigs are completely covered.
- Cover the jar with plastic wrap before sealing it with the lid.
- Allow the mixture to infuse in indirect sunlight for 28 to 40 days, avoiding direct sunlight.
- After the infusion period, strain the oil through a cheesecloth into a dropper bottle, ensuring only the oil passes through. Repeat if necessary.
- Store the infused oil in a dark place, labeled with the name and date.
- Apply the oil to your scalp or mix it into shampoo. It can also be used in cooking!
- Enjoy your D.I.Y magic

Time For Some D.I.Y!

Ingredients List

- Large Handful of chopped Rosemary Sprigs
- Vegetable Oil

Utensil List

- 1 Glass Jar
- 1 Oil Dropper
- Plastic Wrap
- 1 Funnel
- 1 Cheese Cloth or Filter





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THE ORGANIC STYLIST

LET YOUR HAIR GROW AND GLOW!



The Magic Of Rosemary

Native to the Mediterranean region, Rosemary has been used for centuries in cooking, medicine, and beauty products.

It contains antioxidants and anti-inflammatory properties that stimulate hair growth and reduce hair fall. Additionally, it helps reduce scalp inflammation and improves blood supply to hair follicles, strengthening the hair. It can also address other hair issues such as split ends and dandruff control.



Another great benefit of rosemary for hair is its ability to enhance shine. It removes product buildup, allowing your natural shine to come through. Additionally, rosemary smooths the hair cuticle, preventing rough and lifted cuticles. Since hair cuticles are patterned like shingles on a roof, lifted cuticles can dull shine and create a rough texture. Smooth cuticles, on the other hand, make hair look shiny and healthy!

The Organic Stylist

GENERAL DISCLAIMER

THE INFORMATION PROVIDED ON THIS PRODUCT AND ITS USAGE IS FOR EDUCATIONAL AND INFORMATIONAL PURPOSES ONLY. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE. RESULTS MAY VARY FROM PERSON TO PERSON.

PATCH TEST

BEFORE USING THIS PRODUCT, WE RECOMMEND CONDUCTING A PATCH TEST TO CHECK FOR ANY ADVERSE REACTIONS. APPLY A SMALL AMOUNT OF THE PRODUCT TO A DISCREET AREA OF YOUR SKIN AND WAIT 24 HOURS. IF ANY IRRITATION OR ALLERGIC REACTION OCCURS, DISCONTINUE USE IMMEDIATELY.

PROFESSIONAL ADVICE

THE INFORMATION PROVIDED HERE IS NOT A SUBSTITUTE FOR PROFESSIONAL MEDICAL ADVICE OR TREATMENT. ALWAYS SEEK THE ADVICE OF YOUR PHYSICIAN OR OTHER QUALIFIED HEALTH PROVIDER WITH ANY QUESTIONS YOU MAY HAVE REGARDING A MEDICAL CONDITION.

