







## Bala Vihar

Bala Vihar is a children's educational program offered at the Hindu Vedic Society, teaching religious and spiritual tenets, values and community, customs and festivals, all in the Hindu-American context. These ideas are conveyed through stories and parables, hands-on activities, art projects, field trips, and small group discussion. It is a place where children can learn about the Hindu heritage, reinforce cultural values, and establish a peer group.

Bala Vihar meets weekly (currently through Zoom), Sundays 10:20-12:00, with different level classes for students from Kindergarten to Grade 8. High school students meet about twice a month to read and discuss the Bhagavad Gita.

## Fall semester Begins Sun, Aug 16 10:20am-12pm

## **Annual Fees**

\$200 for 1<sup>st</sup> child, \$150 for additional children Half-off for LSU and Southern students

- Shlokas and bhajans
- Mahabharata,
   Ramayana, Gita
- Yoga, Play
- Art projects
- Historical context
- Learn and have fun with friends
- ... and much more