

FROM BURNOUT TO **BRILLIANCE**

PHYSICIAN WELLNESS SYMPOSIUM

March 31, 2017 – April 2, 2017
Travaasa Austin
13500 FM2769 - Austin, Tx 78726

AGENDA

Friday, March 31, 2017: Physician Wellbeing and Burnout

- 10:00 am – 2:00 pm Check-in/ Registration
Kate Hagan, MD, MD Anderson --- Burnout Assessment Tool
- 3:00 pm – 4:00 pm **Tait Shanafelt, MD**, Mayo Clinic --- Finding Meaning, Balance & Personal Satisfaction in the Practice of Medicine
- 4:00 pm – 5:00 pm **Janice Mancuso**, Osler Symposia --- The (Dying?) Art of Medicine: Words of Wisdom from Osler et al
- 5:00 pm – 6:00 pm **Mandy Oaklander**, Time Magazine -- Doctors on Life Support
- 6:00 pm – 7:00 pm Reception/ Networking
- 7:00 pm – 8:00 pm Dinner
- 8:00 pm – 9:00 pm **Crystal Clay Wright, MD**, MD Anderson – Self Reflection through Writing

Saturday, April 1, 2017: Professional and Personal Skills

- 7:30 am – 8:30 am Breakfast
- 8:30 am – 9:00am **Elizabeth Rebello, MD**, MD Anderson --- Moderated Poster Session
- 9:00 am – 10:00 am **Ken Sapire, MD, Warren Holleman, PhD** MD Anderson--- Etiology and Impact of Physician Burnout
- 10:00 am – 11:00 am **Elizabeth Rebello, MD**, MD Anderson --- Identify and Improve Networks
- 11:00 am – 12:00 pm Breakout Session....meditation
- 12:00 pm – 1:00 pm Lunch
- 1:00 pm – 2:00 pm Breakout Session...yoga
- 2:00 pm – 3:00 pm **Imelda Tjia, MD**, Baylor College of Medicine, Texas Childrens' Hospital --- Difficult Conversations
- 3:00 pm – 4:00 pm **Maggie Grueskin**, Chopra Certified Instructor --- AYURVEDA: Modern Application of the Ancient Science of Life
- 4:00 pm – 5:00 pm Breakout Session...vision boarding
- 5:00 pm – 6:00 pm **Carla Falco, MD**, Baylor College of Medicine, Texas Children's Hospital --- Workshops as Scholarship
- 7:00 pm – 8:00 pm Dinner

Sunday, April 2, 2017: Innovative Ideas

- 8:00 am – 9:00 am Working Breakfast... **Kathy Stepien, MD, FAAP** --- Compassion in Medicine, The Institute for Physician Wellness
- 9:00 am – 10:00 am **Alicia Kowalski, MD** MD Anderson--- 30 Second Self-Promotion Speech
- 10:00 am – 11:00 am **Greg Gilbert, MD**, Stanford --- A Novel Program Impacting the "MD-Institution" Relationship
- 11:00 am – 12:00 pm **Alicia Kowalski, MD**, MDACC -- Professionalism
- 12:00 pm – 1:00 pm Lunch
- 1:00 pm – 2:00 pm Breakout Session...farm tour
- 2:00 pm – 3:00 pm **Maggie Grueskin**, Chopra Certified Instructor --- DOSHAS: Customizing Your Unique Path to Wellness
- 3:00 pm – 3:30 pm Wrap Up / Adjourn