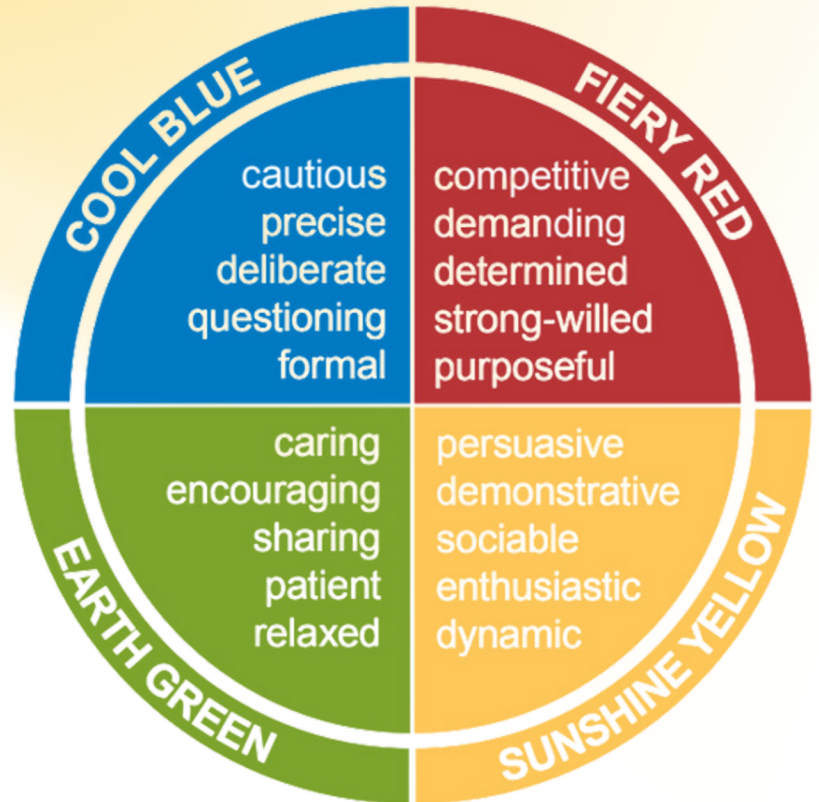




## Results

- Awareness of Behavior
- Adapting Behavior
- Feedback and Accountability Ensures Effectiveness



## Description

The next step of the self-awareness journey is **Insights Discovery**. A psychometric tool based on the psychology of Carl Jung, Insights Discovery is built to help leaders understand themselves and others, and adapt behavior to make the most of the relationships that are necessary to drive business results.

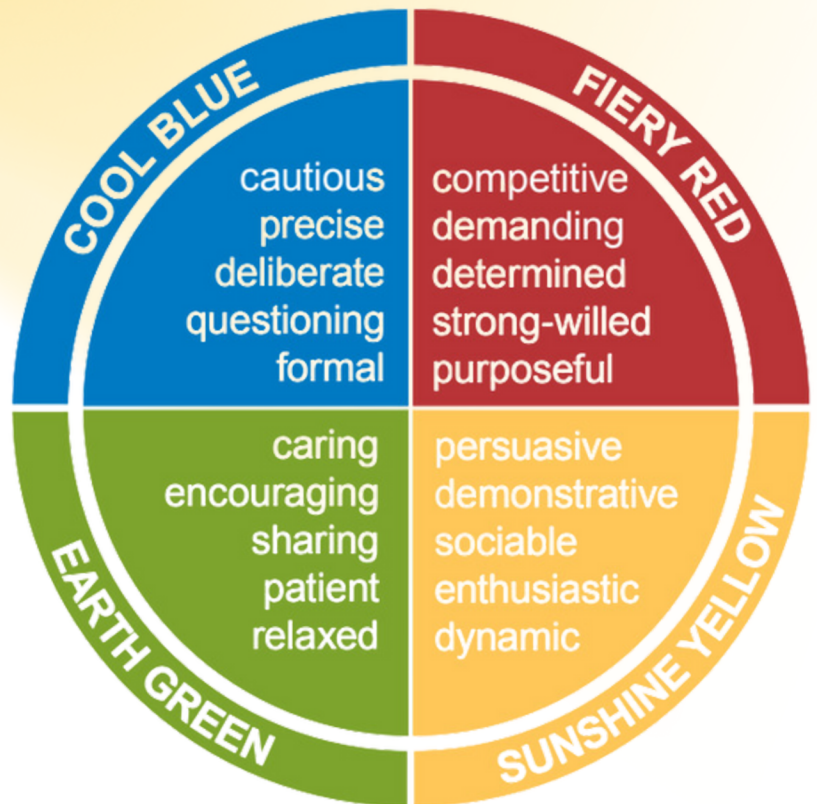
Discovery uses the same simple four color model to help leaders understand and adapt their style in ways that drive results. Often referred to as a dance, leaders thoughtfully draw on four color-energies - Fiery Red, Sunshine Yellow, Earth Green and Cool Blue energies, which helps them connect more meaningfully by speaking the language of the people they want to reach.



# Insights<sup>®</sup> Explore

## Results

- Awareness of Behavioral Preferences
- Understanding of Team Dynamics
- Adapt to Connect More Effectively



## Description

**Insights Explore** is a tool that introduces our simple four color energy model to explore personality. It helps learners understand more about their preferences, how they show up to others, and how they can make better connections in the workplace. Explore is an ideal first step in a learner's journey of self-awareness and is ideal for providing the foundational learning that allows employees to leverage their preferences within their roles and when interacting with others.

Explore is a learner-led development tool, which offers accessible, bite-sized content that can be easily rolled out to front-line employees or future leaders within your organization.