

Massage Therapy



Deep Tissue Massage

Uses pressure to access deeper layers of musculature

50 mins for 1400/-

Swedish Massage

Relaxation and stress reduction with light pressure rubbing movement

40 mins for 1099/-

Thai Massage

Includes passive stretching

40 mins for 899/-

Head & Shoulder

stress reduction with light pressure rubbing movement

40 mins for 999/-

Dry Full Body

Involves techniques like kneading and pressing without oil or lotion

30 mins for 799/-

Foot Reflexology

Uses pressure to specific points on the feet using thumb, finger and hand massage techniques with the use of oil or lotion

25 mins for 399/-

Body Polishing

A type of full body exfoliation that removes dead skin cells, promotes cell regeneration and moisturises the skin

80 mins for 2299/-