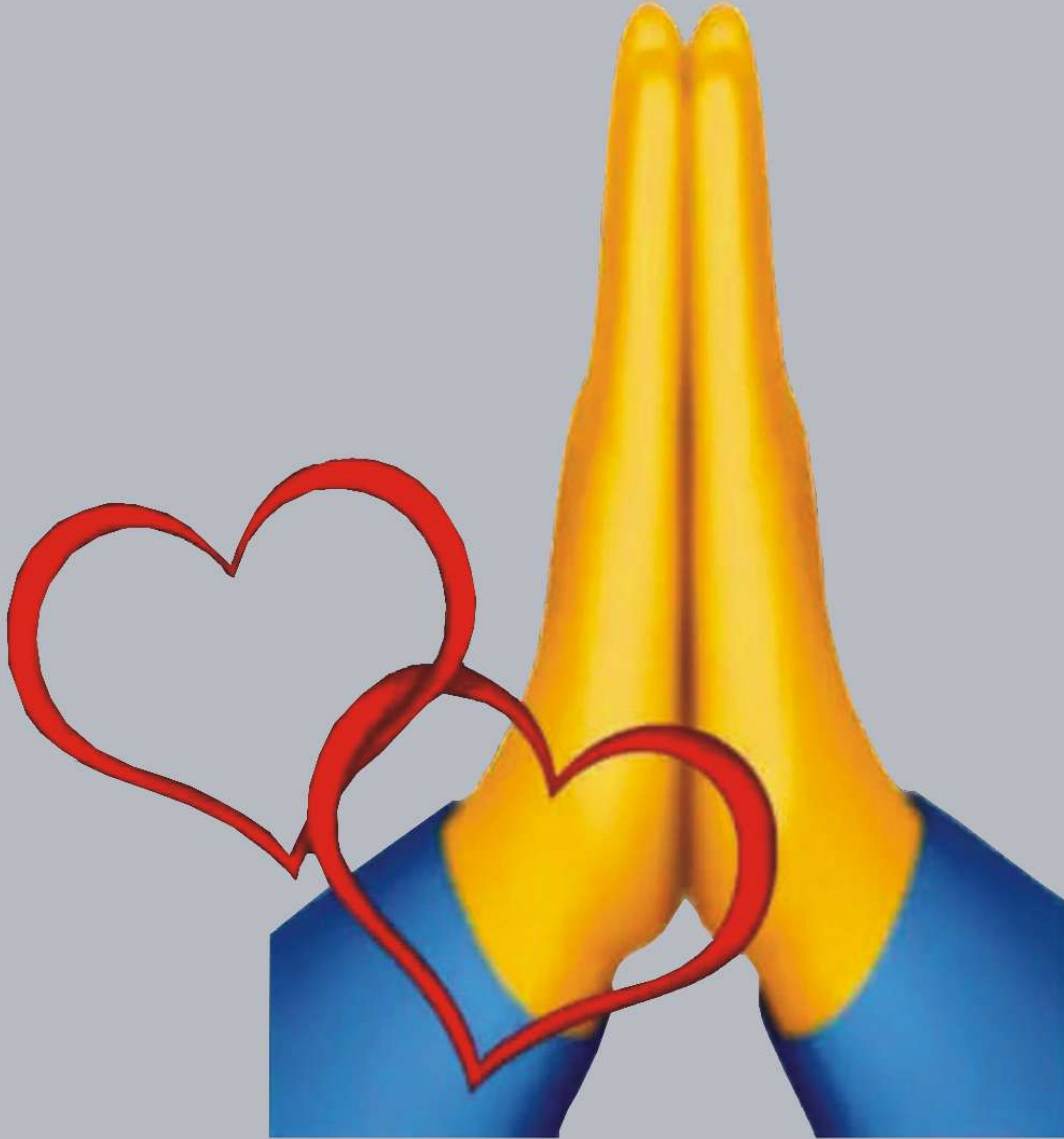


SMRITHI VANI

NEWS & VIEWS

AUNNUAL REPORT 2022-2023



SAYING IT FROM OUR HEARTS

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***Every Student can Learn, Just not the same Day,
Or in the same way.***

A school which helps gifted children realise their dreams. Wishing many more laurels to team Smrithi

Dr Beenal AS, Chairman Cochin Port Trust (Our Mentor)



OUR VISION

It is the Ambition of Smrithi Special School for Children with Special Needs that Every Child with Special Needs reaches their full Potential in the School & make a Successful Transition to Adulthood & to the Futuristic World.

MISSION

- To Nurture & Challenge Each Student on his or Her own Level in all Around Developments & Curriculum Areas.
- To Instill in each child the Positive Self Image & Love For Learning & Responsibilities to the Society Leading to Lifelong Learning & Personal Development.
- To Provide the Highest Quality of Education & Therapeutic programming available to Specially Abled.

OUR AMBITION

Is that Every Special Needs Child reaches their full Potential in the School & make A Successful transition to Adulthood & to the Futuristic World.

OUR WORK

- Involves any person with intellectual disabilities, irrespective of their degree of disability, socio-economic condition, or age.
- Eradicates the stigma associated with disabilities, especially intellectual disabilities.
- Empowers children, thereby making them confident and self-reliant.
- Improves the quality of life through better health care and individualized rehabilitation programs.

OUR GOAL

To establish a speciality school well equipped with not only the latest facilities, but also trained personnel, providing good quality, affordable, up-to-date education and therapy

OUR BELIEF

In Transparency
In Professionalism & Dedication
In Charity with Dignity



***“Special Education is a service, not a place!” “See the above, not the label”.
Only disability in life is a bad attitude”. “Students don’t care how much you
know until they know much you care”.***

A great experience to visit
the special school.
Remain Blessed.
Mrs.
6.6.2022
Loknath Behara



PROGRAMS

Each staff, over 11 months, conducted
1160 hours of one-on-one sessions
920 group sessions, 772 physiotherapy sessions

Average improvement at 62%
73 aids and appliances distributed
through corporation.
88% attendance
Weekly training programs for parents
63 training programs for staff.



*“If they can’t learn the way we teach,
we teach the way they learn”*



Plastic pollution can alter habitats and natural processes, reducing ecosystems' ability to adapt to climate change, directly affecting millions of people's livelihoods, food production capabilities and social well-being. Problem of plastic pollution doesn't exist in a vacuum.

LET US TOGETHER BE A PART OF THIS GREAT MANTRA - DEFEAT PLASTIC POLLUTION.

SAY NO TO PLASTICS

Waste plastic bags are polluting the land and water immensely. Plastic bags have become a threat to the life of animals living on earth as well as in water. Chemicals released by waste plastic bags enter the soil and make it infertile.

Eliminate plastic, while traveling

leave your foot of plastic that is invading our planet. There are many ways to make a contribution and improve the situation. Here are some useful tips:

1. Drink tap water or buy glass bottles

If the tap water taste good and it's drinkable, you shouldn't buy liters and liter of water in disposable bottles. Not only could you save up money, but also you'll produce less plastic waste.

2. Avoid plastic bags

On holiday, don't carry your things in plastic bags. Instead, take with your cloth and cotton bags, or rigid bags that you can reuse (they are more difficult to split). Alternatively, you can use biodegradable bags.

3. Get rid of single doses

Avoid buying single-dose packaging for your personal care and try not to use those that hotels provide you. Take with your large sizes, which last longer.

4. Travel with your water bottle

filling a water bottle

Traveling, cycling, running and doing sports require lots of water to drink in order to compensate for the liquids you lose. Instead of buying water bottles every time, get yourself a canteen to fill when you need it.

5. Get yourself a travel kit

Avoid using plastic plates and cutlery and take with you a kit of glasses and dishes. In so

doing, you'll be able to eliminate a large amount of plastic that we usually use when we are outside.

6. Avoid snacks

When you spend the whole day out of home, make sure that you have sack food, as for example a sandwich. In this way, you won't have to buy packed snacks!

7. Pick up alternative straws

alternative straws - paper straws

If using straws for drinking is a habit, avoid plastic straws and use those made of glass, paper, bamboo or steel. There are many different choices. Besides, these alternatives are often very nice to see, as well as completely ecological.

8. Use fabric napkins and handkerchiefs

The paper handkerchiefs are packed in plastic bags. So use napkins and handkerchiefs from paper or fabric cases, which you can wash and reuse.

9. Buy cardboard or in glass products

Avoid products enclosed in plastic packaging or drinks in disposable bottles. Choose those in glass or cupboard, easier to dispose of.

10. Try with creative recycling!

If you have disposable bottles to throw away, remember that you can always reuse them. You just need a little bit of imagination! Create games for your children or useful items that otherwise you should buy. For example, you could create nice jars or unique puppets reusing plastic with imagination.

Do you have any advice? Let us know what you mean by saying no to plastic

***Be the best you can be drug free. D.E.A.D spells out drugs End all Dreams.
Drugs are a death Trap. Drug kill you slowly.
Drugs, weapons of mass destruction***



- **THERAPY:** With therapy instructor was able to give the children basic therapy. This helped them understand the nuances of therapy and also gave a good grounding in working amongst themselves .



- **COMMUNICATION:**

Teachers especially noted gains in communication and vocabulary.



“Don’t say sky is the limit, when there are footprints on the Moon”.

Team Smrithi

What does the special school teach?

There are several questions that many people ask In which class do your Child study? What does school teach him? Will he write? will He read, What do they do to get him a speech? So many questions!!!

The answer to this. Everyone should know what this special school is.. Similarly, in the therapy centers that work outside, the same therapies are given in the special school.

When children grow up, They have many aspirations inside Them...schooling, then college, a good job. These are the dreams of every parents.. Doctor, Engineer, many desires will be inside them.. So they give education according to their desires.

But we want them to go to a school, talk, walk, do their own things and lead a life on their own.

Admission in a normal school, the teachers would ask the children small questions. Being small children, the game will be laughing and asking...

But if you come to a special school, they ask questions.. first they take an assessment.. they ask and understand everything about the child from birth to now..

Children with various conditions like autism, downs, cerebral palsy, speaking and non-speaking children are placed together in the class. There are about six or eight children in a class.

They will be given training from level Care group in self development & after age of 15 in the vocational unit& Life skills. Training is given to work.. eg:candle making, cooking, cleaning, various jobs like that.

Let us explain what they are taught in Our school.

Speech therapy: They train many things in speech therapy.. How to improve speech,

language, communication and social interaction are all necessary.

What is this communication??

It is much more than words !!!Communication includes eye contact, facial expressions, verbal behavior to express, wants, feelings, ideas, solve problems...

Before communication and language skills, they are first taught eye contact, joint attention, imitations, sit down and given training for this...

At the initial stage, communication is by rocking, singing and playing.

Training in social interaction, requesting, rule following is given through group therapy...

Children with low speech also have less strength in tongue movements, lip and jaw muscles.. Oromotor exercise is done for that purpose.

Then chewing, sucking, blow, all these will be included in it.. Sucking is also done with straw, bubbles and candle to blow, training will be given in many ways.

And there are many different trainings that are used for communication for children who do not have speech at all.

Training is in various ways like signs, pictures, writing.. Through this they can come up with some speech.. There is a lot to explain.

Occupational therapy: There are certain things that are done in our daily life with necessity and freedom...Eg: Brushing teeth, eating, dressing, going to the bathroom, etc

All this through games and with the help of family members.. but it is difficult for children to understand and do this quickly.

In occupational therapy Training is given to do all this alone..

Besides that Fine Gross Motor skills • cognitive perceptual skills • play skills And the most important thing • Sensory integration

Children with autism have sensory issues.. They are able to respond accurately because our sessions(vision, hearing, touch, taste, smell) are correct and give information to the brain. It has two types. Some children will be

avoiding loud noises and lights.. then if they go to wedding houses, it will be difficult for them

***“If god sends us on strong paths
we are provided strong shoes”.***

when they hear some background noises... there will be sensory overload for them..

Apart from the five senses, two more are seen in autistic children.

1) Vestibular (sense of movements)

2) Proprioception (sense of joint position)

For this, we do every training in OT. A child needs many skills to do an activity.

Behaviour therapy: Behaviour exists in two ways. • Socially Appropriate • Socially Inappropriate

The main purpose of the therapy is to change the behaviour of those who are socially isolated to become a part of the society. When we say behaviour, it includes everything including speech.. Thats why they give training in speech as well.. All behaviour is controlled through speech.. That is called verbal behaviour.. According to the behaviour of a child, the behaviour therapist gives them different training.

Special Education:

It is training given to understand the surrounding objects and texts, to write and read letters. To understand the child & learning difficulties and to train the child to be able to go to regular school.

Physiotherapy:

People who have difficulty walking and sitting need more physiotherapy. No need to explain more about this.

This is the training given by Our special school.

THIS has created many good people in this world for the gifted children.. special educators, therapists, helpers, the love they show to our children... Only those who have that much patience and dedication to work will take up this job...

In a special school like Ours many people should come and spend time with children.

Answers of IEC

A. Color of your eyes.

When there are many celebrations and events in the school, others in the community should also come and participate.. never feel pity or tears for them.

Can children study in normal school?

Children have full right to study in normal school.. but everywhere many parents have many sorrows to say..

The truth is that many schools are not ready to take over even a child in a wheel chair who has difficulty walking... mothers go to school with them.

Children with Autism and Hyperactivity need good patience and consideration... They also have the right to sit and learn together with others.

It is called Inclusive education, but schools have not fully joined it, only a few schools like Ours support it. Teachers should give good consideration to them in the classroom.

Our School provides good support to these children. Parents should force them to study according to the Schools interest.

Autistic and hyperactive children will have behavioural problems.. Sometimes they will try to sit still and suddenly run out of the class.

We understand that and give training and the class teachers understands... A child who has difficulty sitting down is corrected by the teacher in front of the other children.

Every school can have special educators for them. However, they should have good support in the class room as well... Other children in the school should also fully accept them.

Teachers should pay special attention to it. children also need friends to play with, talk to. Smrithi is a module of Such Special School.

The purpose of interacting them to normal school children is to understand the social interaction within them, to imitate what other children do, to see and understand them in assembly in a good manner, so that they understand all the good things that normal children do.

Like this in the country, many people say that it is a problem that children do not get support from many schools... We do not allow mothers/parent's to accompany them school.

“Some see the disabilities, but special education teachers see the possibilities”.



Managers Message

A very good day.

Greetings!!!!!!

I once again heartily welcome you all to this August Occasion of the Commencement of the School year 23-24 I am indeed honored to have this opportunity to present before you consistent upward graph of our school's achievements and I would like to thank each one of you for being a significant part of this glorious journey.

The Annual Report showcases the achievements and glories of our school undoubtedly, but also makes us think deeply about our shortcomings. We have always been committed to create an environment in the school which helps the young minds to blossom and provide a platform for individual thinking and holistic development of the child's personality.

We set standards and goals for ourselves and strive to achieve them – be it in the area of academics, sports, discipline, leadership and more.

ACADEMICS

“Learning gives creativity, creativity leads to thinking, thinking provides knowledge and knowledge makes you great”

The year 2022 commenced on a wonderful note when the results of our 10th and 12th classes NIOS Examination came out. We are happy to share with the details of the commendable performances of our students.

Results were Encouraging with 13 Students passing out in 12th Std and 11 students passing out in 10th Std, Out of the Total Of 8 children Employed two were from the Previous year, 3 children are doing Skill dev & Job Oriented Programs. None of these achievements would have been possible without the single minded, commitment and dedicated care of our teachers. We are also constantly encouraged by parents and well-wishers who have shown much confidence and given their fullest support. I wish to acknowledge

the efforts and guidance of our management as their collaboration and contributions have made a difference. We are still not satisfied with this result. We are aiming for the No 1 slot and have adopted various measures to achieve our goal. Extra coaching classes for the Board examinees, regular weekly tests and special counseling sessions for children are some of these steps.

SPORTS

“To be a great champion you must believe you are the best, if you are not; keep on trying.

”Sports competitions inculcate the spirit of positive challenges and sportsmanship among the students and prepare them for the life ahead. Sports, games and physical fitness occupy a place of importance in our curriculum. Our students participated in different sports competitions and won medals, certificates and trophies.

SCHOOL HOUSES

“Strength does not come from physical capacity, it comes from unity”

The students of the school are divided into different levels. Each level is managed by Level Masters, Level Captain conducts the day to day activities, competitions in systematic and disciplined manner.

SCHOOL ACTIVITIES

“All work and no play make Jack a dull boy”

Various Co – Curricular Activities are held to develop a child physically, morally, socially and mentally and to hone skills in co-scholastic areas, regular Inter-School Activities were held in which the students participated and display their caliber.

Staff Development

Smrithi family consists of well-trained, experienced and dedicated teaching staff, administrative staff and supporting staff. Staying updated is the key to success in any field especially in the field of education. Our teachers including our Principal constantly strive to stay updated by attending workshops and various training programs. Infrastructure. We have upgraded our infrastructure facilities. Many milestones have been achieved and many still have to be reached. We at Smrithi Special School will continue our unceasing efforts to mold the young minds into well-balanced personalities with confidence and zeal befitting the standards of this portal of education.

This report is a sincere attempt to showcase our progress in terms of achievements and activities during the year.

On this memorable occasion as we recount our success with pride and happiness, we wish to dedicate all our achievements to the committed effort of a committed team called TEAM SMRITHI

***“Everyday our children spread their dreams beneath our feet.
We should treat softly”.***



Development can only be sustainable when it is equitable, inclusive and accessible for all. Persons with disabilities need therefore to be included at all stages of development processes, from inception to monitoring and evaluation.”

People who are differently abled perceive the world quite differently from those without them. Their experiences, joys, difficulties, and more might find similar patterns with others but it would be true to say here that their journey toward independent living is filled with difficulties unimaginable for most of us. What can we do in such a case? Enrolments in online skill development courses are one way to go about it.

We can support them while they build their own bridges to get where they want to be. Sometimes, being a fully supporting character in someone's life is more than enough

What does Disability Mean

The Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act was approved by the Indian government in 1995. According to the Act, a person who qualifies as “disabled” has at least a 40% handicap, as determined by a medical authority. Such a person is also called PwD, a Person with Disability.

Additionally, there are various frameworks that are now utilised in India to describe and define disability. The United Nations Convention on the Rights of Persons with Disabilities was ratified by the Indian government.

“Persons with disabilities include individuals who have long-term physical, mental, intellectual, or sensory impairments that, when combined with other factors, may prevent them from fully and effectively participating in society on an equal basis with others.”

As a result, disability is not viewed as a distinct medical illness but rather as the result of interactions between a person's health and their environment in general.

In India, people with disabilities with disabilities, is about 3 percent of the population. This encompasses those who have physical, mental, or communicative difficulties.

Disability is a complicated phenomenon, making it difficult to precisely estimate

Value Proposition of Including People with Disabilities in the Workforce

Despite having a sizable population, PwDs are rarely regarded as the nation-state's productive human resource. National states sometimes disregard the relationship between disability and poverty, which creates a vicious cycle in which people with disabilities and their families are more likely to be poor than the general population because they have fewer opportunities to earn money and higher expenditures.

The talent, hard work, and potential of PwDs in India are mostly unrealized, underutilized, or underdeveloped. Additionally, the employment and education rates for people with disabilities are significantly lower than those of other people.

PwDs are one of the poorest populations in India since there are fewer options for them to make money and more expenditures to cover. Even though work prospects have risen over the past 20 years, & the employment rate for people with disabilities actually decreased.

Many not-for-profit organisations working in tandem with the rising needs of the Government of India and the nation, have been trying to skill the Indian youth from underprivileged sections to prepare them better for employment opportunities, and online skill development courses are high on their agenda.

“If you want your children to improve, let them overhear the nice things you say about them to others”.

Suggestions for the Private Sector

So how can the private sector rise up and make their workplace more diverse and representative of different communities?

According to the PwD Act 1995, the Government of India will provide incentives to the public and commercial sectors to encourage the hiring of people with disabilities. However despite the incentive program's passage, the outcomes need major improvements.

To evaluate current incentive programmes and develop new ones that will encourage the hiring of handicapped people in the commercial sector, the private sector's engagement, in especially the business world, requires considerably more creativity and should ideally go beyond simple incentives .

Creating accessibility in the workplace, and providing assistive technology, gadgets, personal attendants, etc. are just a few examples of improvements and concessions that might be made to the workplace to support and promote employment for PwDs.

It's a great idea to hold private meetings with corporations and business groups, together with an executive decision-maker, to discuss how they might help PwDs have a better quality of life. Create a composite livelihood plan as a pilot project, and appoint an impartial committee to oversee it. The committee should have suitable representation from PwDs, business entities, the government, and civil society.

Even the Govt Special Employment Exchanges can play a vital role in this regard & should be manned by people with Compassion whose outlook is different, towards such people

Some Points for Urban Livelihoods, Self Employment and Entrepreneurship

A good starting point would be to Include the interests and needs of the differently-abled as a vulnerable group in new or current poverty programmes to provide chances for livelihood (wage and self-employment) for

those living in urban areas, particularly slums and from lower socioeconomic backgrounds.

Also, create incentive programmes (such as exemptions from sales tax, VAT, excise tax, and service tax) for disabled business owners, companies that employ more than 50% of disabled people, and companies that produce assistive technology or gadgets for people with disabilities.

Points for Rural Livelihoods

Under major government initiatives, which already includes provisions for PwDs, disability-specific sub-programmes might be launched. Disability audits should be conducted on a regular basis to make sure the programme is effective for the handicapped community. These will highlight the creases and assist in determining the best tactics for ironing them out.

Additionally, campaigns may be launched to raise awareness of the rights granted to the disabled under the programme.

There should also be an extra focus on vulnerable groups like women with disabilities, etc., ensuring that the target population benefits from the scheme, and have regular reviews undertaken to determine the impact of the programme on the livelihood patterns of PwDs

To conclude there are many young girls and boys who are differently-abled and can do a lot better in their professional careers and lives overall if provided the much-needed support like giving them an environment to learn new and old things 360 degrees. Online skill development courses with their advancements, especially after the pandemic, can work wonders for them too.

We have indeed a lot of work to do for the upliftment of the differently-abled.

The differently-abled must educate themselves on the newest technology of the day if they want to live a full life— a life filled with love, care, respect, dignity, and contentment. The job market's increasing need for these abilities can keep them in demand and help them integrate into society.

***“Sometimes the things we can't change
end up changing us”.***



Answers of IEC

B.He's playing Monopoly and his piece in the car.

He hands on a space with a hotel and doesn't have the money to pay the fee.

***"Our love for our kids is deep and fierce and strong,
the more so for having to fight hard
for things typical moms take for granted".***

Inclusive Skill development-Livelihood

Development can only be sustainable when it is equitable, inclusive and accessible for all. Persons with disabilities need therefore to be included a tall stages of development processes, from inception to monitoring and evaluation."

People who are differently abled perceive the world quite differently from those without them. Their experiences, joys, difficulties, and more might find similar patterns with others but it would be true to say here that their journey toward independent living is filled with difficulties unimaginable for most of us. What can we do in such a case? Enrollments in online skill development courses are one way to go about it.

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Testimonial Smrithi School for children

Smrithi School for children With Special needs is very conscientious and shows excellent effort and care with daily work & Happenings & demonstrates a willing and conscientious effort in gifted childrens daily work. Also Shows a conscientious effort to learn. & has done a great job facing and overcoming big challenges in acadademic year.22-23

GOD BLESS THE SCHOOL

E. P George
E. P George

Novelty Textiles®

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SMT. R. D. KALIA CHARITABLE TRUST

Registration No., E-16522 (Mumbai)
"Loo-Loo", Plot 20, NS Road No.8, Nutan Laxmi Co-op. Housing Society Ltd., JVD Scheme, Mumbai 400 049

May 04, 2023

The Trustees
Smrithi School for Children with Special Needs
Kathrikadavu, Kaloor, Ernakulam
Kerala 682017



Sirs,

We have been associated with the Smrithi School for some years now. From the interaction I have had with you and your team, we have been impressed by the warm and welcoming family atmosphere at the Smrithi School and the manner in which your gifted students are getting opportunities to learn, develop and strive for excellence. It is heartening to see these children excel under your able guidance.

Appreciating the strong leadership of your Team and the sincere efforts put in by the Management and Staff of the School.

We wish you the very best and please keep up the GOOD WORK.

Sincerely

For Smt. R D Kalia Charitable Trust

Vikram Kalia

Vikram Kalia
Trustee



Smrithi
School for Children with special needs

SALE EXOTICA
HAND CRAFTED PRODUCTS BY GIFTED KIDS

FOUNDERS DAY MARATHON
(Elite foods & innovative group)

Jan 21 & 22

At Rama Varma Club
21st : 9.30 am to 5.30 pm
Durbur Hall Ground
22nd : 8.00 am to 10.00 am

Cushion / Jewellery / Chocolate
Pickle/Hand crafted Products Stalls
Plz call for home delivery
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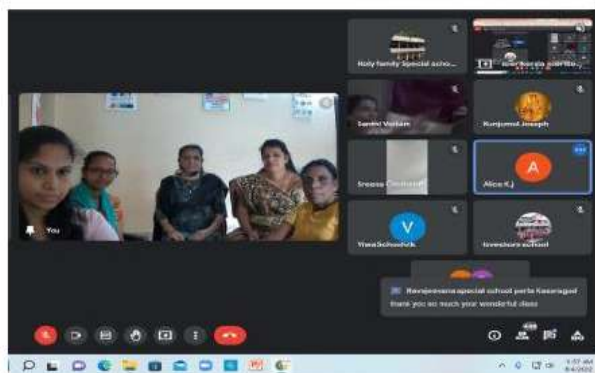
Smrithi Special School, Chammany Rd, Nr. 7th Day School,
Ph: 9048763931, 94957 15524
smrithikochi@gmail.com/@Smrithisps (Insta ID)
www.facebook.com/smrithispecialschool

CAPACITY BUILDING

In spite of the pandemic, Smrithi staff and parents continued their learning and knowledge sharing online. Smrithi Special School also conducted programs for other stakeholders in the system.

➤ STAFF CAPACITY BUILDING

Periodic webinars ensured that staff stayed abreast of latest happenings in the space of special education, physiotherapy, and other related fields. Some of the important webinars organized were around storytelling, nutrition, of children with special needs.



***Be the best you can be drug free. D.E.A.D spells out drugs End all Dreams.
Drugs are a death Trap. Drug kill you slowly.
Drugs, weapons of mass destruction***



ഞാൻ സരിത ഐതൻ പെപെ യുടേ അമ്മ ആണ്..വളരെ നല്ല അഭിപ്രായം ആണ് എനിക്ക് സ്കൂൾ നമു യും അവിടത്തെ എല്ലാ പ്രവർത്തികളും.. എൻറെ മോൻ അവിട പഠിക്കാൻ തുടങ്ങിയത് മുതൽ നല്ല മാറ്റം ഉണ്ട് ...അവിടത്തെ എല്ലാ ജീവനക്കാർക്കും കുഞ്ഞുങ്ങളുടെ നന്നായി നോക്കുന്നു ... Thanks to all smirithi school ..



Name : Subash N.V
Student :Sajith
SubashSajith has changed since he came to Smrithi school. The teachers are friendly and lovable to the childrens,that's why he is interested in coming to school...Thank you teachers and staff their effort and support



Name: Sarath P R **Parent's Name: V Girish Kumar and Rekha Girish**
Feedback:Thank you for providing such a positive and supportive learning environment for my child. I am grateful for the excellent education that my child receiving at your school and I also appreciate the various extracurricular activities and programs that the school offers. We are very happy for your efforts and hard work.



Name of parents- Prasannarajan and Geena **Name of student- Rajath**
Rajath our happy lad is a new student here. As this was his second School the same year we had some concerns about Rajath getting adjusted here in a new system. But to my surprise he could go well here. It's only because of God's grace, and the continous support and care from all dear teachers, dear non-teaching staff and loving students that Rajath is safe and happy with us. I am grateful to Padmini ma'am, Indu ma'am, Bindhu ma'am, Soumya Ma'am and to all students of Smrithi and the non teaching staff for their great effort in upbringing the students in the best way. Thanking you

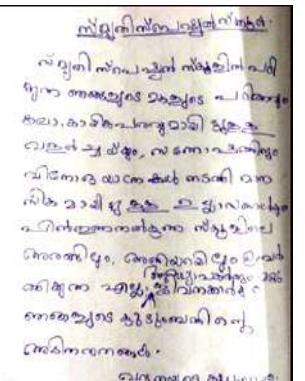
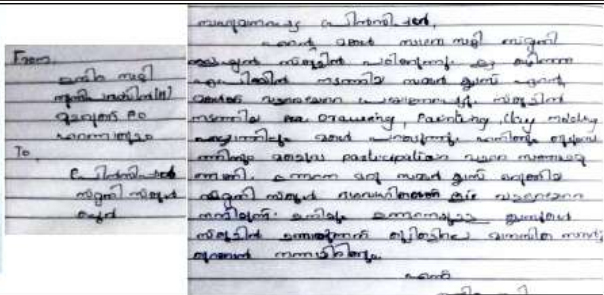
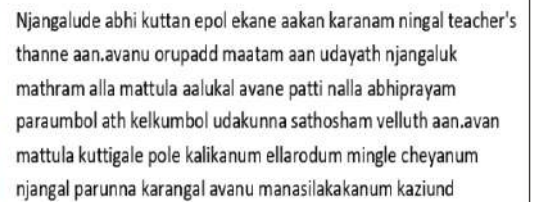
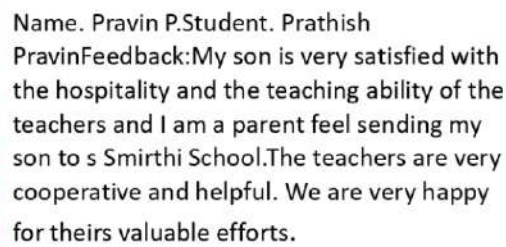
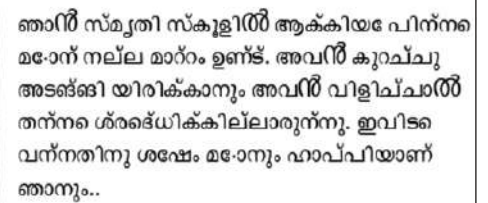
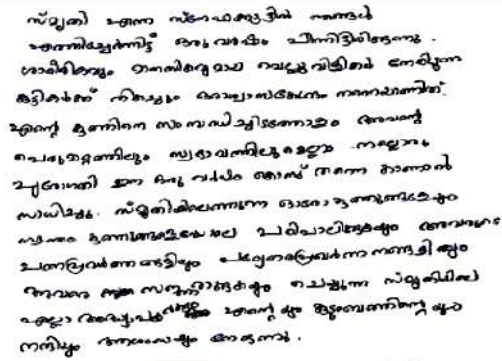
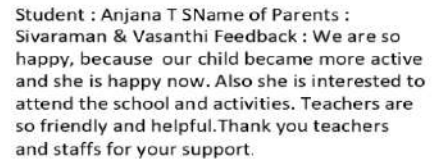
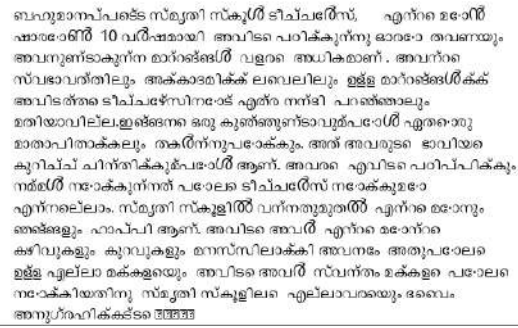


Dear Team Smrithi,
I am really happy to share my experience with you. My son Abhiram is autistic & non-verbal. Like every mother I was confused when it came to his schooling. I didn't give priority to academics. I wanted my son to feel happy and secure. It's been one year Abhi is going to Smrithi Special school and I can definitely say that my decision was correct. Abhi is so happy to go to school. We never had to push or force him for school. Activity based teaching had helped him a lot. Phancy teacher got lot of patience to handle his behaviour issues. She is ever ready to help me out in academics too. Bindu teacher always supports us. She took the initiative and for the first time Abhi spent one day with his friends & teachers in Mango Manda. Abhi likes Shivalam Chellan who takes care of him while picking and dropping him. Thanks a lot Team Smrithi for your love & support. SARASWATI

Answers of IEC

C. The window was on the ground floor.

“The students who challenge their teachers the most, need their teachers the most”.



*“All kids need is a little help, a little hope,
and someone who believes in them”.*

CHITHARESH NATESAN

Who won the title of Mr.Universe - 2019 at the 11th World Body building and Physique Sports Championship organized by World Bodybuilding and Physique Sports Federation held in south Korea. He is the first Indian to win the contest.



Our Students and Teachers with Mr. Chitharesh natesan



*“A classroom should be a place where
a mistake is not to be feared
but viewed as a learning experience*

PROGRAM HIGHLIGHTS

When COVID struck and the lockdown was announced, we were in the final weeks of our academic year. We had to close our physical locations and open up alternate avenues.

This planning and implementation was the concerted effort of staff, teachers, parents, and the students of Smrithi Special School.

One year and nearly 28,000 hours of online classes later, we were able to help our children progress in their academics and therapy.

Every student of Smrithi Special School who wanted to, was able to enroll in online classes. For children unable to attend online classes, alternative arrangements for development were made.



SOME HIGHLIGHTS OF OUR WORK OVER THE YEAR ARE:

1. ONLINE CLASSES

As soon as the lockdown was announced, our staff and teachers called each parent to find out how they were doing.

On March 10, online classes commenced for students. On March 15, after a brief assessment of the classes, a detailed schedule was drawn up for each student.

Each week, students received four hours of special education and therapy, and about three hours of home-based activities with their parents.

Classes were divided into group classes and individual classes. Group classes, with four to five students on a Zoom call, helped children with the communication aspects of learning. Individual classes were more involved, and had a teacher interact with a child one-on-one, closely monitoring their progress, especially in motor skills.

However now we are back with our off line classes back to normal with greater enthusiasm, inputs & proactiveness.

However we pay due respects pray for all those who were directly or indirectly affected by the pandemic.

“Special education students should be left out of these accountability mechanisms.”



*“Special Education doesn’t mean that
a student is incapable of learning.
It means that they need different supports in order to succeed”.*

➤ EMPOWERED MOTHERS

Most of at Smrithi's parents, especially mothers, have always been considered co-therapists. Most of the parent undergoes an average of two training sessions per month, to help better their lives. It was a challenge for mothers to keep their children occupied. Smrithi Special School started separate WhatsApp groups for mothers to discuss and learn from each other. The group also had an SPL educator. The groups were active grounds for innovation and sharing. Many ideas were shared, and parents who were new to the school found the sharing very useful and built their confidence in working with their children.

➤ ADVOCACY/INCLUSION HIGHLIGHTS

#SCREENINGDISABILITY

LifSkool: a young social enterprise with a mission to place mental health and well-being at the heart of every school. We focus on life skills based education to build communication, confidence and creativity within young adults.

The term 'Life Skills' refers to the skills you need to make the most out of life. Any skill that is useful in your life can be considered a life skill. Tying your shoe laces, swimming, driving a car and using a computer are, for most people, useful life skills.

This is about my connection to Smrithi School for children with Special Needs and the story of how the circus came about:

In 2016, Me Aarti worked with GVI as the Child Education Coordinator and was introduced to Padmini Ma'dam Principal Smrithi Special Needs School to support vocational training, sports classes and training for parents to improve the well-being of students at Smrithi. She fell in love with the kids, teaching and realised the importance of life skills as part of children's lives. Four years on the connection with the school is still strong!

Back in the UK, she started her own social enterprise organisation called LifSkool, focused on teaching life skills-based education to adolescents and with a mission to place mental health and well-being at the heart of schools.

In these uncertain times, unable to travel to India to start the company, she launched LifSkool online in April to share simple activities based on life skills to help kids and young adults cope better during this time.

Lockdown had been hard on adults and it made her think about the kids at Smrithi and how it would be tougher on them.

She reached out to Padmini Ma'am at Smrithi to see if there was an opportunity to get the kids laughing, take their mind off and have fun through an online circus going forward. Padmini Ma'am welcomed the idea.

At the same time, we heard that there were kids at school who were not able to study online, as they didn't have phones or couldn't afford mobile data and didn't have the resources at home.

So with the help of a volunteer-run charity organization called Performers Without Borders, who teach circus skills around the world, Aarthi came up with Zoomtastic Circus. An online circus to entertain the kids and raise much-needed support to students.

Hosted by Miss Mess and ChezTheatre. Included live performances by the awesome Mr Sunshine, Gina Bazinga, Lofty Cooper and a special recorded show from the amazing Kashi Fire Warriors, all the way from Varanasi, India. All volunteers from Performers Without Borders.

“Don't say sky is the limit, when there are footprints on the Moon”.

laptops and phones were logged in to Zoom to watch the show. With an average of 3 people behind each device, Our estimate of good number of parents & children of Smrithi Spl School watch the performers from all around the world - the UK, US, India and Australia.

The Circus was a great Success & a need of the hour to break the Montony of both parents & Children & Have Laughter & Fun All Around.

M/s Aratii & her Organisation life Skills still continues to Support our
with weekly classes on Skill enhancement groupwise & Individual as required.

HATS OFF TO THIS GREAT THOUGHT FOR SOCIAL CAUSE BY Ms Aarti and changing the mental & physical atmosphere at School.



Answers of IEC

E. $56+79)/27 = 135/27=5$
 $(88 +27)/=115/23 = 5$
 $(56+24)/16=80/16=5$
 So the missing number is 24

So often you find that the students you are trying to SNSPIRE are the ones that end up inspiring you.

So often you find that the students you are trying to INSPIRE are the ones that end up inspiring you

IEC (INFORMATION INFORMATION COMMUNICATION) MATERIALS

A

You are driving a school bus. The bus is empty when you begin your route. At the first stop, 4 people get on. At the second stop, 8 people get on and 2 get off. At the third stop, 3 people get off and 4 get on. What color are the bus driver's eyes?

B

A man pushes his car until he reaches a hotel. When he arrives, he goes bankrupt. What happened? . A baby falls out of a window of a 20 story building, yet survives. How?

C

A baby falls out of a window of a 20 story building, yet survives. How?

D

A man is condemned to death. He has to choose from three rooms to accept his punishment. The first room has a firing squad with guns loaded. The second room has a blazing fire. The third room is full of tigers that haven't

E



F



“Some see the disabilities, but special education teachers see the possibilities”.

Super. Congrats to the all organisers ,teachers

Vanamamali former Air India



- Great job Smrithi team specialist and administration for the past academic year 2022-2023

Venugopal MD Oasis Chemicals Sharjah



- Great leadership, kind and helpful office staff and very nice and brilliant teachers. Appreciate the great support for this gifted children

Ramakrishnan General Manager Elite foods



My first interaction with them was when Indira Madam called 'Metro Mahila Market' requesting space for Smrithi School to sell the products made nby children as part of their self-sustenance program. From that very second, I could feel the dedication for the school in their words. Eventually, Smrithi Special School became part of the 'Metro Mahila Market' and the participation and involvement of children in this program has been truly inspirational. These beautiful kids actively volunteered to attract customers to their stalls, resulting in publicity of their products. The teachers are amazing, and how this school works as a family unit is commendable. Wishing the school every bit of success and growth!

Dr.Ambily- Metro Mahila Market

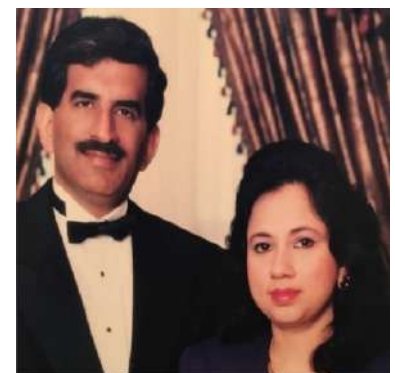


Smrithi Special School is a reputed and a well known institution of its kind in Kochi city. It caters to the needs of differently challenged children. By virtue of its long standing service to society, it is very high in the estimation among the people of the locality. It meets all the necessary facilities for such an institution and has played a major role in boosting the calibre of the students entrusted to them. A special appreciation is extended to the management and faculty for their empathetic and affectionate treatment of the wards coming to their care and making hem feel very much at home. I wish them all the very best in their endeavours.

Dr.Devika Menon
Tours & Travel Expert



Great facility! You are doing an amazing job. The Teachers are extremely caring, loving and compassionate. The kids are happy and well cared for. Wish you all the best!!
DR. JAY and Viji. RAMAN
12th JANUARY, 2023.



***"Everyday our children spread their dreams beneath our feet.
We should treat softly".***



As Principal of Smrithi Special School , To all our well wishers As this academic year 2022 - 2023 was, in many ways, a new beginning for many of us. So was the same for our School. With many new challenges, new staff, new admissions. This year we proved our worth . The teachers and non teaching staff, our trustees, all of us put in extra effort to make the kids comfortable. This year many new activities, both academic and creative were introduced. As always, Smrithi Special School, strives to be the best and we have done so . The parents are extremely happy with the progress of their kids. The kids are content in our school. The teachers thrive in such a positive environment. We wish to continue teaching and entertain our kids. We expect your continued support for us to keep going ahead. We promise to provide the best to our kids and we will work hard to the best of our abilities for our kids .

Thanks and regards

Padmini Hariharan

Principal

Smrithi Special School



As a Senior Special Tutor My Responsibility is to develop skills, Positive Approach, concepts and behaviors related directly to the disability or challenges or students with additional requisites that should take place inside the school

Bindu Rajesh



As a Teacher of Special kids patience, the ability to remain calm, Positive approach and respectful, is an essential skill for a special tutor.

Roopa Udayan



As a Teacher of special kids having a positive attitude can make the difference between a motivated student and an unmotivated student. Empathy & eagerness to listen.

Shancy Olivero

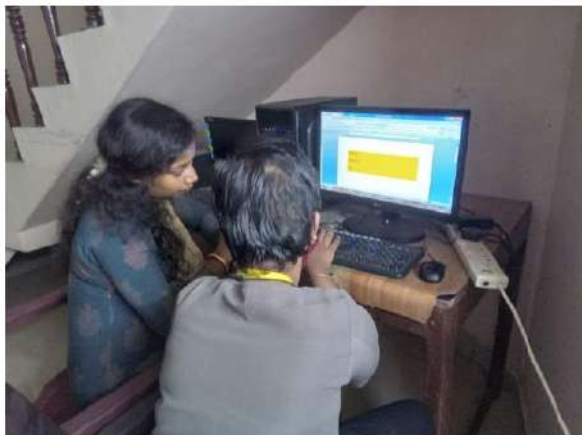
***“If you want your children to improve,
let them overhear the nice things you say about them to others”.***

➤ LOOKING AHEAD

Every year, we look back at the year gone by and evaluate our work, and make plans for the years ahead, recalibrating our long-term plans if necessary.

This year, our lessons were more fundamental. We looked back at the year and evaluated our experiences and new opportunities, and charted the way ahead.

Previous year was a litmus test, exposing the cracks in our systems, and bringing into sharp focus the problems faced by disabled people. It also showed us how much needs to be done and in what areas.



➤ INCLUSIVE SCHOOLS

Our commitment to work on Inclusive Schools remains resolute. To make this a reality, Smrithi Special School will work with the public education system. Our focus on School Readiness will also be strengthened so that children are able to successfully integrate within schools.



METRO
TRIPS



“Disability only becomes a tragedy when society fails to provide the things needed to lead one’s daily life”



Smrithi special school marks Environment Day



Smrithi special school celebrated the first day of this academic year along with the Environment Day celebrations at the school premises. The senior students and teachers welcomed the new aspirants to the school with sweets, balloons and flowers. Loknath Behera, the Managing director of Kerala Metro Rail Ltd, was the guest of honour. The dignitaries planted herbal medicinal plants as part of Smrithi special Environmental theme of School 2022 'Propagation of Herbal Medicinal Plants for Our Daily Life'. An exhibition on Water as a Scarce commodity was exhibited by the students.

Squash court Inaugurated



സ്മൃതി സ്പെഷൽ സ്കൂൾ പ്രവേശനോത്സവം

കൊച്ചി • കരുക്കടവ് സ്മൃതി സ്പെഷൽ സ്കൂളിൽ പ്രവേശനോത്സവം പരിസ്ഥിതി ദിനത്തോടൊപ്പം ആഘോഷിച്ചു. കൊച്ചി മെട്രോ എംഡി ലോക്നാഥ് ബെഹറ, കൊച്ചിൻ പോർട്ട് അതോറിറ്റി ചെയർപേഴ്സൻ ഡോ. എം. ബീന, കോർപ്പറേഷൻ കൗൺസിലർ എം.ജി. അരിസ്റ്റോട്ടിൽ തുടങ്ങിയവർ പ്രസംഗിച്ചു.

പരിസ്ഥിതി ദിനത്തോട് അനുബന്ധിച്ച് ഔഷധ സസ്യങ്ങൾ നട്ടു. ജല ദൗർലഭ്യത്തെ കുറിച്ച് വിദ്യാർത്ഥികൾ തയ്യാറാക്കിയ പ്രദർശനവും നടന്നു. വിദ്യാർത്ഥികൾ തയ്യാറാക്കിയ മെഴുകുതിരികൾ, പേപ്പർ ബാഗുകൾ, പാവകൾ, ആഭരണങ്ങൾ തുടങ്ങിയവയും പ്രദർശനത്തിനു ഞായിരുന്നു.



കരുക്കടവ് സ്മൃതി സ്പെഷൽ സ്കൂളിലെ പ്രവേശനോത്സവത്തോട് അനുബന്ധിച്ച് കൊച്ചി മെട്രോ എംഡി ലോക്നാഥ് ബെഹറ വിദ്യാർത്ഥികൾക്കും അധ്യാപകർക്കുമൊപ്പം ബലൂണുകൾ പന്തയ്ക്കുന്നു. കൗൺസിലർ എം.ജി. അരിസ്റ്റോട്ടിൽ സമീപം.

*"If god sends us on strong paths
we are provided strong shoes".*



*“Special Education is a service, not a place!” “See the above, not the label”.
Only disability in life is a bad attitude”. “Students don’t care how much you
know until they know much you care”.*



ഈ വർഷം ഫസ്റ്റ് ഫോർ എഡ്യൂക്കേഷൻ ആൻഡ് എൻറൈൻമെന്റ് (സി.എഫ്.ഇ.എസ്.) നോമ്പുനാളിൽ ജിന്നാശോഭിക്കാറായ കട്ടിപ്പയറും പ്രസിഡൻ്റ് ആനന്ദാക്ഷത്തിൽ ഗവർണ്ണർ ആരിഫ് മുഹമ്മദ് ഖാൻ പങ്കു ചേർന്നപ്പോൾ. സോ.പി.എസ്. യിൽ അതിനെ സമ്മീലം.

X-MAS DAY CELEBRATIONS



“Some see the disabilities, but special education teachers see the possibilities”.

<https://theeducationview.com/>

Smrithi Special School: Rising Above Limitations



Smrithi Special School

Special schools have a significant impact on society, promoting equal opportunities for students with special needs to become active members of their communities. By providing individualized education and support, special schools empower students with the tools they need to succeed and contribute to society.

Smrithi Special School is a prime example of the impact of these institutions, providing a nurturing environment and unique programs that give students with special needs access to global exposure and employment opportunities. Smrithi Special School is a charitable organization that is committed to uplifting the lives of individuals with special needs. Founded with the aim of bringing differently-abled individuals to the mainstream of living, the school caters exclusively to children with learning difficulties, physical disabilities, or behavioural problems. The school is registered with the Directorate of Public Instructions of the Government of Kerala under the Rights of Persons with Disabilities Act.

With a team of specialized staff and resources, the school provides appropriate special education to children with additional needs. The organization strives to empower its students with the knowledge and skills they need to live fulfilling lives. Smrithi Special School aims to create an inclusive society by raising awareness and understanding of the needs of differently-abled individuals.

By promoting inclusion and diversity, the school helps to break down stigmas and stereotypes associated with special needs. Smrithi Special School is dedicated to providing a safe and supportive space for its students to build confidence, socialize with peers, and develop essential life skills.

A Journey of Inclusion and Empowerment

Smrithi Special School, founded with 24 children and three teachers, has had an exhilarating journey since its inception. The school's primary objective is to provide a home-like environment for its students while offering them equal academic opportunities. The founders of the school recognized the need for a special school that would cater to children with disabilities in India. Thus, the

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Cert

India's Top Special
Schools for Speci...
[theeducationview.co...](https://theeducationview.com/)

<https://theeducationview.com/indias-top-special-schools-for-special-kids-2023-may2023/>

school's mission is to nurture and challenge each student in all areas of development and curriculum.

The school believes in instilling a positive self-image and love for learning in its students. Smrithi Special School strives to prepare its students to be responsible members of society, leading to lifelong learning and personal growth. The school's curriculum includes providing the highest quality of educational and therapeutic programming available to children with disabilities. The school has a dedicated team of teachers and therapists who work towards achieving the school's goals.

Smrithi Special School's vision is to recognize the undeniable right of differently-abled children to be equal members of society. The school believes in making this right a reality by providing equal opportunities to all its students. The core values of the school include the ambition for every child with special needs to reach their full potential in school and make a successful transition to adulthood and the future.

Smrithi Special School's approach towards education is holistic. The school provides an environment where students can thrive academically, socially, and emotionally. The school also aims to provide a sense of belonging to its students. The school's curriculum includes extracurricular activities such as art, music, dance, sports, and life skills, allowing students to explore their interests and talents.

Nurturing Dreams and Fostering Growth

Currently, the school has about 90 children with different types of disabilities, including Autism, Down Syndrome, MR, and learning disabilities.

The school is specifically designed, staffed, and resourced to provide appropriate special education for children with additional needs. The school offers various features to promote holistic growth and development, such as value education, physical education, music and dance, cultural and recreational activities, social activities, vocational

***“If they can’t learn the way we teach,
we teach the way they learn”***

activities, assembly, computer education, yoga, and excursions.

In addition, the school has a website and Facebook page that provide information about admission procedures, achievements, and photo galleries. The school also conducts medical check-ups for its students by authorized visiting doctors and maintains a separate health card for each student to keep parents informed about their child's health.

Smrithi Special School provides a safe and nurturing environment that allows its students to enjoy their education and gain confidence due to individual learning inputs, personal growth, and development. It is important for all children to receive proper education, regardless of their emotional, mental, physical, or developmental disabilities. Smrithi Special School is a place where inclusive education and growth are promoted and where every child can thrive.

The Driving Force Behind the Success

The success of any institution depends on the leadership and management skills of the person in charge. In the case of Smrithi Special School, **Smt. Indira Premnath, the Founder, and Principal**, has been the driving force behind its success. Smt. Indira's lively and enthusiastic nature is infectious, and she treats everyone equally, making her a beloved figure in the school community.

One of the most impressive qualities of Smt. Indira is her availability to parents who have concerns. She is always ready to listen to them and takes quick action to resolve any issues. Her efficient management skills keep the school's operations running smoothly, ensuring that both students and staff have everything they need.

Her motherly nature is especially beneficial to the kids who attend the school. She is a great friend and mentors to them, providing a warm and welcoming environment where they can learn and grow. Smt. Indira is actively involved in managing the school's accounts, teachers, and extracurricular activities with ease. Her ability to multitask and manage several aspects of the school's operations has played a vital role in the institution's success.

The special school has made significant contributions to uplift the education of special kids in India. With a focus on providing equal academic opportunities, sports, music, art, and dance activities, Smrithi Special School ensures that the students have a well-rounded education. In today's digital age, the school provides online classes and creates WhatsApp groups for each class, where they share educational videos regularly. This approach ensures that the students have access to quality education, regardless of their physical location.

Overcoming Hurdles

While Smrithi Special School has been successful in providing quality education to its students, the lack of funds remains a significant challenge. The school has yet to provide smart classrooms and a modern physiotherapy and sensory room. Nevertheless, the institution remains committed to providing its students with the best education possible.

Apart from academics, the school offers a wide range of extracurricular activities to engage the students. These activities include art, music, dance, tabla, sports, life skills, brain gym, yoga, functional math skills, baking, cooking, stitching, and embroidery classes. The school believes that extracurricular activities are essential for students' development, providing them with opportunities to explore their interests and talents while also developing important skills.

Despite financial hurdles, Smrithi Special School has managed to provide an array of unique and beneficial extracurricular activities for its students. These activities not only help students to develop their skills but also provide them with opportunities for personal growth and global exposure. It is commendable how the school has adapted to the circumstances and provides a holistic education to students.

Celebrating Achievements

Smrithi Special School has achieved various accolades and recognitions, including winning laurels in dance from social organizations and the state-level youth festival of Kerala. The school has not only provided quality education but has also been successful in gaining employment opportunities for many of its students with reputed organizations. These achievements reflect the school's commitment to empowering its students and preparing them for success in the future.

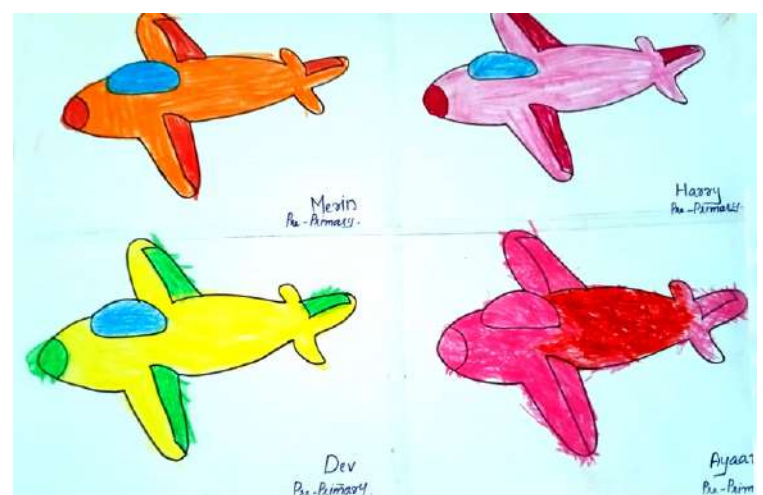
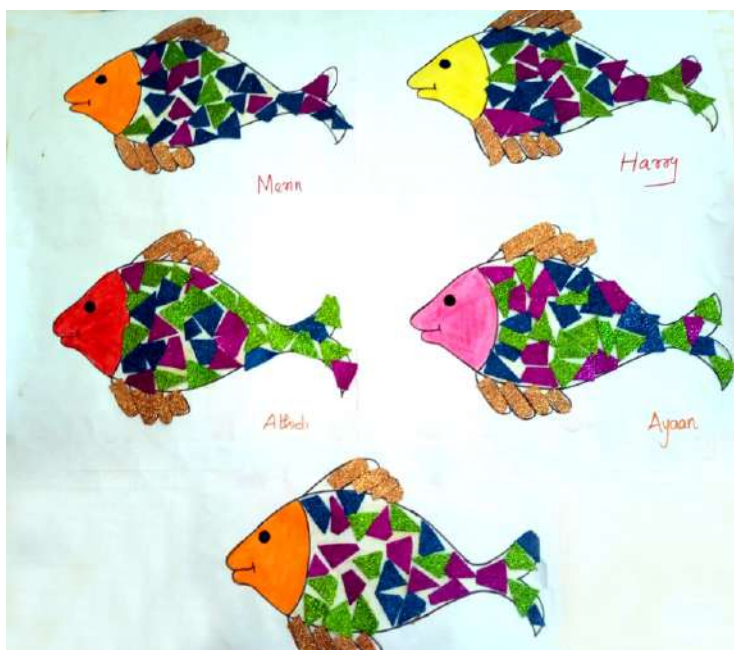
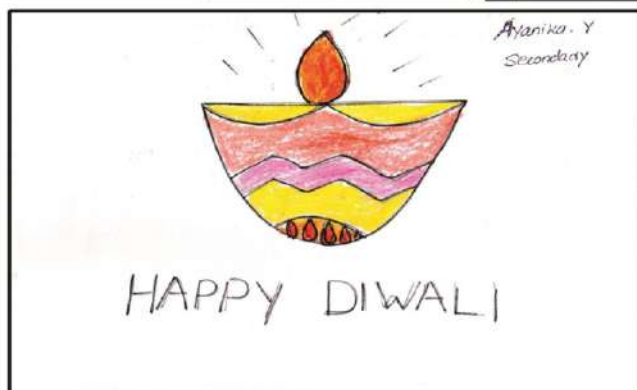
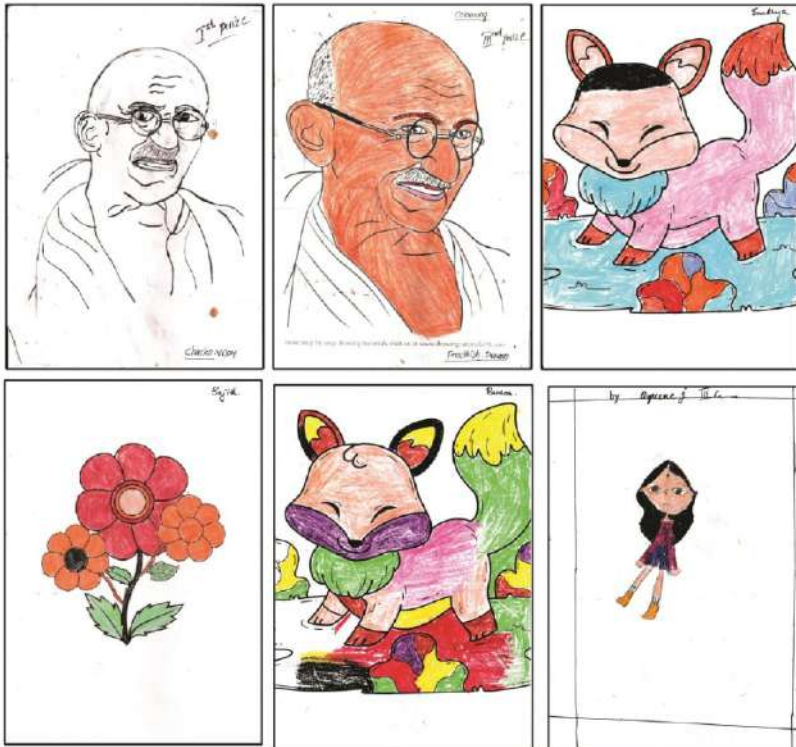
The school's success can be attributed to its advice to special students globally: practice any skill for a few months, set goals, and work hard to achieve them. It's important to maintain a positive outlook and never give up. This advice emphasizes the school's commitment to its students' holistic development and empowering them with the skills and knowledge they need to thrive.

The future of the special school is bright, with a vision of including its students in society and providing them with employment opportunities in all possible areas. The school believes that every student has unique talents and abilities that can contribute to society. It is committed to nurturing these talents and providing its students with the tools they need to succeed.

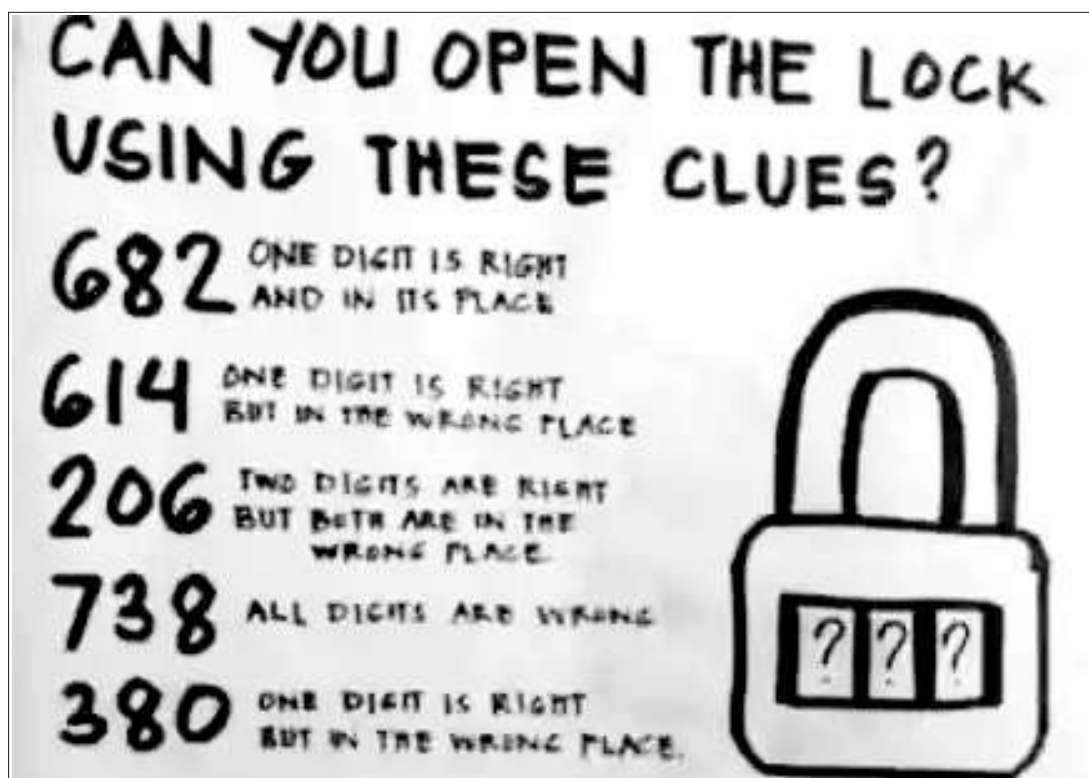
***“The students who challenge their teachers the most,
need their teachers the most”.***

OUR CHILDREN'S ARTISTIC TALENT

OUR CHILDREN'S DRAWINGS



*"A classroom should be a place where
a mistake is not to be feared
but viewed as a learning experience"*



Puzzles and brain teasers provide a mental challenge for many and also help them break through monotony. Not to forget, one gets a certain sense of achievement from solving such puzzles. Are you someone who loves them too? Then here is a post that will attract your attention. The post challenges people to use different clues to find the way to unlock a lock.

“If you want your children to improve, let them overhear the nice things you say about them to others”.

Smrithi School for Children with special needs.

Official Address:

**Smrithi School for Children with Special Needs
ACLRA - 72, Door No: 64/1059, Chammany Road
Chammany Lane, Kaloore, Kochi - 682017.
Telephone: 9946022837 / 9048763931**

Email Address: smrithikochi@gmail.com

Website: www.facebook.com/smrithispecialschool

Registered Under the Societies Registration Act 1980

Reg.No: 01/2016/IV

**Registered Under section 12AA of the Income Tax and
Exemption Certificate granted.**

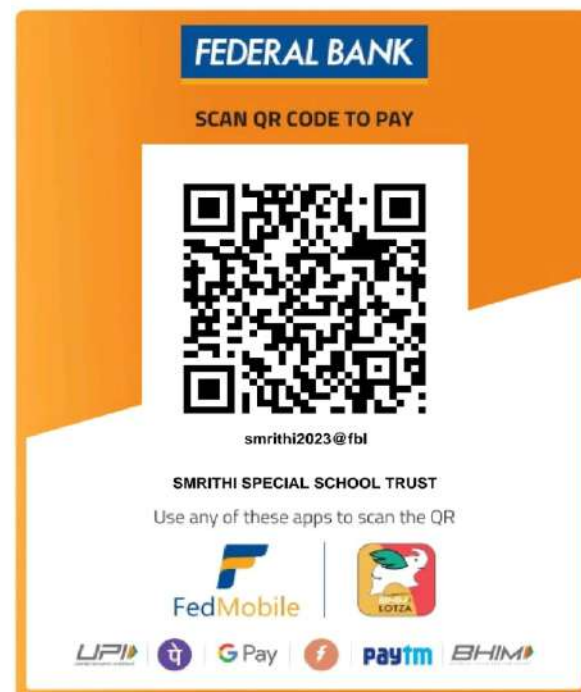
Unique Registration No: AAQTS5275F

Bankers: Federal Bank Ltd., Kaloore, Ernakulam

SYDA Building. Opposite to IGNOU

Kaloore Kadavanthara Road, Ernakulam, Kochi -682017

Ifsc Code: FDRE0001421 A/c No: 142102000114



Name	Position on Board
Mr.P.Krishnakumar	President
Mr.G.Premnath	Secretary
Mr.Srinivasan Jalakandapuram	Treasurer
Mr.V.D.Rajesh	Trust Member



***“Our love for our kids is deep and fierce and strong,
the more so for having to fight hard
for things typical moms take for granted”.***