

## 2024-2025 GYSA Seasonal Guidelines

**Attention Coaches:** This form was designed to be carried with you in case there are any questions. I would recommend having this with you at every game and having a brief discussion with your center referee prior to the game.

### **All GYSA Game Requirements**

- Player Passes and Rosters All Recreational Age Groups:
  - All Teams playing in GYSA **MUST** have Player Passes and Rosters for Every game to present to the referee prior to the game.
  - Only 3 Rostered Coaches may be on the players side during the game.
- Substitutions All Rec Age Groups:
  - Either Team on Any Stoppage at referee discretion including corner kick (not to interfere with a quick kick or quick throw-in).
  - Either Team, Before Kickoff, after a goal is scored.
  - Either Team, on a Goal Kick.
    - **During a Throw-in either team can substitute as long as not a quick throw-in. Also, it is up to the discretion of the referee in this instance. It is unlimited substitutions on any out of bounds call.**
- **U8 4v4 Specific Rules:**
  - Referee fees paid by Home Site / Team
    - Center Referee: \$25
  - Size 3 Ball
  - Game time is 4 - 10 min Quarters.
    - 2 min rest between 1 & 2 and 3 & 4 Quarters
    - 5 min rest at Half-time
  - **No Heading**
  - **No Slide Tackling**
  - No Goalies or positioning a player in the goalie position in front of the goal box or goal arc.
  - **ALL players **MUST** be involved in game play.**
  - During a goal kick the attacking team must be at the center line.
- **U10 7v7 Specific Rules:**
  - Referee fees paid by Home Site / Team
    - Center Referee \$40
  - Size 4 Ball

- Game time is 2 - 25 min halves water breaks based on temperature.
- The Build Out line should be a solid line in a different color half the distance between the center line and the Penalty box.
- **No Heading**
- **No Slide Tackling**
- No Punting, Drop Kicks, One Bounce, etc.
- Goalie possession when the goalie has the ball in their hands. The opposing team must drop back behind the build out line.
- The Goalie may roll, throw, or set the ball down to kick it. If Goalie waits for the opponent to drop back to build-out line, The Ball is **live once the defending player touches the ball after keeper distribution**. However, if keeper puts ball down and begins dribbling before passing to team-mate, the ball is live, and opponent may proceed with attack.
- The goalie may not drop the ball to kick it on the bounce.
- The goalie doesn't have to wait for the opponent to drop back to Build-out line (quick play), the above defender touch is not required for players to attack in this instance as the ball is then live once leaves their hands!!!
- Goal Kicks
  - The opposing team must drop back behind the build out line.
  - The opposing team must remain behind the build out line until ball is touched by a team mate of the team in possession inside the build out line.
- **U12 9v9 Specific Rules**
  - Referee fees paid by Home Site / Team
    - Center Referee: \$50
    - Asst. Referees: \$30
  - Size 4 Ball
  - Game Time is 2 – 30 min Halves water breaks based on temperature.
  - **No Heading**
  - No goalie restrictions or special rules for Goals kicks outside of FIFA rules.
- **U14 Boys: 11v11 Specific Rules**
  - Referee fees paid by Home Site / Team
    - Center Referee: \$60
    - Asst. Referees: \$35
  - Size 5 Ball
  - Game Time is 2 – 35 min Halves, water breaks based on the agreement of the coaches.

- **U14 Girls: 9v9 Specific rules**

- Referee fees paid by Home Site / Team
  - Center Referee: \$60
  - Asst. Referees: \$35
- Size 5 Ball
- 9v9 on the field with a max of 14 on the roster
- Game Time is 2 – 35 min Halves, 5 min halftime, water breaks based on the agreement of the coaches.
- Using the 9v9 Field and goals.
- Goal Kicks may not pass the halfway line.
- No goalie distribution may cross the halfway line. Punting, Drop Kicks, One Bounce, etc are all allowed.
  - Opposing Team restarts with and indirect kick at center-line where ball crosses.

- **U18 Boys and Girls: 7v7 Specific rules**

- Referee fees paid by Home Site / Team
  - Center Referee: \$70
  - Asst. Referees: \$40
- Size 5 Ball
- 7 v 7 on the field with a max of 14 on the roster
- Playing on a 9v9 field with 9v9 goals.
- Game time is 2 – 40 Min halves 5 min halftime, water breaks based on the agreement of the coaches.
- Goal Kicks may not pass the halfway line.
- No goalie distribution may cross the halfway line. Punting, Drop Kicks, One Bounce, etc are all allowed.
  - Opposing Team restarts with and indirect kick at center-line where ball crosses.