

CIARA DOOGAN JONES

Dancer Teacher and Choreographer

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Nationality: Irish (EU), British (UK)

Mobile Number: +353 87 1462565

Based in Paris

EDUCATION

BA (Hons) Ballet Performance (1st class)

The School of Ballet Theatre UK and University of West London
2021-2024

ABT Level 5A

American Ballet Theatre National Training Curriculum
2022

IDTA Intermediate Grade Ballet

Passed with Distinction
2021

SKILLS

- Performance and teaching experience in classical, neo-classical, jazz, contemporary, and musical theatre styles
- Teamwork & Collaboration
- Lesson Planning & Workshop Design
- Public Speaking & Presentation

PERFORMANCE EXPERIENCE

'Les Échappées'- Prosart Ballet Company, 2025

'Le Petit Prince'- Prosart Ballet Company, 2025

'Blitz Us'- Marion Muzac and David Haudrechy, Scène nationale, 2025

'Midsummer Night's Dream'- Ballet Theatre UK Company, Spring UK Tour, 2024

CERTIFICATIONS

- TUSLA 'Introduction to Children First', 2024
- Safety Matters Manual Handling Certification, 2024
- Safety Matters First Aid for Sports Injuries 2024
- TQUK Level 2 Certificate in Principles of Business Administration, 2023
- The College of Dance - Ballet, Contemporary, Jazz, Tap, Musical Theatre

PROFESSIONAL EXPERIENCE

Outreach Program Teacher

Prosart Ballet Company | France | January-April 2025

- Led a ballet outreach program for children to support English language immersion through movement.
- Focused on technique, artistic expression, and confidence building.
- Delivered inclusive lessons to diverse, multilingual student groups.

Dance Teacher

The Academy of Dance | Ireland | September-December 2024

- Delivered classical ballet, technical/lyrical jazz, contemporary, and tap to students aged 3-18.
- Prepared students for their International Dance Teachers Association (IDTA) exams in each genre.
- Acted as assistant teacher and demonstrator for classical ballet and acrobatics classes.
- Choreographed a ballet piece for 'Let's Celebrate Ukrainian-Irish Christmas!', a community-focused event held at Siamsa Tíre and organized by NEWKDS social inclusion and community activation program.
- Choreographed dance pieces in ballet, jazz, contemporary, and tap for the school's upcoming production of 'The Wizard of Oz'.

Summer School Classical Repertoire Workshop

The Academy of Dance | Ireland | June 2023 & 2024

- Planned and delivered workshops that adapted classical ballet repertoire to suit varying student levels.
- Delivered brief, engaging talks on the historical context and choreographic significance of the repertoire, helping students to contextualize and connect movement to cultural and artistic meaning.
- Guided students through technical sequences while encouraging expressive interpretation.

Online Flexibility Instructor & Content Creator

Freelance | 2024

- Scripted, filmed, and edited digital flexibility and conditioning classes for media and wellness platforms.
- Designed programs for diverse age groups, combining dance training with anatomical safety and clarity.
- Developed digital communication and video editing skills to support accessible online learning.

Assistant Teacher - Rochelle School of Dance

2023

- Provided one to one support for children who experienced difficulty with self-regulation and maintaining focus during structured ballet, tap, and pointe classes.
- Adapted communication strategies and movement tasks to meet individual needs, promoting a calm, engaging, and supportive learning environment.