

PowerPlay

2022-2023 REVIEW

Check out our 2022-2023 highlights.



KidSport

GREATER VICTORIA

KidSport Greater Victoria

KidSport Greater Victoria receives the funding for this program and directly connects KidSport families to register in the program.

Canada v Japan Basketball

In June 2023, PowerPlay families were able to attend the Canada v Japan Women's Basketball game. It was great to watch top women athletes perform!

Equipment Support

Over \$2000 have been provided to support families in accessing equipment to support continued sport participation.

Connecting with Sport Partners

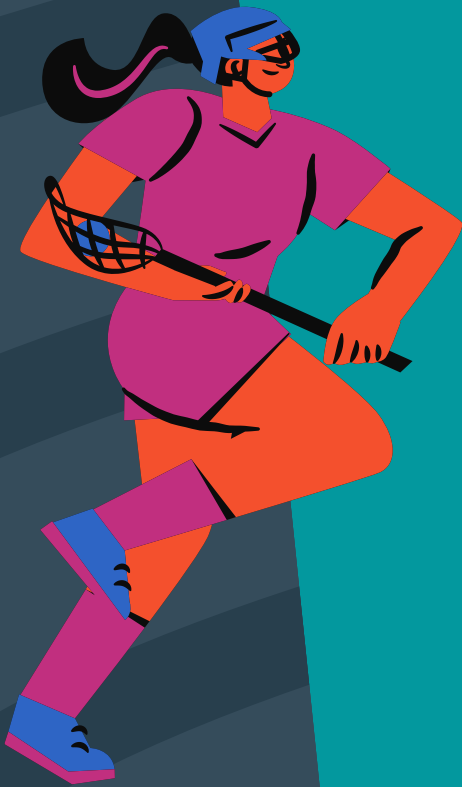
Families have loved the opportunity to try new sports such as Wheelchair Basketball, Climbing, and Therapeutic Riding! It has been great to remove barriers in trying adaptive sports.



PowerPlay

2022-2023 REVIEW

Check out what the participants learned, shared and enjoyed with PowerPlay in 2022-2023



Trying Something New!

61% of participants said they enjoyed trying something new as the most important part of PowerPlay



The Importance of Exercise

77.8% of participants said exercise was very important to them.



The Value of Activity

88.9% of participants said being active is very important for their health and well-being. All participants said that being active makes them happier.



Participating in Activity

55% of participants engaged in sport a few times per week, and all participants engaged in physical activity every week.

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PHYSICAL LITERACY

A goal of PowerPlay is to support physical literacy with participants



Confidence

100% of participants identified increased confidence when doing physical activity.



Type of Activity

100% of participants reported an increase in doing activities on the playground and the outdoors!



Ability & Competence

Over 70% of participants felt their body allows them to participate in any activity they choose. 11% said this was not usually true. Exploring accessibility could be important here.



Skill Development

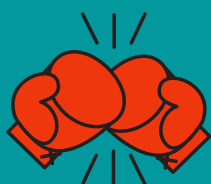
100% of participants identified they learned new skills. Participants were able to identify which skills were transferable to new sports.

PowerPlay

SPORT REPORT CARD

POWERPLAY REVIEW

Check out the areas valued by participants, and the areas for review.



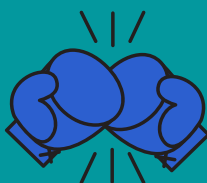
PowerPlay - Yes, Again!

95% of participants said they would like to sign up for PowerPlay again.



Why?

Participants enjoyed connecting with the PowerLeader and friends. Learning new sports and having fun was important to participants.



Barriers to Participation

Financial support removed many barriers to participation, however conflicting parent schedules and some nervousness impacted participation.



What Participants Loved!

Participants loved climbing, wheelchair basketball and horseback riding. Team work, positive thinking and the ability to try new things were recognized by participants.

PowerPlay

SPORT REPORT CARD

SPORT PARTNERS

***Thank you to our partners
for their continued
coaching, support and
engagement!***



Saanich Lacrosse

UVic Vikes Basketball

Boulders Climbing
Gym

Victoria Therapeutic
Riding Association

Victoria Wheelchair
Sports Association

Oak Bay Recreation
Centre

Victoria Ultimate
Frisbee Society

Hampton Little League
Challengers

Victoria Martial Arts



KidSport

GREATER VICTORIA