

Empowering Clients Everyday



NORTHERN TIDE

SUPPORT SERVICES

ANXIETY? DEPRESSION? CAREGIVER FATIGUE?

Life is hard. We can help.



WHO WE HELP



Are you an individual with a mental health challenge? Are you caring for a loved one currently experiencing Dementia/Alzheimer disease, a mental health condition, stroke, disability, decreased mobility or other complex neurocognitive disorder?

OUR SERVICES

- Healthcare System Navigation
- Therapy
- Assistance with Advance Care Planning
- Accessible Mental Health Care



OUR MISSION



We understand the unique challenges that people face when living with a mental health condition. Our mission is to create a supportive and nurturing environment to empower our clients to lead healthier lives.

Contact our team today!

 WWW.NORTHERNTIDESUPPORT.CA

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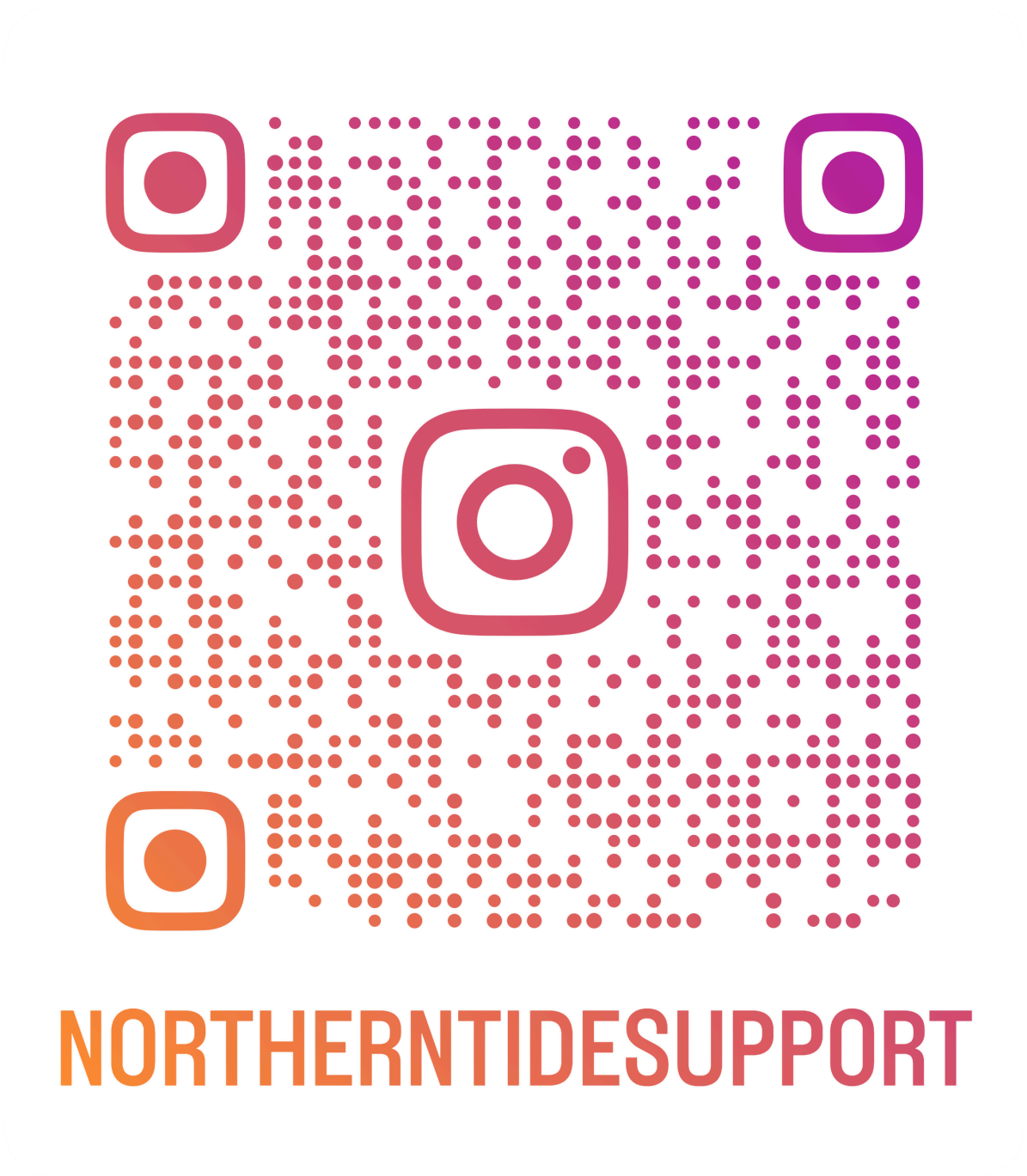
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