

# Cuizon Ballet Centre

## Class Schedule-School Year Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30am-11:30am Beginner Adult Ballet Starts January 5 <sup>th</sup> , 2026		10:30am-11:30am Beginner Adult Ballet Starts January 7 <sup>th</sup> , 2026			10:00am-11:00am Beginner Adult Ballet Starts January 10 <sup>th</sup> , 2026
					11:00am-12:30pm Ballet Technique (Intermediate/Advanced) Levels 3,4,5, Advanced
4:00pm-5:00pm Foundational Ballet Technique Level 2		4:00pm-5:00pm Foundational Ballet Technique Level 2	4:00pm-5:30pm Ballet Technique (Intermediate/Advanced) Levels 3,4,5, Advanced	4:00pm-5:30pm Foundational Ballet Technique PLUS Levels 2-3	
5:00pm-6:30pm Ballet Technique (Intermediate/Advanced) Levels 3,4,5, Advanced	5:00pm-6:30pm Ballet Technique (Intermediate/Advanced) Levels 3,4,5, Advanced	5:00pm-6:30pm Ballet Technique (Intermediate/Advanced) Levels 3,4,5, Advanced	5:30pm-6:30pm Pointe		
6:30pm-7:30pm Floor Barre		6:30pm-7:30pm Pointe	6:30pm-7:30pm Stretch		