

# Pre-employment Skills and Exploration Group

**Coming Soon...**

## What is Pre-employment Skills and Exploration? (PSE)

Pre-employment Skills and Exploration is a service that is designed to help an individual develop buildable social and emotional skills that are crucial for entering the workplace. This course will also help an individual to make an informed decision about if/how they want to enter the workforce.

## Who is the Pre-employment Skills and Exploration group for?

PSE is a group for eligible individuals between the ages of 18-24 looking to:

- Obtain introductory information about Competitive Integrated Employment (CIE) and identify what level of support they want for future employment.
- Improve social skills based around professionalism, self-advocacy and communication in a shared working environment.
- Dissuade myths around CIE, and build a better understanding of context and social nuances in the workplace.

## What will occur during Pre-employment Skills and Exploration?

Individuals will meet as a group twice a week to:

- Identify and develop social and professional skills that are transferable to CIE.
- Participate in individual and group exercises to build a strength-based career profile. This career profile can be used when seeking individualized employment support and when developing a resume.
- Discuss self-advocacy, communication, and professionalism in the workplace.
- Complete business tours, informational meetings, mock interviews, and other opportunities in the community to gather information about the pathways to CIE.
- Gain introductory education on available employment supports, work incentives, supported employment services, benefits of working in CIE settings.



**Starting: June 2<sup>nd</sup> 2025**

Group Size: 4:1

Group 1: Monday & Wednesday

Group 2: TBD

Setting: Classroom & Community

## Contact Information

Kristina Purtee (KP)

Prevocational Employment Skills Coach

Email: [kpurtee@otbonline.org](mailto:kpurtee@otbonline.org)

Phone: (765) 616-6015