

THE EXPONENT

THE UNIVERSITY OF CHICAGO
WOMEN'S BUSINESS GROUP

J A N U A R Y / F E B R U A R Y 1 9 9 8

President's Letter

Are you Prepared for the New Millennium?



Dubravka Deppen XP-60

Dear UCWBG Member:

I am proud to be the next president of the University of Chicago Woman's Business Group. The 1998 Board and I look forward to serving you in what we hope will be an exciting and fruitful year.

As I prepared for the upcoming year, I talked with our members, listened to the advice of women before me, solicited input from the Advisory Board, and explored what women are doing in other communities. I also contemplated my personal journey as a professional woman and considered what I would like to contribute to the UCWBG.

We live in one of the most important times in human history, at the end of one era and not quite at the beginning of the new one. Our lives reflect the complexity and the pace of contemporary experience, and we are often caught uncertain and unprepared in the face of too much happening too often.

As we stand at the threshold of the new millennium, I wonder where we are as professional and capable women and what the future holds. How do we live fuller and richer lives? How do we prepare ourselves for personal, community, and planetary responsibility? And, how do we use the opportunities that come from living in a time when western women are leading the way towards the rise of full partnership with men?

How do we ensure success and honor our needs?

These times require a wise use of personal and organizational capabilities, and I hope that

the upcoming year will help us prepare for what lies ahead. As we peer into the new millennium, it seems appropriate that we examine what success means to us and to develop a blueprint for the future. Our theme for the year is "Redefining Success" and I hope that it will help us examine and develop our own personal and organizational blue-print for the future.

As an organization and a group of women, we have an ability to impact each other's success.

Increasingly, this means helping a woman achieve a sense of wholeness - a balanced, fulfilling personal and professional life, and we are broadening our focus to address the "whole woman" and her multidimensional needs.

We also plan to step outside the

GSB community and partner with organizations that offer additional resources that meet our changing needs. And, we will seek greater visibility for UCWBG and our members within the University community, the business community, and the women's community.

As we move into 1998, our key initiatives are to:

Redefine Success by examining what we value, what we need in our lives and the workplace in the new millennium, and our blueprint for the future.

We will facilitate this through a series of activities designed to help us share our wisdom, exchange ideas, and examine our paradigms and models of success. These include a survey, a forum to meet and exchange ideas, a panel about the new career management success factors, con-

Continued on page 2

UCWBG's New Logo

By Melinda Reck '95



The University of Chicago Women's Business Group is very excited to unveil our new logo. We had a challenging design goal—to develop an updated, softer look that captures the essence of our group and its mission, and expresses the sense of energy, vision, friendship, connection and growth. We also wanted to retain the connection to the old and reflect the evolution of the group through a more contemporary design.

After meeting with four designers over a period of two years, we are thrilled to announce that Ms. Gordana Jerosimic's design was chosen as

the new logo for the UCWBG.

Ms. Gordana Jerosimic is a versatile and renowned European artist with numerous international awards, accomplishments and exhibits. She is a graduate of the University of Illinois' School of Art & Design with three months specialization at the Loyola University's School of Art. She is a member of the Serbia Association of Applied Arts Artists and Designers (ULUPUDS) since 1977, collaborator of the Bridgeman Art Library in London since 1991 and an illustrator of over 40 books.

The UCWBG Annual Meeting and Celebration

By Danielle Carrier '88

Join your UCWBG friends for an evening of celebration on Thursday, January 15 at the downtown Gleacher Center. The UCWBG's 1998 Annual Meeting is scheduled from 6 to 9 p.m. in the South Lounge of the sixth floor, overlooking the Chicago River. Besides remarks from our past president, Susan Miner, and current president, Dubravka Deppen, the evening will highlight one of UCWBG's advisory board members, Debra Snider, Executive Vice President and General Counsel at Heller Financial. Debra will discuss her personal experience with redefining success.

The evening will have numerous opportunities to network and talk with friends. Representatives from the various UCWBG committees and subgroups will be in attendance to answer your questions and identify new members. This will also be a great opportunity to meet the 1998 Board members and share your comments on how UCWBG can enhance the value of its membership.

This year's raffle is structured around the theme of pampering yourself. There should be a wonderful assortment of prizes, so remember to bring your business card. In addition, a member of the Chicago Music Connection will be performing classical guitar throughout the evening. Appetizers and a cash bar will also be available.

We look forward to seeing you on January 15!!

Next Meeting

Date: Thursday, January 15
Time: 6:00 to 9:00 p.m.
Place: Gleacher Center,
450 N. Citifront Plaza Dr.
South Lounge, 6th floor
Cost: \$30 members, \$35 nonmembers if received by January 8.
\$35 members, \$40 nonmembers if received after January 8
Contact: Danielle Carrier,
630-954-3794
E-mail to: carrier@uhc.edu

President's Letter

Continued from cover

versations with successful women, and possibly a global chat on the Internet with alumnae.

Support the "Whole Woman" and her multidimensional needs.

To meet this objective we will deliver programs that address key areas of concern:

- **Self:** topics such as aging, personal growth, inner journey, creative expression, nutrition, stress management, personal style, wellness, etc.;
- **Relationships:** with family and friends, and topics like balancing work and family, child care, aging parents, etc.;
- **Professional Development:** career and professional development and such topics as career transitions, career management, technology skills, leadership training, entrepreneurship, etc.;
- **Special Events:** the need for personal contacts and connections, and including activities such as the Annual Networking Dinner, Summer Social, and High Profile Speakers.

Weave a Community.

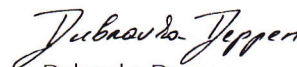
Success is fostered by a strong community - a place where one's needs are understood and honored. Here, wisdom is shared, each other's growth valued, tended to and celebrated. In the spirit of commitment to each other's success, we will look for ways to strengthen the UCWBG community and create more connections and deeper relationships among us.

Find our Power.

Long-term success requires that we become a highly visible and influential champion of business women's issues within the University, the business community and the women's community, and that we increase visibility of our members and business owners. To support this initiative, we have updated the UCWBG logo to reflect more accurately the essence of the group and plan to use aggressive marketing to increase our visibility in 1998.

As you can see, we have an exciting year ahead of us, and the 1998 Board and I are excited about the coming year and the opportunity to contribute to the success of each one of our members. There is a lot to be done, but I have faith in our wisdom, our commitment, and our ability to make things happen.

Sincerely,


Dubravka Deppen

The University of Chicago Women's Business Group 1998 Board of Directors

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Dubravka Deppen XP-60
847-729-2903

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VP-INTERNAL COMMUNICATIONS:
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DIRECTOR-AT-LARGE:
Elisabeth Foster '94
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DIRECTOR-AT-LARGE:
Suzanne Morgan '78
312-640-0703

UCWBG (voice mail) 847-256-5804 UCWBG fax 630-369-3773 UCWBG home page http://www.gsb.uchicago.edu/gsb/clubs/alumni/ucwbg_home.html

Introducing the 1998 UCWBG Board

By Lisa Kieres '84

We are pleased to introduce to you the new members of the UCWBG Board for 1998. A nominations committee of current Board members and members-at-large interviewed over 20 women in an effort to fill six open slots for the 1998 Board.

Our Board continues to expand in its diversity and life and career experience. Of our 1998 Board, the majority have approximately 20 years of experience or more, are raising (or have raised) children, and all are in the midst of successful, challenging careers in various

regional territories, represent international firms and many other achievements. She has been widely recognized in the local and national business community with profiles in *Crains' (Crains' 40 under 40)*, *The Wall Street Journal*, and *Northwestern's Council of One Hundred*. Diane resides in Chicago.

Michele Ferraro XP-66-Vice President Programs Michele is a Vice President/Portfolio Manager with Grubb & Ellis Management Services, Inc., directing the management and

value enhancement of \$150 million in real estate assets for institutional and private investors. In addition to previous entrepreneurial endeavors, she has managed assets for many companies including Mutual Life Insurance Company,

Prudential Life Insurance Company, and Westinghouse Credit Corporation. She received her BA from Mundelein College, and holds many professional real estate and investment management credentials and designations. She has two children, one granddaughter and lives in Chicago. Her personal passions include involvement in a book club and rollerblading.

Shaun Fitzgerald '96-Vice President Membership After attending college at Santa Clara University on a tennis scholarship, Shaun returned to Chicago to pursue a career in banking. Shaun is currently an Assistant Vice President in LaSalle National Bank's Wealth Management Division. Her expertise lies in providing customized financial solutions, including investment manage-

ment, financing, and financial planning to high net worth client and middle market business owners. Shaun graduated from the GSB in 1996 with concentrations in marketing finance and accounting. When she is not working, she enjoys playing tennis, platform tennis and golf. Shaun and her husband John live in the DePaul neighborhood of Lincoln Park.

Elizabeth Foster '94-Director-at-Large Elizabeth graduated from Vassar College in Comparative Literature in 1980. She immediately went to Wall Street, spending time on the sell side as a retail and institutional broker in Boston. After building a strong reputation and client base, she started her own money management firm. To build her skills, Elizabeth chose to return to school, obtaining an MBA from the GSB in 1994. After graduating, she worked as a portfolio manager and analyst for a Schaumburg money management firm. With her husband, Michael Walsh, the two founded Kilkenny Capital in Chicago. Kilkenny manages private investment funds in biotechnology. The firm has experienced significant growth over the past few years. Elizabeth and Michael reside in Chicago and are expecting their first child in April. Elizabeth is very active in many endeavors, including her Church Board and Junior League. Personal interests include golf, tennis and swimming.

Suzanne Morgan '78-Director-at-Large Suzanne was raised in Northeast and has a multitude of academic and professional credentials. She graduated from the University of Wisconsin with a Bachelor of Science in Art and received her MBA from Chicago's Graduate School of Business in 1978. Suzanne studied interior design and architecture and received a Certificate of Liturgical Design



The 1997 and 1998 UCWBG Boards

Row 1: Erica Kuhlmann, Elizabeth Foster, Suzanne Morgan, Mary Lynn Faunda.

Row 2: Melinda Reck, Dubravka Deppen, Lisa Kieres, Nancy Dschida, Myrna Newman, Michele Ferraro.

Row 3: Deborah Peltz, Shaun Fitzgerald, Danielle Carrier, Susan Miner, Tammie Miller, Valerie Anderson-Lewis.

stages. We continue to believe that our diversity will well represent the group in determining member services and strategic direction.

Our New Board Members

Diane Dawson '80-Vice President Marketing and Public Relations Diane is the owner and President of Dawson Sales, one of Chicago's largest food ingredient distributors. She has been a long time active member of the UCWBG. Her background and education also include an undergraduate degree from Northwestern University, and high level experience and recognition in sales and liaison roles for IBM. Since 1982, Diane has consistently led the food ingredient brokerage industry with innovations including being the first firm to automate, hire food scientists and culinary chefs, expand into

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Reflections on Life:

Self-Management

By Chandra Greer '90

"The ultimate lesson all of us have to learn is unconditional love, which includes not only others but ourselves as well."

*Elizabeth Kubler-Ross,
Swiss-born psychiatrist and writer.*



Before with Igor, Russian tour guide.

The following is the first in a series of columns written from a desire to share hard-earned lessons.

Two years ago I decided to change my life habits for the better. Over the course of the next nine months, no aspect of my overweight, overwrought, out-of-shape self remained unaltered. The finger-lickin' fried fish at the local lunch joint was replaced by "light-on-the-dressing-please" spinach salads. Cigarettes were abandoned as stress-reliever of choice. The nightly walk to the refrigerator became the morning walk to Lincoln Park and fifty pounds of fat were traded out for 15 pounds of muscle.

As the metamorphosis progressed I was really surprised by the interest my changes held for friends, acquaintances, co-workers. Some wanted to initiate similar changes but didn't know how. Since it appears to be a topic of interest, I decided to share it here.

What I offer up is the "How" in "How did you do it?" I did not "diet" or embark on a "Toned Glutes in 60 Days" exercise program. I decided to incorporate healthy habits, good nutrition and exercise into my life through a program of conscious self-management. I took all those management skills I applied to my professional life and started applying them to myself. Then the glutes followed behind.

Honest Assessment

It's amazing how many of us deny the connection between healthful, affirming habits and feeling and looking good and unhealthy, destructive habits and feeling and looking bad. I was the Queen of Denial. For example, I honestly thought I was in shape despite the fact I never exercised (usually a prerequisite for being in shape) and put away two packs of Merit Ultra Lights a day.

What ultimately awakened me was yet another loud discussion with husband Steve, award-winning amateur triathlete, over my self-damaging lifestyle (if you need a change in your life, it doesn't matter where the epiphany comes from, it just matters that you have one.)

This set-to was quickly followed by a last-ditch health spa trip, my second visit to Good Lifestyle boot camp. This one I took seriously, though, because Steve was really worried about me and I was really worried about our relationship. Anyway, in October of 1995 it just

clicked... if I did these things and stopped doing these other things I would have a happier, healthier, stronger, more productive life.

Getting Support

I now believe it's very difficult to undertake major personal change without a support structure within all areas of your life, including, maybe especially, work. Too much time is spent there to overlook the importance of its influence on our personal endeavors.

For me, asking for support at work was difficult. How could I possibly expose human frailty in an environment where unconquerable command and confidence were the ticket to success? Eventually, with my newly-developed self-focus in overdrive, I told a few colleagues what I was trying to do, that it was hard as hell and that I could really use their support (imagine doing what I was trying to do working in the stressful environment of an advertising agency that counted tobacco, alcohol and food products among its biggest accounts.) My friends at work came through for me and, in fact, to my surprise were honored I asked for their help. I wonder now if I could have done it without them.

Manage Yourself

Two years ago I found myself in the position of having a beautifully managed professional life and a wildly unmanageable personal one. My business relationships were warm, mutually-beneficial, well-tended little plots of future career advancement yet I treated my non-work friends abominably, never calling, returning calls late, if at all, forgetting birthdays, luncheon dates, all kinds of important things. And my husband, forget it. The poor guy was on his own.

I ran my accounts like humming machines, meeting one impossible deadline after another yet couldn't find time to fit in a work out, a healthful eating plan or a visit to the doctor. I spent sixty hours a week working, but couldn't take six hours a week to work out.

Prior to making a commitment to change, I think I resisted organizing and planning my personal life because I wanted some aspect of my world to be spontaneous. Ultimately, I realized I needed to run my personal life like I ran my business life—organized, well-planned, well-executed and committed to the success of the project—me!!! This is what I did:

• Planned Ahead

At first, because I was initiating an unfamiliar way of living, I didn't leave too much to chance. For example, when I first started working out, unsure of how to fit it into my day, I solved the problem by power walking before work.

It's amazing how many of us deny the connection between healthful, affirming habits and feeling and looking good and unhealthy, destructive habits and feeling and looking bad.

Eventually, when I felt up to the health club scene I moved on to scheduled exercise classes, noting them in my calendar as I would any other appointment. I did a lot of shuffling, if I had something going on after work, I worked out at lunch, if I couldn't do it at lunch, I would go before or after work. Already a (lapsed) member of one health club, I bought a short-term membership to a second one so I would have more flexibility in class schedules and location.

I made it my business to be ever-vigilant for healthy sources of takeout food and to make sure I always had grapes, baby carrots or other potato-chip substitutes stuffed in my drawers at work. A side benefit of this was that meetings were usually held in my office because word got out I always had stuff to eat.

Knowing the dangers of bad snacking during business trips, I also packed "good" snacks for the plane, during meetings or in my hotel room (I could write a book, "One-Hundred Secrets for Squirreling Away Food in Your Luggage"). I asked my travel coordinator to always book me in hotels that had a health club. If that wasn't possible, I'd pack a pair of walking shoes. I've done a lot of laps around hotel parking lots.

As I'm finding out now, even the best plan occasionally needs to be reevaluated, fine-tuned. Recently I made a career shift, leaving a structured corporate job for work as a consultant, entrepreneur and perpetual volunteer, but my home-based office is somewhat smaller than a downtown office building and I'm just not covering as much ground during the day. As a result I've gained a few pounds, maybe some of it muscle from more strength training, but most of it excess caloric intake. I'm not freaked about it, I knew some physical change would be inevitable, but I'm in the process of adjusting, eating a little less and exercising a little more. It's an effort, but it's always going to be necessary to adjust. Anyway, even without the lifestyle shift, I'm still getting older and time dictates lifestyle reevaluation as much as anything else.

• **Self-Motivated**

When I was at the advertising agency, I won an award for being one of the best bosses but I sure wasn't practicing good motivational techniques on myself. I learned to support and nurture myself; to be nice to me as I executed these difficult changes.

It's weird to talk about, but I used to coach myself constantly ... "OK, just get up and try to go for a walk, if you really don't want to go once you get up, you don't have to, I promise, but just give it a try. I'll buy you a Starbucks afterwards...."

I gave myself every possible opportunity to succeed and was really patient with myself when

frustrated or anxious. Quitting smoking was particularly hard. I remember a period when I "let myself" take a long bath every evening, soaked in with a good book, a cold drink and a perfumed candle... an absolute favorite ritual.

• **Focused and Prioritized**

*"The problem was
the designer
wardrobe was
cloaking an over-
weight, out-of-shape,
hacking body."*

I think Superwoman is an unfortunate myth, propagated in part by a media and marketing community looking to generate need by trading on women's anxieties (I once met a woman whose international job assignment was getting women in Eastern Europe to feel bad about not using antiperspirant.) When you think about it, it's really a nutty concept. Nobody should or could "do it all."

Choices and priorities are a fact and privilege of life.

I didn't try to introduce these new life-elements while holding onto everything else. I gave up a lot of my normal activities, some temporarily, some forever. For a while, I became my own hobby. I still read a lot, but gave up TV. I used to eat out three or four times a week but now, in the interest of nutrition and time, I went out far less. What a surprise that the sky didn't fall in and I actually found my increased energy allowed me to accomplish even more than I had before.

• **Championed my Cause**

It sometimes took courage of conviction to stick to my program. It was difficult to tell my boss our meeting would have to wait until after my lunchtime workout. I felt guilty because I was putting myself first—FOR ONCE. Eventually, as I came to believe more strongly in the value of what I was doing, I got over that and began to speak openly about the link between my improving job performance and my physical program. I was thinking better, working harder, more efficiently, and had unprecedented confidence. Plus, I looked and felt great and don't let anyone tell you that physical and mental strength don't make a difference when you're trying to command a room.

A Final Note

I hope this has been helpful. Please know, if you want to make changes you have the resourcefulness, motivation and skills to do exactly what I did. If I could leave you with one thought, it's this: never feel guilty about taking care of yourself even if it means someone else's needs have to be temporarily put on hold or not fulfilled to the utmost. If nothing else, think of it as replenishing your ability to perform, to give. The pitcher can only flow so long without being refilled.

If you would like to discuss any of this or have any questions, please feel free to give me a call at 773-529-3509 or e-mail me at stevemortho@msn.com. Have a great 1998!



Now, healthy, feeling and looking good.

*"I felt guilty because
I was putting myself first—
FOR ONCE."*

CALENDAR OF EVENTS

Our 1998 programs are intended to support the "whole woman" and her multi-dimensional needs. Therefore, each event will focus on one of the following areas of interest:

Self-S,
Relationships-R,
Professional Development-PD,
Special Events-SE.

Each program is identified by area of interest by letter designation on the calendar below.

Hopefully, you will find this new format for programming and its presentation in the calendar more informative and helpful.

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

JANUARY

Thursday, January 15

UCWBG Annual Meeting, Gleacher Center, 6:00 p.m.-SE

Meet the 1998 Board, win a chance at a raffle prize, see old friends and meet new ones. Presentation by Debra Snider, executive Vice President & general Counsel for Heller Financial, Inc. and UCWBG Advisory Board Member. Call Danielle Carrier at 630-954-3794 for details.

Wednesday, January 28

Mothers' Network West Area-R

Indian Head Park at Shirley Yang's home. Call Mary Lynn Faunda at 630-323-6351 for details.

North/Northwest Group-R

Dutch treat dinner at The Melting Pot. Call Pam Russell at 847-295-9568 for details.

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

FEBRUARY

Saturday, February 7

One Day Mentoring Program, Gleacher Center, 12:00-1:00 p.m.-PD

Students will be matched with experienced UCWBG members for one-on-one meetings. Call Tammie Miller at 414-241-7937 for details.

Thursday, February 12

Breakthroughs to Balance, Gleacher Center, 6:00-9:00 p.m.-S

Michael Scott of Empowerment Unlimited, Inc. will present an interactive program that provides practical tactic for achieving a new sense of precise focus and undivided attention to the issues that really matter. Call Deborah Peltz at 312-655-2055 for details.

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

MARCH

Thursday, March 12

North/Northwest Group-R

Dutch Treat dinner at Froggy's, 306 Green Bay Road, Highwood. Call Pam Russell at 847-295-9568 for details.

Friday, March 20 and Saturday, March 21

LIFE WORK Course, Gleacher Center-S,R, PD

This is the second of a five part program designed to help you explore, develop and integrate the different aspects of your life. Call Deborah Peltz at 312-655-2055 for details.

Sunday, March 22

Fashion Workshop, Nordstrom's Old Orchard, 1:00-3:30 p.m.

The workshop is designed to help you maximize your wardrobe's potential: accessorizing, day to evening outfits business casual and travel wardrobes. A light lunch will be served. Call Shaun Fitzgerald at 312-904-7017 for details.

Saturday, March 28

Second Annual Girl Scout Career Day-SE
Co-sponsored by UCWBG and the Junior League of Chicago.

Volunteers are needed to participate in this program designed to develop career paths for inner-city Girl Scouts between the ages of 9-12. If you are interested in participating, call Tammie Miller at 414-226-6833.

Book Review

When Mothers Work

Loving Our Children Without Sacrificing Our Selves

By Joan K. Peters

Addison Wesley, 272 pages, Schwartz Business Books

Peters gives women the tools they need to realize a true state of quality by helping them fully understand the psychological dynamics of modern mothering. She details the psychological and cultural pressures that force women into the role of primary parent, making it impossible to be a successful working mother. Peters offers a complex and convincing portrait of the ways women and children prosper when old ideas of mothering are left behind. Moreover, she offers practical, hands-on strategies for mothers struggling to balance work, family, and self.

UCWBGers in Action

Susan Miner, Past President UCWBG, is presenting at Convergence 98: Selling & Implementing Innovation, a conference on using innvation to creating long term customer value. The conference is co-sponsored by *Fast Company* and Arthur Andersen.

New Board Members

Continued from page 3

from the Catholic Theological Union. Her career has been varied, having worked for IBM as a systems engineer and education development analyst, as well as in various architecture and space planning firms in Chicago. She is a registered architect with membership in the American Institute of Architecture. Suzanne was married to a banking executive and father of seven and has traveled extensively. In an interesting turn, she became a clergy wife when her husband retired and was ordained as a minister. She presently manages rental real estate in Kenosha and is designing a boarding school in North Carolina. Her personal interests include golf, leading church tours and giving slide presentations on how the role of architecture and environmental design impacts spiritual and emotional development.

Deb Peltz '97-Vice President of Career Management Deb currently is the Managing Director for Real Estate for Amtrak. She is responsible for asset management, strategic planning and implementation of Amtrak's real property in 39 states. Much of her time is spent in urban development projects throughout this territory where railroad property is involved. Prior to joining Amtrak, Deborah was with Rubloff, Inc., a regional real estate firm headquartered in Chicago where she served as Vice President and Midwest Regional Manager. Deborah lives with her family, husband Scott and daughters, Samantha (6 years old) and Madeline (3 years old). Deborah received two bachelor degrees from the University of Michigan in History of Art and Journalism.

Please welcome our new Board Members!

Connections

Congratulations! **Melanie Joyce Halvorson '80** and her husband happily announce the birth of their first son, Robert Francis, born October 30, 1997. Melanie took maternity leave through the end of December 1997 and returned to work in January 1998.

And congratulations also go to **Kendra S.L. Mirasol '93** and her husband. They are excited to announce the arrival of their new son, Nicholas Martin. Nicholas was born on October 21, weighed in at 6 lbs. 12 ozs. and measured 19 inches. Kendra writes "Thanks to my husband Jay who provided the most support any mother could need!"

Margherita DeBlasio '97 upon graduation from GSB started in W.W. Grainger's Leadership Development Program which is a three year management rotational program. Her new address is 333 Knightsbridge Parkway, K266, Lincolnshire, IL 60069.

Connections

Has a special event occurred in your life? Have you been/will be a guest speaker, started in a new company, been appointed to a board of directors, started expanded family, etc.? We'd like to include the information in the next issue of *The Exponent* "Connection" section. Please write to UCWBG, 1805 North Mill Street, Suite A, Naperville, IL 60563-1275 or fax changes to 630-369-3773.

- New Address Promotion or Award
- New Job Accomplishment

Name _____

Day Phone _____ Class Year _____ Campus 190 XP

Please describe any change in the space below

Mothers' Network

by Diana Carpenter '82

The latest two Mothers' Network - North gatherings were "Bring the Kids" events.

On Monday, October 20, we met at a McDonald's in Buffalo Grove. The kids wore themselves out in the play structure while the moms had a fun, frank chat. As one of us put it, "For the kids, this is as good as Las Vegas is for an adult!"-so they were happy, we were happy and everyone had a good time without the hassle of arranging a sitter.

(Note: We're planning the next "Bring the Kids" at a McDonald's complete with a serious play area in the North Shore area on Wednesday, January 14.)

Then on Tuesday, November 11, we met at my house in Lincolnshire for another "Bring the Kids" gathering. I arranged for a babysitter to entertain the kids in the playroom and kitchen, while the moms met in the living room.

We had a good turnout of both moms and children. The moms' discussion focused on planning the Mothers' Network Resource Book.

The kids' activities included creating their own "Jurassic Park" on the floor of the play room, complete with a motorized train winding through the grounds, populated by all sorts of dinosaurs.

The arrangement worked out well for everyone, except that it was difficult to get the kids to leave. My two boys let the other kids go only after they promised to return soon.

Mothers Network Resource Book, formerly Profiles. (You may recall from the last *Exponent*, a description of the UCWBG Mothers' Network Profiles). This booklet will contain detailed profiles of our Mothers' Network members, so that we will be able to identify common interests and make connections with one another.

On November 11, the Mothers' Network met to hash out the details of this undertaking.

As good MBA's, the first thing we did was to change the name of the project. It is now known as the *Mothers' Network Resource Book*.

We are currently laying out and testing the format we will use to collect the information. We plan to begin profiling our members in January, and we hope to have

the *Resource Book* available by March.

The distribution of the *Resource Book* will be closely controlled and will be only to UCWBG members who are on the Mothers' Network mailing list and who

Next Meetings

Date: January 14-Bring the kids!
Place: North

Date: January 28
Place: West
Topic: "Working Part-time and Close-to-home"

Date: February 19
Place: North/Northwest

Contact: Susan at 847-940-0579 for information and directions and to get on the mailing list.

agree to be profiled.

The *Resource Book* will contain not only the standard address, work status, etc. but also hobbies/special interests, spouse's business, children's ages and schools, etc. This will encourage our members to find shared situations, such as "Hey! My kid is in the same grade." or "I wonder what math curriculum they're using." Or "How did she get that part-time job?" or "I'm really interested in the role churches play in the community-is anyone else?"

If you wish to be profiled and to receive a copy, please contact Diana Carpenter at 847-940-9024.

North/Northwest Networking Group

By Pam Russell '80

The North/Northwest Group discovered a great Italian restaurant in Libertyville—Trattoria Pomigliano-where its November meeting was held. In order to accommodate members living further south and west and to try something new, the group will meet at a fondue restaurant for its first meeting in 1998. This restaurant, The Melting Pot, is located in Buffalo Grove.

The North/Northwest group provides members with an opportunity for informal networking in a location convenient to home and/or work. Last January, the group welcomed several women, all new UCWBG members who attended their first North/Northwest dinner. We hope to see more new faces, along with those members who have kept the group going through the years as we celebrate the start of a new year.

In addition to the January meeting, a tentative schedule for the March and May meetings has been established. The schedule is as follows:

- March 12-The group will meet at Froggy's in Highwood.
- May 4-The group is scheduled to meet at Edwardo's in Northbrook

In July or September, we will host a speaker as has been the group's tradition at least once a year. Please contact Pam Russell with suggestions regarding speakers and/or topics.

Directions to The Melting Pot: The restaurant is located on the southwest corner of Dundee and Arlington Heights Roads. Arlington Heights Road runs north/south between Route 53 and Route 41. If detailed directions are needed, please request them when you RSVP.

Next Meeting

Date: Wednesday, January 28

Time: 6:30 p.m.

Place: The Melting Pot
1205 W. Dundee Rd.
Buffalo Grove, IL
847-342-6022

RSVP: Pam Russell at
847-295-9568 by Tuesday,
January 27

Mothers' Network West Group

By Jeanne Kennedy '85

A lively discussion was conducted on November 5 at the home of Jeanne Kennedy in Elmhurst. The topic was "Helping Your Children Excel in School" and members of both West and North groups attended. Our objective was to share experiences (i.e. lessons learned) for various stimuli that influence the education of our children for this group, ages six months to nine years old.

We began with a discussion about our favorite software and hardware. For the younger set, recommendations included Playskool Puzzles, the *Reader Rabbit* series, *Sesame Street* and Mickey Mouse, Putt-Putt packages and *Living Books* like *Arthur* and *Dr. Seuss*. For older children the *Reader Rabbit* series was praised again, along with Story book weaver Deluxe, *Mavis Beacon Teaches Typing*, Kid Pix and various avia-

tion software packages. We discussed how Best Buy and school software clubs generally have the best prices on these types of software. Stores like Zainy Brainy and Comp USA or your local library usually make it possible for you to try specific software before you purchase it. The group

Next Meeting

Date: January 28, 1998
Place: Shirley Yang's home
Topic: Working Part-time and Close-to-Home

Contact: Jeanne Kennedy at 630-941-7071 or Mary Lynn Faunda at 630-323-6351

shared pros and cons about where to locate your family's PC. Moms seemed to like the idea of having their OWN PC in or near the kitchen! However, dens and basements seemed to be the most likely location. The

group agreed that buying the absolutely most current hardware is a must-as hardware becomes outdated so quickly!

Next we moved to a discussion of favorite books. For younger children popular choices were *Dr. Seuss* books, *The Kissing Hand* and *The Rainbow Fish*. One unique recommendation was to use books like the *Carl* series where children can dictate a story to match the pictures. For older children, the *Madeline* series, the *American Girl* series and *Alice in Wonderland* were favored. The *Goosebumps* series was not favored among the moms!

Extracurricular educational resources were discussed next. Here we shared ideas on how to check on offerings at the following facilities: Museum SciTech in Aurora, Argonne Labs, College of Dupage (Kids on Campus), and World of Wisdom gifted classes that are administered from Wheeling. Also various teacher stores, like Hammetts in Oak Brook Center Mall offer resources such as unique flashcards and workbooks.

Please join us for our next meeting! The topic will be "Working Part-time and Close-to-home".

New Members as of 12-15-97

M. Phyllis Bourque
Energy & Regulatory
Consultant

Wendy Burrell
Philip Morris International

Jane Marie Bylina
Network Incorporated

Gina M. Cocking
J.P. Morgan

Dilene Crockett
Mersch-Becher Associates

Patrice Daniels
CIBC Oppenheimer

Mary Elizabeth Dawson
GE Capital-Montgomery
Ward Credit

Maura Feaheny
Heitman Capital
Management Corporation

Elizabeth M. Gerard
SeaWest Financial
Corporation

Suzanne Baldwin Gilman
Coastcast Corporation

Therese Greff
Abbott Laboratories

Melinda Hansen
C.R. Bard, Inc.

Susan Healy
Amoco Oil Company

Susan Marais
Bellport Bay Associates

Susan Jefferson
Kellogg's

Katharina Jobe-Graefin
Esterhazy
Compaq Computer

Laura Muntz Johnson
Mosby Consumer
Health/Krames

Meryl Kahn
Kyung Hee Kim
World Bank

Rochelle Kopp
Japan Intercultural Consulting

Hyo Jung Lee
Owens Corning

Jennifer Litwin
J.L. Litwin, Ltd.

Mirjana Martich
Chase Manhattan Bank

Heather McWilliams
The Lincoln Foundation for
Business Excellence

Julie Minarik
Philip Morris USA

Janelle Montgomery
Grupo Javemar

Karen Netsch
Leo Burnett

Rosette Nguyen
Hewlett-Packard Company

Zita I. Rahbar
CMS Automotive

Donna R Reed
Pepsi Cola

Mina Roller
Illinois Superconductor

Linda D. Schloss
Chase Manhattan Bank

Konstantina Spentzos
Prudential Resources
Management

Lynn Stegner
Community Foundation for
Jewish Education

Carol P. Stowell
Arbitron

Candace Graham Stribling
Baxter Healthcare

Emma L. Thacker
Ednaston Developments
(Midlands) Limited

Linda L. Turner
ABN Amro/LaSalle National
Bank

Kimberly A. Wilkeson
Citicorp Securities, Inc.

Marjory J. Webster
3RI

Chris Dibble Williams
United Airlines

Bobbie Jo Winship

Audrey S. Yen
Heller Financial, Inc.

Southeastern Wisconsin Group Forming

By Shari O'Loughlin '95

A couple of women MBA's residing in the greater Milwaukee are exploring the formation of a local subgroup of the University of Chicago Women's Business Group. There are over forty female graduates of the University of Chicago's Graduate School of Business currently living in the area that may have an interest in attending bi-monthly meetings. There may be additional members working in the area that could also find a local group beneficial.

We are open to numerous possibilities including networking, career development, programs or other areas of common interest. If we hear from enough people, we will set an initial meeting sometime in January or February.

If you have an interest in such a group or would like to share some ideas, please contact Shari O'Loughlin at 414-238-9373 or Adrienne Harvitt at 414-271-0760.

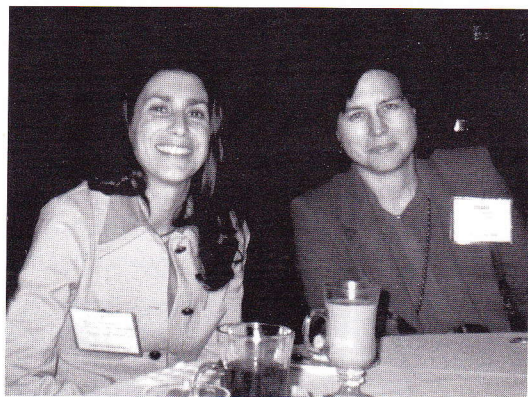
Images from the 1997 Annual Networking Dinner



Colleen Ambrose and Chandra Greer



Danielle Carrier and Maria Lupetin



Myrna Newman and Dianna Carpenter



Maureen Thomas and Elizabeth Foster

Contributors:

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CALL ERICA KUHLMANN AT
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FOR DETAILS IF YOU ARE PLANNING ON
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