



2022 Dance Recital Handbook
Artistic Director, Ann Boyle

RECITAL DATE
JUNE 11, 2022
Hylton Performing Arts Center

ACT I
"Les Sylphides"
"Kung Fu Panda"

ACT II
"Clueless"
"Flintstones"
"River"

DANCE RECITAL INFORMATION

There are a lot of components involved in staging a dance recital. We ask that you carefully go over this information and if you have any questions, please ask the front desk.

There will be two information meetings— Saturday May 21st from 1:00 PM to 2:00 PM and Thursday May 26th from 6:00 PM to 8:00 PM. Please plan to come to one of these meetings. There is a lot of information that we will go over that will help you during recital time. We will have demonstrations of stage makeup, how to wear your hair, and a demonstration of how to properly wear a costume. Please, please, please come to one of these meetings! Especially if you are a “new” parent! you will have an opportunity to ask questions.

COSTUMES

- costumes will be handed out in the student’s regular class(es) two weeks before rehearsal week. It is imperative that students attend all classes that week in order to make sure that they are there when the costumes arrive. The exception to that is if the costumes are not delivered to us on time.
- Once you have received the costumes, try them on immediately.
- Put your name on all costume items, including small ribbons, accessories, and shoes. Please carefully store your costumes away until the dress rehearsal.
- All ballet students will need pale pink tights and clean ballet shoes. All other dance students will need flesh tone tights unless stated otherwise by their teacher.
- All dancewear supplies can be purchased at *Liesl’s Dancewear*.
- **IN ORDER TO RECEIVE YOUR COSTUMES, ALL ACCOUNT BALANCES MUST BE BROUGHT TO ZERO.**

HAIR AND MAKE-UP

- All students need to have a low bun. Any dramatic haircuts, coloring, or styling is not recommended until after the recital.
- Students doing “Les Sylphides” will have a special “do” that will be demonstrated at the meeting.
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Recital Tickets

- New This Year: you must go to the Hylton Performing Arts Center box office in Manassas to reserve and pay for your seats starting Sunday May 1st, 2022.
- Reserving Your Seats: The \$25 recital fee that you paid in March is a participation fee. It does not include any tickets. All tickets are \$20 per ticket. You may purchase tickets at the Hylton box office, purchase online, or purchase over the phone.

Box Office Information:

For in person purchases --- (Tues. - Sat. 10 a.m. to 6 p.m.)

CLOSED ON SUNDAY AND MONDAY

For online purchases --- [Hylton Theater's Website](#)

For phone orders ---- [703-993-7759](tel:703-993-7759)

IMPORTANT NOTE --- all online and phone purchases have a \$4 handling fee PER TICKET.

Rehearsal Week – (affectionately called Zoo Week) (AT STUDIO)

THESE REHEARSALS ARE MANDATORY. The only acceptable excuse for missing rehearsals is graduation or serious illness. A written note is required. You might ask why we make such stringent demands:

- The primary reason is to make controlled chaos work.
- All dancers will repeatedly rehearse their dance in front of other classes. This lessens the stage fright and promotes “team spirit”.
- These rehearsals allow the staff to “troubleshoot” any problems before the performance.
- These rehearsals acquaint the young dancers with other staff members which increases their comfort levels with them.

The result will be a performance that you and your child will feel proud to be in.

DROPPING OFF AND PICKING UP

this is the most stressful time for parents. If we all follow these rules and obey the “traffic cops” (volunteer parents) it will be safer, quicker, and easier.

DROPPING OFF:

- Follow the traffic patterns to the assigned Drop Off sidewalk
- DO NOT GET OUT OF THE CAR
- A volunteer will help the dancer out of the car
- Carefully follow the traffic patterns to exit

PICK UP:

- PARK YOUR CAR AND GO TO THE BACK DOOR
- A volunteer will take your child's name down and bring them to you
- Sometimes the dancers are running behind. Please be patient
- BE VERY CAREFUL IN THE PARKING LOT!!

RULES TO REMEMBER

- Dancers must attend all rehearsals
- Masks are to be worn at all times. Unless eating a snack.
- dancers must have all dance gear with their name on it (especially shoes) and bring only what is needed. ANYTHING the dancers bring (water bottles, bags, etc.) MUST have their name on it.
- Dancers should eat a good meal and bring twist top water bottles
- Everyone should follow the traffic patterns for drop off and pick up
- Everyone should be patient and bring their sense of humor

DRESS REHEARSAL/PERFORMANCE DESCRIPTIONS (AT THEATHE!)

COSTUMES & NEEDED SUPPLIES

- Check your costume again and make sure you have everything with your name on it. Place it in a garment bag or covered in plastic.
- Buy the supplies that you will need. Always get extra tights, hairpins, hairnets (for the buns) and safety pins.
- Pack a makeup kit. List of supplies and makeup tips are at the end of this handbook.
- Clean dance shoes
- Pack and activity and a snack. Choose foods that will not stain any costumes and only clear liquids. No Magic Markers! No Fruit Punch!
- No jewelry (including earrings). No nail Polish. No underwear under the tights.

DRESS REHEARSAL DAY IS HERE!

- Before leaving home, do your dancers' hair and makeup. There is limited space in the dressing rooms so please do hair and makeup at home.
- Check your costume again! Bring the make-up kit and extra supplies for any needed touch ups!
- **NO ONE SHOULD WEAR THEIR COSTUME TO THE THEATRE!**
- Once you have arrived at the back door of the theatre, the dancer will be escorted by a volunteer to their dressing room. if the dancer is under 8 years old, the same gender parent or guardian may take them back to their dressing room. Once your little dancer is in costume, you must leave the backstage area unless you are a volunteer parent! These parents are the only people allowed backstage and will be given a YELLOW colored wristband to identify them.
- Once the dancers are in costume they will proceed to the backstage area. There will be a designated area for each class period if a dancer is under 12 years old, a backstage volunteer will be there to help them.
- Once the class is gathered in the backstage area, a staff member and volunteers will escort them to this stage at the appropriate time.
- After the dancers have rehearsed onstage, they will be taken back to up for final bows. When act one and two are completely finished, the dancers will get dressed in street clothes. They will be dismissed at the backstage door.

PERFORMANCE DAY

This is a repeat of dress rehearsal day except the dancers are kept in the dressing room **FOR THE ENTIRE PERFORMANCE**. That means that even if the dancer is only in Act I, they must remain in the dressing room through Act II for a final bow. (They worked hard. They deserve that extra bow at the end.) normal length of the performance is two (2) hours. Once the performance is over, the dancers will go to the dressing room and change into street clothes.

Please remember this is a theater performance, not a sporting event. No shouts or whistles from the audience please.

At the conclusion of the performance, the dancers (aged 9 and up) and backstage volunteers will come into the lobby. There will be ushers there to reunite the families. PLEASE DO NOT CROWD THE DOORS. This may take up to 30 minutes to complete, so Please be patient. If your dancer is under 8 years old in you have been given a BLUE colored wristband, you will be allowed to go backstage and help your dancer after the performance.

There will be signs for pick up — last names beginning with A- G, last names beginning with H-R, etc. Please wait near the sign for your child. Keep back just a bit so everyone can see their loved one and be reunited in a safe and orderly manner.

VOLUNTEER PARENTS

We will be posting a sign-up sheet for parents to volunteer to help in several areas for those who haven't already. We have over 200 dancers and 15 staff members. It would be impossible to produce this event without volunteers.

We will need:

- Volunteers during rehearsal week at the studio.
- Dressing room moms
- Backstage volunteers

WE REALLY DO NEED YOUR HELP. THIS IS A BIG EVENT FOR THE STUDENTS, AND WE CAN'T DO IT WITHOUT YOUR SUPPORT!!

CHECKLIST

Recital do's and don'ts...

<u>DO</u>	<u>DON'T</u>
Hang your costume up at home to get wrinkles out (ballet costumes upside down)	play in your costume before the rehearsals or performance
have hair and makeup done before coming to the theater	wear your costume to the theater
bring your costume with you on a hanger	bring chocolate, strawberries or cheese puffs to eat in costume
bring a blanket to sit on in the dressing room	send crayons/pencils/markers to use when in costume
bring a bathrobe/zip up sweater in as it gets cold in the dressing room	Yell at our staff/volunteers
have water and non-staining, non-greasy snacks and food	
bring cards or board games	
leave electronics at home— we will NOT be responsible for lost or damaged equipment	
bring an extra pair of tights	
bring make up for touch ups bring extra hair equipment	
label EVERYTHING with your child's name	
arrive 10-15 minutes early for your rehearsals and performance	
be on time to pick up your child after rehearsals and performance	
please explain proper backstage behavior to your child— no running, climbing, sitting on make-up tables, no loud voices, etc.	
let our teachers, staff and volunteers help you if you need help, just ask! We'll do our best to help!	
Have patience	

There are many other DO's and DON'Ts.
 This list is to get you thinking in "RECITAL MODE."
 Please remember, our security measures are for the safety of your child.

STAGE MAKE-UP FOR THE DANCE RECITAL:

All dancers must wear stage make-up. Any all-day wear make-up is good. Please use a lavender or plum eye shadow. Male dancers have their own look. All dancers with long hair will have their hair in a low bun with a hair net unless stated otherwise by their teacher. Bangs will need to be slicked back and pinned. Use a lot of hair gel and hair spray! Talk to your teacher if you need help. Those in “Les Syphides” will have a special hair-do which will be demonstrated at the Parent Meetings.

BASIC SUPPLY LIST FOR STAGE MAKE-UP:

- Hair: All items should match hair color!
- 2-4 elastics
- Set of small bobby pins
- Large & small “grandma” hair pins (open ended, U-shaped pins)
- 4 hair nets
- Hair gel
- Hair spray – “Hard-to-hold”
- Small bun sox or hair piece if you have short hair to give the illusion of a bun.

MAKE-UP:

- Facial wipes or baby wipes
- Make-up sponges
- Make-up applicators or Q-Tips, make-up brushes for blush & powder
- Facial Moisturizer
- Foundation – all day wear:
 - Lighter skin tones = 2 shades darker
 - Medium skin tones = same shade
 - Darker skin tones = 1 shade lighter
- Highlighter: a cream shadow two tones lighter than your skin. No Glitter or frost!!
- Eyeshadow: cream shadow, lavender for lighter skin & plum for darker skin
- Blush: dark rose
- Chapstick to keep lips moisturized under mask.
- Eye Pencil: black and brown
- Mascara: black
- Setting Spray

How to do FABULOUS Dance Recital Makeup

Creating a successful dance recital makeup look can be straightforward and easy with this guide. Concentrate on these five areas and a beautiful look can be achieved for all ages.

SKIN: prepare a good base for your dance recital makeup. Start with a clean, dry, moisturized face. Use a sponge to apply foundation over your entire face, blending it into your neck. remember if you apply wet you will get a more opaque look, dry and you will achieve more sheer coverage.

EYEBROWS: Get your eyebrows ready by shaping them with a brow brush. Next use a thin eyeliner brush to draw a line down the center of your eyebrow, your brow brush can be used to smooth out and spread color to the rest of your brow.

If you are doing dance recital makeup for a younger dancer keep these tips in mind, an eye shadow slightly darker than your hair color will give a less severe look than an eyebrow pencil. A thicker eyebrow gives a more youthful look; a severe thinner line creates a sophisticated dramatic older look.

EYES: there are several steps to dance recital makeup when it comes to your eyes. Begin by using an eye shadow brush to highlight the browbone and inner corner of your eye. This should be done with a shimmery white shadow. Using a damp brush to apply will give you a stronger highlight. Use a black eye pencil at your lash line, fade the intensity of it as you bring it up to your outside eye corner. Very lightly apply this pencil under your lower lashes. When doing this begin at the middle of the lash and draw it out past the corner of your eye. Do not begin your line in in the corner of your eye. For dancers who are seven and up finish the with black water-resistant mascara.

IMPORTANT NOTE: remember that **ADDING** color is much easier that **SUBTRACTING** once you've already applied it to your eye. Start out lighter first.

CHEEKS: Use a blush brush to apply cheek color. Begin at the hairline and draw the brush toward the apples of your cheeks. Then use a large powder brush to blend. Make certain you aren't creating "clown circles" and never let your blush travel below the lip line. For young dancers it is especially important to create a soft blended blush line. A severe blush line will make a dancer's face appear older.

ADDITIONAL MAKEUP APPLICATION TIPS:

The classic dance performance makeup look is the Prima Diva. The most important part of this look is the expressive eyes. First, we should discuss some basic contouring patterns for eye makeup.

“Contouring” the eye means you are using darker eye shadow to create dimension. This is done three main ways. You can use these techniques together or separately depending on the look you wish to create.

1. Using a lavender eyeshadow, apply across the whole lash line blending the shadow to gradually fade as you go past the crease towards the brow bone.
2. Create a blended, sideways “V” or “C” shape with contour eye shadow color (plum), on the outer third of the eyelid.
3. Apply contour eye shadow color (plum) in the crease.

Using these dance makeup techniques allows the audience to properly read the dancer's eyes. You accentuate the natural shape and dimension of the eye. This helps the audience follow the dancer's gaze. contouring the eye with performance cosmetics helps the audience see if the dancer's eyes are open, closed, or looking at something specifically. It also gives the eyes a larger, wider almond shape. you will use several of these contouring methods to create the perfect dance eye in the Prima Diva look. Follow these simple steps to achieve this classic dance makeup look.

Creating the Prima Diva Look

1. Apply your foundation. Remember it is so important to BLEND, BLEND, and BLEND!
2. Shape and fill your eyebrow. Use a shadow color that is similar to your eyebrow.
3. Highlight under the brow line with a white liner.
4. use a light/medium lavender eye shadow over the entire eyelid. when using performance cosmetics neutral eye shadows are perfect for stage performances period they compliment dancers eyes and skin under the stage lights.
5. Blend a deep, rich, plum shadow into the crease of the eye to create dimension.
6. Define the eye by lining the upper lashes with waterproof black eyeliner. Use a black eye pencil underneath the lower lash line. Don't use liquid under the eye, it's very messy! To complete this step, use a white pencil to create a highlight between the upper and lower lash lines.
7. Highlight the inside of lower lash line with a white eye pencil. Don't use black liner as it will make the eye appear smaller to the audience.
8. Apply blush, again remember to BLEND! you certainly don't want clown cheeks.
9. Line and fill the entire lip and with your lip pencil. A quick tip: when lining your lips always go from the outside corner to the middle of the lip. Then fill the lips with lipstick.

Your makeup should be dark enough to be clearly seen from the first 8 to 12 rows of the theatre. Applying performance cosmetics may seem difficult at first, especially if you have a small eyelid, but practice makes perfect! you will be applying the Prima Diva look like a pro in no time.