



# **MERKABA ACTIVATION / ATIH RECAP**

## **+ 90 DEGREE TURN / THE 18TH BREATH**

**JAN 30 / 31st + MARCH 21 / 22nd 2026**



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*An Awesome opportunity to connect  
with fellow ATIH students  
Inside Europe's Largest Henge / Stone Circle!  
& one of the worlds Greatest Sacred Sites*



**@ THE MAGICAL  
AVEBURY HENGES**

**Taught By - Pablo McCarte**  
for further info - costs - registration etc...  
please contact:  
**INFO@MERKABA-UK.COM** - +447939607186





# ATIH REVIEW + COSMIC GRACE INFO JAN 30 / 31st + MARCH 21 / 22nd 2026

## DAY 1:

Review of the **ATIH** teachings &  
The 18th Breath / Last 90 degree Turn

## ANGEL CEREMONY

### Creation Process + Meditations

( Beams / Sacred / Tiny Space / 3rd Eye / Halo )

Meditation / Breathing + Experience within the Merkaba

### The 18th Breath / The Last 90 Degree Turn

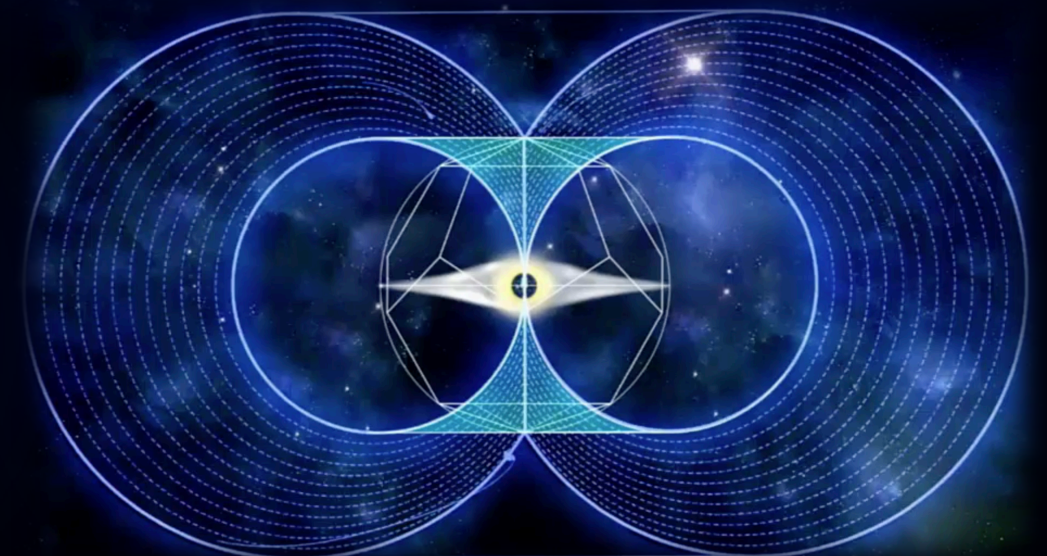
( Discussion - The Process + The Meditation... )

### The Last 90 Degree Turn

Is the knowledge that Drunvalo held back for over 20yrs  
until he was given permission to give it to humanity.



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## **DAY 2: introduction**

### **to The New Ascension Goals:**

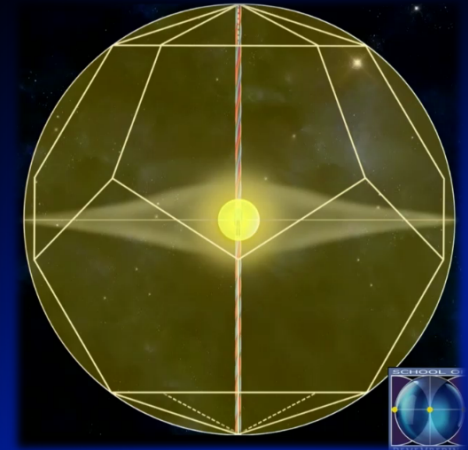
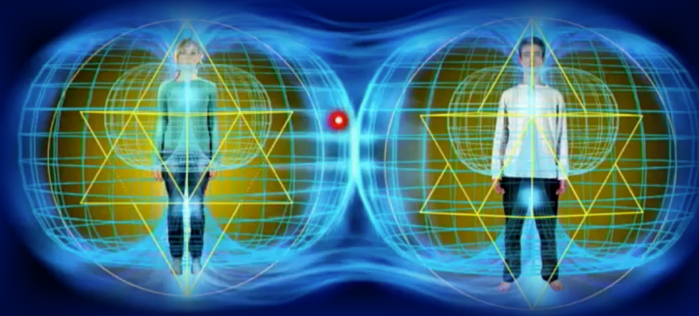
*Discussing how this work progresses on after the ATIH work and the difference between the Old Goal of the 18th Breath and the new goal of Drunvalo's new Cosmic Grace Work*

**Where We Connect to All Life Everywhere.**

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## **DAY 2: Information + Meditations on...**

### **The Bio Magnetic field + The Geo Magnetic Field**

*Merging of the fields ( Meditations ) with Partner / Mother Earth & with the Christ Consciousness grid & over 7 billion on earth!*

### **Information on the Merkaba and its Extended Geometries**

*(As seen in the FOL Vol 2 - Pages 361-365)*

### **The Nature of the Prana**

*& How it changes When Exploring the Extended Merkaba.*

### **Birkeland Currents / The Electric Universe / Vortex Maths...**

### **Tantra + The Egyptian Ankh**

*The Tibetan Dorje and the realisation that a very small minority of beings have had this knowledge for a very long time...*

**And How this Information combines with connecting to ALL LIFE EVERYWHERE!**





**WORKSHOP VENUE:** AVEBURY SOCIAL CENTRE  
**AVEBURY HENGE, WILTSHIRE SN8 1RF**

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