



SPECIAL OFFER INSIDE

Dear First Name,

As we adjust our daily lives due to most recent events, Vinings Spine & Health Center would like for you to take this opportunity to reset and start new health and wellness goals as well as break bad habits and promote a healthy lifestyle!

If you're thinking about starting a physical fitness program, losing weight, eating a better diet, or improving some other health behavior, remember your spine! A healthy spine and nervous system should be the starting point of better health. Stress affects our lives every day. We owe it to ourselves to receive a stress-relieving Chiropractic adjustment on a regular basis.

Did you know... that "spinal adjustments have been shown to boost immune function because they serve to correct the spinal misalignments that cause neural dysfunction. Neural dysfunction stresses a body out, which may lead to a weakened immune system and lowered response to a foreign body, such as the cold virus" (ChiroHealthUSA).

To kick off this spring we're offering chiropractic checkups, exams and adjustments for a special low fee. The fee for our brief exam, record update, and necessary chiropractic adjustment is just \$45.* This is worth up to \$150, is made available to our former patients to help you stay healthy.

Call now to set up your appointment for this popular offer.

Please note we have temporarily adjusted our appointment schedule through April 3rd to help ensure the health of our staff and patients. Hours of operations will be from 7:15 – 12:15pm, Mon - Thu. Appointments outside these days/times, will have to be approved.

Spring into April with a health you!

Yours in health,

Dr. Aaron Bailey and team

Vinings Spine & Health Center

(770) 955-WELL (9355)

*Some terms & conditions may apply