

# Vinings Spine & Health Center

## VITALITY NEWSLETTER



### VSHC & COVID-19

#### We're Open

As we continue to take additional precautions with our patients and staff, we are still here to serve you needs to ensure your nervous is functioning properly to activate your immune system.

Mon - Thu | 7:15 am - 12:15 pm  
Appointments ONLY

### Practice Management

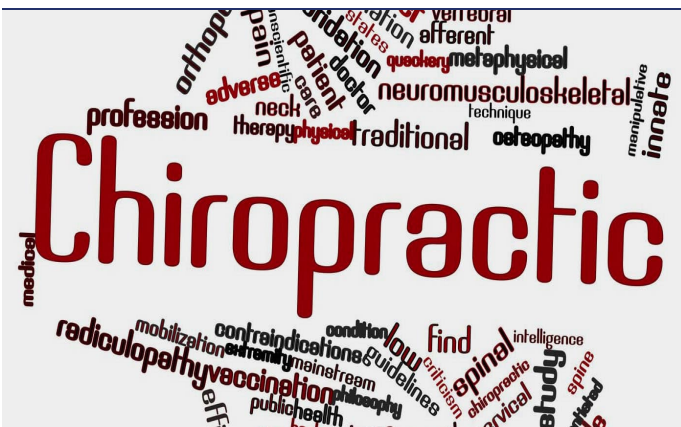
#### New Patient Portal

We are excited to launch our new patient portal! Each of you will soon receive an invitation to create your new patient portal. You will be able to schedule appointments, make payments and communicate securely with our team!

### Special Offers

#### Promotions - Promotions

As part of our efforts to reactivate you, we will be offering special promotions. See specific details here and be on the lookout for an email with those additional details.



### DID YOU KNOW?

That that spinal adjustments have been shown to boost immune function? Adjustments serve to correct the spinal misalignments that cause neural dysfunction. Neural dysfunction stresses a body out, which may lead to a weakened immune system and lowered response to a foreign body, such as the cold virus.

# Vitamins & Supplements

Dear VSHC family,

Continue to support your immune system with our partners Metagenics™. I've customized an Immune-focused bundle of supplements as well as made recommendations for our allergy season sufferers. Click [here](#) and visit our website for more details.

- Dr. Aaron Bailey, DC



## COVID-19 Practice Updates

CONTINUING TO KEEP YOU HEALTHY & SAFE

### Guidelines and Recommendations

As a patient, we ask that you self-screen based on CDC's recommendations:

- If you have recently traveled to areas (a Level 2 or 3 country) where there are ongoing outbreaks of COVID-19 or if you have had contact with someone who is suspected to have COVID - even if you do not have symptoms - to self-isolate for 14 days.
- If you have developed a fever with cough, shortness of breath or gastrointestinal issues within 14 days of travel or exposure please stay home and self-quarantine for 14 -16 days.
- As of **3/16/2020**, Level 2/3 countries: China, Iran, Italy, South Korea, Europe, UK and Ireland

## Reactivation Screening Offer

As we adjust our daily lives due to most recent health events, VSHC ask you to take this opportunity to reset and start new health & wellness goals as well as break bad habits & promote a healthy lifestyle by remembering **YOUR SPINE!**

Kickoff spring with a **Reactivation Screening for \$45\***! The screening (valued up to \$150) will include a wellness survey, chiropractic exam, records update, and any necessary chiropractic adjustment.

*\*Some conditions may apply*

## Patient Portal

WELCOME ADVANCEDMD

We are excited to be launch our new, fast, intuitive [Patient Portal](#) at VSHC. Many of you will soon be receiving notifications to set up and activate your patient portal. Key features will include *Online Bill Pay, Online Messaging, Appointment Requests, Check-in Online*. Please be on the lookout for this important notification with account registration details.

### ACTIVATE | FOLLOW | WRITE

As part of the portal launch, we are running a promotion to the 1<sup>st</sup> 50 patients that:

1. **ACTIVATE** their Patient Portal Account

2. **FOLLOW** us on   

3. **WRITE** a review on 

Once complete, screenshot your actions and send an email to [customerservice@viningsspinehc.com](mailto:customerservice@viningsspinehc.com) to receive your discount offer on [Metagenics](#) supplements.