

LYNN MEAD FCPFA

SPEAKER | TRAINER | COACH



Inspire your teams and improve productivity

Lynn brings energy and delivers interactive, engaging and practical keynote conference sessions. Inspire your teams to take action with a range of self-leadership and transformation themes. Lead yourself first, to lead others. 20+ years as a senior Consultant and 30+ years in the Public Sector, plus running her own business as a speaker, trainer and leadership coach. A Fellow of CIPFA. Regional President, Thames Valley Professional Speaking Association.



1. Your Secret Superpower: Active Listening

What if the key to unlocking team potential isn't in what you say, but in how you listen?

Learn actionable ways to truly listen and empower your teams.

2. Personal Resilience: Lead Yourself First

Mitigate burnout and overwhelm before they derail your leadership. Discover practical self-care strategies to help you manage yourself effectively, and lead with clarity.

3. People Aren't Difficult, They're Different

Understand yourself and others better using DISC styles and emotional intelligence. Transform team dynamics, reduce conflict and improve collaboration in this fun, insightful keynote.

4. "I'll be found out one day!" Addressing Imposter Syndrome

Learn how to change your narrative with this silent issue that undermines both individual and organisational productivity.

5. "What about me?" The human side of change

Cheese and change! Based on 'Who Moved My Cheese?' by Dr. Spencer Johnson. Recognise your natural response to change, learn strategies to help your teams thrive through uncertainty.

6. From Ick to Impact: Mastering Networking

Transform networking from awkward to authentic using the CONNECT framework. Turn connections into partnerships and competitive advantage with practical, actionable techniques.

Bespoke topics available to fit your conference theme:

[Email Lynn to discuss](#)

TESTIMONIALS

"Lynn is incredibly professional"
"Interactive, memorable and actionable"
"Your fun, insightful delivery was truly inspiring!"

