



Enter into My Rest, SAYS THE LORD

FINDING PEACE, PURPOSE AND REST FOR YOUR SOUL

1 THERE REMAINS A REST FOR THE PEOPLE OF GOD

God desires for us to enter into His rest
in every area of our lives.

*"There remains therefore a rest
for the people of God."*

Hebrews 4:9 (NKJV)

2 GOD COMPLETED HIS WORK AND RESTED

On the seventh day God ended His work
and set it apart for rest.

*"And on the seventh day God ended His work
which He had done, and He rested..."*

Genesis 2:2 (NKJV)

3 REST FROM OUR WORKS

When we enter God's rest, we stop striving
in our own strength and trust Him.

*"For anyone who enters God's rest
also rests from their works, just as God did
from His."*

Hebrews 4:10 (NIV)

His Presence Brings Rest to My Soul

In His presence there is peace, in His Word there is guidance,
and in His rest there is strength for every season.

HOW TO ENTER INTO HIS REST

Practical Steps to Experience God's Rest in Everyday Life

1



SPEND TIME WITH HIM

Develop a personal
relationship with
your Creator.

*"Draw near to God,
and He will draw
near to you..."*

James 4:8
(NKJV)

2



FIND REST IN HIS WORD

Let His Word
guide your thoughts,
decisions and life.

*"Your word is a lamp
to my feet and a light
to my path."*

Psalms 119:105
(NIV)

3



BRING YOUR BURDENS TO JESUS

Stop striving and
receive His peace.

*"Come to me, all you
who are weary and
burdened, and I will
give you rest."*

Matthew 11:28-30
(NLT)

4



TRUST HIM EACH DAY

Release tomorrow's
worries and live one
day at a time.

*"Therefore do not
worry about tomorrow,
for tomorrow will worry
about itself."*

Matthew 6:34
(NIV)

5



FIND JOY IN THE PROCESS

Even in trials, God
develops patience
and spiritual maturity.

*"Count it all joy
when you fall into
divers temptations..."*

James 1:2-4
(KJV)

Enter His Rest and Discover the Life He Has for You



"Behold, I make all things new." Revelation 21:5 (NKJV)

Enter into My Rest, SAYS THE LORD

FINDING REST FOR A WEARY HEART

WHAT GOD'S REST IS

- ✓ A relationship with your Creator.
- ✓ Peace in the midst of life's storms.
- ✓ Freedom from constant striving.
- ✓ Trusting Him with every area of your life.
- ✓ Knowing that He is in control.
- ✓ A REST that lasts for eternity.

*"There remains therefore a rest
for the people of God."*
Hebrews 4:9 (NKJV)

WHAT GOD'S REST IS NOT

- ✗ Not just physical relaxation.
- ✗ Not ignoring responsibility.
- ✗ Not inactivity or laziness.
- ✗ Not doing things our own way.
- ✗ Not living without trials.
- ✗ Not found in temporary things (money, success, status, or self).

KEY SCRIPTURES

Hebrews 4:9
There remains a rest
for the people of God.

Hebrews 4:10
Rest from our works
just as God did
from His.

Genesis 2:2
On the seventh day
God rested from all
His work.

Matthew 11:28–30
Come to Me, all you
who are weary and
burdened, and I will
give you rest.

James 1:2–4
Count it all joy...
for it produces
patience.

Matthew 6:34
Do not worry
about tomorrow...

THE BLESSINGS OF ENTERING INTO HIS REST



PEACE

A calm and settled
heart even in
difficult times.

Isaiah 26:3
(NKJV)



PATIENCE

The ability to endure
and trust God's
process.

James 1:3–4
(KJV)



PERSPECTIVE

Seeing life through
God's eyes, not
our own.

Proverbs 2:6
(KJV)



STRENGTH

Renewed strength
for each season
of life.

Isaiah 40:31
(NKJV)



PURPOSE

Living the life God
created you for.

Jeremiah 29:11
(NKJV)

Rest in Him. Trust Him. Live in His Peace.

"Behold, I make all things new." Revelation 21:5 (NKJV)