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Your Monthly Link to LNCQ

Not a member?
Click [here](#) to join us!

LNCQ

life

August 2025

**HOT DAYS &
COOL QUILTS!**

letter from the president >>>

Joan's Journal

Beat the Heat with Color, Contrast, and Creativity!

As August settles in and the days shimmer with heat, it's the time of year when we seek out shade, a tall glass of something icy, and anything that brings a little refreshment to body and spirit. For many of us, that comes from spending time in our (air conditioned!) sewing spaces.

The rainbow quilt I made for my guest room reminds me that color itself can be cool and refreshing—bright, joyful, and energizing, like a popsicle on a hot day. Even in the height of summer, we can bring a burst of creative energy into our sewing rooms and watch it grow into something beautiful.

This black-and-white “envelope” quilt (which I made for a different guest room!) feels like a different kind of cool—



sleek, crisp, and modern, like a frosty glass of lemonade or the snap of a fresh summer breeze. Its bold contrasts and clean lines prove that cool doesn't always mean colorful; sometimes it's the simplicity and balance that makes a design feel refreshing.

In our guild, we're lucky to have both kinds of cool all year long—projects that inspire us with vibrant color and projects that soothe us with elegance and restraint. This month, take a little time to work on something that refreshes you, whether that's trying a new technique, finishing a long-delayed project, or starting something bold and new.

Stay cool, keep stitching, and I'll see you at the September meeting!

Joan

www.LNCQ.org



Joan Fulton, 2025 LNCQ President

“Sometimes it's the simplicity and balance that makes a design feel refreshing.”

Welcome New Members!

A warm welcome to these new members who joined in July. We look forward to getting to know you!

- Susan Peterson
- Patti Lewis
- Lisa Lorenzen
- Kim Darrow



SUPERQUILTERS!

Sew Sweet Shout-outs, Compliments, & Thanks

Shoutout to **Cyndy Marquez**, a new member who has jumped right in, attending the Community Sew Day in July, joining small groups, and volunteering her time and talents! – Crystal Wentz

Huge “thank you!” to **Kathy Winter**, Ways & Means co-chair, for taking her idea for a LNCQ T-shirt and implementing it with huge success! – Joan Fulton

Want to recognize a fellow member? Send your sew sweet shoutout to newsletter.lncq1996@gmail.com

Newsletter Giveaway!

Click [here](#) to tell us about your favorite summer quilt and enter for a chance to win a quilty prize! Entries must be received by July 31. Must be a current LNCQ member to win.

Congratulations to August’s winner, Joan Fulton, who made a red and white quilt for her brother Donald. Donald lives in a group home and requested red for his bedroom color. With large red circles on white grunge background and a high-contrast black and white checkered border he can admire it as his vision changes, Donald’s quilt is a quilty exercise in geometry!.



August 4th Meeting Highlights

Our August gathering was full of inspiration and celebration! Yvonne wowed us with a trunk show featuring her many stunning quilts made using Quick Curve Rulers. We enjoyed a special Show and Tell for the Missouri Star Challenge alongside our regular Show and Tell, showcasing the creativity of our members – be sure to check out the photos in our online gallery here!

We announced the formation of a committee to plan the guild’s 30th anniversary celebrations in 2026. We also recognized members who entered the county fair, many of whom brought home ribbons—congratulations to all!

30th Anniversary Committee

We’re forming a special committee to plan exciting events for LNCQ’s 30th anniversary in 2026, and we’d love your help! This team will brainstorm, organize, and bring to life memorable celebrations that honor our guild’s history while making the year truly unforgettable. Whether you have big ideas, organizational skills, or just enthusiasm to share, your contributions will help make this milestone year shine. If you’re interested in being part of the 30th Anniversary Committee, please reach out to [Joan](#) or [Crystal](#) to join the fun!

RMQM Blue & White Trunk Show

September 8th General Meeting 6pm

Presented by Rocky Mountain Quilt Museum

The Rocky Mountain Quilt Museum will present their “Blue and White” trunk show. Two-color quilts are always a treat to see, full of striking contrasts—but there’s more to them than meets the eye. You’ll hear stories and fun facts behind the quilts, gain insight into the lives of the women who made them, and connect with generations past through the patterns and stitches they left behind. Don’t forget to bring your own blue and white quilts to share for show and tell!

Date & Time: September 8, 2025, 6:00 pm

Location: [Best Western Loveland Inn](#)

www.LNCQ.org



“LOVE” Wool Appliqué

September 8th Workshop



Whether you're brand new to wool appliqué or just want a relaxing hand-stitching project, join the Happy Stitchers for a workshop designed for beginners and seasoned stitchers alike! Visit with fellow LNCQ members and learn the basics of wool appliqué and a variety of embroidery stitches to enhance your work and spark creativity.

The class fee includes a full kit to make a 12" x 12" wall hanging—no prep needed, just come ready to stitch! Whether you're refreshing skills, trying something new, or simply enjoying time with friends, this workshop is a fun way to deepen your “LOVE” of quilting through timeless handwork. Registration is open now!

Date: Monday, September 8
Time: 12:30 pm - 4:30 pm
Location: [Best Western Loveland Inn](#)
Cost: \$65 (includes kit fee)

[REGISTER NOW](#)

October Workshop



Join Lea for an exciting exploration of color & composition while creating a series of 4" x 6" fiber artworks. Together, you will experiment with a variety of color schemes, and no-fail recipes for composition. Experiment with value, line, repetition, shape, and texture. Arrive ready to laugh, share, create the unexpected. Postcards will be assembled in the workshop, and stitched at home to create unique works of art—made by YOU. Your creations can be given as postcards, framed as small works of art, or kept for future reference and inspiration.

Location: Best Western Loveland Inn **Date:** October 6, 8:30 am–12:00 pm
Price: \$30 Workshop Fee + \$30 Kit fee (payable to instructor at class)

[Register Now](#)

The Quilted Forest

Want to participate in the Quilted Forest exhibit but not sure where to start? You're not alone—and we're here to help! If you're interested but need guidance, reach out to David, Crystal, or Joan. We'll work with you to develop a design plan that fits your style and comfort level.

Not up for making a double-sided quilt? No problem! We'll help match you with another member so you can each make a single-sided quilt in the same size and coordinate your designs.

This is a very exciting collaboration with the Rocky Mountain Quilt Museum and a fantastic opportunity for LNCQ to showcase our guild's talent. We'll be asking for commitments by October, but if you're ready to jump in now, sign up using the form linked below.

Let's make something beautiful together!

[Sign Up Now!](#)



Artist Rendering

Community Sew Day

Join us for our next Community Sew Day, where we'll gather to create beautiful quilts for those in need. Whether you can stay all day or just drop in for a while, your stitches will help bring comfort and warmth to our community.

Location: [Quilter's Dream](#)
Date: September 22
Time: 10:30 – 3:30

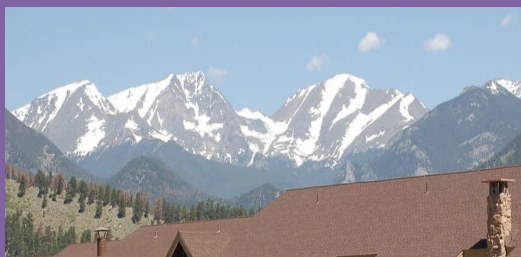
Silent Auction Item: "Royal Retreat"

Starting this month, we'll be featuring a sneak peek at one or two of the fabulous items you'll see at our December Silent Auction! Full details on each item will be shared as we get closer to the auction date.

We're kicking things off with a big ticket item! A "Royal Retreat" that will be auctioned as a single package—so start gathering your friends soon if you want to bid together on this special getaway.

- ✂ 4 Days/3 Nights of Pampered Quilting Fun!
- ✂ "Presidential Hospitality" – hosted by Joan Fulton
- ✂ "Royal Welcome" Gift Bag
- ✂ "Quilty Godmothers" – helpers for trimming and pressing
- ✂ Delicious Homestyle Dining
- ✂ Overnight Accommodations for 4
- ✂ Daytime Sewing Space for 8

Fall Retreat



We had such a great time at the Spring Retreat, we're heading back to the YMCA of the Rockies in Estes Park this fall! Hosted by Beth Soderquist with support from Linda Wilkins, Nancy Stutz, Susan Ellis, Kathy Klinger, Kaea Beresford, and Margaret Reek, this retreat promises more quilting, connection, and inspiration.

Breakfast and dinner at the YMCA cafeteria are included. Sleeping rooms have two queen beds, a small fridge, and access to a larger one in the retreat room. Bring lunch fixings, head to town, or purchase lunch onsite. We've also reserved an extra room for relaxing, snacks, and catching up. With beautiful views, trails, and amenities, this retreat feels like a true getaway.

Location: YMCA of the Rockies, Estes Park, CO (Longs Peak Lodge)
Dates: October 20-23, 2025 (Note the date change)
Price: \$460 for a Double room or \$646 for a Single room

[Join the Waitlist](#)

Evening Meetings Are Staying... Now at the Best Western

We're excited to announce that, starting September 8, LNCQ will begin offering evening meetings at 6:00 PM at our regular location, the Best Western. These new meetings are *in addition* to our four regular afternoon meetings—not replacing them!

After successful trial runs in April and June and lots of positive feedback, we're expanding to give members more ways to stay involved. Evening meetings for 2026 are already lined up for the months we don't have an afternoon meeting

Order Your Mums Today!

The time is here to order your beautiful fall chrysanthemums! Buy 3 or more and get delivery for just \$6, or pick up your order at Twin Silo Park on September 5th from 9:00 am – 12:30 pm.

[Order Now](#)



Proceeds help support LNCQ programming and community service efforts.



Spotlight on Sew Convenient

Pat Baker and Crystal Wentz

Meet the LNCQ small group that “meets” over Zoom!

Sew Convenient is proof that quilting camaraderie doesn't have to be in person to be inspiring. This all-virtual small group began about two years ago after members enjoyed sewing together during an online International Sewing Day event. At the end of that session, someone said, “We should do this more often,” and the group was born. They decided on a set Tuesday each month for their meetups, and the name “Sew Convenient” seemed to fit perfectly. Today, there are 20–30 people on the mailing list, with a typical turnout of 8–12 members—just the right size for friendly conversation.

The format is simple and relaxed—everyone works on their own projects from the comfort of home while chatting, sharing tips, and offering advice. Sometimes that advice is quilting-related, like how to make a quick label using a Micron pen and freezer paper, or which ruler works best for trimming flying geese. Other times, it's life tips—anything from using hairspray to remove permanent marker to how to make perfect hard-boiled eggs in an Instant Pot. Members say you never know what you might learn during a meeting, and that's part of the fun.

For many, the appeal is in the ease. There's no packing up supplies, no hauling sewing machines, and no navigating traffic. You simply log in, set up your sewing space, and enjoy the company. The conversation flows much like it would in person—celebrating “ta-da” moments when a section comes together beautifully,

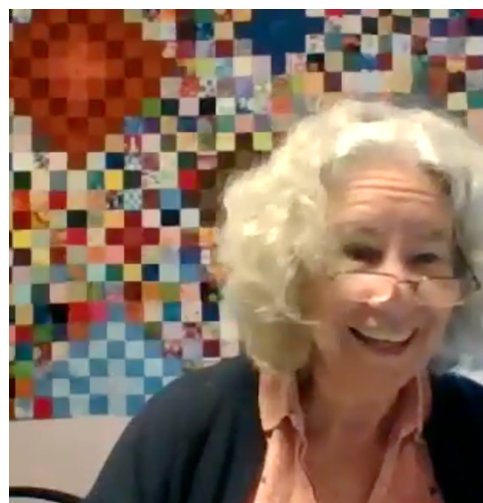


laughing over the occasional “oops,” and offering encouragement when someone hits a snag. Quiet moments happen too, but they're the comfortable kind, filled with the sound of sewing in progress.

Members often share works in progress, completed quilts, and even personal favorites from past projects. Tips and techniques are exchanged freely, and the group serves as a space to ask for input on color choices, layouts, or tricky pattern instructions. Every so often, someone holds up a nearly finished quilt to the camera, giving everyone a chance to admire the design—and the quilting.

In many ways, Sew Convenient feels like a mini-retreat that comes to you. You can work on no-brainer

Clockwise from top left: Mame C., Margaret R., Susan L., Deb M., and Karen K. enjoy quilting together from the comfort of their own sewing rooms



projects that leave room for conversation, or tackle something more challenging with the group's encouragement close at hand. Whether you're a seasoned Zoom user or new to virtual quilting, this group offers a welcoming way to stay connected, be inspired, and pick up a few handy tips—quilting or otherwise—along the way.

Upcoming Programs

SEPTEMBER 8
LOVE Wool Workshop
RMQM Trunk Show

OCTOBER 6
Lea McComas

NOVEMBER 3
Jackie Vujcich

DECEMBER 1
Holiday Party
with Silent Auction

quilty q & a >>>

Q: I want to add texture without heavy quilting—what's a good technique?

A: Try big-stitch hand quilting with perle cotton for a bold, tactile look.

Q: How can I make a scrappy quilt look coordinated?

A: Choose one unifying color or fabric that appears in every block.

Q: How can I make my quilt top lie flat?

A: Sweet talk, steam, and the occasional stern look.

quilting community news >>>

Looking for more ways to fuel your creativity and connect with fellow quilters? Here are some upcoming quilting events & news that might pique your interest! While these events aren't officially hosted or endorsed by LNCQ, we're sharing them as a service to our members who love to stitch, learn, and explore!

Chair Yoga for Quilters

Looking for a gentle way to stretch and relax between sewing sessions? Check out this [Chair Yoga for Quilters](#)—perfect for easing tight shoulders, improving posture, and keeping you comfortable at your machine.

Thanks to Kathy Money for this contribution!

Last Chance! 41st Annual New Legacies Contemporary Art Quilts Exhibit

The [Lincoln Center](#) in Fort Collins is exhibiting a collection of contemporary art quilts **Jun 25 – Aug 22, 2025**.

This juried exhibition features the current work of the finest national contemporary quilt artists. Art quilts accepted for exhibition exemplify innovation in quilting and surface design techniques as well as excellence in artistic composition and craftsmanship. The goal of the exhibition is to recognize the world's finest contemporary quilt artists and to advance the art form.

Click [here](#) for more information.

(Un)Common Threads: Laramie Art Quilters Exhibit

Don't miss the latest exhibit by the Laramie Art Quilters! Known for pushing boundaries in fiber art, their innovative and expressive quilts are on display now. This is a great opportunity to be inspired by bold design and artistic storytelling through fabric.

[SOK Gallery](#)
[1004 S 2nd St](#)
[Laramie, WY](#)

August 15-17
Reception Friday 4-7 pm
Open Saturday 10 am-4 pm
and Sunday 12-4 pm

For Sale by Members

Looking for great deals on quilting tools and machines? Click the button above to explore items listed by fellow members.

Current member login required to view items for sale.

final thoughts >>>

Crystal Wentz

As the summer heat lingers, it's exciting to see how much our guild is growing and evolving. This year has brought changes designed to welcome new members, offer more opportunities for connection, and share our love of quilting with a wider audience. From adding evening meetings to expanding our outreach, each step moves us closer to making quilting more visible as a true American art form.

We know quilting's beauty lies not only in the fabrics and stitches, but also in the stories, traditions, and creativity that pass from one generation to the next. By opening our doors wider—whether to curious beginners, experienced quilt artists, or members of the public who have yet to discover the magic of a handmade quilt—we help preserve that heritage for the future.

Let's keep inviting, inspiring, and sharing—because the more people we reach, the more vibrant our quilting community becomes.



Photo Courtesy of Kathy Money

next month >>>

September: Fall, Fabric, & Friendship

CALL FOR SUBMISSIONS:

Send your favorite Fall quilt photos or quilting tips to newsletter.lncq1996@gmail.com by August 31st.