

GIRLS HALL B Teams

Friday, January 23, 2026

Session 1B: Level 4 (*All Star, Cajun Kips, Crescent City, EGA Deridder, MS Rebounders, EDGE, GT Premier, Ignite Gymnastics*) **Level 5** (*All Star, Elmwood, EDGE, North Shore, PAC*)

Session 2B: Level 4 (*Elmwood, North Shore, Olympia Gymnastics, Williams Center, Crystal Lake, Lafayette Sports Academy, Mandeville, NELA, PAC*) **Level 5** (*Crescent City, JAG, Brook-lin Center, Crystal Lake, GT Premier, Lafayette Sports Academy, Mandeville, Planet*)

GIRLS HALL C Teams

Friday, January 23, 2026

Session 1C: Level 6 (*AJS Pancott, Elite II, MS Rebounders, PAC, Planet, Crystal Lake, EDGE, Grand Rapids, NELA, Prattville YMCA, Williams Center, Zee's*)

Session 2C: Level 6 (*All Star, GT Premier, Ignite, Lafayette Sports Academy, CG's, JAG, Memphis Elite, Mandeville*)

Xcel Gold (*All Star, Crystal Lake, Excel Prodigy, Ignite, MS Rebounders, PAC, Brook-lin Center, CG's, Elmwood, JAG, Memphis Elite, Planet*)

Session 3C: Xcel Gold (*AJS Pancott, Alpha Omega, EDGE, Elite II, Mandeville, North Shore*)

BOYS HALL A

Saturday, January 24, 2026

Session 1A: Level 3 & 4 (*ALL*)

Session 2A: Level 5 & 6 (*ALL*)

Session 3A: Level 7-10 (*ALL*)

GIRLS HALL B Teams

Saturday, January 24, 2026

Session 3B: Level 3 (*ALL*)

Session 4B: Xcel Bronze (*ALL*)

Session 5B: Xcel Silver (*CG's, Elite II, Excel Prodigy, Memphis Elite, Planet, Mandeville, NOLA, PAC*)

Session 6B: Xcel Silver (*Elmwood, NELA, North Shore, Brook-lin Center, All Star, Crescent City, Crystal Lake, JAG*)

GIRLS HALL C Teams

Saturday, January 24, 2026

Session 4C: Xcel Platinum (*ALL*)

Session 5C: Level 10 & Xcel Diamond (*ALL*)

Session 6C: Level 9 & Xcel Sapphire (*ALL*)

GIRLS HALL B Team

Sunday, January 25, 2026

Session 7C: Level 1 (*ALL*)

Session 8C: Level 2 (*ALL*)

GIRLS HALL C Teams

Sunday, January 25, 2026

Session 7C: Level 7 (*ALL*)

Session 8C: Level 8 (*ALL*)

Coach & Parent Information

Bag Checks:

No outside food or drinks are allowed.

Athletes are allowed an empty water bottle. We will have refill stations throughout the competition for the athletes to use.

Vendors:

Sports Photos USA will be on site taking photos of athletes throughout the event.

Fine Designs will also be on site to take care of you and your athletes T-shirt needs.

FLIP FEST will have brochures detailing their gymnastics & ninja summer camp!!

Host Hotel:

Best Western Plus Westbank
1700 Lapalco Blvd.
Harvey, LA 70058

Concessions:

****CASHLESS****

Updated 1/5/2026