

GIRLS HALL B Teams

Friday, January 23, 2026

Session 1B: Level 4 (All Star, Cajun

Kips, Crescent City, EGA Deridder, MS

Rebounders, EDGE, GT Premier, Ignite

Gymnastics) **Level 5** (All Star, Elmwood,

EDGE, North Shore, PAC)

Session 2B: Level 4 (Elmwood, North

Shore, Olympia Gymnastics, Williams Center,

Crystal Lake, Lafayette Sports Academy,

Mandeville, NELA, PAC) **Level 5** (Crescent

City, JAG, Brook-lin Center, Crystal Lake, GT

Premier, Lafayette Sports Academy,

Mandeville, Planet)

GIRLS HALL C Teams

Friday, January 23, 2026

Session 1C: Level 6 (AJS Pancott,

Elite II, MS Rebounders, PAC, Planet,

Crystal Lake, EDGE, Grand Rapids,

NELA, Prattville YMCA, Williams Center,

Zee's)

Session 2C: Level 6 (All Star, GT

Premier, Ignite, Lafayette Sports Academy,

CG's, JAG, Memphis Elite, Mandeville)

Xcel Gold (All Star, Crystal Lake,

Excel Prodigy, Ignite, MS Rebounders,

PAC, Brook-lin Center, CG's, Elmwood,

JAG, Memphis Elite, Planet)

Session 3C: Xcel Gold (AJS Pancott,

Alpha Omega, EDGE, Elite II, Mandeville,

North Shore)

BOYS HALL A

Saturday, January 24, 2026

Session 1A: Level 3 & 4 (ALL)

Session 2A: Level 5 & 6 (ALL)

Session 3A: Level 7-10 (ALL)

GIRLS HALL B Team

Sunday, January 25, 2026

Session 7C: Level 1 (ALL)

Session 8C: Level 2 (ALL)

GIRLS HALL C Teams

Sunday, January 25, 2026

Session 7C: Level 7 (ALL)

Session 8C: Level 8 (ALL)

GIRLS HALL B Teams

Saturday, January 24, 2026

Session 3B: Level 3 (ALL)

Session 4B: Xcel Bronze (ALL)

Session 5B: Xcel Silver (CG's, Elite II, Excel Prodigy, Memphis Elite, Planet, Mandeville, NOLA, PAC)

Session 6B: Xcel Silver (Elmwood, NELA, North Shore, Brook-lin Center, All Star, Crescent City, Crystal Lake, JAG)

GIRLS HALL C Teams

Saturday, January 24, 2026

Session 4C: Xcel Platinum (ALL)

Session 5C: Level 10 & Xcel

Diamond (ALL)

Session 6C: Level 9 & Xcel

Sapphire (ALL)

Coach & Parent Information

Bag Checks:

No outside food or drinks are allowed.

Athletes are allowed an empty water bottle.

We will have refill stations throughout the competition for the athletes to use.

Vendors:

Sports Photos USA will be on site taking photos of athletes throughout the event.

Fine Designs will also be on site to take care of you and your athletes T-shirt needs.

FLIP FEST will have brochures detailing their gymnastics & ninja summer camp!!

Host Hotel:

Best Western Plus Westbank

1700 Lapalco Blvd.

Harvey, LA 70058

Concessions:

****CASHLESS****

Updated 1/5/2026