



Sunday TLM Newsletter

March 9, 2025

I Sunday of Lent



EPISTLE (II. Cor. VI. 1-10) Brethren, we exhort you that you receive not the grace of God in vain. For he saith: In an acceptable time have I heard thee, and in the day of salvation have I helped thee. Behold, now is the acceptable time; behold, now, is the day of salvation. Giving no offence to any man, that our ministry be not blamed: but in all things let us exhibit ourselves as the ministers of God; in much patience, in tribulations, in necessities, in distresses, in stripes, in prisons, in seditions, in labors, in watchings, in fastings, in chastity, in knowledge, in long-suffering, in sweetness, in the Holy Ghost, in charity unfeigned, in the word of truth, in the power of God, by the armor of justice on the right hand, and on the left, by honor and dishonor, by evil report, and good report; as deceivers, and yet true; as unknown, and yet known; as dying, and behold we live; as chastised, and not killed; as sorrowful, yet always rejoicing; as needy, yet enriching many; as having nothing, and possessing all things.

GOSPEL (Matt. IV. 1-11.) At that time, Jesus was led by the Spirit into the desert, to be tempted by the devil. And when he had fasted forty days and forty nights, afterwards he was hungry. And the tempter coming, said to him: If thou be the Son of God, command that these stones be made bread. Who answered and said: It is written: Not in bread alone doth man live, but in every word that proceedeth from the mouth of God. Then the devil took him up into the holy city, and set him upon the pinnacle of the temple, and said to him: If thou be the Son of God, cast thyself down; for it is written: He hath given his angels charge over thee, and in their hands shall they bear thee up, lest perhaps thou dash thy foot against a stone. Jesus said to him: It is written again: Thou shalt not tempt the Lord thy God. Again the devil took him up into a very high mountain, and showed him all the kingdoms of the world, and the glory of them; and said to him: All these will I give thee, if, falling down, thou wilt adore me. Then Jesus said to him: Begone, Satan, for it is written, The Lord thy God shalt thou adore, and him only shalt thou serve. Then the devil left him; and behold, angels came, and ministered to him.

In this newsletter
you will find the
following:

Today's
Epistle & Gospel

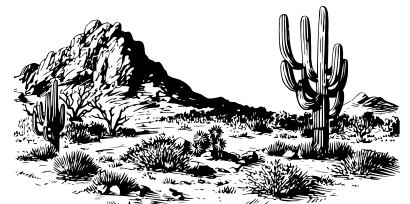
Weekly Ordo &
Announcements

Book
Recommendation

Weekly Family
Catechism
Lesson on
Mental Prayer

Sermon Notes

"At that time, Jesus was led by the Spirit into the desert, to be tempted by the devil."



This upcoming week's TLM Mass Schedule & Parish Ordo

Date & Time	Day of Week	Mass	Color	Gloria/Credo	Preface	Commeration(s)/Notes
3/9/2025 Noon	Sunday	1st Sunday of Lent	Violet	Creed	Lent	
3/10/2025 8:00 AM	Monday	Monday after the First Sunday of Lent	Violet		Lent	Forty Holy Martyrs
3/11/2025 8:00 AM	Tuesday	Tuesday after the First Sunday of Lent	Violet		Lent	
3/12/2025 8am & 6pm	Wednesday	Ember Wednesday of Lent	Violet		Lent	St. Gregory; Traditional Day of Fast & Partial Abstinence (USA)
3/13/2025 8:00 AM	Thursday	Thursday after the First Sunday of Lent	Violet		Lent	
3/14/2025 8:00 AM	Friday	Ember Friday of Advent	Violet		Lent	Abstinence Mandatory; Traditional Day of Fast (USA)
3/15/2025 NO MASS	Saturday	Ember Saturday of Advent	Violet		Lent	Traditional Day of Fast & Partial Abstinence (USA)
3/16/2025 Noon	Sunday	2nd Sunday of Lent	Violet	Creed	Lent	

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Requiescant In Pace:

Jean Richards

July 2, 1953 - February 24, 2025

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Weekly Announcements

TWO LENTEN ALMS OPPORTUNITIES

(1) This Lent, the TLM community at SMdT is collecting alms in order to purchase for the St. Teresa center a commercial freezer that would allow them to accept more food donations.

The cost of this freezer is \$3, 279.00.

Please visit saintmartindetours.org/freezer-for-cjc to donate.



(2) Financially Support Native Institute of Christ the King Seminarian Connor Williams, ICK:

Checks By Snail Mail

517 Elm St. Rockford IL, 61102

Or Donate Online

givesendgo.com/GD8EE



More Announcements & Lenten Regulations

LENTEN MISSION

SMdT Parish's Lenten Mission will be given by Reverend Fr. Patrick Hough, SJ on Monday, March 10th through Wednesday, March 12th at 6pm.

EMBER WEEK

The Wednesday, Friday, & Saturday of this week are traditional days of Fasting & Abstinence for the sanctification of the clergy and in gratitude for the fruits of the earth.

WAY OF THE CROSS

6pm on Fridays of Lent

ALTAR SEVER WARRIOR MEET

The next Altar Sever Warrior Meet will be on Sunday, March 30, 2025 following the Noon Mass.

LENTEN PENANCE

Lent is a season of penance: prayer, fasting, and almsgiving.

CURRENT REGULATIONS

The current regulations strictly oblige (de jure) fast for ages 18-59 on Ash Wednesday and Good Friday, and abstinence from meat for ages 14+ on these two days and the other Fridays of Lent. They also require under pain of sin that Lent be observed as a time of penance (CIC 1250).

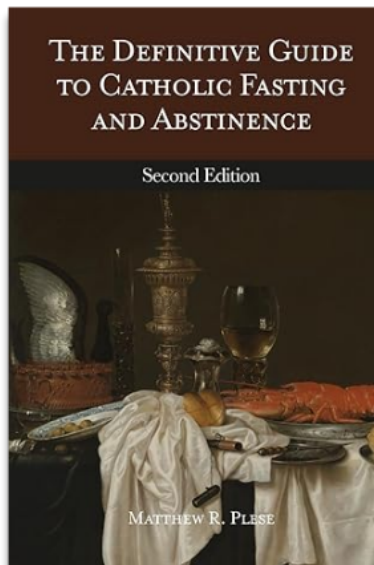
1956 USA REGULATIONS

Fasting (ages 21-59) was observed on all of the weekdays and Saturdays of Lent.

Abstinence (ages 7+) was observed on Ash Wednesday, Fridays of Lent, and Holy Saturday, with partial abstinence observed on Ember Wednesday and Ember Saturday.

Recommended Book on Fasting

The Definitive Guide to Catholic Fasting & Abstinence
by Matthew Plese



Mental Prayer: PART THREE

Excerpt from "The Catechism of Mental Prayer"

20. Is mental prayer easy?

Yes, mental prayer is easy, whether it be considered on the part of God, or on the part of man.

21. Show that meditation is easy when considered on the part of God.

Since meditation is necessary for everybody, God must make its practice easy, because only easy things can be performed by all men.

22. Show that mental prayer is easy when considered on the part of man.

To make mental prayer means to recall to mind, with the help of grace, some good thoughts, to make in all simplicity acts of faith, hope, and charity, of confidence and humility, of repentance and firm purpose of amendment, of petition, etc.
Who would affirm that this is something difficult?

23. Does mental prayer not also offer some difficulties?

Mental prayer does offer some difficulties, as does every work, and every struggle of virtue against vice.

24. Whence come these difficulties?

They come:

1. From the devil, who endeavors to keep us from this holy exercise.
2. From spiritual sloth, which deters us from efforts which must be renewed, as it were, every day.
3. From discouragement, which we experience in finding ourselves always combatting numerous faults and defects, combined with a false persuasion that we cannot correct ourselves of them.
4. From our sins, which pull our mind, heart and will away from God and from prayer. It is not possible to persevere in mental prayer and at the same time to persist in sin, especially not in mortal sin.

25. What then is necessary to make mental prayer well?

It is necessary to have a sincere will, i.e., we must earnestly apply ourselves to mental prayer, and constantly beg this grace of God.

26. By what signs can we know that we make mental prayer well?

The tree is known by its fruits; thus we can know what our meditation is worth by its results.

27. What results does a good meditation produce?

It produces a greater fidelity to the duties of one's state, especially a greater love for humility, the mother of all virtues, for obedience, their guardian, and for charity, their queen.

TLM Sermon
1st Sunday of Lent
March 9, 2025

1. Introduction

- a. “At that time, Jesus was led by the Spirit into the desert, to be tempted by the devil. And when he had fasted forty days and forty nights, afterwards he was hungry.”- Words taken from today’s Holy Gospel. +
- b. Ave Maria.

2. Our Lord was tempted in three different ways while in the desert for 40 days.

- a. “And the tempter coming, said to him: If thou be the Son of God, command that these stones be made bread.”
 - i. Here we see a **Temptation to Disordered Pleasure**
- b. “Then the devil took him up into the holy city, and set him upon the pinnacle of the temple, and said to him: If thou be the Son of God, cast thyself down; for it is written: He hath given his angels charge over thee, and in their hands shall they bear thee up, lest perhaps thou dash thy foot against a stone.”
 - i. Here we see a **Temptation to Disordered Pride**
- c. “Again the devil took him up into a very high mountain, and showed him all the kingdoms of the world, and the glory of them; and said to him: All these will I give thee, if, falling down, thou wilt adore me.”
 - i. Here we see a **Temptation of Disordered Possessions**
- d. RECAP: Temptation to Pride, Pleasure of the Flesh, & Greed

3. Listen to St. John (1 John 2:15-16)

- a. “Love not the world, nor the things which are in the world. If any man love the world, the charity of the Father is not in him. For all that is in the world, is the concupiscence of the flesh, and the concupiscence of the eyes, and the pride of life, which is not of the Father, but is of the world. And the world passeth away, and the concupiscence thereof: but he that doth the will of God, abideth for ever.”

i. RECAP:

1. Concupiscence of the flesh,
2. concupiscence of the eyes,
3. pride of life

ii. [Cornelius A Lapide \(1637 A.D.\) Commentary on this passage:](#)

1. These three passions are the threefold sources of all temptations and sin.
 - a. Here notice that as the lust [**concupiscence**] **of the eyes** is avarice [greed], so that which creates the desire is gold, silver, jewels
 - b. To the lust [**concupiscence**] **of the flesh** belong the allurements of pleasure
 - c. As the **pride of life** is ambition, haughtiness, desire of pre-eminence and glory. [Pride] Ambition is a subtle evil, a secret poison, a hidden pest.

4. Our Lord experienced & then defeated three types of temptations

- a. Why three? Because these three types of temptations are sources of all temptations and sin in us.
 - i. Three Types of Temptations: Pride, Greed, Fleshy Pleasure
- b. Listen to **how** our Lord defeated these temptations.
 - i. Against the temptation to pleasure, Our Lord told the devil
 1. “Not in bread alone doth man live, but in every word that proceedeth from the mouth of God.”
 - ii. Against the temptation to pride, Our Lord told the devil
 1. “It is written again: Thou shalt not tempt the Lord thy God.”
 - iii. Against the temptation to greed, Our Lord told the devil
 1. “Begone, Satan, for it is written, The Lord thy God shalt thou adore, and him only shalt thou serve.”

iv. “Then the devil left him”

5. This is why in lent, we INCREASE our prayer, fasting, & almsgiving
 - a. Prayer Combats Pride & Envy & Atones for Pride & Envy
 - b. Fasting Combats Lust & Gluttony & Atones for Lust & Gluttony
 - c. Almsgiving Combats Greed & Atones For Greed
 - d. All three combat Anger & Sloth. All three generate Meekness and Zeal.
6. Baptism washes away Original Sin. However, concupiscence (an inclination to sin or “, or the fuel of sin”) still remains after Baptism. ([Catechism of Council of Trent](#))¹
 - a. “infirmity remains” ([Catechism of Council of Trent](#))
 - b. “concupiscence does not constitute sin” (Ibid)
 - c. “an appetite of the soul” (Ibid)
7. God allows concupiscence to remain after baptism
 - a. “motions of concupiscence remain after Baptism is that in them we may have the seed and material of virtue from which we shall hereafter receive a more abundant harvest of glory and more ample rewards.” ([Catechism of Council of Trent](#))
 - b. “remains for probation” [i.e. tested] (Ibid)
8. Every Rational Creature Is Tested [God has us participate in our salvation]
 - a. Angels were given **one test** before the creation of man
 - i. About 1/3 failed the test with full angelic knowledge and were sent to hell

¹ We must confess, however, that concupiscence, or the fuel of sin, still remains, as the Council declares in the same place. But concupiscence does not constitute sin, for, as St. Augustine observes, in children who have been baptised the guilt of concupiscence is removed, (the concupiscence itself) remains for probation; and in another place he says: the guilt of concupiscence is pardoned in Baptism, but its infirmity remains. For concupiscence which is the effect of sin is nothing more than an appetite of the soul in itself repugnant to reason. But if it is not accompanied by the consent of the will or by negligence, it is very far from being sin. When St. Paul says, I did not know concupiscence, if the law did not say: Thou shalt not covet, he speaks not of concupiscence itself, but of the fault of the will. The same doctrine is taught by St. Gregory when he says: If there are any who assert that in Baptism sin is but superficially effaced, what could be more untrue than their statement? By the Sacrament of faith the soul, entirely freed from sin, adheres to God alone. In proof of this doctrine he has recourse to the testimony of our Saviour who says in St. John: He that is -washed, needeth not but to wash his feet, but is clean wholly.

- ii. The rest grew in virtue and were granted the beatific vision, where they will never be tested again
 - b. Adam & Eve were given **one test**
 - i. If they had not failed, after a long time they would have entered heaven.
 - ii. But they failed the test.
 - 1. “And the woman saw that the tree was good to eat, and fair to the eyes, and delightful to behold” (Genesis 3)
 - a. good to eat
 - b. fair to the eyes
 - c. delightful to behold
 - d. Theologians tell us this was a Three-fold Temptation of Pride first, then Pleasure, and Possessions
9. This Temptation is re-echoed not just in our souls but in [society](#):
- a. Propaganda of Communism, Libertarianism, Synodality
 - b. French Revolution²: Liberty, Equality, Fraternity
 - i. Liberty [LUST] from Morals & Dogmas
 - ii. Equality [GREED] to steal private property
 - iii. Fraternity [PRIDE] to tear down Heiracry, Patriarchy, Order, & the Family
 - c. Instead of the rights of God, the world pushes the rights of man
10. The world, the flesh, and the devil
- a. Try to trap us with the same three temptations

² Which has roots in Protestantism

iv. Rejected Tradition, Pope, & Most of the Sacraments

Which led to Naturalism, Rationalism, & Liberalism

- b. Today we see these errors now in Ecumenism, Religious Liberty, & Collegiality
- c. We see it now in Marxism, & Synodality
- d. We see it in the Global Banking System
- e. We see it in the Rainbow/Alphabet Soup agenda
- f. We see it Zionism, Evolution, & Democracy

11. Going deeper with [Cornelius A Lapide \(1637 A.D.\):](#)

- a. This threefold desire is opposed to the Holy Trinity.
 - i. Avarice [Greed] to the Father, who is most liberal [generous] in communicating His essence and all His attributes to the Son and the Holy Spirit essentially,
 - ii. The lust of the flesh is opposed to the [the Divine Son] Song of Solomon , who was begotten not carnally but spiritually from the mind of the Father, and who hates all carnal impurity.
 - iii. The pride of life is opposed to the Holy Spirit, who is the Spirit of humility and gentleness.
- b. [These desires are] opposed to the three primary virtues,
 - i. as lust of the flesh to continence [chastity & temperance]
 - ii. lust of the eyes [greed] to charity and kindness,
 - iii. pride of life to humility.

12. Lent is a great combat

- a. In Lent we fast more, pray more, give alms more
- b. It is a blitzkrieg against the world, the flesh, and the Devil
- c. Our Lord defeated all three. He let him continue this fight in us

13. Venerable Fulton Sheen in his work “The Cross & the Beatitudes” connects Our Lord’s 1st recorded public sermon with his last recorded public sermon

- i. He connects the Beatitudes from the Sermon on the Mount to Our Lord’s last pulpit, the Cross
 - 1. Against Temptation to Disordered Pleasure:
 - a. “Blessed are those hunger and thirst for righteousness” → “I Thirst”
 - i. Real Thirst-not just giving up Coca-Cola

2. Against Temptation to Greed

- a. “Blessed are the merciful” → Tenth Station “Jesus is stripped”/ “Behold thy Mother.”
 - i. He didn't just give up a dollar to the Liberal CRS Rice Bowl, he gave up every possession, his clothes, even his mother

3. Against Temptation to Pride

- a. “Blessed are the poor in spirit” → “Father, into thy hands, I commend my spirit.”
 - i. The total humiliation of the cross.
 - ii. Spit upon, scourged, nailed, laughed at, stripped
 - iii. Isaiah the prophet says about Christ: “Yet, he opened not his mouth” [Isaiah 53:”7]
 - iv. The world teaches us about the “rights of man” & “God’s duties toward us”
 - v. Jesus from the Cross teaches us about the RIGHTS of GOD and MAN’S DUTIES TO GOD

14. Conclusion

- i. “Not in bread alone doth man live, but in every word that proceedeth from the mouth of God.”
- ii. “It is written again: Thou shalt not tempt the Lord thy God.”
- iii. “Begone, Satan, for it is written, The Lord thy God shalt thou adore, and him only shalt thou serve.”