

Sunday TLM Newsletter IV Sunday of Lent





EPISTLE (Gat. IV. 22-31.) Brethren, it is written that Abraham had two sons; the one by a bond-woman and the other by a free-woman. But he who was of the bond-woman was born according to the flesh; but he of the free-woman was by promise: which things are said by an allegory. For these are the two testaments. The one from Mount Sina, engendering unto bondage, which is Agar: for Sina is a mountain in Arabia, which hath affinity to that Jerusalem which now is, and is in bondage with her children. But that Jerusalem which is above is free, which is our mother. For it is written: Rejoice, thou barren that bearest not: break forth and cry, thou that travailest not; for many are the children of the desolate, more than of her that hath a husband. Now we, brethren, as Isaac was, are the children of promise. But as then he that was born according to the flesh persecuted him that was after the spirit, so also it is now. But what saith the scripture? Cast out the bond-woman and her son: for the son of the bond-woman shall not be heir with the son of the free-woman. So, then, brethren, we are not the children of the bond-woman, but of the free: by the freedom wherewith Christ hath made us free.

GOSPEL (John VI. 1-15.) At that time, Jesus went over the sea of Galilee, which is that of Tiberias; and a great multitude followed him, because they saw the miracles which he did on them that were diseased. Jesus therefore went up into a mountain, and there he sat with his disciples. Now the pasch, the festival day of the Jews, was near at hand. When Jesus therefore had lifted up his eyes, and seen that a very great multitude cometh to him, he said to Philip: Whence shall we buy bread that these may eat? And this he said to try him; for he himself knew what he would do. Philip answered: Two hundred pennyworth of bread is not sufficient for them, that every one may take a little. One of his disciples, Andrew, the brother of Simon Peter, saith to him: There is a boy here that hath five barley loaves and two fishes; but what are these among so many? Then Jesus said: Make the men sit down. Now there was much grass in the place. The men therefore sat down, in number about five thousand. And Jesus took the loaves; and when he had given thanks, he distributed to them that were set down: in like manner also of the fishes, as much as they would. And when they were filled, he said to his disciples: Gather up the fragments that remain, lest they be lost. They gathered up, therefore, and filled twelve baskets with the fragments of the five barley loaves, which remained over and above to them that had eaten. Now those men, when they had seen what a miracle Jesus had done, said: This is of a truth the prophet that is to come into the world. Jesus therefore when he knew that they would come to take him by force, and make him king, fled again into the mountain himself alone.

In this newsletter you will find the following:

Today's Epistle & Gospel

Weekly Ordo & Annoucements

> Freezer Fundraiser Update

Weekly Family Catechism Lesson on Mental Prayer

This upcoming week's TLM Mass Schedule & Parish Ordo

Date & Time	Day of Week	Mass	Color	Gloria/Credo	Preface	Commeration(s)/Notes
3/30/2025 at Noon	Sunday	4th Sunday of Lent (Laetere Sunday)	Rose	Creed	Lent	Flowers & Organ Permissible
3/31/2025 at 8am	Monday	Monday after the Fourth Sunday of Lent	Violet		Lent	
4/1/2025 at 8am	Tuesday	Tuesday after the Fourth Sunday of Lent	Violet		Lent	
4/2/2025 at 8am	Wednesday	Wednesday after the Fourth Sunday of Lent	Violet		Lent	St. Francis of Paola
4/3/2025 at 8am	Thursday	Votive Mass of Our Lord, Eternal High Priest	White	Gloria	Common	Feria; Litany of St. Philip Neri
4/4/2025 at 8am	Friday	Votive Mass of Most Sacred Heart of Jesus	White	Gloria	Sacred Heart	Feria & St. Isidore; Litany of the Sacred Heart
4/5/2025 at 8am	Saturday	Votive Mass of Immaculate Heart (8/22 Propers)	White	Gloria	BVM	Feria & Vincent Ferrer; Special Holy Water
4/6/2025 at Noon	Sunday	Passion Sunday	Violet	Credo	Holy Cross	Veiling of Images; No "Judica me" or "Gloria Partri"

Weekly Announcements

ALTAR SEVER WARRIOR MEET

The next Altar Sever Warrior Meet will be on Sunday, March 30, 2025, following the Noon Mass.

Current and prospective Altar Servers & their fathers are invited.

WAY OF THE CROSS

5:30pm on Fridays of Lent

TRIDUUM (1954) SCHEDULE

No Social Media Please

Spy Wednesday (April 16, 2025) Tenebrae: 8pm

Maundy Thursday (April 17, 2025)

Holy Mass: 3 pm Tenebrae: 9:30pm

Good Friday (April 18, 2019, 2025)

Liturgy: 6:30 pm

Holy Saturday (April 19,2025)

Tenebrae: 5 am Service: 3 pm

CATECHISM ON MENTAL PRAYER

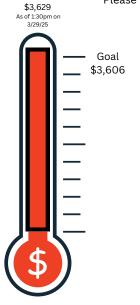
See Sunday Newsletters in Lent 2025 for weekly installments of the "Catechism on Mental Prayer."

LOCAL SOUP KITCHEN FREEZER UPDATE

Over 100% of funds raised!

Extra donations will be sent to the Soup Kitchen.

Please visit <u>saintmartindetours.org/freezer-for-cjc</u> or QR code below to donate.





Mental Prayer: PART SIX Excerpt from "The Catechism of Mental Prayer"

43. What does the immediate preparation comprise?

The immediate preparation, which may be called the introduction to the divine audience, comprises:

1. The invocation to the Holy Ghost, to the Blessed Virgin,

and to our Guardian Angel, who acts as usher.

2. An act of faith in the presence of God and of union with Our Lord.

3. Other acts derived from this act of faith, such as acts of humility, confidence, contrition, etc.

44. Is the act of faith in the presence of God very important?

Yes, it is the most important act of the immediate preparation; by neglecting it we should expose ourselves to performing our meditation badly.

45. Is this act of faith very difficult?

No, because to make it well, nothing else is necessary than to recall to mind the reality; for God is present everywhere. No effort of the imagination is required.

This act of faith becomes especially easy in the presence of the Blessed Sacrament.

46. Is this act of faith always made in the same manner?

No, it may vary according to the attributes we consider in God, according to the state of our soul, and according to the end we propose to ourselves in mental prayer.

47. In reference to what four attributes may we consider God in mental prayer?

We may consider God:

- 1. As our Creator, in order to adore Him with profound humility.
 - 2. As our Savior and Judge, to ask pardon for our offences.
 - 3. As our Benefactor, to thank Him.
- 4. Above all, as our Father, to invoke Him with an entirely filial confidence.

48. Is it necessary to make all the above mentioned acts at every meditation?

No, we may dwell sometimes on one act, sometimes on another, according to the attractions of grace; however, we should never omit the act of faith in the presence of God, nor the acts of adoration, humility, and confidence.

49. Must we always make use of memorized formulas when making the acts?

It is advantageous to do so; but it would be better to produce these acts spontaneously, if possible, and from the bottom of our heart.

50. How long should these acts last?

Ordinarily they should last but a few minutes; however, when the soul feels so inclined, they may be prolonged even to the close of the exercise.

51. What posture should we assume during meditation?

It is proper to kneel when addressing God; but if this posture becomes too fatiguing we may take another, provided it be respectful.