Welcome to Quinte Vitality and Social Support 2025-2026 Annual General Meeting



Contents

2024-25 AGM Minutes 4

Financial Highlights- Linda Goldrick 7

Chair Report- Dwayne Atkinson 7

Executive Director's Report- Mike Vajda 9

Program Manager Report- Shannon Arbic 10

QVSS Agency Highlights 11

Ministry & Sector Developments 11

Staffing, Leadership & Succession Planning 11

Funding & Community Partnerships 12

Participant Program Survey Results 14

Overall Program Satisfaction 14

Visual Representation 14

Executive Summary 14

QVSS 2025–2026 Program Satisfaction Survey Results by Program 15

Summary of Results 16

Observation 16

Health, Safety & Risk Management 16

Emergency Preparedness & Business Continuity 16

Technology & Cybersecurity 17

Building & Capital Improvements 17

Transportation & Capital Funding 17

Governance & Policy Development 18

Community Outreach & Agency Profile 18

Recreation Department Program Highlights 19

Growth & New Participants 19

Special Events & Community Participation 19

Staff Development 20

Celebrations 20

Looking Forward..... 21
Direct Care- Cheyenne's AGM Report 21
Direct Care-Allie's AGM Report 28
Direct Care- Haleigh's AGM Report 30
Direct Care- Char's AGM Report..... 34
Direct Care- Angie's AGM Report 36
Always Remembered and Never Forgotten..... 41



2024-25 AGM Minutes

The following is the minutes of the Board of Directors meeting of ***Quinte Vitality and Social Support*** (***QVSS)*** that was held at 1 Greenleaf Court, Belleville, Ontario, K8N 5T5 on September 29, 2025.

Welcome
The meeting was called to order by Dwayne Atkinson (Chairman), and he thanked everyone for attending.

Time of meeting
The meeting commenced at 05:15 p.m.

Attendance

Present were:

Dwayne Atkinson (Chair), Nick DeVries (Vice-Chair), Scott Lambden (Treasurer), Sara Stein (Secretary) Aptie Sookoo, John Mark Robertson, Mike Vajda (Executive Director), Shannon Arbic (Program Manager), Linda Goldrick (Finance Officer) via Zoom. Direct Care Workers: Charlotte Davison, Krupa Patel, Renee Ratusnyk, Allie Pope, Nadezda Nelson and Linda Bosley.

Absent were:

Angela Walsh, Cheyenne Akins, Connie Thissen, Paul St. Pierre and Haleigh Bryer with regrets.

The reading of the mission statement
The mission statement was read by Dwayne.

Approval of the Agenda
The agenda for this meeting was presented by the Chair.

A motion to approve the September agenda was made by Scott. Second by John Mark. Motion carried.

Approval of previous minutes (2023-2024 AGM)
The minutes of the Board of Directors meeting held September 30, 2024 was presented by the Chairman.

There were no corrections or deletions.

A motion to accept the minutes from was moved by Nick. Second by John Mark.

Motion carried.

Financial Report
Linda Goldrick presented the Audited Financial Report that reflected the financial status of QVSS at year end March 31, 2025. It was the opinion of Eric Reynolds CPA, CA that QVSS is not exposed to any financial risk.

A motion to accept the Financial Officer's report was moved by Aptie and second by Scott. Motion carried.

A motion to appoint auditors Reynolds & Cantelo CPA, for this coming audit was made by Scott. Second by John Mark.
Motion carried.

Chair Report given by Dwayne, was both welcoming and inspiring to all.

Executive Director's Report was delivered by Mike. Nick made a motion to accept the report, which was second by Aptie. Motion carried.

Program Manager's Report was delivered by Shannon. Scott made a motion to accept the report and was second by John Mark. Motion carried.

As there was no other business, the AGM came to a close at 6:02 p.m.

Minutes prepared on October 4, 2025, by Sara Stein (Secretary).

Quinte Vitality and Social Support (QVSS)
Annual General Meeting Agenda
September 28, 2026, 5:00 p.m.

Mission Statement

"Our mission is to enhance the lives of adults with developmental challenges by providing a safe environment, meaningful programs, and positive relationships, which promote social inclusion in the community."

1. **Welcome and Opening Remarks**
    - Welcome attendees and acknowledge regrets.
    - Confirm quorum and call the meeting to order.
2. **Reading of the Mission Statement**
3. **Approval of the Agenda**
4. **Approval of the Minutes of the 2025 Annual General Meeting**
5. **Financial Reports**
    - Presentation of the Treasurer's Report and Audited Financial Statements for 2025–2026 — Linda G. / Scott
    - Questions and approval of the reports
6. **Appointment of Auditors**
7. **Annual Reports**
    - Chairperson's Report — Dwayne
    - Executive Director's Report — Mike
    - Program Manager's Report — Shannon
8. **Nominations and Election of Directors**
    - Confirmation of directors standing for re-election
    - Additional nominations and confirmation of nominees' eligibility and willingness to serve
    - Election and announcement of elected directors
9. **Membership Dues**
    - Announcement of membership dues for the upcoming membership year
10. **Bylaw Amendments, if Applicable**
    - Consideration and confirmation of amendments included in the meeting notice
11. **Other Business**
    - Other business identified in the official notice of meeting
12. **Closing Remarks and Adjournment**

The election of officers will take place at the Board of Directors meeting immediately following the AGM.

Financial Highlights- Linda Goldrick

Q.V.S.S. successfully completed the fiscal year with a small surplus being returned to MCCSS.

We continue to monitor our expenses closely, while still providing quality services.

Generous donations from United Way Hastings and Prince Edward and The Harry E. Foster Foundation have continued to enable us to reduce costs for our participants in recreation programs.

Thank you to everyone that contributed to Q.V.S.S.

With Regards, Linda Goldrick- Finance Officer

Annual General Meeting Report
April 1, 2025-March 31, 2026

Chair Report- Dwayne Atkinson

Welcome to the 2025-2026 Annual General Meeting of Quinte Vitality and Social Support.

Our Mission remains “to enhance the lives of adults with developmental challenges by providing a safe place, meaningful programs and positive relationships, which promote social inclusion in the community”.

Our Vision continues to be “that all people will enjoy a quality of life as an accepted member of their chosen community”.

As a direct result of the tenacity and dedication of the staff and management of the agency, Quinte Vitality and Social Support has continued to provide meaningful day programs to individuals with developmental disabilities. This very dedication of the Staff and Management of QVSS has continually defined the meaning of Vitality, which is ‘the capacity for survival and to live or grow’. To our amazing clients, you too are the example of Vitality by remaining strong, compassionate and welcoming throughout every situation. I salute you all.

To our staff members have retired, thank you for your time with QVSS. You will always be part of our family. Enjoy your future.

To our newest staff members, welcome to the team. You are encouraged to share your unique insights and experiences to help make QVSS the best it can be. That said, I also ask that you be mindful of the need of our clients for stability and structure.

To our staff that are struggling with illness or are overwhelmed by the magnitude of the world, we are here for you. Do not suffer in silence. Reach out and you will be helped.

To the dedicated Board Members of QVSS, our Vice Chair: Nick Devries, our Secretary: Sara Stein, our Treasurer: Scott Lambden as well as Aptie Sookoo and John Mark Robertson, I thank you for your continued commitment and support to QVSS as we continue to provide the very best oversight, guidance and support the agency through the everchanging current events and requirements as well as the exciting changes to our future.

This past year has been another filled with change. Whether it is the loss of staff and volunteers, welcoming new staff and volunteers resource challenges or the everyday stresses of life, QVSS has met each challenge with strength and resilience. It is a source of pride to acknowledge that our QVSS family is strong and supportive of one another. It is inspiring to know how well QVSS is regarded in the community.

Our last major milestone in our return to normal was reached this past fall when the Annual Client Trip saw 10 clients, along with 3 supervisors, complete a 10-day vacation trip to Cayo Coco Cuba. While there were bumps in the road, the trip was completed without significant occurrence and all clients were already preparing for the next trip before arriving home.

It is my pleasure to acknowledge the actions of the United Way Day of Caring that benefitted QVSS. Not only did the team of volunteers from Kellogg do amazing work in refinishing our pergolas in the front and back, but the United Way Hastings and Prince Edward organizers chose QVSS as the location to host their end-of-project barbecue. This brought QVSS to the knowledge more than 60 additional people from the community. Each expressed their admiration of our agency and some expressed interest in volunteering at QVSS.

I am also proud to acknowledge the actions of the QVSS “Giving Back” group. These exemplary folks, clients and staff, are outstanding ambassadors to the community and an inspiration to all. Well done to each of you.

It has been my honour to be allowed to serve as Board Chairperson of Quinte Vitality and Social Support. Each and every time I arrive at QVSS, I am amazed and inspired by the dedication, compassion and sense of inclusion exhibited by everyone who makes up the QVSS community. This makes me proud that QVSS is resilient and confident that our QVSS family will be here for many years to come, all the while advancing the place of our clients within the community.

Thank you all and it is my sincere hope that I be allowed to continue to serve, in whatever capacity best supports the agency, staff and clients.

2025-26 Annual General Meeting
April 1, 2025- March 31, 2026

Executive Director's Report- Mike Vajda

I am pleased to report that Quinte Vitality and Social Support is in a good place. This past year brought change, new responsibilities, and challenges that required patience and careful decisions. Through it all, QVSS remained stable, our programs continued, and our commitment to the people we support never changed.

Every year, and every decade, brings something different. What helps an organization move through those changes is the stability created by committed Board members and dedicated staff. QVSS has been fortunate to have both. Our Board has provided steady leadership, sound oversight, and continued support. Our staff have adapted to change, supported one another, and continued to provide safe, meaningful programs and opportunities. Because of that shared dedication, we have navigated the challenges before us and moved forward with confidence.

Our participants remain at the centre of every decision. QVSS will always be dedicated to the people we support and to providing an environment where each person is respected, included, safe, and given meaningful choices. Their accomplishments, friendships, experiences, and enjoyment are the clearest measure of our work. I also thank our families and caregivers for their trust, communication, and partnership.

I want to sincerely thank our Board of Directors for the time, knowledge, and care they give to QVSS. Board service often takes place quietly, but it’s importance cannot be overstated. The Board’s stability has helped the agency respond thoughtfully to change while remaining focused on it’s mission and long-term responsibilities.

I also thank every member of our staff team. Their flexibility, compassion, professionalism, and willingness to take on new responsibilities have kept QVSS strong. Once again, we faced several unexpected and unusually difficult challenges. With the dedication and support of our entire team, including our call-in staff, we handled them with the same confidence and professionalism we bring to our everyday responsibilities. I am grateful to Shannon and Linda, our direct support staff, call-in staff, our students, volunteers, and everyone who contributes to the agency's daily operations.

Our work also depends on others' support. We thank the Ministry of Children, Community and Social Services for standing with QVSS and supporting the services we provide. We are deeply grateful to the Harry E. Foster Foundation, United Way Hastings and Prince Edward, and the other foundations and funders whose contributions have strengthened our programs, equipment, facility, and opportunities for participants. We also thank our community partners, sister agencies, local businesses, service providers, donors, and volunteers for their continued cooperation and support.

QVSS has experienced a great deal of change, but we have come through it together. We have a stable Board, a committed staff team, strong community relationships, and a clear purpose. As we move into another year, I am confident that QVSS will continue to meet challenges responsibly while remaining focused on the people who depend on us.

Thank you to everyone who has helped QVSS reach this point. Your commitment has made the difference, and I am proud of what we have accomplished together.

Sincerely,

Mike Vajda

Mike Vajda- Executive Director

2025-26 Annual General Meeting
April 1, 2025- March 31, 2026

Program Manager Report- Shannon Arbic

Throughout 2025-26, QVSS continued to provide meaningful, engaging, and inclusive programming while creating opportunities for community participation, social connection, skill development, and individual growth. Our programs and activities remained focused on providing participants with experiences that were not only enjoyable, but also encouraged independence, confidence, friendship, and a sense of belonging within the community.

The year was marked by strong participation across our programs, outings, special events, and community-based activities. We continued to see growth in client attendance, reflecting the ongoing need for quality programming and opportunities for individuals to remain active, involved, and connected. Staff worked hard throughout the year to develop a variety of programs that responded to participants' interests, abilities, and changing needs while continuing to introduce new experiences and opportunities.

Community inclusion remained an important part of our programming throughout 2025-26. Participants had opportunities to access local businesses, recreational facilities, community events, volunteer opportunities, and other resources within the Quinte area. These experiences strengthened community connections while helping participants develop skills, build confidence, form relationships, and take an active role in their community.

QVSS also continued to invest in staff development and teamwork. Ongoing learning and professional development provided staff with additional knowledge and resources to support participants effectively and respond to increasingly diverse needs. Our team's

flexibility, creativity, and willingness to adapt were particularly important as attendance increased and participant needs continued to evolve.

Overall, 2025-26 was a busy and rewarding year for QVSS. Our clients' continued enthusiasm and participation, combined with our staff's dedication and support from families, caregivers, community partners, and other stakeholders, contributed greatly to the year's successes. As we move forward, QVSS remains committed to providing welcoming, meaningful, and person-centred opportunities that promote inclusion, independence, personal growth, and an enhanced quality of life for the individuals we support.

Sincerely,

Shannon Arbic

Shannon Arbic- Program Manager

QVSS Agency Highlights

Ministry & Sector Developments

QVSS continued to monitor developments from the Ministry of Children, Community and Social Services (MCCSS), including changes intended to strengthen the Ministry's regional presence and relationships with community agencies.

Community participation remained a priority: MCCSS continued to recognize Developmental Services Community Participation Services and Supports as a distinct funded service area. QVSS's recreational, social, skill-building, and community-based programs aligned well with this direction.

Staffing, Leadership & Succession Planning

Staffing transitions were managed successfully, including recruiting Haleigh Bryer into a full-time Direct Care position and Reeta Maria Cherian to strengthen the part-time team.

A significant organizational development was creating a **Team Leader position**. The position was introduced to provide additional staff coordination and operational support while reducing some of the workload carried by senior management.

Angie assumed the Team Leader role, and responsibilities were gradually redistributed to strengthen the agency's management structure.

Succession planning became an increased priority. Staff completed a succession-planning questionnaire that demonstrated interest in future leadership opportunities. Cross-training between Angie, Shannon and administration has also begun to strengthen organizational continuity and prepare for future retirements and staffing changes.

Funding & Community Partnerships

QVSS continued to benefit from strong relationships with community foundations and funding partners.

The **Harry E. Foster Foundation awarded QVSS $22,800** during the year. The Foundation has supported QVSS for approximately **23 years, contributing more than $443,000** to the agency. For individuals living on limited or fixed incomes, the **Harry E. Foster Foundation** helps reduce food costs and improve access to nutritious meals through the Red's Diner Lunch Subsidy. Your contribution helps reduce food insecurity, promote healthier lifestyles, encourage social inclusion, and ensure that financial limitations do not prevent individuals from enjoying a nutritious meal alongside their peers.

In addition to providing the Red's Place Lunch Subsidy, the **Harry E. Foster Foundation** enables QVSS to maintain regular equipment inspections and preventative maintenance, which help ensure Red's Place remains safe, reliable, and welcoming for everyone. With the generous support of the **Harry E. Foster Foundation**, QVSS can maintain equipment, address potential issues proactively, and provide a safe, high-quality environment for participants, staff, and community members.

With the generous support of the **Harry E. Foster Foundation**, we can provide accessible, affordable programming that encourages participants to pursue new opportunities with confidence.

Our cost-reduced programs create meaningful pathways for personal development — whether individuals are learning new skills, discovering hidden talents, or building self-confidence through active participation. By removing financial obstacles, we empower participants to engage fully and continue growing in an inclusive, supportive environment.

Our Social Scene initiative continues to play an important role in fostering connection, joy, and belonging within QVSS. It does this by offering engaging events throughout the year, from seasonal celebrations and parties to much more. Participants have meaningful, fun activities to anticipate and enjoy, which contribute positively to their overall well-being. These gatherings create opportunities to socialize, build friendships, and form lasting memories within the agency and across the broader community, enhancing the overall QVSS atmosphere.

Thank you for the laptops, tablets, program supplies, virtual reality equipment, pots and pans, and so much more!

QVSS extends our sincere gratitude to the **Harry E. Foster Foundation** for it's generous and continued support. Your commitment has made a meaningful difference in the lives of the individuals we serve, helping us provide accessible programs, nutritious meals, and opportunities for greater independence and inclusion. We are truly grateful for your partnership and belief in our work.

United Way Hastings and Prince Edward approved **$5,000 for the Collective Kitchen Program**. – Inflation causes individuals to face hunger; being on a fixed income compromises the quality of nutrition, or lack thereof. Our solution offers three delicious, nutritionally balanced prepared meals that freeze well and are affordable, convenient options that reduce human health and economic strain.

In our relentless pursuit to alleviate the pervasive issue of poverty within our community, we recognize that access to sustainable food options is not just a necessity but a fundamental right. By equipping individuals with the skills and resources to prepare meals cost-effectively, we are laying the groundwork for profound change.

This empowerment goes beyond mere sustenance; it fosters independence, boosts self-esteem, and enhances overall well-being. When people can take control of their dietary choices, they can improve their quality of life.

Thank you, **United Way Hastings and Prince Edward**, for helping us provide this vital mission. Together, through sustainable practices and collective action, we can transform lives and build a brighter future for all members of our community.



We greatly appreciate and value **United Way Hastings and Prince Edward's** support. **United Way's Day of Caring** also brought volunteers to QVSS to complete improvements to the front pergola and entrance garden. What great, generous people and a lovely improvement to QVSS.

A year of dependable service and practical progress, QVSS maintained safe, meaningful programs while strengthening the people, partnerships, systems and facilities that support participants every day, and reviewed after-hours programs during the year to ensure they remained financially sustainable and responsive to participant interests.

QVSS also successfully **re-established it's annual out-of-country trip**, an important opportunity that had been on hold for several years. In November, ten participants travelled to Cuba accompanied by three supervisors. With the support and commitment of **Linda B., Dwayne, and Nick**, the trip was a great success and helped re-establish a strong foundation for continuing this valued opportunity in future years.



Participant Program Survey Results

The **Participant Survey produced very positive results**, demonstrating continued satisfaction with QVSS programs, staff and overall service quality.

2025-26 Survey Results

Total Respondents Surveyed: 339

Overall Program Satisfaction

Rating	Number of Respondents	Percentage
Very Good	**332**	**97.9%**
Satisfactory	**6**	**.02%**
Needs Improvement	**1**	**0.003%**
Total	**339**	**100%**

Visual Representation

Very Good
97.7%
Satisfactory .02%
Needs Improvement | 0.003%

Executive Summary

Of the **program evaluations received**, **385 participants (97.7%)** rated their program experience as **Very Good**, demonstrating an exceptionally high level of satisfaction across QVSS programs. An additional **6 respondents (.02%)** rated their experience as **Satisfactory**, while **1 respondent (0.003%)** indicated that a program **Needed Improvement**. Overall, the survey results reflect strong participant satisfaction and positive outcomes across QVSS services and activities.

QVSS 2025–2026 Program Satisfaction Survey Results by Program

Prepared for the Board of Directors

The following table summarizes participant satisfaction ratings for individual QVSS programs. Results show consistently high satisfaction across all programs, with most receiving a 100% "Very Good" rating.

Program	Very Good	Satisfactory	Total Responses	% Very Good
ASL	7	0	7	100%
Axes and Allies	10	0	10	100%
Bingo	34	0	34	100%
Bowling	14	0	14	100%
Brown Baggin' It	5	0	5	100%
Card Class	4	0	4	100%
Cards and Crafts	7	1	8	87.5%
Coffee Talk	15	0	15	100%
Collective Kitchens	12	0	12	100%
Craft Corner	1	0	1	100%
Darts of Hazard	11	0	11	100%
Drum/Chair Exercises	6	0	6	100%
Fun With Friends	26	0	26	100%
Games Galore	8	2	10	80.0%
Greenleaf Gallery	6	0	6	100%
In From the Cold	37	0	37	100%
Joy of Gems	6	0	6	100%
Karaoke	12	0	12	100%
Movies	19	0	19	100%
Movin' and Groovin'	6	1	7	85.7%
News and Views	6	0	6	100%
QVSS Ambassadors	7	0	7	100%
QVSS Committee	12	0	12	100%
Radio	13	0	13	100%
Shop Til You Drop	10	0	10	100%
Soups On	3	0	3	100%
Spa	5	0	5	100%
Sports Central	5	1	6	83.3%
Sweet Treats	5	0	5	100%
Wonderous Walkers	20	1	21	95.2%

Summary of Results

- **339 survey responses** were collected across QVSS programs.
- **332 responses (97.9%)** rated programs as **Very Good**.
- **6 responses (0.02%)** rated programs as **Satisfactory**.
- One program had one response as **Needs Improvement**
- **26 of 30 programs (86.7%)** received a perfect **100% Very Good** satisfaction rating.

- Programs with some "Satisfactory" responses were:
    - **Wonderous Walkers** (95.2% Very Good) 1 person thinks it needs improvement.
    - **Cards and Crafts Class** (87.5% Very Good)
    - **Games Galore** (80.0% Very Good)
    - **Sports** Central (83.3% Very Good)
    - **Movin' and Groovin'** (85.7% Very Good)

Observation

The survey results reflect exceptionally high participant satisfaction across QVSS programs. Nearly all programs achieved a 100% "Very Good" rating, with overall satisfaction remaining strong at 97.7%. These findings demonstrate the ongoing success of QVSS in delivering engaging, meaningful, and high-quality programs that meet the interests and needs of the individuals supported.

Health, Safety & Risk Management

QVSS continued strengthening health and safety practices throughout the year.

Staff completed First Aid/CPR and other safety-related training, while Cheyenne completed additional workplace Health & Safety certification.

Staff completed annual fire equipment and kitchen suppression system inspections, with minor deficiencies identified for correction. Fire extinguisher training was also incorporated into staff development.

Emergency Preparedness & Business Continuity

Winter weather provided several opportunities to review and strengthen QVSS's emergency and service-continuity procedures.

Despite difficult weather conditions, client attendance remained strong. Procedures were clarified for agency closures, remote work, client communications, social media notifications, building monitoring, and completing administrative responsibilities. QVSS can now provide alternative programs & services if the building must close for client safety reasons. Online and remote services are now available.

Technology & Cybersecurity

Technology infrastructure continued to be modernized throughout the year.

A new server was installed, aging computer equipment was identified for replacement, and outdoor security cameras became fully operational.

QVSS remains diligent in identifying and preventing attempted fraud. During the year, staff successfully recognized a sophisticated fraudulent email and payment request before any funds were transferred.

Building & Capital Improvements

The QVSS made significant investments in the facility throughout the year.

Projects included flooring replacement and refinishing, client washroom renovations, new countertops and sinks, painting throughout the building, drainage improvements, exhaust fan replacement, repairs associated with previous foundation settlement, and general property improvements.

The team completed more than $7,000 in painting and interior improvements during the Christmas shutdown alone.

The team also began work to address roof drainage and frozen downpipes, with heat tracing planned and a further roof inspection scheduled.

QVSS continued working with Taskforce Engineering and other contractors to prioritize remaining repairs and address potential safety concerns, including pavement and tripping hazards.

Transportation & Capital Funding

With MCCSS support, QVSS replaced an aging vehicle that was nearing the end of it's service life. Reliable transportation is essential to QVSS's community-based and out-of-

building programs, and this investment will help ensure that participants can continue accessing these important opportunities safely and consistently.

Governance & Policy Development

QVSS continued to review and modernize governance documents and agency policies.

The agency's bylaws underwent a comprehensive review and were subsequently reviewed by Baldwin Law. The revised bylaws now comply with Ontario's Not-for-Profit Corporations Act, 2010 (ONCA), including the updated requirements that took effect following the provincial transition period.

Community Outreach & Agency Profile

QVSS continued it's outreach and hosted **23 students from Centennial Secondary School**, along with school staff, for an agency tour. The visit was very positive and introduced potential future participants to QVSS programs and services.

Staff represented the organization at the **Life Beyond School** event, connecting with students with intellectual disabilities and/or autism, families, educators and other community service providers. The event also brought together organizations and programs including ODSP, Passport, ODEN and CICE.

QVSS also hosted an Education Day featuring Constable Hans Verbeek, who provided participants with practical information about online safety, privacy and recognizing potential cyber threats.

Aptie Sookoo from Hastings and Prince Edward Public Health provided an informative and engaging presentation on tick awareness and prevention. Participants learned how to reduce the risk of tick bites, respond safely if they find a tick, recognize potential health concerns, and take practical precautions when spending time outdoors. The session provided valuable health and safety knowledge that participants can use in their everyday lives.

The agency updated it's website, continues regular social media communications and community outreach throughout the year. developed new brochures and purchased branded display materials. QVSS also planned professional photography to improve it's website, social media, promotional materials, and community presence.

These activities demonstrate QVSS's commitment not only to providing day supports, but also to helping individuals build knowledge, confidence, community connections and independence.

Recreation Department Program Highlights

Programming remained strong throughout the year, with schedules adjusted as needed to meet participant interests and needs. While developing the summer schedule, several programs saw particularly high demand, including **Bingo (29 participants), Movies (28), Coffee Talk (21), Karaoke (16), and Beat the Heat (14)**. Staffing was redistributed to these popular programs to help accommodate individuals' first choices.

The transition to summer programming went smoothly, and participants responded positively to the changes. Fall programming also demonstrated strong participation and engagement. Staff accommodated about a dozen program changes early in the session to ensure individuals participated in activities that best matched their interests and goals.

Individual Service Plans remained an important part of QVSS's person-centred approach. ISPs were reviewed and completed, with staff assigned to individuals to support them in working toward the goals identified within their plans.

Growth & New Participants

QVSS experienced growth in the number of new participants and sustained community interest throughout the year.

Passport-funded participants increased their attendance, while tours with prospective clients demonstrated interest in the agency, including high school students preparing to transition from school into adult services.

Two additional Passport-funded clients joined in June, each attending two days per week. By October, **four more individuals had joined QVSS programs**, attending full- and half-day combinations based on their individual needs and readiness. All four were reported to be transitioning successfully within QVSS.

This continued interest reflects the value participants and families place on the opportunities, relationships and supports available through QVSS.

Special Events & Community Participation

Special events remained a major highlight of the year.

Participants enjoyed community outings, including a visit to the **Sandy Flat Sugar Bush**, attended by 24 clients, and a trip to the **Capitol Theatre in Port Hope** to see *Alice in Wonderland*.

The annual **QVSS Talent Show** was another major success, showcasing participants' abilities and creativity and receiving enthusiastic feedback from the community judges.

The Rally One dances demonstrated particularly strong momentum later in the year. After reviewing attendance and moving toward a once-monthly format, participation grew substantially. The October Halloween dance welcomed **102 attendees**, making it one of the most successful dances of the previous year, while November attracted another **96 attendees**.

Participants also enjoyed a Kingston boat cruise, seasonal celebrations, Spirit Week, St. Patrick's Day activities and other social opportunities throughout the year. These events provided meaningful opportunities for friendship, community participation, recreation and celebration.

Staff Development

The commitment and flexibility of QVSS staff remained essential to successful service delivery throughout the year. Call-in staff repeatedly provided coverage during vacations, illnesses and staffing transitions, allowing programs to continue with minimal disruption.

Training and professional development remained a priority. Staff completed **First Aid and CPR recertification**, while additional training included Health and Safety, medication administration, CPI and Food Handler certification.
In October, the entire staff team participated in the **Developmental Services Conference**, learning about current best practices, advocacy, respectful language and emerging issues within the developmental services sector. The intention was to bring this learning back to QVSS and apply it to programs and supports.

The agency also continued to support student placements and employment development. A former placement student, **Reeta Maria Cherian, joined the call-in staffing pool** later in the year.

Celebrations

One of the year's most meaningful moments was QVSS's remembrance of **Yvonne**. In February, participants, staff and Yvonne's family gathered for a Celebration of Life, and a memorial plaque was placed in the diner in her honour.

Later in the year, QVSS honoured her memory through it’s **"Sweet Treats" Christmas tree** in the Bel-Con Christmas Tree Contest. The handmade decorations reflected the cookies and treats Yvonne was known for baking. The tree received the **Judges' Selection award**, resulting in a **$500 donation on behalf of QVSS to the Christmas Sharing Program**.

The year concluded with another successful QVSS Christmas celebration. Despite significant seasonal illness among the staff, volunteers, board members and remaining staff came together to ensure the event went ahead. **All 83 clients received a Christmas gift and bonus**, providing a memorable conclusion to the year.

Looking Forward

The accomplishments of 2025 demonstrate the strength of QVSS's participants, staff, Board members, families and community.

Our continued growth, strong program participation, successful community events and staff development provide a solid foundation for the year ahead.

As we move forward, QVSS will continue to focus on **meaningful programming, individual choice, community inclusion, staff development and responsive supports**, while remaining flexible to the evolving interests and needs of the people we serve.

Most importantly, we will continue to create a welcoming environment where individuals can build friendships, explore their interests, develop skills, participate in their community, and feel that they truly belong.

Direct Care- Cheyenne's AGM Report

QVSS AMBASSADORS

The QVSS Ambassadors have worked diligently throughout the fall to maintain a clean, organized, and welcoming environment within the organization. At the beginning of the program, we developed a schedule to ensure that responsibilities and duties were shared fairly among all members.



Throughout the term, we regularly completed a variety of cleaning and organizational tasks, including dusting, sanitizing surfaces, replenishing tissue boxes, cleaning up after meals, and maintaining the overall cleanliness of shared spaces. Through our consistent efforts and teamwork, we helped contribute to a well-maintained and positive environment for everyone.



The Ambassadors also took on the responsibility of assisting with Health and Safety walkthroughs. As part of this responsibility, I taught them how to properly inspect fire

extinguishers, identify potential tripping hazards, and ensure that materials and products were appropriately labelled and accompanied by the required MSDS documentation. We also reviewed fire drill and lockdown procedures to help them understand the importance of emergency preparedness.

The Ambassadors were eager to learn and actively participated in these activities. Their willingness to develop their knowledge and take on additional responsibilities demonstrated their commitment to helping maintain a safe and secure environment for everyone at QVSS.

GAMES GALORE

Each week, we participated in a variety of team-building activities designed to encourage collaboration, communication, and positive relationships among participants. Throughout the year, we introduced a wide range of games and activities, including horseshoes, bean bag toss, ring toss, musical chairs, UNO, trivia, Who Wants to Be a Millionaire?, and Deal or No Deal.



These activities provided opportunities for everyone to stay actively engaged while developing teamwork and social skills in a fun and supportive environment. Through regular participation and collaboration, it strengthened their relationships with one another and developed a greater sense of teamwork and community within the program.

KARAOKE

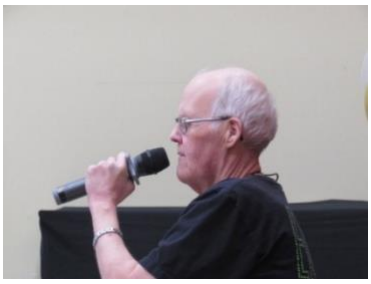


Karaoke has consistently been one of our most popular programs, providing clients with an enjoyable opportunity to showcase their singing abilities in a supportive and social environment. Each week, clients would arrive with several songs in mind that they were excited to perform for their peers.



Through regular participation, many clients gained a better understanding of their individual vocal strengths and discovered which styles of music best suited their voices.

The program also provided opportunities to explore different vocal ranges, with clients learning about classifications such as soprano, alto, and tenor. Overall, karaoke has been a fun and engaging program that encouraged self-expression, confidence, and social connection among participants.





CRAFT CORNER

The craft class provided individuals with an opportunity to express their creativity and explore a variety of artistic techniques. Each week, I prepared a new craft for the group, and participants followed the instructions step by step as they worked toward completing their projects.



Throughout the year, we created a wide range of crafts, including self-portrait's, picture frames, paper mache rabbit's, magnets, streamers, and many other projects. The class also provided valuable insight into the unique creative styles and strengths of each individual. Some participants preferred a hands-on and spontaneous approach, while others were more visual and carefully planned each step of their project. It was rewarding to see everyone express their individuality and creativity while developing their skills and confidence through the crafting process.



NEWS & VIEWS

The News & Views newsletter was a very rewarding program for the clients, providing them with an opportunity to express their creativity, develop new skills, and contribute to a publication that was shared with the wider community. Each week, we worked on different sections of the newsletter and used Canva to design visually appealing and engaging columns that captured the audience's attention and encouraged them to read.



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QVSS | NEWS LETTER | July 01 2025

EXPERIENCE THE

Magic of Summer

End of Fall/Winter Programs

Fall/Winter programs have officially came to an end. Time flies when you're having fun. The warmer weather is now here. (Heat waves are in full effect). Everyone is staying cool and hydrated!
We have entered into our Summer programs, Wahoo!! We have fishing, On The Road Again, Walking, Karaoke, Geocaching, plus plenty other fun activities. QVSS is the place to be this summer!

Talent Show

First off we would like to give a special thanks to Liz McLennan, Connie Reid and Cathy Davis for coming out to be QVSS judges for our 2025 Talent Show.

Can you believe we have officially completed another talent show? It was a HOOT!
Everyone gave their best efforts and did a fantastic job performing.
In first place; Amos ("Woman" by John Lennon)
Second Place; Sarah ("Love Story" by Taylor Swift)
Third Place; April (ASL "Fight Song")
Special Performance; Jeremy and Emma ("I got you babe" by Sonny and Cher)

Emma, Bill, John, Judges; Cathy D, Connie R, Liz M, Lewis.

Alize, Peter, Kris-Ann, Cheyenne, Jaiden Julian, Kylie, Brandon, Booster Juice Manager, Kevin, Margaret, Allan.

Wise words from QVSS

Jason- "I like QVSS because the programs are so fun."
Mary- "I like QVSS because of my great friends and staff."
Eric- "I enjoy helping the staff here and participating in programs."
Jeanette- "Everyday I come here, all I see is everyone smiling. I love how we can all work together as a team to help one another."
Cheyenne- "QVSS has been such a welcoming atmosphere. The staff and clients feel like one huge family. I enjoy coming in everyday and I always leave with a smile on my face."

Summer Shutdown

The Summer shut down party will be here before we know it. We will be off from July 21st - August 4th. We will miss everyone, but take this time to have some well deserved fun and relax in the sun!

JULY 18th is our WESTERN themed Summer shut down party! Please make sure you sign up so we can account for everyone.
Guess who you will be seeing??
AMBUSH!!!
Mark McDonell will be HERE at QVSS to perform all of our favourite songs. Afterwards, we have the opportunity to take photos with him and do a meet and greet.

We will be having a pulled pork lunch with salads. There will be a lot of fun games, surprises and prizes as well!

YOU DON'T WANT TO MISS THIS!!!

Canada day

Can you believe Canada is another year older!? Happy Canada Day everyone!! A fun fact is that the word "Canada" is derived from the Huron-Iroquois word "kanata, meaning "village" or "settlement". QVSS will be Closed on July 1st but don't worry, we are back into action the following day.

The Toronto Blue Jays are playing The New York Yankees at the Rogers Centre and they will be wearing their red Jerseys! LETS GO JAYS!

A Canada Day celebration is back with all your favourite attractions and more this **July 1**! Head to **West Zwick's Park from 9:30 a.m. to 10 p.m.** for all kinds of free family-friendly fun.

SUMMER IS HERE

https://qvss.on.ca/

Throughout the year, clients took pride in contributing to the content and design of the newsletter. The completed News & Views newsletters were shared through multiple platforms, including the organization's website and Facebook page, as well as printed copies displayed in the diner. The newsletter was also featured during our bi-monthly Coffee Time program, allowing clients to share their work with an even wider audience. This program provided a meaningful opportunity for clients to collaborate, showcase their creativity, and take pride in seeing their contributions published and shared with others.



CARD CLASS

The Card Class was an enjoyable and creative program that provided clients with the opportunity to design and create personalized cards for a variety of occasions, including birthdays, Christmas, Valentine's Day, and other special events. Depending on the project, we would either follow templates or encourage participants to create their own designs using their imagination and creativity.



Each card was unique and reflected the individual style and personality of the person who created it. One of the clients favourite projects was making pop-up birthday cards. These cards required careful attention to detail, particularly when cutting, gluing, and ensuring that each component was properly aligned and level. Clients demonstrated patience, focus, and creativity while completing these projects, making the Card Class both a rewarding and enjoyable experience.



SWEET TREATS

The Sweet Treats program was always a highlight and filled the entire building with the delightful aromas of freshly prepared baked goods. At the beginning of the program, we created a weekly schedule outlining the recipes and treats we planned to make. We then reviewed each recipe together, identified the required ingredients, and prepared a shopping list for any items that were needed.

Throughout the year, participants had the opportunity to prepare a variety of delicious treats, including carrot cake, apple pie bites, Nanaimo bars, brownies, cookies, and peach cobbler, among many others. Participants enjoyed being actively involved in each stage of the process, from planning and preparing the ingredients to baking and, of course, enjoying the finished products. The program provided a fun and rewarding opportunity to develop practical skills while encouraging teamwork, participation, and enjoyment.



Each individual developed preferences for different tasks within the kitchen, allowing participants to contribute in ways that best suited their interests and strengths. Some individuals preferred measuring dry ingredients, while others enjoyed measuring liquids, stirring, or using the mixer. We also had participants who preferred washing and organizing dishes rather than assisting with other tasks.

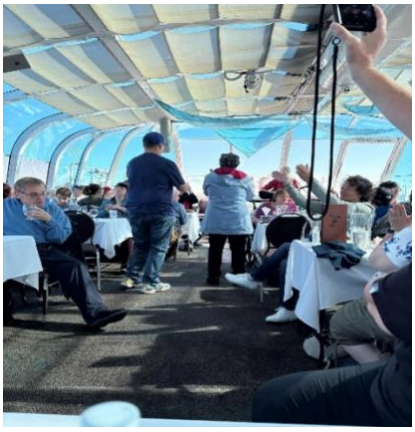
Throughout the program, participants also developed a greater understanding of the importance of food safety, proper hygiene, and cleanliness while working in the kitchen. These practical experiences encouraged independence, responsibility, and teamwork while helping participants build valuable life skills in a supportive environment.

QVSS COMMITTEE



The QVSS Committee met weekly to plan and organize events and activities for the organization. Committee members worked collaboratively to plan a variety of parties, dances, trips, and special events throughout the year. For each holiday celebration, the committee began planning well in advance to ensure there was sufficient time to organize the necessary details.

Planning included selecting and purchasing themed decorations and prizes, as well as creating playlists that complemented the theme and atmosphere of each event. Larger events required additional preparation and coordination. This year, some of our highlights included having Mark from Ambush perform for the group, a boat cruise, our Christmas shutdown party, a trip to the sugar bush, and many other special activities.





The QVSS Committee is a particularly enjoyable and meaningful program for clients because it encourages active participation and gives them a voice in the planning process. Members are able to share their opinions, contribute ideas, and make decisions that help shape each event. This involvement provides clients with a sense of ownership and pride while contributing to the success of events and activities at QVSS.

IN FROM THE COLD- In from the Cold is a program designed to provide a more relaxed and restful experience at the end of the week. Participants had the opportunity to unwind and engage in activities that brought them joy, including working on puzzles, watching movies, listening to music, building with LEGO, reading magazines, exploring science experiments, or playing the Wii. Everyone was encouraged to choose activities based on their personal interests and preferences. The program created a welcoming and comfortable environment where everyone could relax, connect with one another, and spend time enjoying the things they love.





MOVIES

Movies is always the final program of the week, taking place in the afternoon. Clients have the opportunity to sit back, relax, and enjoy a movie together, complete with popcorn and a refreshing drink. This program has become a big hit and is something everyone looks forward to each week.

To add an element of excitement and variety, we selected a different movie each week based on the alphabet. We started with the letter A and worked our way through the alphabet, choosing a movie title that matched each letter. This provided clients with a fun way to participate in the movie selection while creating something to look forward to each week.



Annual General Meeting Report
April 1, 2025-March 31, 2026

Direct Care-Allie's AGM Report

Geocaching



Geocaching has always been a popular summer program at QVSS! We spend the morning on what feels like a real-life treasure hunt; we use our GPS coordinates to search for hidden geocaches while exploring the community.



Together, we map out our route and aim to find 5-6 geocaches before wrapping up. We finish the morning with a well-earned refreshment to cool down after everyone's hard work!

Darts of Hazzard:

Darts is another fun program to be involved in at QVSS! We bring together some friendly competition, laughter along with some great music in the background.





They thoroughly enjoy taking turns aiming for different targets, keeping score and cheering each other on as they see who comes out on top each week.

Throughout the year, we also like to mix things up with themed dart games and holiday-inspired targets to add an extra layer of fun! No matter what the game, it's always a fun morning!





Go Golf

Golf is another great program offered during the summer months. The group enjoys the opportunity to enjoy the outdoors while practicing their swing. Most mornings are spent at the driving range, where everyone gets a bucket of balls and joins in on fun, friendly competitions to see who can hit the farthest or the straightest shots.



When the driving range isn't available, we switch things up with a round of mini golf, which is always a hit with the group. We wrap up each outing with a well-earned refreshment, making for a fun and rewarding morning together.

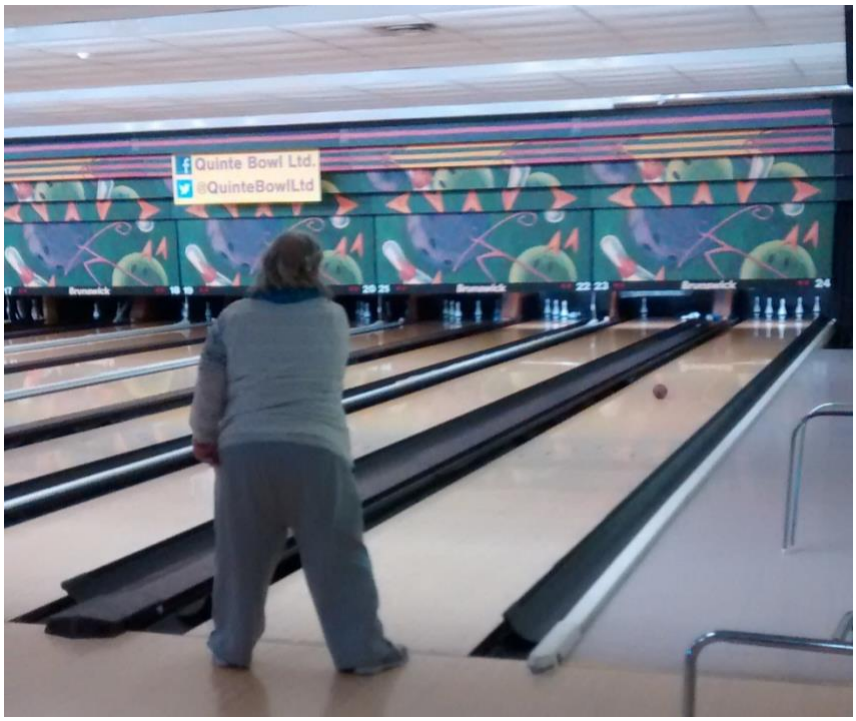
Annual General Meeting Report
April 1, 2025-March 31, 2026

Direct Care- Haleigh's AGM Report

Fall 2025

Bowling

In the fall, I was involved in the bowling program at QVSS we pack up three vans and we hit the road! This is a fun program, and one that I used to attend as a 1-1 staff in 2023! Bowling is a great program because it allows everyone with all different types of abilities to be able to bowl and have some fun! We have three 10-pin lanes and two 5 pin lanes which allows everyone to choose which they would like to play. We have an individual in a wheelchair and someone else who uses a walker, both are able to bowl with limited support, as well as a lot of people offer to help their friend, whether that's grabbing the bowling balls, or wheeling someone up to take their turn, and grabbing the assistive ramp for the people who need them. It's really fun as a staff to be part of because everyone is so happy to be out with their friends, and it's really nice to see how everyone cheers for their friends!





Axe Throwing



I had the pleasure of taking a group to allies and axes this past winter, which was so fun and exciting! Everyone in the group had been before, so I followed their lead and got introduced to Wayne who runs axes and allies while our group is there. He is so great with everyone, remembers everyone's names and is a such a fun part of our morning.



Wayne is able to watch everyone throw and gives awesome feedback to each individual axe thrower; they really enjoy hearing Wayne cheer them on! This past winter I was partnered with Char, and everyone always wanted us to throw against each other to see who would win, it was so much fun, watching and hearing how much fun they had doing it over the winter! Wayne even made us up some wooden plaques so we can add the winner to the back every year!

Karaoke

This is one of my favourite programs to be a part of, everyone is always to excited to sing for their friends, and show off their songs and talent! During the week a lot of people will come up to me to tell me how excited they are for karaoke, and to show me which songs they are picking to sing! I now get asked if I'm performing because they get such a kick out of me singing and performing a song too! It's a great program to be in if you really enjoy music and are high energy! I've added a lot of songs to my own personal playlist over the past few months because of all the new different kinds of music everyone has been choosing!

Summer 2026

Greenleaf Gallery

This is a program that I was really looking forward to being a part of! I really enjoy how relaxing colouring, tracing, and doodling can be for everyone! I have brought in a lot of old colouring books that I don't use anymore, and people have really been enjoying looking through all the different colouring books to see what catches their eyes! It's fun to see how excited and complimentary of each others work, and work really well as a group socially! Most days I will start the program by handing out all the different books for people to look through, and usually will ask how everyone's weekends were and if anything fun or exciting happened. This gives everyone an opportunity to express how they are feeling as well as share with the group what they got up to! A lot of people in the Greenleaf gallery program don't have a lot of other programs with each other, so it's exciting for me as a staff to sit back and watch how social and friendly they are with each other.



Oldies But Goodies

Another fun program that I have the pleasure of running is the oldies but goodies program. I find this to be fun and unique program because of the age group that signs up for it! There are a couple younger people in the group, but the average age for the group is older! It's fun to hear their suggestions for old movies and shows to watch, and it's fun for me to watch things I've never seen but have heard of before! We have a large selection of old DVDs to choose from, which helps to be able pick something that I think most of the group would like! A lot of actors that they enjoy watching have either aged out of acting or have been passed away for awhile now, so watching older movies helps them reminisce about when they themselves were younger.

Shop Till you drop



Wednesday mornings we take 10 individuals shopping and then for coffee afterward! This is a popular program because it gives people the opportunity to go shopping for things in the



community that they may not otherwise be able to get! We understand families are busy, so this offers the chance for people to feel independent and shop for things! It's really awesome to see how they all work together and look over each others lists and help each other find their items! It's also a great way to get out into the community and connect with people! Almost every single time we have gone shopping someone has spotted someone they know! We also usually go to the same stores every week, to help keep a routine, as well as a lot of people who are working at the locations we go now have picked up on some of their names!



Annual General Meeting Report
April 1, 2025-March 31, 2026

Direct Care- Char's AGM Report

Brown Baggin it' is when we get together to make three healthy lunches which people then take home. We talk about nutritious choices and how to be safe in your kitchen at home when preparing foods. We talk about the benefit's of making homemade lunches versus already prepared food or takeout both health-wise and cost-wise. For example, it is much more cost effective to purchase the ingredients to make a lunch table at home and it is better for you as well.

In From the Cold/Beat the Heat is a variety program which takes place in the large rec room. People use computers, play cards and or board games. Some people like to play games on the Wii. People enjoy doing art work or gem art pictures and there are also jigsaw puzzles to enjoy putting together with your friends.

Bowling is a great sport where everyone has fun together no matter whether they are bowling ten pin or five pin. Everyone cheers each other on and they are so happy when they get a spare or a strike. Some people get a turkey occasionally and we try to get a photo when this happens.



Bingo is a fun game where everyone gets a chance to win a little money. Whether it's one line or a full card, people love to play and try to win the prize. With our bingo caller program it helps people play independently because the numbers are displayed on the TV and they hear the numbers being called.

Collective Kitchens is a great program where we spend the day preparing three dinners together and then everyone takes them home to enjoy. Everyone learns cooking skills and safe food handling, they also learn how important it is to keep your kitchen clean and about cross contamination.

Axe Throwing is a fun program which has everyone cheer each other on. When someone hit's the board who has been trying to everyone applauds them and encourages them to do it again. When someone gets a bullseye everyone is happy for them. We have gotten to throw axes, small tomahawks and throwing knives.

Movie Popcorn is a great, relaxing way to end the week. Each week we pick a movie to enjoy and we eat some popcorn.

Darts is a lot of fun and some people are very good at this sport.

Golfing is a great sport and we had fun at the driving range hitting a bucket of balls. There are even targets you can aim for and hopefully hit.

Disc Golf is a new program which we play together at Riverside Park. We play this with discs similar to frisbees, and like golf we have so many throws to get the disc in the basket at the end.

Walking is a great activity which helps us to stay healthy and in shape. It is good for your heart and helps you feel better. Exercising every day helps us feel young, and our mobility is so important.









Fishing is a great program we get to enjoy on the beautiful Bay of Quinte. We go in search of the big one using worms for bait. It really doesn't matter how big the fish are. Everyone is happy and excited to catch fish.

Annual General Meeting Report
April 1, 2025-March 31, 2026

Direct Care- Angie's AGM Report

Fun with Friends

The fun with friends' program continues to be a welcoming and enjoyable activity for participants of all abilities. Attendance varies from a couple of people to as many as ten participants, creating a relaxed and inclusive environment where everyone can participate at their own pace.

Participants enjoy using computers to explore the internet, search topics that interest them, play games and try a variety of app-based games. The program encourages

learning, social interaction, problem-solving, and the development of computer skills in a fun and supportive setting.

One strength of Fun with Friends is it's flexibility. Whether participants prefer educational activities, games, or simply exploring online interests, there is something for everyone to enjoy. The program provides opportunities to build confidence with technology while fostering friendships and meaningful social connections.

Overall, Fun with Friends has been a positive and engaging program, offering participants a chance to learn new skills, have fun, and spend quality time together in an inclusive and supportive atmosphere.



Walking

I had the pleasure of taking a small group of enthusiastic individuals out for the walking program on the beautiful Bayshore Trail. After our walk we all enjoyed a refreshing coffee, sharing laughter and energetic conversations about our shared experiences. This program runs all year so even on days with less-than-ideal weather and during the winter months we made the most of our time by utilizing the indoor track at the Wellness Center. Our summer excursions allowed us to connect with our fishing group, adding an extra layer of enjoyment to our outdoor exercise routine. Overall, these activities not only promote fitness but also foster a sense of community and camaraderie among participants. Here's to more happy and energetic walks ahead!

Axes and Allies

Weekly, our team would head to Trenton and spend an enjoyable couple of hours engaging in axe throwing. Over the season axe throwing has been a fun and entertaining experience, not only allowed us to learn new skills but the atmosphere was lively, with everyone sharing laughs and challenges as we honed our aim. One of the staff would slip out and bring back our favorite beverage, adding a delightful touch to our adventure. Overall, the day was a fantastic blend of excitement and teamwork, reinforcing our commitment to fostering a positive and enjoyable environment within our program.

Movies



Each new season in Movies we welcome a fantastic group of individuals who gather to enjoy a variety of films, complete with delicious popcorn and refreshing pop. The atmosphere was always lively and engaging, making the experience not only enjoyable but also entertaining for everyone involved. The combination of great movies and the friendship of the attendees created memorable moments that we look forward to continuing and enjoying for years to come. Can never get enough movie time!

Out and About

Last season in the Out and About program, our group had the opportunity to explore a variety of engaging and entertaining locations, creating joyful experiences that fostered their social interaction and learning.

We visited local museums that offered hands-on exhibit's, allowing everyone to immerse themselves in the wonders of art and history. Additionally, our trips to parks and conservation areas provided the perfect backdrop for exploring nature and enjoying the fresh air. Special places such as unique churches and historic cemeteries enriched our understanding of community heritage. Not to mention, our visit to the vibrant Big Apple and Primitive Design in Port Hope sparked creativity and curiosity among participants. Overall, these day trips proved to be both fun and beneficial, leaving lasting memories for everyone involved.



Never a dull moment. There is too much fun to be had!



















The work we do at QVSS is about much more than providing programs and activities. It is about creating a place where people feel welcomed, valued, respected, and truly belong. For the people we serve, QVSS provides opportunities to build friendships, develop skills, experience their community, try new things, and simply enjoy being together. The relationships formed here and the experiences shared can have a lasting impact on a person's confidence, independence, and quality of life. At the heart of everything we do is a simple commitment: to help each person live a meaningful life and know they are an important part of their community.

Always Remembered and Never Forgotten



Dani Irish

July 13, 1976- August 2025.

Dani Irish was a welcome and valued member of the QVSS community. Her presence contributed to the friendships, experiences, and many special moments that make QVSS feel like a family. We are grateful for the time Dani shared with us, and participants and staff who had the privilege of knowing her will remember her fondly. Dani will always remain a special part of the QVSS family.



Laurie Greenwood
Sept 2, 1956 – Dec 27, 2025

Laurie Greenwood was a much-loved and familiar part of the QVSS community. Over the years, she became part of the fabric of QVSS, sharing countless activities, friendships, celebrations, and everyday moments with us. Laurie's presence was deeply valued, and many people who knew and cared about her feel her absence. We are grateful for all the years and memories we shared with Laurie, and she will always hold a special place in the QVSS family.



Denis Geen
August 11, 1963– January 4, 2026

Denis Geen and Garry Sweet (**October 15, 1958 – December 18, 2025)** are fondly remembered friends who will always be part of the QVSS community. Both shared many special moments, friendships, and experiences with us over the years, leaving memories that continue to bring smiles to those who knew them. We are grateful for the time they spent as part of QVSS, and they will always hold a special place in our hearts and in the QVSS family.