QVSS

01 Edition December 2025

- Talent show
- Summer shut down party
- Boat cruise
- Alice in Wonderland play
- Sugar bush
- Programs; Fishing, Radio, Axe throwing, Bowling, Karaoke, Bingo, Fun with friends, Spa, Cooking & Baking, Disc golf, Golfing, Walking, Road trips, Shopping and many more.





Client Reports:

Jeanette: "I enjoyed hanging out with my friends throughout the year."

Jeff: "I got to hangout with some pretty cool people at QVSS". "My favourite program was bingo. I won A LOT!"

Casey: "Radio was so much fun! "I also enjoyed karaoke". My favourite song to sing and play was Johny Cash- I walk the line."

Allan: "I got to sing "The King- Elvis" for the Talent show. I did great and so did everyone else."

Rosemary: "The boat cruise was fabulous." "We sat at the table and they served us chicken, mashed potatoes, carrots and salad. It was so yummy"

Matthew: "I was part of "On the road again" with Krupa." "We travelled to the County, Campbellford, Stirling, Madoc and so many other places." "It was an adventure each week."

"Do things at your own pace. Life's not a race."



Belleville Ontario

Belleville Mayor Neil Ellis officially dedicated the CN Yardmen Monument on Tues., Oct. 28, 2025 There was a 50-50-draw fundraising efforts in the 1970s by

former Belleville Yardmen workers who raised the \$3 million needed to fund, build and open the shiny new hockey barn in 1978.



League: American Hockey League

Founded: 1972

The Belleville Senators are the AHL affiliate

of the NHL's Ottawa Senators

Malcom Subban

Born: December 21, 1993 (age 31 years), Toronto

Current teams: Belleville Senators (#30 / Goaltender), St.

Louis Blues (Goaltender)

His brothers PK and Jordan are also hockey players

Height: **6'2"**

Weight: 215 lb





Steve was born February 22,1962, in Australia
He was known as the "Crocodile hunter". He was an Australian zoo
keeper, a conservationist, environmentalist and a huge family
oriented guy. Steve had a wife, named Terri, and two children,
named Robert and Bindhi.

On Sept. 4, 2006, the wildlife conservationist tragically died after an unprovoked attack by a stingray while filming in the Batt Reef, off the coast of Australia. Despite his crew's efforts to save his life, The Crocodile Hunter host died at 44 years old. Since then, Irwin's family has continued his mission to protect all wildlife. Terri, as well as Bindi and Robert, have expanded the Australia Zoo through conservation projects, animal research and educational programs — and saved thousands of animals while doing so.



Jays Vs. Dodgers

Game 1: 11-4 JAYS

Game 2: 5-1 DODGERS

Game 3: 6-5 DODGERS

Game 4: 6-2 JAYS

Game 5: 6-1 JAYS

Game 6: 3-1 DODGERS

Game 7: 5-4 DODGER





Wow! What a close game between the Dodgers and the Jays. The Blue Jays gave it their all and we are still so proud of our team!! Our fingers are already crossed for next year!!





Remembrance Day is a memorial day observed in Commonwealth member states since the end of the First World War to honour armed forces members who have died in the line of duty. The day is also marked by war remembrances in several other non-

Commonwealth countries. Wikipedia

Date: Tuesday, November 11, 2025

Event Length: 1 Day

Type: Public holiday, Memorial Day

Also called: Poppy Day

Observances: Parades, silences

OTTAWA – This Remembrance Day marks eight decades since the conclusion of the Second World War and 25 years since the entombment of Canada's Unknown Soldier, a First World War combatant who remains unidentified.

The Tomb of the Unknown Soldier in Ottawa honours the more than 118,000 Canadians who sacrificed their lives in service to their country.

Veterans Affairs Canada estimates that, as of this year, there are just 3,691 surviving Canadian veterans of the Second World War — 667 women and 3,024 men.



We had a fantastic turn out! Lots of activities to do....

QVSS had arts and crafts where they painted pumpkins that were hand grown in our garden. Paper pumpkins were also created. We had spooky music karaoke and of course our famous bingo! So much fun.

Individuals got to purchase a spaghetti lunch (Yummy).



In the afternoon, we had a choice of attending our Halloween dance or relaxing after a busy day to watch a Halloween movie.





EUBA EUBA



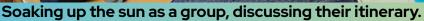
10 individuals left bright and early on Monday November 10th to escape the snow and enjoy the sun in Cuba.

A special
acknowledgment to Linda
B, Nick and Dwayne for
joining everyone on this
great adventure



Heading up to Toronto Airport







The guys enjoying their first dip!



2025 Cuba Trip



Meet our Ambassadors



Allan has been part of the QVSS community for quite some time. He loves Elvis, Gene Simmons and being with his friends.



Jason is a fun guy to be around. He loves sports and telling everyone the scores of each game.



Kevin loves being involved in police work. He admires their hard work as well as the fire departments. He loves to go to Friendship to see all of his friends



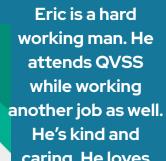
John has a great sense of humor. He is always up to help everyone out. He loves communicating with the walkie-talkies and the bus drivers.



Norm is the life of the party. He always cracks funny jokes and if you are down, he will always cheer you up.



Brad is a genuine guy. He is always there to lend a helping hand. He loves to draw and has quite the creative imagination.



caring. He loves working in the radio room with Casev and Phil.



ERIC

What is an ambassador?

An ambassador is an individual who assists in duties another job as well. around the agency. Some of these duties may include; wiping down tables and chairs, Walkie-Talkies (they announce the rides), dusting, clearing emergency exits, sweeping debris and bathroom checks (making sure everything is stocked and clean).

The main thing is making sure we are here to help!

DANCING WITH THE STARS

- This is the 34th season of DWTS
- Hosted by: Alfonso Ribeiro & Julianne Hough
- Judges: Derek Hough, Carrie Ann Inaba, Bruno Tonioli
- The show started with 14 contestants and as of November 11th, we are down to 6
- The remaining contestants

Jordan Chiles

Alix Earle

Dylan Efron

Elaine Hendrix

Robert Irwin

Whitney Leavitt

- For the first time this season, Robert and Whitney got a perfect score of 40
 - Each individual outfit is custom made for each dancer.





The radio program is back! Here are some words from our following radio member!!

Casey:"Radio is awesome. We have our own radio room where we have laptops with spotify downloaded, disco lights and an intercom so we can play music for all to hear". "Some of the music we play is pop, country, Christmas carols, and rock." "Radio is my favourite program".

Axe throwing

Axe throwing is a really fun program we recently started up at QVSS. We go to Trenton to Axes and Allies every Thursday morning. We have gained so much experience with throwing axes and everyone's score has improved significantly.

Jeff D: "When we first get to Axes and Allies, we start by throwing a few axes to warm up". "It is very important to put safety first as the axes are very sharp and you can lose a finger if you're not careful". "Everyone then takes turns to try hit the bullseye." "I have hit the bulleyes TWICE!!"

Elvis Presley "The King"

Elvis was born on January 8th, 1935. He was an American singer and actor. Some of his hit songs were: Can't Help Falling in Love, Blue Hawaii, and Jailhouse Rock.

Elvis' first home was a one-story, ranch-style house in a residential neighborhood in Memphis, Tennessee.

The singer lived here with his parents between March 1956 and March 1957, before moving to Graceland.

Graceland is where Elvis once lived. It is located in Memphis.



First house

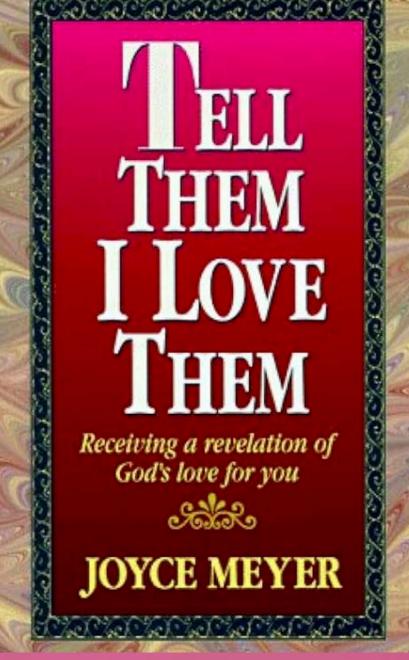
Elvis Presley died of a heart attack on August 16, 1977.He was 42 years old. He passed away from a heart attack.



Graceland

Elvis had one biological child names Marie Lisa Presley.

Elvis was married to Priscilla Presley.

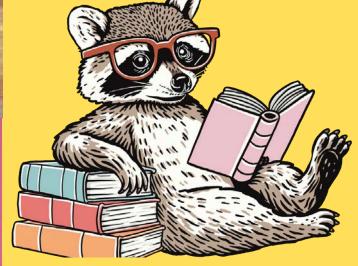




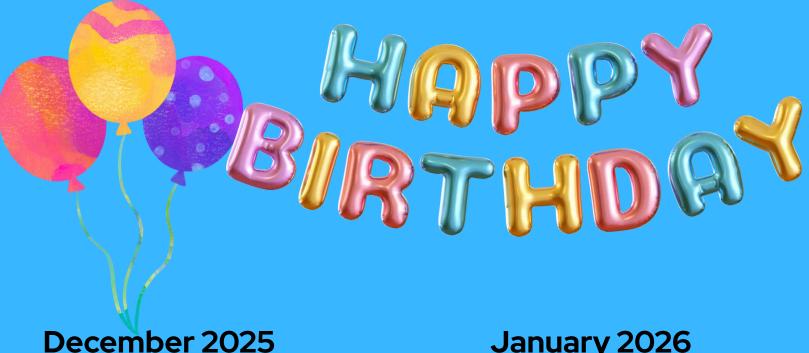
Book talk with Matthew

Author: Joyce Meyer
Joyce is from Missouri and
she published her first book
in 1988 called "Tell Them I
Love Them".

This book is about how God's
Love will Change You Forever.
sharing her insights and the
revelation that transformed
her own life, Joyce Meyer
brings you scripture and other
words of wisdom that can open
up the window to God's love.



Matthew: "I love reading her books because they are very inspiring to me.
""Her books teach you about the bible". "I read her books everyday".



Thursday Dec 4th- Kris-Ann K Wednesday Dec 10th- Tracy Muro Sunday Dec 14th- Lewis C Wednesday Dec 17th Crystal B Tuesday Dec 30th Gary M

January 2026

Friday Jan 3rd Kate L & Butch P Saturday Jan 4th Bob C Thursday Jan 9th Donna E Friday Jan 10th David C Wednesday Jan 15th Shannon A Saturday Jan 25th Julian A Monday Jan 27th Rick K & Brandon M & Aaron T

HAPPY BIRTHDAY TO YOU! HAPPY BIRTHDAY TO YOU! HAPPY BIRTHDAY

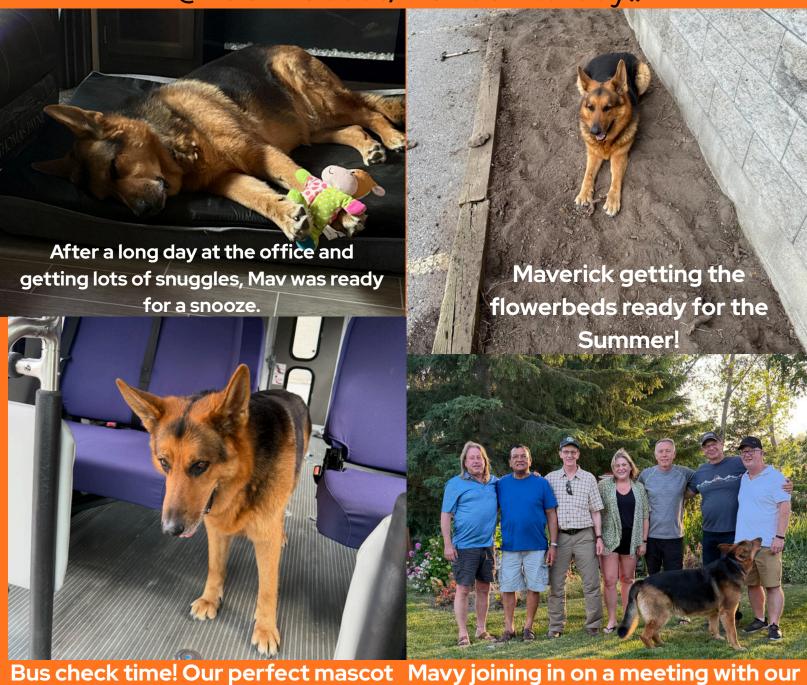
> DEAR _____ HAPPY BIRTHDAY TO YOU!

> > AND MANY MORE!



MAVERICK

QVSS Mascot/ Favourite boy!!



Bus check time! Our perfect mascot checked for any intruders and made sure everything was functioning properly.

Mavy joining in on a meeting with our board members and Mike V.

They aren't allowed to enter the board room without treats!!

Maverick: Is a 7 year old King Shepherd born in September.

Summer shutdown party recap

On July 18^{th,} QVSS held our annual summer shut down party. This year it was decided that we would be doing a western theme.

Mark McDonell; the lead singer of Ambush came to our party and sang some great tunes. To top it off, he came as a cowboy! YEEHAW! After his performance, everyone got their chance to have a "meet and greet" and got lucky enough to get some amazing photos and autographs with the one and only Mark!

Wait, there's more! Some were surprised that QVSS provided another dunk tank this year. We all know how much fun everyone had last year dunking the staff in the cold water, so we thought why not do it again? First in the dunk tank was Mr. Mike Vajda!!

A special thank you goes out to the staff who made the delicious meal. The menu was swell. Pulled pork on a bun, a big scoop of potato salad and a cold pop. Everyone finished their meal with a big piece of birthday cake! It turned out perfect.

Overall, it was a fantastic way for everyone to be together before we were off on holidays.



Gary and Mark M



Mike V moments before getting dunked.



Emma, Diamond, Jeanette



Friendly reminders



We are now entering the winter season. It is very important to be prepared. Please make sure you have the following:

Gloves

Winter Boots

Toque

Coat

Scarves

Long Johns

Snow pants if walking.

Be nice to each other. Don't be afraid of giving each other compliments and a helping hand if needed. Be supportive.

It is cold and flu season. Please make sure to wash your hands often. This includes before/after meals, after using the restroom, and whenever you feel the need to get your hands clean.

Please clean up after yourselves. If you use a dish/cup from the diner, put it in the grey dish bin beside the front desk. If you drop something, pick it up and throw it in the garbage.

December 22-January 2, 2026-Christmas Shutdown



Rally One

The next and final dance of 2025 is on Thursday

December 04^{th.}

Come and get your groove on! We look forward to seeing you.

Only \$5



RIDDLES

1. I speak without a mouth and hear without ears. I have no body, but I come alive with wind. What am i?

An echo

2. The more you take, the more you leave behind. What am I?

Footsteps

3. I have cities, but no houses. I have mountains, but no trees. I

have water, but no fish. What am I?

A map

4. What has hands but cannot clap?

Clock

JOKES

What do you call a sleeping bull? A bulldozer

Why was Cinderella so bad at soccer? She kept running from the ball

What do you call a pile of cats? A meow-tain

What do elves learn in school? The elf-abet

What did the tomato say to the other tomato during a race?





Boat Cruise

What a fantastic trip QVSS planned.

We all drove up to Kingston and departed on the cruise.

During the cruise we had live entertainment, they sang and played guitar. It sounded fantastic. Everyone got their dance moves on.

After the entertainment, we got our lovely meal. We had chicken/spareribs, salad, potatoes and carrots. To finish off the meal, we got chocolate cheesecake. Yummy!

Some people then went to the top of the boat to look at the beautiful view offered.

Overall, it was a great trip and something new that several individuals got to experience for the first time. It was all positive feedback with everyone wanting to go again next year.





Dances/Parties



QUINTE VITALITY & SOCIAL SUPPORT



Canada day party- Cathy making maple leafs



Jason getting tattoos!



Easter Dance



Valentines day party



Summer shutdown party



Halloween Party



Talent Show Dance

Every holiday we have a party and its a blast!

We have dances, movies, bingo, arts and crafts, prizes and tasty goodies!





Can you find Mr Mike? He is somewhere hidden in this newspaper. Be the first one to find Mike and come see Cheyenne for a free small fry and pop from Red's Diner.





Good luck everyone!