

QVSS

1 GREENLEAF CT, BELLEVILLE, K8N 5T7
613-968-5211

★ FEBRUARY ★

2026



- 01 
- 02 
- 03 

JANUARY RECAP

A little recap from the last newsletter!

WHAT'S GOING ON FEBRUARY?

Dive on in to our new letter and learn about QVSS and the things we love!

MARCH MADNESS

Spring is coming!



What does the staff have to say?

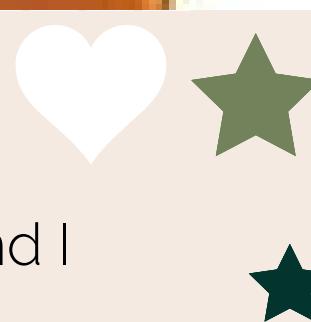
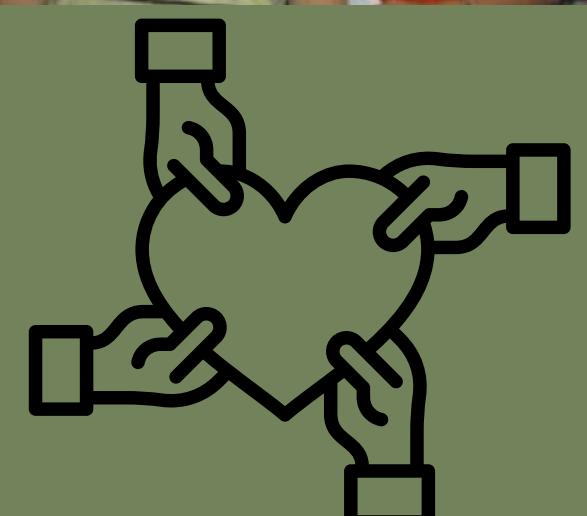
Cheyenne: " I have been at QVSS for a year now and it has been the greatest career choice I have made." "Everyone feels like a big family and I am always excited to walk through the front doors"

Angie: "I enjoy my job because it makes a difference". "Building meaningful relationships, supporting their independence, and being part of their daily successes brings me genuine fulfillment". "Knowing I make a positive difference in their lives is what keeps me passionate about my work."



Shannon:

"I love my days at QVSS." "Everyday there is something different happening or a new challenge ahead of me in the office." "I feel blessed to be surrounded by great co-workers, and our clients who are always so happy to be here, full of smiles."

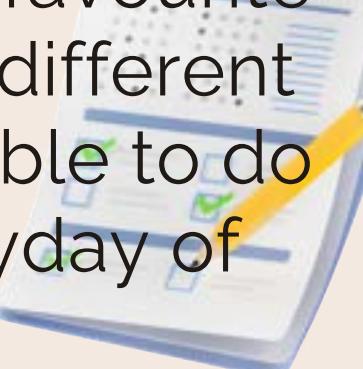


STUDENT REPORTS



Jeff (St. Theresa's): " I met a lot of amazing people." "They helped me build compassion and patience". "This is a great stepping stone for me to achieve my goals."

Danika: "There are many things that I love about QVSS and being here". " I love all the clients and staff, they are all so friendly and welcoming." "Everyone makes me feel very wanted and appreciated." "One of my favourite things about QVSS is the different programs, I enjoy being able to do something different everyday of the week."





February

Feb 1st - Peter Reidel
Feb 15th - Bill Wiarda
Feb 17th - Tracy Maracle & Cathy Gervais
Feb 18th - Nathan Letourneau & Connie T
Feb 19th - Ellen Davidson
Feb 27th - Haleigh B



Happy birthday to
you, Happy birthday
to you, Happy
birthday dear
EVERYONE, Happy
birthday to you !!!!!

March

Mar 5th - Dylan Roberts
Mar 6th - Corey Burns & Michele Freeman
Mar 14th - Linda G
Mar 16th - Jo-Ann Dolan
Mar 24th - Michael Dunlop & Charlotte D
Mar 25th - Susan Beckett
Mar 31st - Emma Allen

We hope everyone gets spoiled and
has a fun-filled day.



The Scott Woods band

Kendra (Woods) Norris - (Piano, Fiddle, & Vocals)

Kendra studied classical violin and piano from age eight. She is a multiple winner of the Canadian Open Fiddle Competition in the 19-45 Class and 3x winner of the Canadian Open Duet Fiddling Class with her brother Scott. She teaches private violin and piano lessons at her home in Guelph, ON and has an Hons BMus, BEd and A.R.C.T. from the Royal Conservatory of Music in Toronto. Kendra has had a long career teaching music in elementary school but is now touring full time with The Scott Woods Band since she retired from the school board in April 2016. She has a gift for writing harmony and arranging. Kendra and her husband Joel enjoy travelling with their Airstream trailer.

Leo Stock - (Drums, Fiddle, Stepdancing & Vocals)

At a young age, Leo was introduced to both fiddle and step dancing and has enthusiastically pursued both. He has toured with the band since 2017. In addition, he performed in the 2022 Drayton Entertainment production of "Sorry, I'm Canadian 2" as well as numerous appearances at the Purple Hill Country Opry. Leo continues to receive awards in both fiddle and step dance contests. He is a 3x Ontario Open Fiddle Finalist, 3x Canadian Open Step Dance Champion, and 3x Ontario Open Step Dance Champion. Leo released his debut album titled "What's Next?", and has a brand new album titled "Orthodoxy", which has just been released. Leo lives on the family farm near Stratford, ON.

Steve Piticco - (Guitar & Vocals)

Born in Toronto, ON, Steve started playing guitar at age eleven. When he was fifteen, he purchased his Fender Telecaster guitar and has performed professionally with that guitar ever since. He has toured, recorded and performed countless Guitar Clinics across North America and Europe. Many top Country acts utilize him for his distinctive Tele Sound. For several years, Steve and his band, 'South Mountain', hosted their own television show in the Ottawa Valley and received the Vista Rising Star Award from the CCMA's. He is a multiple winner of the CCMA's Guitar Player of the Year as well as Instrumentalist of the Year. He also captured 'Flat Picker of the Year' from the Central Canadian Bluegrass Association.

Nadine Boles - (Acoustic guitar & Vocals)

Singing and performing since the age of five. Nadine studied classical piano with the Royal Conservatory of Music, Toronto. She has performed for many years at a variety of events and with several dance bands. Retired from the Nursing profession, she and her husband Gary have been avid fans of Bluegrass music for many years. Nadine plays guitar and sings lead and harmony vocals. She also plays the mandolin. Gary and Nadine live just outside Fergus, ON and enjoy travelling, be it on motorcycle, or with their motorhome.

Gary Boles - (Bass & Vocals)

Gary started playing piano at age seven but soon moved on to the accordion. At age twelve he was playing tenor banjo in a band with his brother. He started playing electric bass in 1964 in a group called 'The Centurions'. Gary has played bass with many bands over the years but with a renewed interest in Bluegrass music, he has also taken up the five-string banjo. Gary owned and operated his own HVAC business in Fergus, ON for many years specializing in refrigeration and ground-source heat pumps. Gary and his wife Nadine love to ride their Harley Davidson motorcycles and have travelled extensively across North America on them.

Scott Woods - (Fiddle & Vocals)

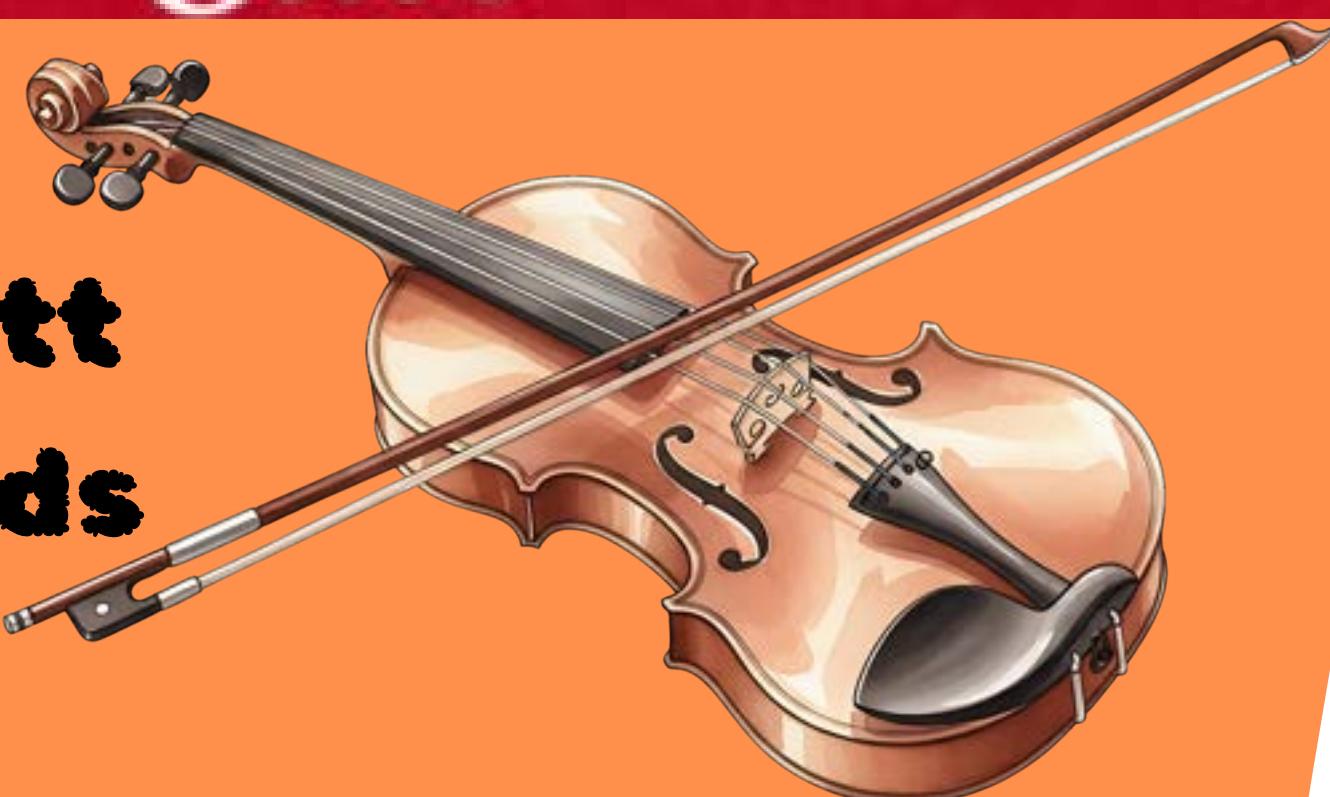
Scott's love of fiddling has been passed down through six generations. He studied classical violin from age four and plays several instruments: drums, bass, piano, guitar, mandolin, saxophone and clarinet. Scott is a multiple winner of the Canadian Open Fiddle Contest, the Canadian Grand Masters Fiddling Championships and Canadian Fiddle Entertainer of the Year. Scott's famous trick fiddling routine where he turns somersaults and walks on a barrel while playing his fiddle has earned him the nickname the "Flippin' Fiddler" and three consecutive Canadian Novelty Fiddle Championship titles. For seven years Scott was the musical director of Memories of Don Messer's Jubilee which toured extensively in Canada. In 2018 Scott was presented with the "Lifetime Achievement Award" from the Canadian Grand Masters Fiddling Association, for his extensive contribution to the preservation of Canadian Fiddle Music. Scott lives in Fergus, ON with his energetic dog, Sandy. He enjoys riding his Harley Davidson motorcycle, and travelling with his Airstream trailer.



Kendra Leo Steve Nadine Gary



**Scott
Woods**





Valentines day!!



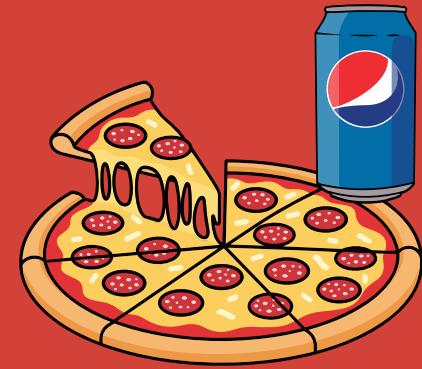
QVSS Valentines day party will be held on
February 13th 2026

In the morning there will be coffee and timbits!
We will start our day with Arts and Crafts or Bingo.

We will have Pizza and pop for lunch.

In the afternoon there will be a dance or a movie.

Bring your dancing shoes !!



PRIZES, PRIZES, PRIZES!!

50/50 TICKETS- WHO'S GOING TO WIN?

COLOURING CONTEST

A SMALL BOOKLET FULL OF FUN VALENTINE DAY ACTIVITIES



PLUS MANY MORE!



XOXO

RECAP ON QVSS ANNUAL CHRISTMAS PARTY



WHAT A WONDERFUL TURN
OUT FOR OUR ANNUAL
CHRISTMAS PARTY. TAKE A
LOOK AT OUR ITINERARY!



8-9-FREE COFFEE & TIMBITS

9-11- MARK McDONELL ENTERED THE BUILDING. THE LEAD SINGER OF AMBUSH CAME BACK AND PERFORMED CHRISTMAS CAROLS FOR ALL TO ENJOY

11-1130- SANTA CLAUS SURPRISED QVSS. EVERYONE HAD THEIR PICTURE TAKEN WITH SANTA AND RECEIVED A GIFT. IT WAS SO NICE TO BE ABLE TO TALK TO SANTA AND SHARE TO HIM WHAT WAS WANTED FOR CHRISTMAS

1130-1245- OUR BIG DINNER. IT WAS SO BIG WE ARE GOING TO TALK ABOUT IT DOWN BELOW!

1245-230- SHANE CAME TO DJ OUR CHRISTMAS DANCE. THERE WAS ALSO A MOVIE PLAYING FOR THOSE WHO NEEDED TO RELAX AFTER A BIG MEAL .

CHRISTMAS DINNER: FIRSTLY QVSS WOULD LIKE TO GIVE A SPECIAL THANK YOU TO ALL THE BOARD MEMBERS AND STAFF WHO HELPED MAKE THE SPECIAL CHRISTMAS DAY HAPPEN. THEY WORKED HARD TO PREPARE THE MEAL, DECORATE AND ORGANIZE. THIS YEAR WE MADE 11 TURKEYS, 13 HAMS, STUFFING, CRANBERRIES, CARROTS, CORN, POTATOS, GRAVY, AND DINNER ROLLS. LETS NOT FORGET WE ALSO GOT TO HAVE A POP OF OUR CHOICE AND CUPCAKES FOR DESSERT!! YUMMY!



AMBUSH

ONCE AGAIN MARK CAME BACK TO PERFORM FOR ALL OF US. HE PUT ON AN AWESOME SHOW. SOME OF THE SONGS HE SANG WERE: JINGLE BELLS, JOHNY CASH, SOME ELVIS TUNES AND MANY MORE!

WE ALL CAN NOT WAIT UNTIL WE SEE HIM AGAIN.



CHRISTMAS PARTY CONTINUED.....

SANTA CLAUS

WE WERE ALL SO GLAD TO HAVE THE SURPRISE OF SANTA COMING BACK! IT BROUGHT SMILES TO EVERYONES FACES. HERE IS WHAT SOME CLIENTS HAVE TO SAY:

ROSEMARY: "THIS YEAR I ASKED SANTA FOR SCOOBY DOO AND OZZY OSBOURNE SOCKS."

JEANETTE: "I ASKED SANTA FOR MY MOM BACK BECAUSE I MISS HER OVER THE CHRISTMAS HOLIDAYS."

CASEY: " I ASKED FOR CHOCOLATE"



JEFF: "I ASKED FOR AN ELECTRONIC RAZOR."

MATTHEW: "I ASKED FOR DVDS AND BOOKS."

ALLAN: "I ASKED SANTA FOR ELVIS SOCKS"





2026



WE ARE BACK! STARTING THE NEW YEAR WITH A NEW SCHEDULE FOR DANCES. COME OUT AND GET YOUR DANCING SHOES ON!! \$5.00 ENTRY, RECEIPTS GIVEN AT DOOR IF REQUIRED, + A CASH CANTEEN.

FEBRUARY 5TH

MARCH 5TH

APRIL 16TH

MAY 7TH

RALLY ONE

JUNE 4TH

DOORS OPEN AT 7:00PM

****PLEASE HAVE YOUR RIDE ARRANGED FOR PICK UP BY 9:00PM**

@ THE MASONIC HALL

QVSS CLOSURE DATES

QVSS will be closed on the following dates in 2026:

February 16-Family Day



February 25-Staff Development



March 25-Staff Development

April 3 & 6- Easter



April 24-Staff Development

May 18-Victoria Day



May 26 -Staff Development CPI Training

July 1-Canada Day



July 20-August 3-Summer Shutdown



September 7-Labour Day

September 29-Staff Development

October 12-Thanksgiving



October 26-Staff Development



November 11-Remembrance Day



November 27-Staff Development

December 21-January 1, 2026-Christmas Shutdown





Belleville Updates

ON MONDAY, JANUARY 19TH, 2026 THERE WERE SNOW SQUALLS THAT SWEPT THROUGH THE QUINTE REGION AND WE HAVE A NEW SNOWFALL RECORD AS A RESULT.

ACCORDING TO READINGS TAKEN AT CFB TRENTON, 15.1 CENTIMETRES OF SNOW FELL, SURPASSING THE PREVIOUS RECORD OF 11.4 CM FOR A JANUARY 19.

THAT WAS SET 78 YEARS AGO IN 1948!

BELLEVILLE POLICE SERVICE IS CELEBRATING ITS 190TH ANNIVERSARY THIS YEAR.

TOTAL CALLS FOR SERVICE – BELLEVILLE POLICE RESPONDED TO 235 CALLS FOR SERVICE BEGINNING AT 5:00 AM ON JANUARY 16, 2026 TO 5:00 AM ON JANUARY 19, 2026.

ONCE UPON A CHILD BELLEVILLE IS ONCE AGAIN OPENING ITS DOORS TO THE BAY OF QUINTE COMMUNITY FOR ITS SECOND ANNUAL “TAKE WHAT YOU NEED” DAY ON FRIDAY, JANUARY 23, OFFERING FAMILIES ACCESS TO ESSENTIAL CHILDREN’S ITEMS AT LITTLE TO NO COST.

THE BELLEVILLE SENATORS TRAVELED UP TO OTTAWA FOR A GAME INSIDE THE CANADIAN TIRE CENTRE ON THE 19TH, FACING OFF AGAINST THE UTICA COMETS, WINNING IN A SHOOTOUT THRILLER 5-4.

**BREAKING
NEWS**

**FIND OUT MORE HERE :
WWW.QUINTENEWS.COM**



Belleville news continued



The Quinte region got walloped with a ton of snow Sunday and a new snowfall record has been set for a January 25.

As measured at CFB Trenton 37 cm of snow fell, more than double the previous record of 16.8 cm set three years ago in 2023.



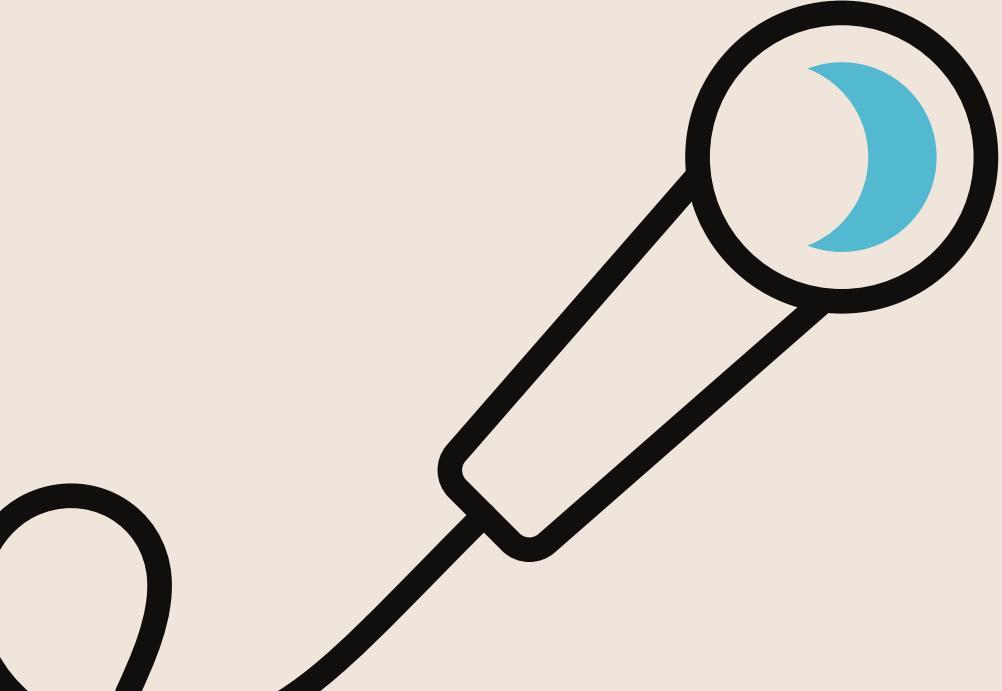
Global News: On January 27th at approximatley 8:30 am an estimated 50 vehicles have been involved in several collisions on the westbound Highway 401 near Trenton, Ont., shutting the road in both directions in a part of the highway.

You can view more details at

<https://globalnews.ca/news/11639650/opp-highway-401-trenton-collisions/>



According to Earthquakes Canada, the tremor happened seconds before 11 p.m. on January 27th and was located about 23 kilometres east-south-east of Orillia or 44 kilometres east-north-east of Barrie. This earthquake was felt in Belleville, Ontario and surrounding places. Over 2000 calls were made reporting that the earthquake was felt.



HAHA!

JOKE CORNER



HOW DO MONSTERS
LIKE THEIR EGGS?



What's the best Valentine's Day dinner?
A hearty one!

WHAT DID THE FLOWER SAY
WHEN HE FOUND OUT IT WAS
AN ALLERGY SEASON AGAIN?
"YOU'VE GOT TO BE POLLEN MY
LEG."

WHY CAN'T THE BICYCLE
STAND UP BY ITSELF?



IT'S TWO TIRED

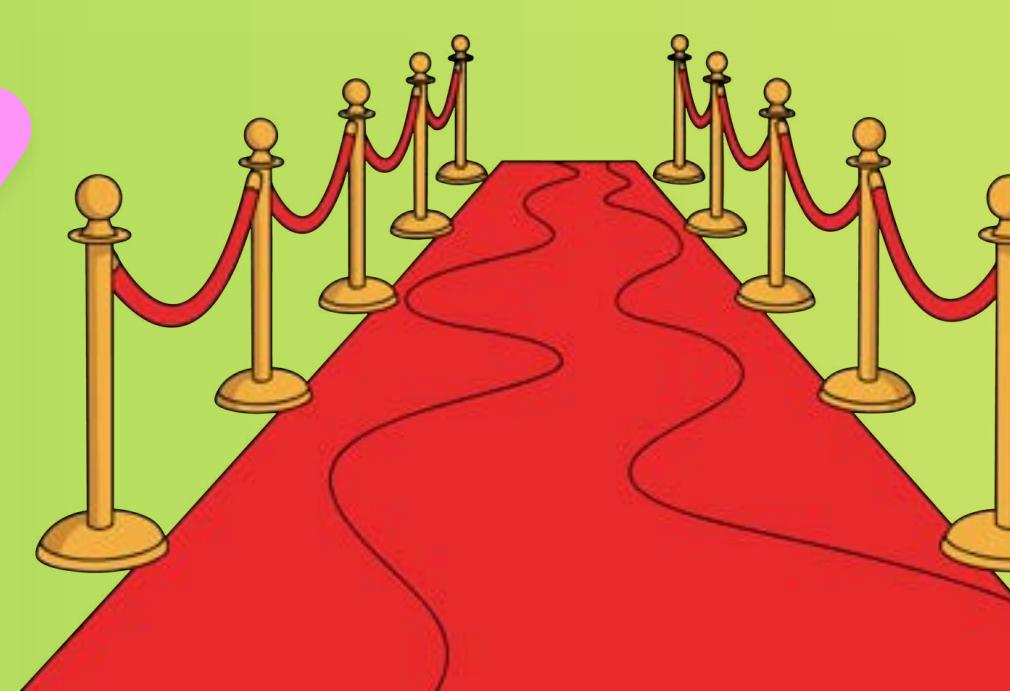
WHAT DID THE
TORTOISE SAY ON
VALENTINE'S DAY?
I TURT-ALLY LOVE YOU

WHAT IS A FLOWERS
FAVOURITE PICKLE?

A DAFFO- DILL!



CELEBRITY FACTS



Dolly Parton has written over 3,000 songs, including hits recorded by others like "I Will Always Love You". She has achieved a record-tying 25 No. 1 singles on the Billboard country charts.

Morgan Wallen was considered the top country artist as of January 2026, often selling out football stadiums.

Meghan Markle: Worked as a professional calligrapher before marrying into royalty.

Elvis Presley: Was naturally blonde but dyed his hair black.

Daniel Radcliffe: He broke approximately 80 wands during the filming of the Harry Potter series because he used them as drumsticks.

Margot Robbie: She can hold her breath underwater for a staggering five minutes.

Justin Bieber: He is capable of solving a Rubik's Cube in under two minutes.

Carrie Underwood: Before she started her music career, she worked at a gas station and at a veterinary clinic while attending university.

Johny Cash: In 1981, he was nearly killed by an ostrich on his exotic animal farm. The bird kicked him in the stomach, breaking several ribs and causing internal injuries.

Shania Twain: Born Eilleen Regina Edwards, Twain grew up in severe poverty in Timmins, Ontario. She began singing in local bars at eight years old to help her family pay bills.

Miley Cyrus: She was born Destiny Hope Cyrus because her parents believed she would bring hope to the world.



What is News & Views?

Every week the group gathers to discuss what has happened in our community throughout the month.

We share details about knowledge we know, we celebrate birthdays, and we keep you up to date on events/closures here at QVSS.



Topics discussed:

- Closure dates
- Rally One
- Belleville/Quinte West updates/news
 - Birthdays
 - Riddles/Jokes
 - Fun facts
 - Sports
- Celebrities

Thanks to our lovely News and Views group, we have a bi-monthly newsletter that gets posted to QVSS website and a hardcopy printed off for all to view in buiding.



The 10 Best Movies of 2025

Rolling Stones edition



Number 1:
‘One Battle After Another’

Number 2:
‘Hamnet’

Number 3:
‘Black Bag’

Number 4:
‘Train Dreams’

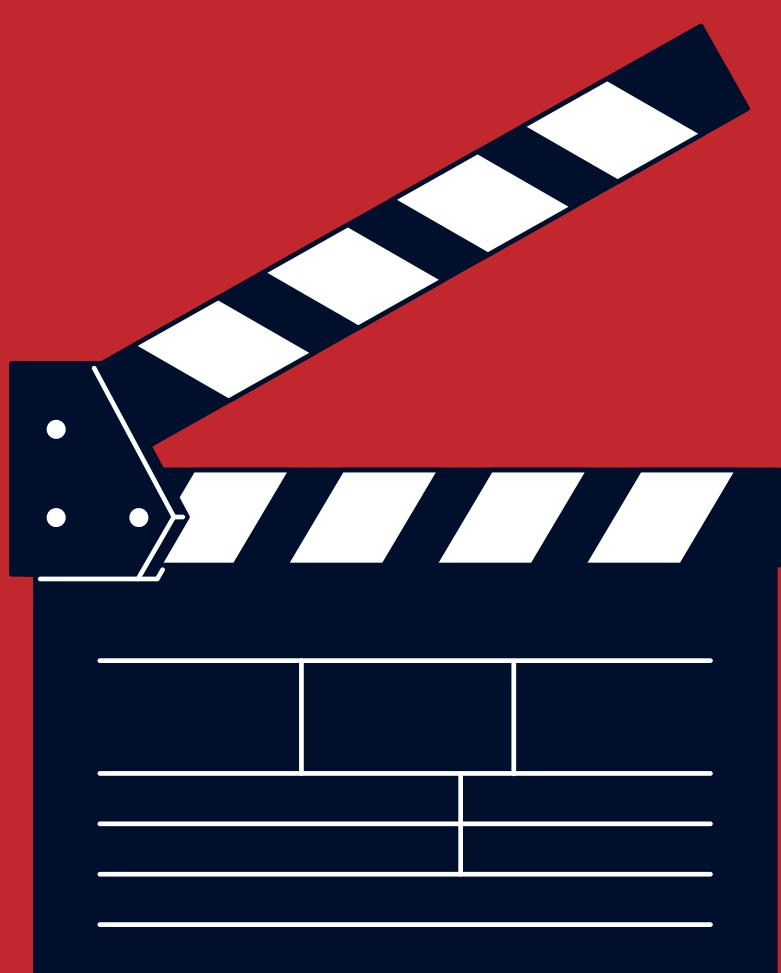
Number 5:
‘Nouvelle Vague’

Number 6:
‘It Was Just an
Accident’

Number 7:
‘No Other Choice’

Number 8:
‘Sorry, Baby’

Number 9:
‘Marty Supreme’



Coffee filters sunflowers



- 1 sheet light blue card stock or construction paper
- Handful of brown beads
- Tools: paintbrush, cooling rack, scissors, white craft glue



Place two small dishes on the table and add one tablespoon of water to each one. Add 10 drops of yellow food coloring to one dish. To the second dish, add 7 drops of yellow food coloring and 4 drops of red food coloring.



You may wish to cover your work surface with a plastic tablecloth or newspapers.

Place one of the coffee filters onto your paper plate. Dip paintbrush into the colored water and mix in gently. Paint the coffee filter with the colored water. Transfer the wet coffee filter to a cooling rack to dry.



Repeat this process with the other two coffee filters, painting a second one orange and the third one whatever you like! You can paint it yellow, orange or a combination of the two.



Use scissors to round both sides of the folded coffee filter. When you open it up it should resemble a flower. Repeat for the other two coffee filters.



When coffee filters are dry, remove them from the rack. Stack all three coffee filters neatly together, then fold in half. Fold it in half a second time. Now fold it in half two more times for a total of four times.



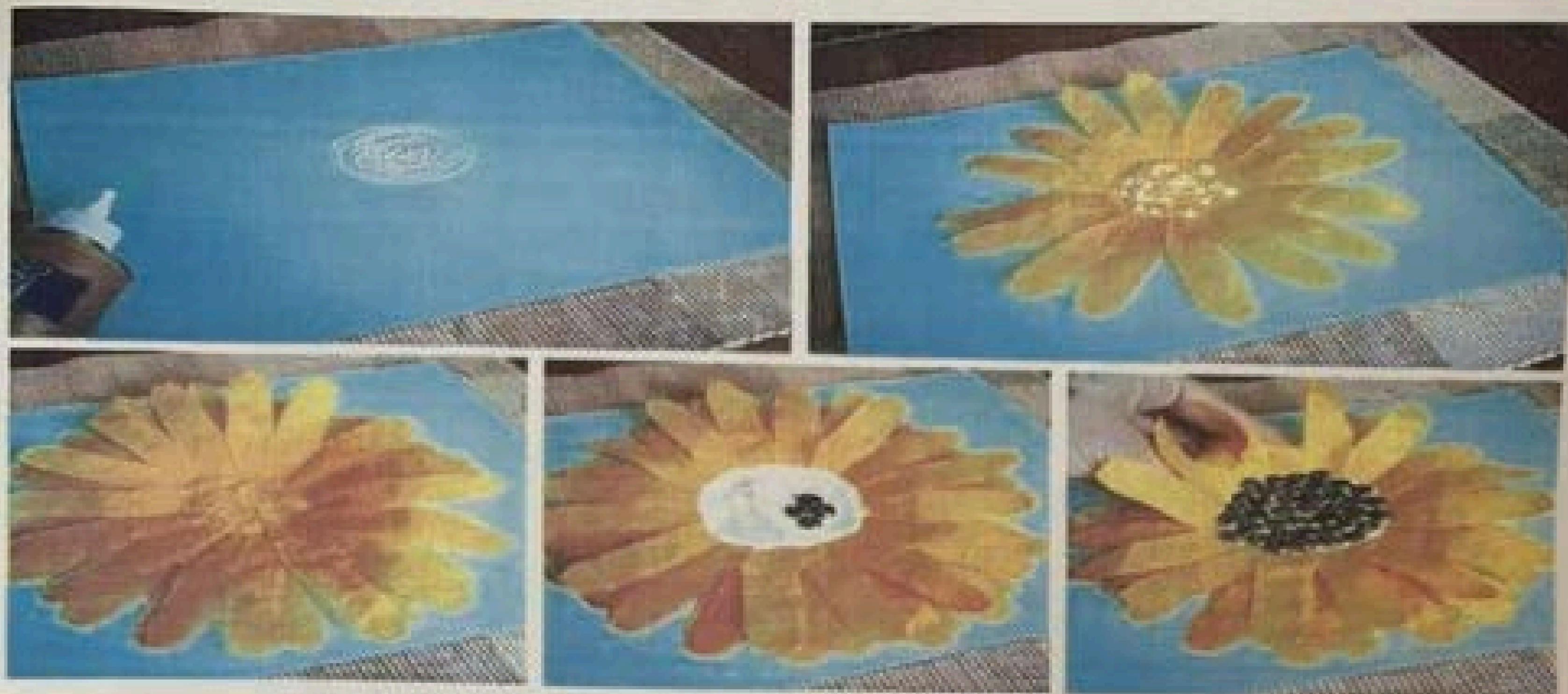
Glue one of the filters to the center of the light blue card stock. Glue the other two filters on top of the first, being sure to place the "petals" offset rather than stacked on top of each other. This will give your flower a fuller look.



sunflower craft



craft continued.....



"Draw" a circle of white glue in the center of the flower, being sure to fill the circle in with the glue. Place beads into the glue to act as the sunflower seeds. Allow everything to dry completely.

If you don't have any beads on hand, here are a few ideas for making the center of the flower:

- Brown construction paper
- Real sunflower seeds in the shell
- Tiny pebbles from your yard
- Color a piece of paper brown and cut in a circle
- Ground cinnamon (pictured above)
- Black pepper (may cause sneezing!)



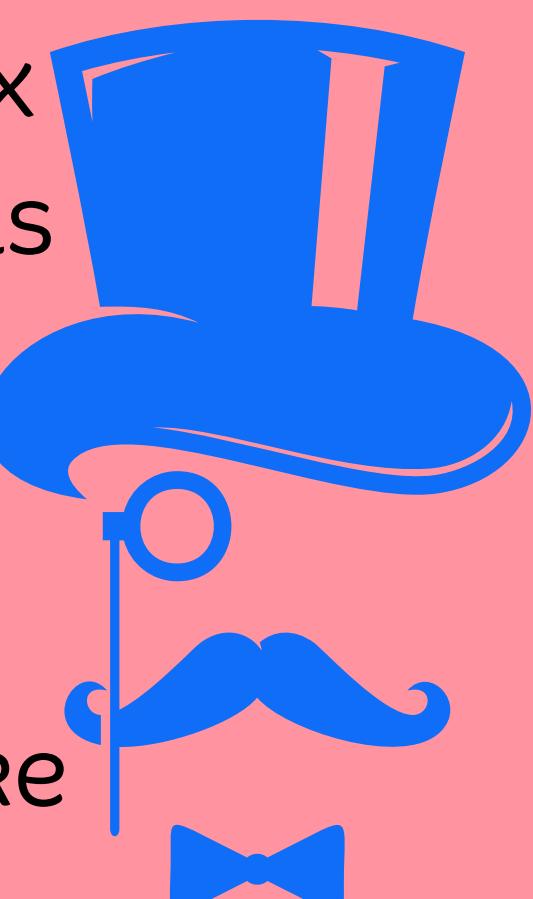
Jeanette's corner

My trip to my cousins house

I am so excited to see my cousin. We are going to play Xbox together. We usually play Monopoly on the console and it is so much fun!

We are probably going to go to my fathers as well to play Bingo. We use nickles to gamble.

The evening is always ended with some delicious snacks like chips and pop while cozying up to watch Heartland. My favourite character is Tye and Amy!



Allan's corner aka The King

Sheamus

His real name is Stephen Farrelly. He was born on January 28th 1978 in Dublin, Ireland. He is a professional wrestler with the WWE. He is 6'3 and 267 lbs. He is a giant! Sheamus is in a majority of the WWE video games. WWE Superstar Sheamus portrayed the villainous mutant rhino, Rocksteady, in the 2016 film

Teenage Mutant Ninja Turtles: Out of the Shadows. "That is one of my favourite movies to watch", says Allan.



Rosemary's corner:

Kelly Osbourne

Kelly Lee Osbourne is a celebrity from Season 9 of Dancing with the Stars.

She was partnered with Louis van Amstel. They placed 3rd.

Kelly is a reality TV star, singer and actress. She vaulted into the public eye with her family's MTV reality show *The Osbournes*, which earned a reality-show Emmy in 2002.

Kelly Osbourne was revealed as the Ladybug on Season 2 of *The Masked Singer* in November 2019. She performed in a heavy, elaborate costume, using a Southern accent to disguise her British voice, and was eliminated in the 7th episode. Her participation helped her overcome personal insecurities and return to television.



Jeff Dawson's Corner

Stomping Tom

Charles Thomas "Stompin' Tom" Connors, born in Saint John, New Brunswick on February 9, 1936 and died on March 6, 2013. He was a Canadian country and folk singer-songwriter.

He is credited with writing more than 300 songs and has released four dozen albums, with total sales of nearly four million copies.

One of the best songs: The good old hockey games. This is still sung with joy world wide!



CAN YOU
FIND ME ?



Can you find Mr Mike? He is somewhere hidden in this newspaper. Be the first one to find Mike and come see Cheyenne for a free small fry and pop from Red's Diner.



Good luck everyone!