



## 2026 Summer Camp Weekly Theme Outline

**Celebrating Individuality. Inspiring Greatness in Every Youth.**

Our 8-week summer experience is designed to promote leadership, creativity, confidence, physical wellness, and academic enrichment through structured, hands-on programming.

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### **WEEK 1: Being Me Is Cool**

**Focus:** Identity, Confidence, and Self-Expression

Youth will explore who they are, build self-esteem, and develop communication skills.

Sample Activities:

- Vision board creation
- Affirmation circles
- Team-building challenges
- “All About Me” creative projects
- Talent showcase preparation

Skills Developed:

- Self-confidence
  - Emotional awareness
  - Public speaking
  - Positive peer interaction
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### **WEEK 2: Water Is Cool**

**Focus:** Water Safety and Physical Wellness

Youth will learn the importance of water safety while engaging in supervised aquatic activities.

Sample Activities:

- Supervised swimming sessions

- Water safety education
- Team water games
- Relay races
- Hydration awareness

Skills Developed:

- Safety awareness
- Confidence in aquatic settings
- Teamwork
- Physical coordination

All water activities are supervised and follow established safety protocols.

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## **WEEK 3: The Zoo Is Cool**

**Focus:** Wildlife, Science, and Environmental Awareness

Youth will explore animal habitats, ecosystems, and conservation.

Sample Activities:

- Party At The Parn Petting Zoo Field trip
- Habitat exploration projects
- Food chain activities
- Animal research presentations

Skills Developed:

- Observation skills
  - Curiosity in science
  - Environmental responsibility
  - Critical thinking
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## **WEEK 4: Sports Are Cool**

**Focus:** Fitness, Discipline, and Teamwork. Bowling Field Trip. Guardians Baseball Field Trip.

Youth will develop physical strength, coordination, and leadership through sports and movement.

Sample Activities:

- Basketball, Football, Softball, Soccer drills
- Obstacle course challenges
- Team tournaments
- Sportsmanship workshops

Skills Developed:

- Discipline
  - Leadership
  - Team collaboration
  - Healthy lifestyle habits
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## **WEEK 5: Space Is Cool**

**Focus:** STEM and Exploration. Field Trip To Nasa Glenn Visitor Center.

Youth will explore space science through hands-on learning and creative challenges.

Sample Activities:

- Solar system projects
- Rocket launch experiments
- Astronaut training course
- Design-your-own-planet project

Skills Developed:

- Problem-solving
  - Scientific curiosity
  - Innovation
  - Collaboration
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## **WEEK 6: Art Is Cool**

**Focus:** Creativity and Self-Expression. Field Trip To Cleveland Museum Of Art.

Youth will explore visual arts and creative design.

Sample Activities:

- Canvas painting
- Group mural creation
- Tie-dye projects
- Sculpture and craft design

Skills Developed:

- Creativity
  - Confidence
  - Innovation
  - Artistic expression
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## **WEEK 7: Music Is Cool**

**Focus:** Rhythm, Culture, and Performance. Field Trip To Recording Music Studio

Youth will explore music through collaboration and performance.

Sample Activities:

- Songwriting workshops
- Drum circles
- Dance choreography
- Talent showcase

Skills Developed:

- Performance confidence
  - Cultural appreciation
  - Listening skills
  - Collaboration
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## **WEEK 8: Healthy Food Is Cool**

**Focus:** Nutrition and Life Skills. Field Trip to the Westside Market.

Youth will learn about healthy eating and food preparation.

Sample Activities:

- Healthy snack preparation

- Nutrition education games
- “Build a Balanced Plate” challenge
- Mini chef competition

Skills Developed:

- Responsibility
- Healthy decision-making
- Basic culinary skills
- Team cooperation