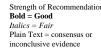
Preventive Care for Ages 18 to 24 years The Greig Health Record for Young Adults

Name: Date of Birth:

(this page is for recording preventive care manoeuvers when they are performed, at any patient visit)

			Age	Age	Age	Age
Date			3			3
Measurements	Wt	BMI				
	Ht	BMI percentile				
December 1.1	Employment, Education &					
Psychosocial history	Finances					
	Peer relationships					
	Family relationships					
	Strengths & Goals					
	Mental Health Second Health Beleticonding					
	• Sexual Health,Relationships & Safety					
	Abuse and Bullying					
Nutrition	Healthy choices / snacks /					
	junk-food					
	Supplements / CAM					
	Body Image / Dieting					
Education & Advice: Behaviour	• Physical					
	Electronic Media &					
	Communication/Hearing					
	Protection • Sleep Issues					
	Sleep iss Helmet s					
Injury Prevention & Safety Other						
	Vehicle Safety & SeatbeltsWorkplace					
	• Sun Safety					
	Environmental Hazards –					
	incl. Second Hand Smoke					
	Smoke Detectors					
	Other Safety Topics					
	Substances and Addictions					
	Dental care, fluoride					
Specific						
Concerns						
Examination	Blood Press	sure				
	Head & Nec	J _z				
	Visual Acuit					
	v 15001 7 10010	(R)				
	CVS					
	Chest					
	Back					
	Abd GU					
	Skin					
	Up-date imn	nunizations				
Assessment		uenza vaccination				
Immunization						
Medications	Signature					
medicacions						
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Strength of Recommendations Bold = Good Note: Given the evolving nature of evidence and changing recommendations, the Greig Health Record is meant to be used as a guide only.

Selected Guidelines and Resources are found on accompanying pages.

Preventive care in primary care is delivered both episodically and at dedicated visits. Young adults present infrequently and evidence is lacking to recommend dedicated prevention visits for this age group. This tool may be used in parts episodically or

