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## March 2023

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### Time for Some New Wheels

I remember my first car. It was a 1970 Ford Maverick that was about 10 years old when I got it. It was yellow in color, but a few cans of spray paint later, my brother and I had customized it metallic silver with a black racing stripe.

It was a great first car. I learned how to change the oil, work on the brakes and perform other basic auto maintenance tasks. That was back when you could open the hood of a car and not be intimidated by the host of computers running the vehicle.

At that time we lived about 30 miles from Chicago in a new subdivision being built up in the country. It was a time when urban sprawl was clashing with quiet living. It was a time that Ford clashed with John Deere.

The road from the Interstate leading to our house was a gravel road; the amenities of the city had not yet reached us. One fateful day, at the top of a hill

on that gravel road, my poor Maverick met its maker in the form of a farm tractor pulling a disc attachment (I'm sure there is a more appropriate name, but remember, I'm a city boy).

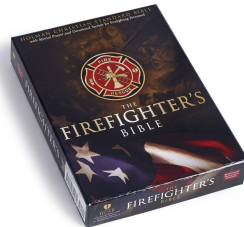
Needless to say, that was the end of the Maverick. No amount of fine tuning, minor repairing or basic maintenance would bring new life to this car. I was in need of some new wheels.

And that's exactly what God offers us through Jesus. No amount of fine tuning, minor repairing or basic maintenance can take us from being spiritually dead to spiritually alive. What is needed is a fresh start; a new life.

God loves us, even while we are dead in our sin. In fact, Romans 5:8 tells us that it was while we were against Him that Jesus died for us. But God doesn't want us to stay dead; we are able to have new life. That's what it means to be born again.

If you are reading this and know that you are still trying to tinker with something that is broken beyond repair, this would be a great time to let God know that you are ready for a change. And if you know that you are already in Christ, I pray that you will choose to live fully the new life that God has made available to you.

--Chaplain Joe LaCognata



*Click image for more information*

## **Faith in the Fire**

Chaplain Joe LaCognata shares about some of the unique challenges faced while trying to live out faith in the fire service.

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## Upcoming CISM Training

April 11-13, 2023  
Windermere, FL

May 23-25, 2023  
Brooksville, FL

July 11-13, 2023  
Rockledge, FL

August 22-24, 2023  
Plantation, FL

Contact us to host training at your agency

[Click here for more information and to register](#)



## Stress Management Information

Click the logo for information on how to better manage your stress.

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### In Remembrance

The following firefighters died in the line of duty during the month of February

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2/3 - Brandon Norbury - Gresham, OR

2/4 - Tre' Evans-Dumaran - Kahului, HI

2/15 - Todd J. Yandre - Lake Mills, WI

2/19 - Steven Michael Smith - Haleyville, AL

2/21 - Paul Cloutier - Webster, MA

2/22 - Ethan M. Quillen - Paw Paw, MI

2/25 - Ricky A. Hill, Jr. - Flint, MI

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**11 firefighters have died in the line of duty in 2023**

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## Our Vision

Imagine an organization committed to one task – supporting fire rescue personnel. From their work in the field to their lives at home, picture an organization working to equip these first responders to be more successful on the job and in life. Envision an organization that extends the support of those serving in fire rescue by offering care and comfort to the people they serve. Finally, picture an organization that would impact emergency services workers all across the country. That organization is Fire Rescue Support – supporting fire rescue personnel before, during and after the call.

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## Donate Today

As a non-profit organization, Fire Rescue Support operates thanks to the generosity of individuals, churches and other organizations. You can give online by clicking the PayPal logo.



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