

STRONGER

YOU'RE NEVER ALONE YOU'RE NEVER WITHOUT HELP

NATIONAL SUICIDE PREVENTION HOT-LINE

DIAL 988

(VETERAN CRISIS PRESS 1)

MCFR PEER SUPPORT

MCFRPEERS@GMAIL.COM

(352) 462-WELL (9355)

FIRE RESCUE SUPPORT

FIRERESCUESUPPORT.COM

CHAPLAIN JOE LACOGNATA

(352) 425-1643

(EAP)EMPLOYEE ASSISTANCE PROGRAM

NDBH.COM

1: DOWNLOAD THE 'NEW DIRECTIONS EAP' APP

>> GOOGLE PLAY: BIT.LY/3KXEA2W

>> APPLE APP STORE: APPLE.CO/3RNNZD3

2: ENTER YOUR ORGANIZATION: MARION COUNTY

(800) 624-5544

THE GUEST HOUSE OCALA

THEGUESTHOUSEOCALA.COM

(855) 984-0626

BEACON POINT LIFESTREAM BEHAVIORAL CENTER

LSBC.NET/BEACON-POINT

(352) 315-7500

RECOVERY RX

MYSCARSAREMYARMOUR.ORG

(904)404-9163

IAFF CENTER OF EXCELLENCE

IAFFRECOVERYCENTER.COM

>> 24/7 TOLL FREE (CONFIDENTIAL)

(844)903-1237

SUNRISE DETOX

SUNRISEDETOXORLANDO.COM

2431 SAND LAKE RD

ORLANDO, FL 32809

(407) 305-4029

UCF RESTORES

UCFRESTORES.COM

>> FREE M-F WALK-IN OR APPT

(407) 823-3910

RED LINE RESCUE

SUPPORTING FIREFIGHTERS

& THEIR FAMILIES

REDLINERESCUE.ORG

(847) 209-8208

SHANDS VISTA UF HEALTH

UFHEALTH.ORG

4101 NW 89 BLVD

GAINESVILLE, FL 32606

>> 24/7 WALK-IN & IDENTIFY

>> AS A FIRST RESPONDER FOR ACUTE STRESS

(352) 265-5481

PEER SUPPORT

WE ARE HERE FOR EACH OTHER

SCAN THE QR CODE FOR A FULL LIST:



"EVERYONE GOES HOME"