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RAMPAGE STRENGTH AND CONDITIONING

PERSONAL TRAINING

INDIVIDUAL SESSION

60-minute Session of 1-on-1 Training	\$80
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SMALL GROUP TRAINING

60-minute Session of 2-on-1 Training	\$50/person
60-minute Session of 3-on-1 Training	\$40/person
60-minute Session with 4+ participants	\$35/person

Contact Coach Ben

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