

2026 AI-Anon & Alateen State Convention Program Outline

9:00 AM — The Three Obstacles to Success in AI-Anon

What gets in the way of the AI-Anon message? This engaging panel explores the *Three Obstacles to Success in AI-Anon*—Gossip, Dominance, and Discussion of Religion—and how these dynamics can quietly disrupt the safety, unity, and purpose of our meetings. Through personal experience and reflection, our speakers will share how these obstacles show up in recovery spaces and what it looks like to return to the spirit of the program when they do.

Chairperson: Melanie F.

Speakers:

Dominance — Jeb B.

Gossip — Liz K.

Discussion of Religion — Kimberly A.

10:00 AM — Finances in Recovery

Money can be one of the most challenging and emotionally charged topics in recovery. This moderated Q&A panel explores how AI-Anon principles can guide us toward greater clarity, balance, and serenity in our financial lives. Using questions from the World Service Office as a starting point, speakers will share their experience applying the program to issues like spending, saving, boundaries, and responsibility.

Moderator: Marie S.

Speakers:

Amanda C.

Deb K.

Jennifer H.

Wendy S.

11:00 AM — Without Such Spiritual Help...

Spirituality is at the heart of AI-Anon recovery, yet each member's path is uniquely their own. This moderated Q&A panel draws on questions from Conference Approved Literature to explore what spiritual help can look like in everyday recovery. Through personal stories and reflection,

speakers will share how they connect with a Higher Power and how spiritual principles support healing, growth, and serenity.

Moderator: Kelly M.

Speakers:

Noreen W.

Karleena T.

Kate A.

Mary S.

LUNCH

12:30 PM — Conflict Resolution Workshop

Conflict is a part of the family disease of alcoholism, but Al-Anon offers tools to navigate it. In this interactive workshop, participants will explore how the Traditions and Conference Approved Literature can help guide healthy communication, mutual respect, and resolution when challenges arise within groups and relationships.

Workshop Facilitator: Alison L.

2:00 PM — Legacy Panel: Looking Back on the Journey

Join longtime Al-Anon members as they reflect on decades of recovery and the wisdom gained along the way. In celebration of 75 years of Al-Anon, this moderated Q&A panel brings together members with 40+ years in the program to share stories, lessons, and the enduring power of the Al-Anon message across generations.

Moderator: Michelle D.

Speakers:

Bobbi R.

Mary W.

Valerie M.

Sally C.

3:00 PM — Future Panel: Moving Forward with Many Voices

What does the future of Al-Anon and Alateen look like? This moderated Q&A panel features members ages 35 and under sharing their perspectives on recovery, community, and carrying

the message forward. Through their experience, strength, and hope, these speakers reflect on how new voices continue to shape and sustain Al-Anon for the generations to come.

Moderator: Erika C.

Speakers:

Reece H.

Lyric P.

Jules E.

Amanda E.

BREAK 4-6pm–Hospitality and Fellowship Room Available

DINNER BANQUET 6pm

7:00 PM — Main Speakers

Join us for a powerful evening of shared recovery with Deborah E. (Michigan) and her daughter, Rachel (Illinois). Together, they will share their experience, strength, and hope as both parent and child in recovery, offering a unique perspective on healing, growth, and the impact of Al-Anon on the family disease of alcoholism.