Al-Anon Participation Activities at the 2025 Traverse City Roundup

Roundup Dates: November 21 to 23, 2025

Park Place Hotel, Traverse City

Al-Anon Activities on Saturday, November 22, 2025:

- 9am- 1st step meeting (Chair: Holly), Courtyard 1 room.
- 10:30am Mini speaker meeting with Elaine, Renae and Steve as speakers (Chair: Elaine),
 Courtyard 1 room.
- Speaker: Michelle D. (Grand Rapids) at 1pm, Grandview room.
- 3pm Conflict resolution with Allison (Chair: Marie), Courtyard 1 room.

Other Activities at the Roundup:

- Friday night AA speaker from 8 to 930 p.m. ET. in the Grandview room.
- Friday night jeopardy (after the speaker) in the Grandview room.
- Saturday/Sunday: **Morning Yoga** at 7 a.m. and **Meditation** at 8 a.m. ET in the Leelanau/Crystal room.
- AA led panels on multiple topics, Grandview room.
- Saturday night AA speaker from 8 to 930 p.m. ET in the Grandview room.
- Saturday night Dance from 10 p.m. to 1 a.m. ET
- Sunday morning AA Speaker from 9 a.m. to 1030 a.m. ET in the Grandview room.

Rooms at the Park Place Hotel are available at the following rates: the first 50 reservations (for both Friday and Saturday) are \$119/night; after that, \$129 per night. Rates are guaranteed through 10/21/25.

To register, go to: https://www.traversecityfallroundup.com/reg/

